



## Strategies for Strengthening Opioid Stewardship: A Conversation with the National Quality Partners™ Opioid Stewardship Action Team

*March 29, 2018*

# WELCOME

National Quality Partners™ CONVENED BY THE NATIONAL QUALITY FORUM



# The Opioid Crisis

## 2017 NQP Leadership Consortium Priority #1

### 1 PRIORITY FOR ACTION: THE OPIOID CRISIS

#### **Problem: The Rise of Harmful and Deadly Opioid Use**

The rising use of opioids has led to a national crisis of dependence, addiction, overdose, and death. Over the past 20 years, opioid prescriptions have tripled, and the number of opioid-related deaths has quadrupled. Many healthcare systems and providers as well as national, state, and community organizations have launched bold initiatives to address the challenge. However, they lack a hub to coordinate efforts and share strategies and best practices to address inappropriate prescribing, promote a broader array of pain management strategies, and provide support and services to individuals at risk for adverse events.

#### **NQP Action: Develop NQP Opioid Stewardship Playbook**

The NQP Leadership Consortium recommends the launch of an NQP Opioid Stewardship Action Team to coordinate the exchange of best practices and solutions to improve opioid prescribing and adequate pain management. The Action Team will convene a diverse group of NQP member organizations to drive national progress through a shared agenda, common measurement strategies, and coordination and alignment of stakeholder activities. The Action Team will provide a forum for engagement in support of the *National Quality Partners Playbook™: Opioid Stewardship*, a resource with strategies and tactics for appropriate opioid prescribing and approaches to pain management, particularly for individuals with chronic pain and those at risk of dependence and addiction.

## NQP Action Team Co-Chair and Panelist



**Christina Mikosz, MD, MPH, FACP**

*Medical Officer,*

*Centers for Disease Control and Prevention (CDC)*

*Co-chair of the NQP Opioid Stewardship Action Team*

*@CDCgov*

## NQP Action Team Co-Chair and Panelist



**Paul Conlon, PharmD, JD**

*SVP, Chief Quality and Safety,*

*Trinity Health*

*Co-chair of the NQP Opioid Stewardship Action Team*

[@TrinityHealthMI](#)

National Quality Partners™ CONVENED BY THE NATIONAL QUALITY FORUM

7

## National Quality Partners Opioid Stewardship Action Team Members

- Aetna
- Agency for Healthcare Research and Quality
- American Academy of Orthopaedic Surgeons
- American Academy of Physical Medicine and Rehabilitation
- American Nurses Association
- American Physical Therapy Association
- American Society of Health-System Pharmacists
- Appriss Health
- BlueCross BlueShield Association
- Centers for Disease Control and Prevention
- Centers for Medicare & Medicaid Services
- Council of Medical Specialty Societies
- Dental Quality Alliance
- Elevating Home
- Geisinger Health System
- Harborview Medical Center
- Health Resources and Services Administration
- HealthPartners
- Henry Ford Hospital
- Heron Therapeutics
- Hospice and Palliative Nurses Association
- Hospital Corporation of America
- IBM Watson Health
- Institute for Behavioral Healthcare Improvement
- Institute for Healthcare Improvement
- Kaiser Permanente
- Kentuckiana Health Collaborative
- Magellan Health, Inc.
- Mayo Clinic
- Memorial Sloan-Kettering Cancer Center
- Partners Behavioral Health Management
- Patient & Family Centered Care Partners, Inc.
- Pharmacy Quality Alliance
- Premier Healthcare Alliance
- Press Ganey Associates
- Substance Abuse and Mental Health Services Administration
- Trinity Health
- U.S. Pharmacopeial Convention
- Veterans Health Administration
- Vizient, Inc.

National Quality Partners™ CONVENED BY THE NATIONAL QUALITY FORUM

8

## National Quality Partners Playbook™: Opioid Stewardship

- Provides essential guidance for healthcare organizations and clinicians across care settings committed to opioid stewardship
- Includes concrete examples and tactics for implementation, barriers and corresponding solutions, and practical tools and resources
- Identifies important drivers of change that can impact and advance opioid stewardship



National Quality Partners™ CONVENED BY THE NATIONAL QUALITY FORUM

## Fundamental Actions of Opioid Stewardship

- The *NQP Playbook* identifies seven fundamental actions of opioid stewardship:



National Quality Partners™ CONVENED BY THE NATIONAL QUALITY FORUM

10

## Panelist



**Joan Maxwell**

*Patient Partner,  
John Muir Patient and Family Advisory Council, and  
NQP Action Team member representing Patient and  
Family Centered Care Partners, Inc.*

## Panelist



**Alice Bell, PT, DPT**

*Senior Payment Specialist,  
American Physical Therapy Association and  
NQP Action Team Member*

## Panelist



**Deborah Pasko, PharmD, MHA**  
*Director, Medication Safety & Quality,  
 American Society of Health-System Pharmacists and  
 NQP Action Team Member*

## Panelist



**Judith Paice, PhD, RN**  
*Director Cancer Pain Program,  
 Division Hematology-Oncology,  
 Northwestern University - Feinberg School of Medicine,  
 and NQP Action Team member representing the Hospice  
 and Palliative Nurses Association*

## Moderated Discussion



Christina Mikosz



Alice Bell



Paul Conlon



Deborah Pasko



Joan Maxwell



Judith Paice

Up Next: Audience Q&A  
Please add your questions for the  
Panel to the chat box

## Audience Q & A



Christina Mikosz



Alice Bell



Paul Conlon



Deborah Pasko



Joan Maxwell



Judith Paice

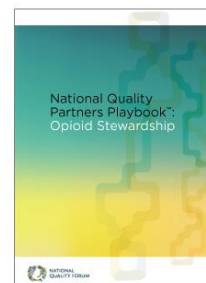
*Please add your questions for the Panel to the chat box*



## Next Steps

## NQF Playbook Now Available

- Download the *NQP Playbook™: Opioid Stewardship* on the NQF Store at [http://www.qualityforum.org/nqf\\_store.aspx](http://www.qualityforum.org/nqf_store.aspx)
  - Receive 10% off if you download the *NQP Playbook: Opioid Stewardship* **today and tomorrow** using the discount code **OSWEBINAR10**
  - Contact [NQFstore@qualityforum.org](mailto:NQFstore@qualityforum.org) if your organization is interested in purchasing a bulk order of the *NQP Playbook*



**DOWNLOAD**  
**NQF's National Quality Partners Playbook™: Opioid Stewardship**

The essential guide to support safe and appropriate prescribing of opioids

## Opioid Stewardship Workshop

- Explore the agenda for NQF's fully accredited, in-person [workshop](#), *Driving Patient Safety and Quality through Opioid Stewardship*, on May 1<sup>st</sup>, 2018, in Washington, DC
  - Registration available at <http://www.cvent.com/d/ltqbdy>



THANK YOU