Strategies for Strengthening Opioid Stewardship: A Conversation with the National Quality Partners™ Opioid Stewardship Action Team

March 29, 2018
NQP works to impact health and healthcare quality through collaboration and partnership that catalyzes action and accelerates improvement.
The Opioid Crisis
2017 NQP Leadership Consortium Priority #1

1 PRIORITY FOR ACTION: THE OPIOID CRISIS

Problem: The Rise of Harmful and Deadly Opioid Use
The rising use of opioids has led to a national crisis of dependence, addiction, overdose, and death. Over the past 20 years, opioid prescriptions have tripled, and the number of opioid-related deaths has quadrupled. Many healthcare systems and providers as well as national, state, and community organizations have launched bold initiatives to address the challenge. However, they lack a hub to coordinate efforts and share strategies and best practices to address inappropriate prescribing, promote a broader array of pain management strategies, and provide support and services to individuals at risk for adverse events.

NQP Action: Develop NQP Opioid Stewardship Playbook
The NQP Leadership Consortium recommends the launch of an NQP Opioid Stewardship Action Team to coordinate the exchange of best practices and solutions to improve opioid prescribing and adequate pain management. The Action Team will convene a diverse group of NQP member organizations to drive national progress through a shared agenda, common measurement strategies, and coordination and alignment of stakeholder activities. The Action Team will provide a forum for engagement in support of the National Quality Partners Playbook™: Opioid Stewardship, a resource with strategies and tactics for appropriate opioid prescribing and approaches to pain management, particularly for individuals with chronic pain and those at risk of dependence and addiction.

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NQP Action Team Co-Chair and Panelist

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National Quality Partners Opioid Stewardship Action Team Members

- Aetna
- Agency for Healthcare Research and Quality
- American Academy of Orthopaedic Surgeons
- American Academy of Physical Medicine and Rehabilitation
- American Nurses Association
- American Physical Therapy Association
- American Society of Health-System Pharmacists
- Appriss Health
- BlueCross BlueShield Association
- Centers for Disease Control and Prevention
- Centers for Medicare & Medicaid Services
- Council of Medical Specialty Societies
- Dental Quality Alliance
- Elevating Home
- Geisinger Health System
- Harborview Medical Center
- Health Resources and Services Administration
- HealthPartners
- Henry Ford Hospital
- Heron Therapeutics
- Hospice and Palliative Nurses Association
- Hospital Corporation of America
- IBM Watson Health
- Institute for Behavioral Healthcare Improvement
- Institute for Healthcare Improvement
- Kaiser Permanente
- Kentuckiana Health Collaborative
- Magellan Health, Inc.
- Mayo Clinic
- Memorial Sloan-Kettering Cancer Center
- Partners Behavioral Health Management
- Patient & Family Centered Care Partners, Inc.
- Pharmacy Quality Alliance
- Premier Healthcare Alliance
- Press Ganey Associates
- Substance Abuse and Mental Health Services Administration
- Trinity Health
- U.S. Pharmacopeial Convention
- Veterans Health Administration
- Vizient, Inc.
National Quality Partners Playbook™: Opioid Stewardship

- Provides essential guidance for healthcare organizations and clinicians across care settings committed to opioid stewardship
- Includes concrete examples and tactics for implementation, barriers and corresponding solutions, and practical tools and resources
- Identifies important drivers of change that can impact and advance opioid stewardship

Fundamental Actions of Opioid Stewardship

- The NQP Playbook identifies seven fundamental actions of opioid stewardship:
  1. Leadership Commitment and Culture
  2. Organizational Policies
  3. Clinical Knowledge, Expertise, and Practice
  4. Patient and Family Caregiver Education and Engagement
  5. Tracking, Monitoring, and Reporting
  6. Accountability
  7. Community Collaboration
Panelist

Joan Maxwell

Patient Partner,
John Muir Patient and Family Advisory Council, and
NQP Action Team member representing Patient and
Family Centered Care Partners, Inc.

Panelist

Alice Bell, PT, DPT

Senior Payment Specialist,
American Physical Therapy Association and
NQP Action Team Member
Panelist

Deborah Pasko, PharmD, MHA
Director, Medication Safety & Quality,
American Society of Health-System Pharmacists and
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Panelist

Judith Paice, PhD, RN
Director Cancer Pain Program,
Division Hematology-Oncology,
Northwestern University - Feinberg School of Medicine,
and NQP Action Team member representing the Hospice
and Palliative Nurses Association
Moderated Discussion

Christina Mikosz  Alice Bell
Paul Conlon      Deborah Pasko
Joan Maxwell     Judith Paice

Up Next: Audience Q&A
Please add your questions for the Panel to the chat box

Audience Q & A

Christina Mikosz  Alice Bell
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Next Steps

NQF Playbook Now Available

- Download the *NQP Playbook™: Opioid Stewardship* on the NQF Store at [http://www.qualityforum.org/nqf_store.aspx](http://www.qualityforum.org/nqf_store.aspx)
  - Receive 10% off if you download the NQP Playbook: Opioid Stewardship today and tomorrow using the discount code *OSWEBINAR10*
  - Contact *NQFstore@qualityforum.org* if your organization is interested in purchasing a bulk order of the NQP Playbook

The essential guide to support safe and appropriate prescribing of opioids
Opioid Stewardship Workshop

- Explore the agenda for NQF’s fully accredited, in-person workshop, Driving Patient Safety and Quality through Opioid Stewardship, on May 1st, 2018, in Washington, DC
  - Registration available at http://www.cvent.com/d/ltqbdy