Strategies for Driving Results: Improving Maternity Care

PROBLEM

RISING RATE OF BABIES ELECTIVELY DELIVERED PRIOR TO 39 WEEKS

currently estimated at 10-15% of all deliveries, placing babies at risk for:

- Breathing problems, including respiratory distress syndrome
 - Feeding difficulties
 - Incomplete brain development

INTENSIVE CARE UNIT (NICU) ADMISSIONS

HIGHER NEONATAL





WHY IT'S HAPPENING:

- Mothers incorrectly thinking that 34-36 weeks is full term
- Convenience for mother and/or doctor
- Concerns of being overdue or having a larger than average baby

SOLUTIONS

2008

MEASURE

Measure developed by HCA, endorsed by NQF, and adopted by The Joint Commission to reduce elective deliveries before 39 weeks.

2011 **ACT**

- FOCUS ON MEASUREMENT
- EVIDENCE-BASED TOOLS & PRACTICES
- CONSUMER MESSAGING

NQF convened a multistakeholder Action Team created to focus on maternity care and reduce elective deliveries.

2014 IMPROVE

The Joint Commission will implement an accreditation requirement that includes reporting of the 39 weeks measure. Many hospitals have opted to implement a "hard stop" policy that prohibits physicians from delivering babies before 39 weeks on an elective basis.

1.7[%]

Reduce elective deliveries to an estimated 1.7 % of all births

500,000 FEWER NICU DAYS

Avoid approximately one-half million days in neonatal intensive care units

SAVE \$1 Billion



in healthcare costs annually