

| | Measure 0027: Medical Assistance With Smoking and Tobacco Use Cessation (National Committee for Quality Assurance) |
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| Description | <p>The three components of this measure assess different facets of providing medical assistance with smoking and tobacco use cessation:</p> <p>Advising Smokers and Tobacco Users to Quit: A rolling average represents the percentage of patients 18 years of age and older who are current smokers or tobacco users and who received advice to quit during the measurement year.</p> <p>Discussing Cessation Medications: A rolling average represents the percentage of patients 18 years of age and older who are current smokers or tobacco users and who discussed or were recommended cessation medications during the measurement year.</p> <p>Discussing Cessation Strategies: A rolling average represents the percentage of patients 18 years of age and older who are current smokers or tobacco users and who discussed or were provided cessation methods or strategies during the measurement year.</p> |
| Numerator | <p>Advising Smokers and Tobacco Users to Quit: Patients who indicated that they received advice to quit smoking or using tobacco from their doctor or health provider</p> <p>Discussing Cessation Medications: Patients who indicated that their doctor or health provider recommended or discussed smoking or tobacco cessation medications</p> <p>Discussing Cessation Strategies: Patients who indicated their doctor or health provider discussed or provided smoking or tobacco cessation methods and strategies other than medication</p> |
| Numerator Details | <p>For the commercial product line:</p> <ul style="list-style-type: none"> - Advising Smokers and Tobacco Users to Quit: The number of patients in the denominator who indicated that they received advice to quit smoking or tobacco use from a doctor or other health provider by answering "Sometimes" or "Usually" or "Always" to CAHPS question Q47: "In the last 12 months, how often were you advised to quit smoking or using tobacco by a doctor or other health provider in your plan?" - Discussing Smoking Cessation Medications: The number of patients in the denominator who indicated that their doctor or health provider recommended or discussed medication to assist with quitting smoking or using tobacco by answering "Sometimes" or "Usually" or "Always" to CAHPS question Q48: "In the last 12 months, how often was medication recommended or discussed by a doctor or health provider to assist you with quitting smoking or using tobacco? Examples of medication are: nicotine gum, patch, nasal spray, inhaler, or prescription medication." - Discussing Cessation Strategies: The number of patients in the denominator who indicated that their doctor or health provider discussed or provided methods and strategies other than medication to assist with quitting smoking or using tobacco by answering "Sometimes" or "Usually" or "Always" to CAHPS question Q49: "In the last 12 months, how often did your doctor or health |

provider discuss or provide methods and strategies other than medication to assist you with quitting smoking or using tobacco? Examples of methods and strategies are: telephone helpline, individual or group counseling, or cessation program.”

Response options for all questions:

Never, Sometimes, Usually, Always

For the Medicaid product line:

- Advising Smokers and Tobacco Users to Quit:

The number of patients in the denominator who indicated that they received advice to quit smoking or tobacco use from a doctor or other health provider by answering “Sometimes” or “Usually” or “Always” to CAHPS question Q40: “In the last 6 months, how often were you advised to quit smoking or using tobacco by a doctor or other health provider in your plan?”

- Discussing Smoking Cessation Medications:

The number of patients in the denominator who indicated that their doctor or health provider recommended or discussed medication to assist with quitting smoking or using tobacco by answering “Sometimes” or “Usually” or “Always” to CAHPS question Q41: “In the last 6 months, how often was medication recommended or discussed by a doctor or health provider to assist you with quitting smoking or using tobacco? Examples of medication are: nicotine gum, patch, nasal spray, inhaler, or prescription medication.”

- Discussing Cessation Strategies:

The number of patients in the denominator who indicated that their doctor or health provider discussed or provided methods and strategies other than medication to assist with quitting smoking or using tobacco by answering “Sometimes” or “Usually” or “Always” to CAHPS question Q42: “In the last 6 months, how often did your doctor or health provider discuss or provide methods and strategies other than medication to assist you with quitting smoking or using tobacco? Examples of methods and strategies are: telephone helpline, individual or group counseling, or cessation program.”

Response options for all questions:

Never, Sometimes, Usually, Always

For the Medicare product line:

- Advising Smokers or Tobacco Users to Quit

The number of patients in the denominator who indicated that they received advice to quit smoking or using tobacco from a doctor or other health provider by answering “Sometimes” or “Usually” or “Always” to CAHPS question Q66 : “In the last 6 months, how often were you advised to quit smoking or using tobacco by a doctor or other health provider in your plan?”

Response options for all questions:

Never, Sometimes, Usually, Always, I had no visits in the last 6 months

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| Denominator | Patients 18 years and older who responded to the CAHPS survey and indicated that they were current smokers or tobacco users during the measurement year or in the last 6 months for Medicaid and Medicare. |
| Denominator Details | <p>In order to be included in the denominator for each rate, patients must answer both the question about current cigarette/tobacco use and the relevant numerator question (eg, for the Advising Smokers and Tobacco Users to Quit rate, patients must answer the question about current cigarette/tobacco use and the question about how often they were advised to quit by a doctor or other health provider).</p> <p>For the commercial product line:</p> <p>- Advising Smokers and Tobacco Users to Quit</p> <p>The number of patients who responded to the survey and indicated that they were current smokers or tobacco users by answering “Every day” or “Some days” to CAHPS question Q46 and by answering Q47 with any response (“Never” or “Sometimes” or “Usually” or “Always”).</p> <p>Q46: “Do you now smoke cigarettes or use tobacco every day, some days, or not at all?” Response options for Q46: “Every day”, “Some days”, “Not at all”, “Don’t know”</p> <p>Q47: “In the last 12 months, how often were you advised to quit smoking or using tobacco by a doctor or other health provider in your plan?” Response options for Q47: “Never”, “Sometimes”, “Usually”, “Always”</p> <p>- Discussing Cessation Medications</p> <p>The number of patients who responded to the survey and indicated that they were current smokers or tobacco users by answering “Every day” or “Some days” to CAHPS question Q46 and by answering Q48 with any response (“Never” or “Sometimes” or “Usually” or “Always”).</p> <p>Q46: “Do you now smoke cigarettes or use tobacco every day, some days, or not at all?” Response options for Q46: “Every day”, “Some days”, “Not at all”, “Don’t know”</p> <p>Q48: “In the last 12 months, how often was medication recommended or discussed by a doctor or health provider to assist you with quitting smoking or using tobacco? Examples of medication are: nicotine gum, patch, nasal spray, inhaler, or prescription medication.” Response options for Q48: “Never” OR “Sometimes” OR “Usually” OR “Always”</p> <p>- Discussing Cessation Strategies</p> <p>The number of patients who responded to the survey and indicated that they were current smokers or tobacco users by answering “Every day” or “Some days” to CAHPS question Q46 and by answering Q49 with any response (“Never” or “Sometimes” or “Usually” or “Always”).</p> <p>Q46: “Do you now smoke cigarettes or use tobacco every day, some days, or not at all?” Response options for Q46: “Every day”, “Some days”, “Not at all”, “Don’t know”</p> <p>Q49: “In the last 12 months, how often did your doctor or health provider discuss or provide methods and strategies other than medication to assist you with quitting smoking</p> |

or using tobacco? Examples of methods and strategies are: telephone helpline, individual or group counseling, or cessation program.”

Response options for Q49: “Never”, “Sometimes”, “Usually”, “Always”

For the Medicaid product line:

- Advising Smokers and Tobacco Users to Quit

The number of patients who responded to the survey and indicated that they were current smokers or tobacco users by answering “Every day” or “Some days” to CAHPS question Q39 and by answering Q40 with any response (“Never” or “Sometimes” or “Usually” or “Always”).

Q39: “Do you now smoke cigarettes or use tobacco every day, some days, or not at all?”

Response options for Q39: “Every day”, “Some days”, “Not at all”, “Don’t know”

Q40: “In the last 6 months, how often were you advised to quit smoking or using tobacco by a doctor or other health provider in your plan?”

Response options for Q40: “Never”, “Sometimes”, “Usually”, “Always”

- Discussing Cessation Medications

The number of patients who responded to the survey and indicated that they were current smokers or tobacco users by answering “Every day” or “Some days” to CAHPS question Q39 and by answering Q41 with any response (“Never” or “Sometimes” or “Usually” or “Always”).

Q39: “Do you now smoke cigarettes or use tobacco every day, some days, or not at all?”

Response options for Q39: “Every day”, “Some days”, “Not at all”, “Don’t know”

Q41: “In the last 6 months, how often was medication recommended or discussed by a doctor or health provider to assist you with quitting smoking or using tobacco? Examples of medication are: nicotine gum, patch, nasal spray, inhaler, or prescription medication.”

Response options for Q41: “Never”, “Sometimes”, “Usually”, “Always”

- Discussing Cessation Strategies

The number of patients who responded to the survey and indicated that they were current smokers or tobacco users by answering “Every day” or “Some days” to CAHPS question Q39 and by answering Q42 with any response (“Never” or “Sometimes” or “Usually” or “Always”).

Q39: “Do you now smoke cigarettes or use tobacco every day, some days, or not at all?”

Response options for Q39: “Every day”, “Some days”, “Not at all”, “Don’t know”

Q42: “In the last 6 months, how often did your doctor or health provider discuss or provide methods and strategies other than medication to assist you with quitting smoking or using tobacco? Examples of methods and strategies are: telephone helpline, individual or group counseling, or cessation program.”

Response options for Q42: “Never”, “Sometimes”, “Usually”, “Always”

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| | <p>---</p> <p>For the Medicare product line:</p> <p>- Advising Smokers or Tobacco Users to Quit</p> <p>The number of patients who responded to the survey and indicated that they were current smokers or tobacco users by answering “Every day” or “Some days” to CAHPS question Q65, had one or more visits during the last 6 months, and by answering Q66 with any response (“Never” or “Sometimes” or “Usually” or “Always”).</p> <p>Q65: “Do you now smoke cigarettes or use tobacco every day, some days, or not at all?” Response options for Q65: “Not at all”, “Some days”, “Every day”, “Don’t know”</p> <p>Q66: “In the last 6 months, how often were you advised to quit smoking or using tobacco by a doctor or other health provider in your plan?” Response options for Q66: “Never”, “Sometimes”, “Usually”, “Always”, “I had no visits in the last 6 months”</p> <p>The Medicare results for the Advising Smokers and Tobacco Users to Quit Rate requires a minimum denominator of at least 30 responses.</p> |
| Exclusions | None |
| Exclusion details | N/A |
| Risk Adjustment | No risk adjustment or risk stratification |
| Stratification | None |
| Type | Process |
| Type of Score | Rate/proportion |
| Data Source | Instrument-Based Data |
| Level | Health Plan, Integrated Delivery System |
| Setting | Other: In addition to clinician visits, some respondents may recall contacts with an “other health provider” (the wording used in the survey question), which may include contacts with nurses or health plan staff., Outpatient Services |

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| | Measure 0576: Follow-Up After Hospitalization for Mental Illness (FUH) (National Committee for Quality Assurance) |
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| Description | <p>The percentage of discharges for patients 6 years of age and older who were hospitalized for treatment of selected mental illness diagnoses and who had a follow-up visit with a mental health practitioner. Two rates are reported:</p> <ul style="list-style-type: none"> - The percentage of discharges for which the patient received follow-up within 30 days of discharge - The percentage of discharges for which the patient received follow-up within 7 days of discharge. |
| Numerator | <p>30-Day Follow-Up: A follow-up visit with a mental health practitioner within 30 days after discharge.</p> <p>7-Day Follow-Up: A follow-up visit with a mental health practitioner within 7 days after discharge.</p> |
| Numerator Details | <p>For both indicators, a follow-up visit includes outpatient visits, intensive outpatient visits or partial hospitalizations that occur on the date of discharge. Any of the following meet criteria for a follow-up visit:</p> <ul style="list-style-type: none"> - A visit (FUH Stand Alone Visits Value Set; FUH Visits Group 1 Value Set and FUH POS Group 1 Value Set; FUH Visits Group 2 Value Set and FUH POS Group 2 Value Set) with a mental health practitioner (see definition below). - A visit to a behavioral healthcare facility (FUH RevCodes Group 1 Value Set). - A visit to a non-behavioral healthcare facility (FUH RevCodes Group 2 Value Set) with a mental health practitioner. - A visit to a non-behavioral healthcare facility (FUH RevCodes Group 2 Value Set) with a diagnosis of mental illness (Mental Illness Value Set). - Transitional care management services (TCM 7 Day Value Set). <p>The following meets criteria for only the 30-Day Follow-Up indicator:</p> <ul style="list-style-type: none"> - Transitional care management services (TCM 14 Day Value Set) <p>(See corresponding Excel document for the value sets referenced above)</p> <p>Mental Health Practitioner Definition: A practitioner who provides mental health services and meets any of the following criteria:</p> <ul style="list-style-type: none"> • An MD or doctor of osteopathy (DO) who is certified as a psychiatrist or child psychiatrist by the American Medical Specialties Board of Psychiatry and Neurology or by the American Osteopathic Board of Neurology and Psychiatry; or, if not certified, who successfully completed an accredited program of graduate medical or osteopathic education in psychiatry or child psychiatry and is licensed to practice patient care psychiatry or child psychiatry, if required by the state of practice. • An individual who is licensed as a psychologist in his/her state of practice, if required by the state of practice. • An individual who is certified in clinical social work by the American Board of Examiners; who is listed on the National Association of Social Worker's Clinical Register; or who has a master's degree in social work and is licensed or certified to practice as a social worker, if required by the state of practice. • A registered nurse (RN) who is certified by the American Nurses Credentialing |

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| | <p>Center (a subsidiary of the American Nurses Association) as a psychiatric nurse or mental health clinical nurse specialist, or who has a master's degree in nursing with a specialization in psychiatric/mental health and two years of supervised clinical experience and is licensed to practice as a psychiatric or mental health nurse, if required by the state of practice.</p> <ul style="list-style-type: none"> • An individual (normally with a master's or a doctoral degree in marital and family therapy and at least two years of supervised clinical experience) who is practicing as a marital and family therapist and is licensed or a certified counselor by the state of practice, or if licensure or certification is not required by the state of practice, who is eligible for clinical membership in the American Association for Marriage and Family Therapy. • An individual (normally with a master's or doctoral degree in counseling and at least two years of supervised clinical experience) who is practicing as a professional counselor and who is licensed or certified to do so by the state of practice, or if licensure or certification is not required by the state of practice, is a National Certified Counselor with a Specialty Certification in Clinical Mental Health Counseling from the National Board for Certified Counselors (NBCC). |
| Denominator | Discharges from an acute inpatient setting (including acute care psychiatric facilities) with a principal diagnosis of mental illness during the first 11 months of the measurement year (i.e., January 1 to December 1) for patients 6 years and older. |
| Denominator Details | <p>An acute inpatient discharge with a principal diagnosis of mental illness (Mental Illness Value Set) on or between January 1 and December 1 of the measurement year.</p> <p>To identify acute inpatient discharges:</p> <ol style="list-style-type: none"> 1. Identify all acute and nonacute inpatient stays (Inpatient Stay Value Set). 2. Exclude nonacute inpatient stays (Nonacute Inpatient Stay Value Set). 3. Identify the discharge date for the stay. <p>The denominator for this measure is based on discharges, not on patients. If patients have more than one discharge, include all discharges on or between January 1 and December 1 of the measurement year.</p> <p>Acute facility readmission or direct transfer:</p> <p>If the discharge is followed by readmission or direct transfer to an acute inpatient care setting for a principal diagnosis of mental health (Mental Health Diagnosis Value Set) within the 30-day follow-up period, count only the last discharge.</p> <p>To identify readmissions to an acute inpatient care setting:</p> <ol style="list-style-type: none"> 1. Identify all acute and nonacute inpatient stays (Inpatient Stay Value Set). 2. Exclude nonacute inpatient stays (Nonacute Inpatient Stay Value Set). 3. Identify the admission date for the stay. <p>*Due to the extensive volume of codes associated with identifying the denominator for this measure, we are attaching a separate file with value sets. See value sets located in question S.2b.</p> |
| Exclusions | <p>Exclude from the denominator for both rates, patients who receive hospice services during the measurement year.</p> <p>Exclude both the initial discharge and the readmission/direct transfer discharge if the readmission/direct transfer discharge occurs after December 1 of the measurement year.</p> |

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| | <p>Exclude discharges followed by readmission or direct transfer to a nonacute facility within the 30-day follow-up period regardless of principal diagnosis.</p> <p>Exclude discharges followed by readmission or direct transfer to an acute facility within the 30-day follow-up period if the principal diagnosis was for non-mental health.</p> <p>These discharges are excluded from the measure because rehospitalization or transfer may prevent an outpatient follow-up visit from taking place.</p> |
| Exclusion details | <p>Exclude patients who use hospice services or elect to use a hospice benefit any time during the measurement year, regardless of when the services began. These patients may be identified using various methods, which may include but are not limited to enrollment data, medical record or claims/encounter data (Hospice Value Set).</p> <p>Exclude both the initial discharge and the readmission/direct transfer discharge if the last discharge occurs after December 1 of the measurement year.</p> <p>Exclude discharges followed by readmission or direct transfer to a nonacute care setting within the 30-day follow-up period, regardless of principal diagnosis for the readmission. To identify readmissions to a nonacute inpatient care setting:</p> <ol style="list-style-type: none"> 1. Identify all acute and nonacute inpatient stays (Inpatient Stay Value Set). 2. Confirm the stay was for nonacute care based on the presence of a nonacute code (Nonacute Inpatient Stay Value Set) on the claim. 3. Identify the admission date for the stay. <p>Exclude discharges followed by readmission or direct transfer to an acute inpatient care setting within the 30-day follow-up period if the principal diagnosis was for non-mental health (any principal diagnosis code other than those included in the Mental Health Diagnosis Value Set). To identify readmissions to an acute inpatient care setting:</p> <ol style="list-style-type: none"> 1. Identify all acute and nonacute inpatient stays (Inpatient Stay Value Set). 2. Exclude nonacute inpatient stays (Nonacute Inpatient Stay Value Set). 3. Identify the admission date for the stay. <p>These discharges are excluded from the measure because rehospitalization or transfer may prevent an outpatient follow-up visit from taking place.</p> <p>- See corresponding Excel document for the Value Sets referenced above in S.2b.</p> |
| Risk Adjustment | No risk adjustment or risk stratification |
| Stratification | N/A |
| Type | Process |
| Type of Score | Rate/proportion |
| Data Source | Claims |
| Level | Health Plan, Integrated Delivery System |
| Setting | Inpatient/Hospital, Outpatient Services |

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