

MEASURE WORKSHEET

This document summarizes the evaluation of the measure as it progresses through NQF's Consensus Development Process (CDP). The information submitted by measure developers/stewards is included after the Brief Measure Information, Preliminary Analysis, and Pre-meeting Public and Member Comments sections.

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Brief Measure Information

NQF #: 3488

Measure Title: Follow-Up After Emergency Department Visit for Alcohol and Other Drug Abuse or Dependence

Measure Steward: National Committee for Quality Assurance

Brief Description of Measure: The percentage of emergency department (ED) visits for members 13 years of age and older with a principal diagnosis of alcohol or other drug (AOD) abuse or dependence, who had a follow up visit for AOD. Two rates are reported:

- The percentage of ED visits for which the member received follow-up within 30 days of the ED visit (31 total days).

- The percentage of ED visits for which the member received follow-up within 7 days of the ED visit (8 total days).

Developer Rationale: This measure targets individuals with alcohol or other drug abuse or dependence who are discharged to the community from the emergency department. These individuals may be particularly vulnerable to losing contact with the health care system. High use of the emergency department may signal a lack of access to ongoing care or a gap in fulfilling urgent care needs. Therefore, this point of transition presents an opportunity to ensure that the patient is connected to care and receives follow-up. Health plans have access to information and care management processes to ensure that follow-up care occurs. Therefore, health plans can help connect patients into outpatient care after emergency department use.

Individuals discharged from the emergency department face two main risks: (1) disengagement from treatment and (2) readmission to the emergency department. Treatment disengagement is a problem because individuals with the most serious mental health problems or alcohol or drug use disorders may require ongoing support and counseling to live independently in the community. Individuals who lose contact with outpatient care providers begin a vicious cycle of symptom deterioration (Kilaspy, 2007) that necessitates further crisis intervention in emergency settings (Fischer, 2008; Jencks, 2009). Preserving individuals' engagement with post-discharge treatment requires high quality handoffs between emergency settings and ambulatory care providers (Hartley, 2007; Wislar, 1998) as readmission is problematic because it involves further disruptions in life and becomes costly for health care systems, especially the emergency department setting.

Fischer, EP, McCarthy JF, Ignacio RV, et al. (2008) Longitudinal Patterns of Health System Retention Among Veterans with Schizophrenia or Bipolar Disorder. Community Mental Health Journal. 44:321–330.

Hartley, D, Ziller EC, Loux JA, et al. (2007) Use of Critical Access Hospital Emergency Rooms by Patients with Mental Health Symptoms. Journal of Rural Health. 23:108–115.

Jencks, SF, Williams MV, Colemen EA. (2009) Rehospitalizations Among Patients in the Medicare Fee-for-Service Program. New England Journal of Medicine. 360:1418–28.

Killaspy, H. (2007) Why do psychiatrists have difficulty disengaging with the out-patient clinic? Invited commentary on: Why don't patients attend their appointments? Advances in Psychiatric Treatment. 13:435–437.

Wislar, JS, Grossman J, Kruesi MP, et al. (1998) Youth Suicide-Related Visits in an Emergency Department Serving Rural Counties: Implications for Means Restriction. Annals of Suicide Research. 4:75–87.

Numerator Statement: The numerator consists of two rates:

- 30-day follow-up: A follow-up visit with any practitioner, with a principal diagnosis of AOD within 30 days after the ED visit (31 total days). Include visits that occur on the date of the ED visit.

- 7-day follow-up: A follow-up visit with any practitioner, with a principal diagnosis of AOD within 7 days after the ED visit (8 total days). Include visits that occur on the date of the ED visit.

These rates are stratified by age (13–17, 18 and older, total).

Denominator Statement: Emergency department (ED) visits with a primary diagnosis of alcohol or other drug abuse or dependence on or between January 1 and December 1 of the measurement year where the member was 13 years or older on the date of the visit.

Denominator Exclusions: Patients in hospice.

Measure Type: Process

Data Source: Claims

Level of Analysis: Health Plan

IF Endorsement Maintenance – Original Endorsement Date: Most Recent Endorsement Date:

Preliminary Analysis: Maintenance of Endorsement

To maintain NQF endorsement endorsed measures are evaluated periodically to ensure that the measures still meets the NQF endorsement criteria ("maintenance"). The emphasis for maintaining endorsement is focused on how effective the measure is for promoting improvements in quality. Endorsed measures should have some experience from the field to inform the evaluation. The emphasis for maintaining endorsement is noted for each criterion.

Criteria 1: Importance to Measure and Report

1a. <u>Evidence</u>

Maintenance measures – less emphasis on evidence unless there is new information or change in evidence since the prior evaluation.

1a. Evidence. The evidence requirements for a <u>structure, process or intermediate outcome</u> measure is that it is based on a systematic review (SR) and grading of the body of empirical evidence where the specific focus of the evidence matches what is being measured. For measures derived from patient report, evidence also should demonstrate that the target population values the measured process or structure and finds it meaningful.

The developer provides the following evidence for this measure:

- Systematic Review of the evidence specific to this measure? 🛛 Yes 🗌 No
- Quality, Quantity and Consistency of evidence provided?
- Evidence graded?

⊠ Yes □ No ⊠ Yes □ No ⊠ Yes □ No

Summary of prior review in 2014

- The Committee previously passed this measure (as measure 2605: Follow-Up After Emergency Department Visit for Mental Illness or Alcohol and Other Drug Abuse or Dependence) on importance, noting the measure reflects the health care system's ability to plan and meet the needs of complex patients and has the potential to combat over-hospitalization.
- Evidence for the SUD portion of the measure was from American Psychiatric Association (APA) Practice Guideline for the Treatment of Patients with Substance Use Disorders (2006).
 - Recommendation statement: Most treatment for patients with alcohol dependence or abuse can be successfully conducted outside the hospital (e.g., in outpatient or partial hospitalization settings) [II Recommended with moderate clinical confidence]".

Changes to evidence from last review

□ The developer attests that there have been no changes in the evidence since the measure was last evaluated.

The developer provided <u>updated evidence for this measure</u>: Updates:

- The developer provided more detailed recommendations from the APA Practice Guideline for the Treatment of Patients with Substance Use Disorders (2006). Topics include:
 - Recommendations include Psychiatric Management for SUD (I)
 - Pharmacological treatments for SUD beneficial for select patients with specific SUDs (I)
 - Psychosocial treatments for SUD essential components of comprehensive treatment programs (I)
 - Pharmacological Treatments for alcohol use disorder well-established efficacy and moderate effectiveness; naltrexone (I), acamprosate (I), disulfiram (II)
 - Psychosocial Treatments for alcohol use disorder effective for some patients (I-III)
 - Pharmacological Treatments for opioid use disorder methadone or buprenorphine for patients w/ >1-year dependence (I), naltrexone is an alternative strategy (I)
 - Psychosocial treatments for opioid use disorder effective components of comprehensive plan (II-III)

*grades reflect the clinical confidence of the recommendations. Authors did not grade the evidence used to inform each of the recommendation statements.

- The developer also cites the APA Practice Guideline for the Pharmacological Treatment of Patients with Alcohol Use Disorder (2018). Recommendations include:
 - o Treatment plan includes nonpharmacological and pharmacological treatments. (1A)
 - Naltrexone or acamprosate be offered to patients with moderate to severe alcohol use who have a goal of reducing consumption or achieving abstinence, prefer pharmacotherapy or haven't responded to psychotherapy, and have no contraindications. (1B)
 - Disulfiram be offered for patients with moderate to severe alcohol use who have a goal of achieving abstinence, prefer disulfiram or haven't responded to other medications, understand risks, and have no contraindications. (2C)
 - Topiramate or gabapentin be offered to patients with moderate to severe alcohol use who have a goal of reducing consumption or achieving abstinence, prefer these medications or are intolerant to or didn't respond to other options, and have no contraindications. (2C)
 - Recommendation statements are reflected by "1" and suggestions by "2". Evidence grades of "B" reflect moderate confidence and "C" reflect low confidence.

Exception to evidence

N/A

Questions for the Committee:

- Does the evidence provided from the Guidelines convincingly support the measure specifications? (e.g., follow-up visit versus receipt of specific medication prescriptions/psychosocial interventions).
- Follow-up time periods are not referenced in the evidence. Are these, and other components of the specifications, appropriate based on the evidence?
 - Denominator requires primary diagnosis of alcohol or other drug (AOD) and numerator visit requires principal diagnosis of AOD.
 - Any practitioner can provide follow-up care.
 - Same day as ED visits count for the numerator.
- The evidence provided by the developer is updated, directionally the same, and stronger compared to that for the previous NQF review. Does the Committee agree there is no need for repeat vote on Evidence?

Guidance from the Evidence Algorithm

Process measure based on systematic review (Box 3) \rightarrow QQC presented (Box 4) \rightarrow Quantity: high; Quality: moderate; Consistency: moderate (Box 5) \rightarrow Moderate (Box 5b) \rightarrow Moderate

| Preliminary rating for evidence: | 🛛 High | 🛛 Moderate | 🗆 Low | Insufficient | |
|----------------------------------|--------|------------|-------|--------------|--|
|----------------------------------|--------|------------|-------|--------------|--|

1b. Gap in Care/Opportunity for Improvement and 1b. Disparities

Maintenance measures - increased emphasis on gap and variation

<u>1b. Performance Gap.</u> The performance gap requirements include demonstrating quality problems and opportunity for improvement.

- Developer provides mean, standard deviation, and percentile performance for 2016 and 2017 across payer type and age groups. Data indicates a performance gap with low performance overall and performance variation across payer types and age groups.
- Average 30-day follow-up performance across all ages is 12 percent for Medicare plans, 18 percent for Medicaid plans, and 14 percent for commercial plans. Average 7-day follow-up performance across all ages is 8 percent for Medicare plans, 12 percent for Medicaid plans, and 10 percent for commercial plans.
- Variation examples: Medicare plan performance for 7-day follow-up ranged from 3 percent (10th percentile) to 16 percent (90th percentile). 30-day follow-up rates for Medicaid health plans ranged from 7 percent (10th percentile) to 32 percent (90th percentile). For Commercial plans, 7-day follow-up ranged from 5 percent (10th percentile) to 17 percent (90th percentile) and 30-day follow-up ranged from 7 percent (10th percentile) to 22 percent (90th percentile).

Disparities

- Disparities from the literature are provided.
 - White patients are more likely to access treatment than other racial/ethnic groups.
 - \circ $\;$ Individuals ages 25-29 years are more likely to enter treatment than other age groups.
 - \circ $\;$ $\;$ For patients with depression and SUD, women are more likely to receive treatment.
 - Patients with mental health problems with a higher number of ED visits for SUD were less likely to receive follow-up and more likely to die within 2 years (study from Canada).
- Committee previously raised concern about the difficulty of linkages to outpatient services and access in rural settings.

Questions for the Committee:

- Does the performance gap warrant a national performance measure?
- Based on the differences in performance identified, is there a need to stratify by additional variables to better identify disparities?

Preliminary rating for opportunity for improvement: 🛛 High 🛛 Moderate 🖓 Low 🖓 Insufficient

Committee Pre-evaluation Comments: Criteria 1: Importance to Measure and Report (including 1a, 1b, 1c)

1a. Evidence

Comments:

**There is significant evidence to support the measure

**The strict connection between follow up and improved outcomes is more consensus based than evidence. The additional evidence presented is consistent and positive.

1b. Performance Gap

Comments:

**Performance data was provided. Significant gaps in care were identified Seems follow up is less than 30% across different plans

**A gap still remains and warrants improvements. There are likely disparities in care, but overall performance remains very low potentially obscuring meaningful differences.

Criteria 2: Scientific Acceptability of Measure Properties

2a. Reliability: Specifications and Testing

2b. Validity: Testing; Exclusions; Risk-Adjustment; Meaningful Differences; Comparability Missing Data

Reliability

<u>2a1. Specifications</u> requires the measure, as specified, to produce consistent (reliable) and credible (valid) results about the quality of care when implemented. For maintenance measures – no change in emphasis – specifications should be evaluated the same as with new measures.

<u>2a2. Reliability testing</u> demonstrates if the measure data elements are repeatable, producing the same results a high proportion of the time when assessed in the same population in the same time period and/or that the measure score is precise enough to distinguish differences in performance across providers. For maintenance measures – less emphasis if no new testing data provided.

Validity

<u>2b2. Validity testing</u> should demonstrate the measure data elements are correct and/or the measure score correctly reflects the quality of care provided, adequately identifying differences in quality. For maintenance measures – less emphasis if no new testing data provided.

2b2-2b6. Potential threats to validity should be assessed/addressed.

Complex measure evaluated by Scientific Methods Panel? \Box Yes \boxtimes No

Evaluators: NQF staff

Evaluation of Reliability and Validity:

- Signal to noise score-level reliability testing results indicated moderate/high reliability across age groups and payer types.
- Validity testing at the score level indicated a strong positive correlation between within measure rates and moderate positive correlation between this measure and *3489: Follow-Up After Emergency Department Visit for Mental Illness* across all payer types.
- An analysis of meaningful differences showed variation of 5-15% between the 25th and 75th percentiles (significant for all but one age/payer group).
- The measure is not risk adjusted, but results are stratified by age group.

Questions for the Committee regarding reliability:

- Do you have any concerns that the measure can be consistently implemented (i.e., are measure specifications adequate)?
- The staff is satisfied with the reliability testing for the measure. Does the Committee think there is a need to discuss and/or vote on reliability?

Questions for the Committee regarding validity:

- Do you have any concerns regarding the validity of the measure?
- The staff is satisfied with the validity analyses for the measure. Does the Committee think there is a need to discuss and/or vote on validity?

| Preliminary rating for reliability: | 🗌 High | 🛛 Moderate | □ Low | Insufficient |
|-------------------------------------|--------|------------|-------|--------------|
| Preliminary rating for validity: | 🗆 High | 🛛 Moderate | 🗆 Low | Insufficient |

Evaluation A: Scientific Acceptability

Scientific Acceptability: Preliminary Analysis Form

Measure Number: 3488

Measure Title: Follow-Up After Emergency Department Visit for Alcohol and Other Drug Abuse or Dependence

Type of measure:

| 🛛 Process 🗆 Process: Appropriate Use 🗆 Structure 🗆 Efficiency 🗆 Cost/Resource Use |
|--|
| □ Outcome □ Outcome: PRO-PM □ Outcome: Intermediate Clinical Outcome □ Composite |
| Data Source: |
| ☑ Claims □ Electronic Health Data □ Electronic Health Records □ Management Data □ Assessment Data □ Paper Medical Records □ Instrument-Based Data □ Registry Data □ Enrollment Data □ Other |
| Level of Analysis: |
| 🗆 Clinician: Group/Practice 🛛 Clinician: Individual 🛛 Facility 🛛 Health Plan |
| Population: Community, County or City Population: Regional and State |
| □ Integrated Delivery System □ Other |

Measure is:

□ **New** ⊠ **Previously endorsed (**NOTE: Empirical validity testing is expected at time of maintenance review; if not possible, justification is required.)

- Measure was previously 2605: Follow-Up After Emergency Department Visit for Mental Illness or Alcohol and Other Drug Abuse or Dependence.
- The measure has been split into two separate measures:
 - o 3489: Follow-Up After Emergency Department Visit for Mental Illness
 - o 3488: Follow-Up After Emergency Department Visit for Alcohol and other Drug Dependence

RELIABILITY: SPECIFICATIONS

1. Are submitted specifications precise, unambiguous, and complete so that they can be consistently implemented?
Yes
No

Submission document: "MIF_xxxx" document, items S.1-S.22

- 2. Briefly summarize any concerns about the measure specifications.
 - Committee previously questioned certain specification components:
 - Exclusion of individuals with SUD who have been transferred to sub-acute residential treatment from the numerator,
 - Primary diagnosis needed to enter the denominator,
 - \circ $\;$ Inclusion of targeted case management in the numerator, and
 - Follow-up timeframe of 7 and 30 days.
 - Measure was updated to include telehealth.

RELIABILITY: TESTING

Submission document: "MIF_xxxx" document for specifications, testing attachment questions 1.1-1.4 and section 2a2

- 3. Reliability testing level 🛛 🖾 Measure score 🗖 Data element 🗖 Neither
- 4. Reliability testing was conducted with the data source and level of analysis indicated for this measure ☑ Yes □ No
- 5. If score-level and/or data element reliability testing was NOT conducted or if the methods used were NOT appropriate, was **empirical** <u>VALIDITY</u> testing of <u>patient-level data</u> conducted?

🗆 Yes 🛛 No

6. Assess the method(s) used for reliability testing

Submission document: Testing attachment, section 2a2.2

- Data source is HEDIS data from 2017 that included 327 commercial health plans, 158 Medicaid health plans, and 250 Medicare health plans.
- Adams' Beta-binomial model was used to determine variability that can be explained by real differences in performance (ratio of signal to noise).
- 7. Assess the results of reliability testing

Submission document: Testing attachment, section 2a2.3

| | Overall Reliability | | |
|---------------------------------|---------------------|----------|----------|
| Measure Rate | Commercial | Medicaid | Medicare |
| 30-day follow-up (Age 13-17) | 0.83 | 0.85 | N/A |
| 30-day follow-up (Age 18+) | 0.92 | 0.98 | N/A |

| 30-day follow-up (Total) | 0.92 | 0.98 | 0.86 |
|--------------------------------|------|------|------|
| 7-day follow-up (Age 13-17) | 0.82 | 0.84 | N/A |
| 7-day follow-up (Age 18+) | 0.91 | 0.98 | N/A |
| 7-day follow-up (Total) | 0.92 | 0.98 | 0.81 |

- Reliability statistics show moderate to high reliability across age groups and payer types.
- 8. Was the method described and appropriate for assessing the proportion of variability due to real differences among measured entities? NOTE: If multiple methods used, at least one must be appropriate.

Submission document: Testing attachment, section 2a2.2

🛛 Yes

 \Box No

□ **Not applicable** (score-level testing was not performed)

9. Was the method described and appropriate for assessing the reliability of ALL critical data elements?

Submission document: Testing attachment, section 2a2.2

🗆 Yes

🗆 No

- Not applicable (data element testing was not performed)
- 10. OVERALL RATING OF RELIABILITY (taking into account precision of specifications and <u>all</u> testing results):

□ **High** (NOTE: Can be HIGH <u>only if</u> score-level testing has been conducted)

 \boxtimes **Moderate** (NOTE: Moderate is the highest eligible rating if score-level testing has <u>not</u> been conducted)

 \Box Low (NOTE: Should rate <u>LOW</u> if you believe specifications are NOT precise, unambiguous, and complete or if testing methods/results are not adequate)

□ **Insufficient** (NOTE: Should rate <u>INSUFFICIENT</u> if you believe you do not have the information you need to make a rating decision)

11. Briefly explain rationale for the rating of OVERALL RATING OF RELIABILITY and any concerns you may have with the approach to demonstrating reliability.

VALIDITY: ASSESSMENT OF THREATS TO VALIDITY

12. Please describe any concerns you have with measure exclusions.

Submission document: Testing attachment, section 2b2.

• Measure has no exclusions.

13. Please describe any concerns you have regarding the ability to identify meaningful differences in performance.

Submission document: Testing attachment, section 2b4.

- Interquartile range (difference between 25th and 75th percentile) provided.
- Significance determined by independent samples t-test between randomly-selected plans at 25th and 75th percentiles.
- Significant differences of approximately 5-15%. All differences except 30-day follow-up for 13-17 years group in commercials plans are statistically significant.

| 14. | Please describe any concerns you have regarding comparability of results if multiple data sources or methods are specified. Submission document: Testing attachment, section 2b5. |
|-----|--|
| | • N/A |
| 15. | Please describe any concerns you have regarding missing data. |
| | Submission document: Testing attachment, section 2b6. |
| | • Developer describes audit process. Only rates determined not to be "materially biased" are used. |
| 16. | Risk Adjustment |
| | 16a. Risk-adjustment method 🛛 None 🛛 Statistical model 🛛 Stratification |
| | 16b. If not risk-adjusted, is this supported by either a conceptual rationale or empirical analyses? |
| | Yes No Not applicable |
| | 16c. Social risk adjustment: |
| | 16c.1 Are social risk factors included in risk model? 🛛 Yes 🖓 No 🖓 Not applicable |
| | 16c.2 Conceptual rationale for social risk factors included? Yes No |
| | 16c.3 Is there a conceptual relationship between potential social risk factor variables and the measure focus? Yes No |
| : | 16d.Risk adjustment summary: |
| | 16d.1 All of the risk-adjustment variables present at the start of care? □ Yes □ No 16d.2 If factors not present at the start of care, do you agree with the rationale provided for inclusion? □ Yes □ No |
| | 16d.3 Is the risk adjustment approach appropriately developed and assessed? Yes No Yes No |
| | 16d.5.Appropriate risk-adjustment strategy included in the measure? Yes No 16e. Assess the risk-adjustment approach |
| | • This measure is specified to be reported separately by Medicare, Medicaid and commercial plan types, which developer states, serves as a proxy for income and other socioeconomic factors. |
| | Developer does not refer to this as risk adjustment. |
| VAI | LIDITY: TESTING |
| 17. | Validity testing level: 🛛 Measure score 🛛 Data element 🛛 Both |
| 18. | Method of establishing validity of the measure score: |
| | ⊠ Face validity |
| | Empirical validity testing of the measure score |
| | N/A (score-level testing not conducted) |
| 19. | Assess the method(s) for establishing validity |
| | Submission document: Testing attachment, section 2b2.2 |
| | • Health-plan level Pearson Correlation between 7-day and 30-day follow-up of the measure for each payer type AND health-plan level Pearson correlations between the measure and 3489: Follow-Up After Emergency Department Visit for Mental Illness for each payer type and follow-up |

• Hypothesis: high correlation between within measure rates and plans that performe well on 3488 should perform well on 3489.

timeframe.

• Face validity assessed through multi-stakeholder advisory panel and public comment. More emphasis should be placed on empirical validity results.

20. Assess the results(s) for establishing validity

Submission document: Testing attachment, section 2b2.3

- Correlations for within measure 7-day and 30-day rates were strong (>0.94, all statistically significant).
- Correlations for different payer types between measures 3488 and 3489 were moderate (ranged from 0.42 to 0.57, all statistically significant).
- Face validity results from most recent update in 2016
 - All 13 members of Committee on Performance Measurement (CPM) voted to approve the measure for HEDIS health plan reporting.

21. Was the method described and appropriate for assessing conceptually and theoretically sound hypothesized relationships?

Submission document: Testing attachment, section 2b1.

imes Yes

🗌 No

□ **Not applicable** (score-level testing was not performed)

22. Was the method described and appropriate for assessing the accuracy of ALL critical data elements? *NOTE that data element validation from the literature is acceptable.*

Submission document: Testing attachment, section 2b1.

□ Yes

- 🗆 No
- Not applicable (data element testing was not performed)

23. OVERALL RATING OF VALIDITY taking into account the results and scope of all testing and analysis of potential threats.

□ High (NOTE: Can be HIGH only if score-level testing has been conducted)

Moderate (NOTE: Moderate is the highest eligible rating if score-level testing has NOT been conducted)

- □ **Low** (NOTE: Should rate LOW if you believe that there <u>are</u> threats to validity and/or relevant threats to validity were <u>not assessed OR</u> if testing methods/results are not adequate)
- □ **Insufficient** (NOTE: For instrument-based measures and some composite measures, testing at both the score level and the data element level <u>is required</u>; if not conducted, should rate as INSUFFICIENT.)
- 24. Briefly explain rationale for rating of OVERALL RATING OF VALIDITY and any concerns you may have with the developers' approach to demonstrating validity.

ADDITIONAL RECOMMENDATIONS

25. If you have listed any concerns in this form, do you believe these concerns warrant further discussion by the multi-stakeholder Standing Committee? If so, please list those concerns below.

Committee Pre-evaluation Comments:

Criteria 2: Scientific Acceptability of Measure Properties (including all 2a, 2b, and 2c)

2a1. Reliability – Specifications

Comments:

**Reliability specifications are identified well. all data elements are included in claims

**The data elements are clear but what qualifies as follow up, particularly given our expanding telehealth and care team world, makes threatens the validity and reliability

2a2. Reliability – Testing

<u>Comments:</u> **No **Not really.

2b1. Validity – Testing

<u>Comments:</u> **No **Not appreciably.

2b2-3. Meaningful Differences

Comments:

**I have a concern that if an individual patient is in the ED multiple times in a month only the first ED visit is used to calculate the measure. the rates of follow up for the subsequent ED visits are not calculated at all. This may lead to missing those patients who truly need intervention and help with follow up and would make the plan look better than actual. I think every instanc e of an ED visit should be calculated even if there are multiple ED visits in a month

**No issues.

2b4-7. Threats to Validity

Comments:

**I do not see any threats to validity

**See comment on reliability. What constitutes follow up is evolving and the evidence basis for key aspects of follow up remain unclear. I do believe followup is associated with meaningful differences.

Criterion 3. Feasibility

Maintenance measures - no change in emphasis - implementation issues may be more prominent

<u>3. Feasibility</u> is the extent to which the specifications including measure logic, require data that are readily available or could be captured without undue burden and can be implemented for performance measurement.

- All data elements are defined fields in claims and generated or collected by and used by healthcare personnel during the provision of care.
- Committee previously raised concerns that the measure only captured primary care diagnosis of alcohol and drug dependence since emergency departments are not financially reimbursed for any resulting conditions related to alcohol.

Questions for the Committee:

• Is there still concern that some data is not being coded/captured?

RATIONALE:

| Committee Pre-evaluation Comments: Criteria 3: Feasibility |
|--|
| 3. Feasibility Comments: |
| **They are all routinely used in claims |
| **Hard to compile data sources from different carve outs and data sources. Behavioral health is plagued with these issues. |

Criterion 4: Usability and Use

Maintenance measures – increased emphasis – much greater focus on measure use and usefulness, including both impact/improvement and unintended consequences

4a. Use (4a1. Accountability and Transparency; 4a2. Feedback on measure)

<u>4a. Use</u> evaluate the extent to which audiences (e.g., consumers, purchasers, providers, policymakers) use or could use performance results for both accountability and performance improvement activities.

4a.1. Accountability and Transparency. Performance results are used in at least one accountability application within three years after initial endorsement and are publicly reported within six years after initial endorsement (or the data on performance results are available). If not in use at the time of initial endorsement, then a credible plan for implementation within the specified timeframes is provided.

Current uses of the measure

| Publicly reported? | 🛛 Yes 🛛 | Νο |
|---|---------|--------------|
| Current use in an accountability program? | 🛛 Yes 🛛 | No 🗆 UNCLEAR |
| OR | | |

| Planned use in an accountability program? | 🗆 Yes | | No |
|---|-------|--|----|
|---|-------|--|----|

Accountability program details

• Measure is used in the Medicaid Adult Core set, NCQA health plan ratings, NCQA quality compass, and SAMHSA Demonstration Program for Certified Community Behavioral Health Clinics (CCBHCs). The developer also notes the measure will be used in scoring for accreditation of Medicare Advantage Health Plans.

4a.2. Feedback on the measure by those being measured or others. Three criteria demonstrate feedback: 1) those being measured have been given performance results or data, as well as assistance with interpreting the measure results and data; 2) those being measured and other users have been given an opportunity to provide feedback on the measure performance or implementation; 3) this feedback has been considered when changes are incorporated into the measure

Feedback on the measure by those being measured or others

- NCQA publicly reports rates across all plans and benchmarks performance.
- Feedback received related to clarification on the types of encounters, as well as timing of encounters, that satisfy the measure and chemical dependency benefits for health plan members.

• Feedback was used to refine and clarify specifications and split the measures into two separate measures.

Additional Feedback:

• N/A

Questions for the Committee:

- Can plans use this measure and the performance results to further the goal of high-quality, efficient healthcare?
- Has the measure been appropriately vetted in real-world settings by those being measured or others?

Preliminary rating for Use: 🛛 Pass 🗌 No Pass

RATIONALE:

4b. Usability (4a1. Improvement; 4a2. Benefits of measure)

<u>4b. Usability</u> evaluate the extent to which audiences (e.g., consumers, purchasers, providers, policymakers) use or could use performance results for both accountability and performance improvement activities.

4b.1 Improvement. Progress toward achieving the goal of high-quality, efficient healthcare for individuals or populations is demonstrated.

Improvement results

- There was a lack of improvement in the measure rates over the two years for all product lines.
 - o Suggests challenges in connecting members with AOD to treatment.
 - Common reason in the literature for members not seeking or engaging in treatment: individuals are not ready to stop using alcohol or illicit drugs, could not afford treatment because they did not have enough health care coverage, or feared shame and discrimination.
 - There may be variations in coverage or in requirements for prior authorization for AOD treatment—both perceived and actual—across payer types and plans.

4b2. Benefits vs. harms. Benefits of the performance measure in facilitating progress toward achieving highquality, efficient healthcare for individuals or populations outweigh evidence of unintended negative consequences to individuals or populations (if such evidence exists).

Unexpected findings (positive or negative) during implementation

• No unexpected findings noted.

Potential harms

- No harms noted by the developer.
- One potential harm may be connecting individuals with care quickly with less focus on the quality/appropriateness of the follow-up care.

Additional Feedback:

• Committee previously felt the measure was meaningful, understandable, and useable.

Questions for the Committee:

- There has been low performance and lack of improvement in rates in the past two years. Do performance results demonstrate the need for comprehensive efforts to increase follow-up care after ED visits for AOD? Are there opportunities for all plans to overcome challenges and improve follow-up care for patients visiting the ED for SUD?
- Do the benefits of the measure outweigh potential unintended consequences?

Preliminary rating for Usability:

High
Moderate
Low
Insufficient

RATIONALE:

Committee Pre-evaluation Comments: Criteria 4: Usability and Use

4a1. Use - Accountability and Transparency
Comments:

**I believe feedback was provided
**I am not sure much has been learned thus far and meaningfully applied to this measures ongoing use.

4b1. Usability – Improvement

<u>Comments:</u>

**No issues here

**Overall, I am convinced benefits outweigh harms.

Criterion 5: Related and Competing Measures

Related or competing measures

Related measures:

- 0004: Initiation and Engagement of Alcohol and Other Drug Abuse or Dependence Treatment
- 3312: Continuity of Care for Medicaid Beneficiaries after Detoxification (Detox) From Alcohol and/or Drugs
- 3453*: Continuity of care after inpatient or residential treatment for substance use disorder (SUD) *Currently going through the endorsement process.

Other measures identified by NQF staff (based on relationship to follow-up care rather than diagnosis):

- 0576: Follow-Up After Hospitalization for Mental Illness (FUH)
- 3489: Follow-Up After Emergency Department Visit for Mental Illness

Harmonization

- Developer indicates measures are harmonized to the extent possible.
- Differences
 - Population focus (denominator): The measure targets patients discharged from the emergency department (not detoxification).
 - Numerator: The measure captures follow-up with a primary alcohol or other drug dependence diagnosis.
 - The Committee will discuss potential harmonization opportunities.

Committee Pre-evaluation Comments: Criterion 5: Related and Competing Measures

5. Related and Competing

Comments:

**So what do I use out here in the field? This measure or the NQF# 0004. There is no indication that this measure is a better measure or not so may be confusing out in the field in use. Other issues comments I could not make in the survey: 1) Great that it includes visits on the same day as the ED visit; 2) Great that telehealth is included; 3) Question that an online assessment would count as a visit. Seems there should be

some interaction with a clinician or program person. An online assessment does not equate in my mind to a visit; 4) concerns re: focus on the medical model and "Psychiatric Management" many OP SU providers do not do "Psychiatric Management"; 5) if patients only have a detox benefit then the patient is excluded pg. S.7. DenomNote: Members with detoxification-only chemical dependency benefits do not meet these criteria.inator details -

**This is a great example where we have multiple measures getting at the same underlying concepts: continuity, coordination of care, and follow up.

Public and Member Comments

Comments and Member Support/Non-Support Submitted as of: 06/17/2019

• There have been no public comments or support/non-support choices as of this date.

Brief Measure Information

NQF #: 3488

Corresponding Measures:

De.2. Measure Title: Follow-Up After Emergency Department Visit for Alcohol and Other Drug Abuse or Dependence

Co.1.1. Measure Steward: National Committee for Quality Assurance

De.3. Brief Description of Measure: The percentage of emergency department (ED) visits for members 13 years of age and older with a principal diagnosis of alcohol or other drug (AOD) abuse or dependence, who had a follow up visit for AOD. Two rates are reported:

- The percentage of ED visits for which the member received follow-up within 30 days of the ED visit (31 total days).

- The percentage of ED visits for which the member received follow-up within 7 days of the ED visit (8 total days).

1b.1. Developer Rationale: This measure targets individuals with alcohol or other drug abuse or dependence who are discharged to the community from the emergency department. These individuals may be particularly vulnerable to losing contact with the health care system. High use of the emergency department may signal a lack of access to ongoing care or a gap in fulfilling urgent care needs. Therefore, this point of transition presents an opportunity to ensure that the patient is connected to care and receives follow-up. Health plans have access to information and care management processes to ensure that follow-up care occurs. Therefore, health plans can help connect patients into outpatient care after emergency department use.

Individuals discharged from the emergency department face two main risks: (1) disengagement from treatment and (2) readmission to the emergency department. Treatment disengagement is a problem because individuals with the most serious mental health problems or alcohol or drug use disorders may require ongoing support and counseling to live independently in the community. Individuals who lose contact with outpatient care providers begin a vicious cycle of symptom deterioration (Kilaspy, 2007) that necessitates further crisis intervention in emergency settings (Fischer, 2008; Jencks, 2009). Preserving individuals' engagement with post-discharge treatment requires high quality handoffs between emergency settings and ambulatory care providers (Hartley, 2007; Wislar, 1998) as readmission is problematic because it involves further disruptions in life and becomes costly for health care systems, especially the emergency department setting.

Fischer, EP, McCarthy JF, Ignacio RV, et al. (2008) Longitudinal Patterns of Health System Retention Among Veterans with Schizophrenia or Bipolar Disorder. Community Mental Health Journal. 44:321–330.

Hartley, D, Ziller EC, Loux JA, et al. (2007) Use of Critical Access Hospital Emergency Rooms by Patients with Mental Health Symptoms. Journal of Rural Health. 23:108–115.

Jencks, SF, Williams MV, Colemen EA. (2009) Rehospitalizations Among Patients in the Medicare Fee-for-Service Program. New England Journal of Medicine. 360:1418–28.

Killaspy, H. (2007) Why do psychiatrists have difficulty disengaging with the out-patient clinic? Invited commentary on: Why don't patients attend their appointments? Advances in Psychiatric Treatment. 13:435–437.

Wislar, JS, Grossman J, Kruesi MP, et al. (1998) Youth Suicide-Related Visits in an Emergency Department Serving Rural Counties: Implications for Means Restriction. Annals of Suicide Research. 4:75–87.

S.4. Numerator Statement: The numerator consists of two rates:

- 30-day follow-up: A follow-up visit with any practitioner, with a principal diagnosis of AOD within 30 days after the ED visit (31 total days). Include visits that occur on the date of the ED visit.

- 7-day follow-up: A follow-up visit with any practitioner, with a principal diagnosis of AOD within 7 days after the ED visit (8 total days). Include visits that occur on the date of the ED visit.

These rates are stratified by age (13–17, 18 and older, total).

S.6. Denominator Statement: Emergency department (ED) visits with a primary diagnosis of alcohol or other drug abuse or dependence on or between January 1 and December 1 of the measurement year where the member was 13 years or older on the date of the visit.

S.8. Denominator Exclusions: Patients in hospice.

De.1. Measure Type: Process

S.17. Data Source: Claims

S.20. Level of Analysis: Health Plan

IF Endorsement Maintenance – Original Endorsement Date: Most Recent Endorsement Date:

IF this measure is included in a composite, NQF Composite#/title:

IF this measure is paired/grouped, NQF#/title:

De.4. IF PAIRED/GROUPED, what is the reason this measure must be reported with other measures to appropriately interpret results? Not applicable.

1. Evidence and Performance Gap – Importance to Measure and Report

Extent to which the specific measure focus is evidence-based, important to making significant gains in healthcare quality, and improving health outcomes for a specific high-priority (high-impact) aspect of healthcare where there is variation in or overall less-than-optimal performance. *Measures must be judged to meet all sub criteria to pass this criterion and be evaluated against the remaining criteria.*

1a. Evidence to Support the Measure Focus – See attached Evidence Submission Form

xxxxxxxx.docx

1a.1 <u>For Maintenance of Endorsement:</u> Is there new evidence about the measure since the last update/submission?

Do not remove any existing information. If there have been any changes to evidence, the Committee will consider the new evidence. Please use the most current version of the evidence attachment (v7.1). Please use red font to indicate updated evidence.

1a. Evidence (subcriterion 1a)

NATIONAL QUALITY FORUM—Evidence (subcriterion 1a)

Measure Number (if previously endorsed): 3488

Measure Title: Follow-Up After Emergency Department Visit for Alcohol and Other Drug Abuse or Dependence

IF the measure is a component in a composite performance measure, provide the title of the Composite Measure here: Click here to enter composite measure #/ title

Date of Submission: <u>4/2/2019</u>

Instructions

- Complete 1a.1 and 1a.2 for all measures. If instrument-based measure, complete 1a.3.
- Complete EITHER 1a.2, 1a.3 or 1a.4 as applicable for the type of measure and evidence.
- For composite performance measures:
 - A separate evidence form is required for each component measure unless several components were studied together.
 - If a component measure is submitted as an individual performance measure, attach the evidence form to the individual measure submission.
- All information needed to demonstrate meeting the evidence subcriterion (1a) must be in this form. An appendix of *supplemental* materials may be submitted, but there is no guarantee it will be reviewed.
- If you are unable to check a box, please highlight or shade the box for your response.
- Contact NQF staff regarding questions. Check for resources at <u>Submitting Standards webpage</u>.

<u>Note</u>: The information provided in this form is intended to aid the Standing Committee and other stakeholders in understanding to what degree the evidence for this measure meets NQF's evaluation criteria.

1a. Evidence to Support the Measure Focus

The measure focus is evidence-based, demonstrated as follows:

- <u>Outcome</u>: ³ Empirical data demonstrate a relationship between the outcome and at least one healthcare structure, process, intervention, or service. If not available, wide variation in performance can be used as evidence, assuming the data are from a robust number of providers and results are not subject to systematic bias.
- Intermediate clinical outcome: a systematic assessment and grading of the quantity, quality, and consistency of the body of evidence ⁴ that the measured intermediate clinical outcome leads to a desired health outcome.
- <u>Process</u>: ⁵ a systematic assessment and grading of the quantity, quality, and consistency of the body of evidence ⁴ that the measured process leads to a desired health outcome.
- <u>Structure</u>: a systematic assessment and grading of the quantity, quality, and consistency of the body of evidence ⁴ that the measured structure leads to a desired health outcome.
- Efficiency: ⁶ evidence not required for the resource use component.
- For measures derived from <u>patient reports</u>, evidence should demonstrate that the target population values the measured outcome, process, or structure and finds it meaningful.
- <u>Process measures incorporating Appropriate Use Criteria:</u> See NQF's guidance for evidence for measures, in general; guidance for measures specifically based on clinical practice guidelines apply as well.

Notes

3. Generally, rare event outcomes do not provide adequate information for improvement or discrimination; however, serious reportable events that are compared to zero are appropriate outcomes for public reporting and quality improvement.

4. The preferred systems for grading the evidence are the Grading of Recommendations, Assessment, Development and Evaluation (<u>GRADE) guidelines</u> and/or modified GRADE.

5. Clinical care processes typically include multiple steps: assess \rightarrow identify problem/potential problem \rightarrow choose/plan intervention (with patient input) \rightarrow provide intervention \rightarrow evaluate impact on health status. If the measure focus is one step in such a multistep process, the step with the strongest evidence for the link to the desired outcome should be selected as the focus of measurement. Note: A measure focused only on collecting PROM data is not a PRO-PM.

6. Measures of efficiency combine the concepts of resource use <u>and</u> quality (see NQF's <u>Measurement Framework: Evaluating</u> <u>Efficiency Across Episodes of Care; AQA Principles of Efficiency Measures</u>).

1a.1.This is a measure of: (*should be consistent with type of measure entered in De.1*) Outcome

Patient-reported outcome (PRO): Click here to name the PRO

PROs include HRQoL/functional status, symptom/symptom burden, experience with care, healthrelated behaviors. (A PRO-based performance measure is not a survey instrument. Data may be collected using a survey instrument to construct a PRO measure.)

- □ Intermediate clinical outcome (e.g., lab value): Click here to name the intermediate outcome
- Process: The percentage of ED visits for which members 13 years of age and older received follow-up after a qualifying diagnosis and event
 - Appropriate use measure: Click here to name what is being measured
- □ Structure: Click here to name the structure
- Composite: Click here to name what is being measured

1a.2 LOGIC MODEL Diagram or briefly describe the steps between the healthcare structures and processes (e.g., interventions, or services) and the patient's health outcome(s). The relationships in the diagram should be easily understood by general, non-technical audiences. Indicate the structure, process or outcome being measured.

2019 Submission

Emergency department visit >>> Primary diagnosis of alcohol or other drug use or dependence >>> Discharge from the emergency room to the community>>> Patient had an outpatient visit, intensive outpatient visit, partial hospitalization within 7 and 30 day time period with any provider >>> Condition or disease management >>> Improvement in health outcome

2014 Submission

Emergency department visit >>> Primary diagnosis of mental health or alcohol and other drug use or dependence >>> Discharge from the emergency room to the community>>> Patient had an outpatient visit, intensive outpatient visit, partial hospitalization within 7 and 30 day time period with any provider >>> Condition or disease management >>> Improvement in health outcome

1a.3 Value and Meaningfulness: IF this measure is derived from patient report, provide evidence that the target population values the measured *outcome, process, or structure* and finds it meaningful. (Describe how and from whom their input was obtained.)

2019 Submission Not applicable

**RESPOND TO ONLY ONE SECTION BELOW -EITHER 1a.2, 1a.3 or 1a.4) **

1a.2 FOR OUTCOME MEASURES including PATIENT REPORTED OUTCOMES - Provide empirical data demonstrating the relationship between the outcome (or PRO) to at least one healthcare structure, process, intervention, or service.

2019 Submission Not applicable

1a.3. SYSTEMATIC REVIEW(SR) OF THE EVIDENCE (for INTERMEDIATE OUTCOME, PROCESS, OR STRUCTURE PERFORMANCE MEASURES, INCLUDING THOSE THAT ARE INSTRUMENT-BASED) If the evidence is not based

on a systematic review go to section 1a.4) If you wish to include more than one systematic review, add additional tables.

What is the source of the <u>systematic review of the body of evidence</u> that supports the performance measure? A systematic review is a scientific investigation that focuses on a specific question and uses explicit, prespecified scientific methods to identify, select, assess, and summarize the findings of similar but separate studies. It may include a quantitative synthesis (meta-analysis), depending on the available data. (IOM)

⊠ Clinical Practice Guideline recommendation (with evidence review)

□ US Preventive Services Task Force Recommendation

□ Other systematic review and grading of the body of evidence (*e.g., Cochrane Collaboration, AHRQ Evidence Practice Center*)

Other

| Source of Systematic Review: • Title • Author • Date • Citation, including page number • URL | 2019 Submission APA Practice Guideline for the Treatment of Patients with Substance Use Disorders: Second Edition American Psychiatric Association 2006 Work Group on Substance Use Disorders, Kleber H.D., R.D. Weiss, R.F. Anton, B.J. Rounsaville, T.P. George, E.C. Strain, S.F. Greenfield, D.M. Ziedonis, T.R. Kosten, G. Hennessy, C.P. O'Brien, H.S. Connery HS, American Psychiatric Association Steering Committee on Practice Guidelines, McIntyre J.S., S.C. Charles, D.J. Anzia, J.E. Nininger, I.A. Cook, P. Summergrad, M.T. Finnerty, S.M. Woods, B.R. Johnson, J. Yager, R. Pyles, L. Lurie, C.D. Cross, R.D. Walker, R. Peele, M.A. Barnovitz, S.H. Gray, J.P. Shemo, S. Saxena, T. Tonnu, R. Kunkle, A.B. Albert, L.J. Fochtmann, C. Hart, D. Regier. (2006). <i>Treatment of patients with substance use disorders, second edition</i>. American Psychiatric Association. Am J Psychiatry 163(8 Suppl):5-82. URL: https://psychiatryonline.org/pb/assets/raw/sitewide/practice_gui delines/guidelines/substanceuse.pdf |
|--|---|
| Quote the guideline or recommendation verbatim about the | delines/guidelines/substanceuse.pdf 2014 Submission Practice Guideline for the Treatment of Patients With Substance Use Disorders, Second Edition URL: http://psychiatryonline.org/content.aspx? bookid=28§ionid=1675010 Year: 2006 2019 Submission Psychiatric management ([I]Recommended with substantial clinical confidence) |

| Γ | |
|---|--|
| process, structure or intermediate outcome being measured. If not a guideline, summarize the conclusions from the SR. | "Psychiatric management is the foundation of treatment for patients with substance use disorders [I]. Psychiatric management has the following specific objectives: motivating the patient to change, establishing and maintaining a therapeutic alliance with the patient, assessing the patient's safety and clinical status, managing the patient's intoxication and withdrawal states, developing and facilitating the patient's adherence to a treatment plan, preventing the patient's relapse, educating the patient about substance use disorders, and reducing the morbidity and sequelae of substance use disorders. Psychiatric management is generally combined with specific treatments carried out in a collaborative manner with professionals of various disciplines at a variety of sites, including community- based agencies, clinics, hospitals, detoxification programs, and residential treatment facilities. Many patients benefit from involvement in self-help group meetings, and such involvement can be encouraged as part of psychiatric management." |
| | Specific treatments |
| | "The specific pharmacological and psychosocial treatments reviewed below are generally applied in the context of programs that combine a number of different treatment modalities." |
| | a) Pharmacological treatments ([I]Recommended with substantial clinical confidence) |
| | "Pharmacological treatments are beneficial for selected patients with specific substance use disorders |
| | [I]. The categories of pharmacological treatments are 1) medications to treat intoxication and |
| | withdrawal states, 2) medications to decrease the reinforcing effects of abused substances, 3) agonist |
| | maintenance therapies, 4) antagonist therapies, 5) abstinence-promoting and relapse prevention |
| | therapies, and 6) medications to treat comorbid psychiatric conditions." |
| | b) Psychosocial treatments (All [I]Recommended with substantial clinical confidence) |
| | "Psychosocial treatments are essential components of a comprehensive treatment program [I]. |
| | Evidence-based psychosocial treatments include cognitive-behavioral therapies (CBTs, e.g., relapse prevention, social skills training), motivational enhancement therapy (MET), behavioral therapies (e.g., community reinforcement, contingency management), 12-step facilitation (TSF), psychodynamic therapy/interpersonal therapy (IPT), self-help manuals, behavioral self-control, brief interventions, case management, and group, marital, and family therapies. There is evidence to support the efficacy of integrated treatment for patients with a co-occurring substance use and psychiatric disorder; such treatment includes blending psychosocial therapies used to treat specific substance use disorders with psychosocial |

treatment approaches for other psychiatric diagnoses (e.g., CBT for depression)." **Alcohol Use Disorder** Pharmacological Treatments (All [I]Recommended with substantial clinical confidence or II] Recommended with moderate clinical confidence): "Specific pharmacotherapies for alcohol-dependent patients have wellestablished efficacy and moderate effectiveness. Naltrexone may attenuate some of the reinforcing effects of alcohol [I], although data on its long-term efficacy are limited. The use of long-acting, injectable naltrexone may promote adherence, but published research is limited and FDA approval is pending. Acamprosate, a y-aminobutyric acid (GABA) analog that may decrease alcohol craving in abstinent individuals, may also be an effective adjunctive medication in motivated patients who are concomitantly receiving psychosocial treatment [I]. Disulfiram is an effective adjunct to a comprehensive treatment program for reliable, motivated patients whose drinking may be triggered by events that suddenly increase alcohol craving [II]." NOTE: Please see below for APA 2017 clinical practice guideline on pharmacological treatment for alcohol use disorder. Psychosocial Treatments: "Psychosocial treatments found effective for some patients with an alcohol use disorder include MET [I], CBT [I], behavioral therapies [I], TSF [I], marital and family therapies [I], group therapies [II], and psychodynamic therapy/IPT [III]. Recommending that patients participate in self-help groups, such as Alcoholics Anonymous (AA), is often helpful [I]." **Opioid Use Disorder** Pharmacological Treatments (All [I]Recommended with substantial clinical confidence): "Maintenance treatment with methadone or buprenorphine is appropriate for patients with a prolonged history (>1 year) of opioid dependence [I]. The goals of treatment are to achieve a stable maintenance dose of opioid agonist and facilitate engagement in a comprehensive program of rehabilitation [I]. Maintenance treatment with naltrexone is an alternative strategy [I], although the utility of this strategy is often limited by lack of patient adherence and low treatment retention." Psychosocial Treatments: "Psychosocial treatments are effective components of a comprehensive treatment plan for patients with an opioid use disorder [II]. Behavioral therapies (e.g., contingency management) [II], CBTs [II], psychodynamic psychotherapy [III], and group and family therapies [III] have been found to be effective for some patients with an opioid use disorder. Recommending regular participation in self-help groups may also be useful [III]." 2014 Submission Practice Guideline for the Treatment of Patients With Substance Use Disorders, Second Edition, Page 11, "Most treatment for patients with

alcohol dependence or abuse can be successfully conducted outside the

hospital (e.g., in outpatient or partial hospitalization settings) [II]"

| Grade assigned to the evidence associated with the recommendation with the definition of the grade | 2019 Submission Authors did not specifically grade the evidence used to inform each recommendation statement. However, they provided a grading system for each individual reference cited throughout their guideline (below) based on the type of clinical study included as a supporting document. "The following coding system is used to indicate the nature of the supporting evidence in the summary recommendations and references: [A] Double-blind, randomized clinical trial. A study of an intervention in which subjects are prospectively followed over time; there are treatment and control groups; subjects are randomly assigned to the two groups; both the subjects and the investigators are blind to the assignments. [A] Randomized clinical trial. Same as above but not double-blind. [B] Clinical trial. A prospective study in which an intervention is made and the results of that intervention are tracked longitudinally; study does not meet standards for a randomized clinical trial. [C] Cohort or longitudinal study. A study in which subjects are prospectively followed over time without any specific intervention. [D] Case-control study. A study in which a group of patients is identified in the present and information about them is pursued retrospectively or backward in time. [F] Review. A qualitative review and discussion of previously published literature without a quantitative synthesis of the data. [G] Other. Textbooks, expert opinion, case reports, and other reports not included above." |
|---|--|
| Provide all other grades and definitions from the evidence grading system | 2019 Submission See "grade assigned to the evidence associated with the recommendation with the definition of the grade" for information about each article reviewed that met inclusion criteria for this guideline. 2014 Submission |
| Grade assigned to the recommendation with definition of the grade | <u>2019 Submission</u> "Each recommendation is identified as meriting one of three categories of endorsement, based on the level of clinical confidence regarding the recommendation, as indicated by a bracketed Roman numeral after the statement." Recommendation 2: [I]Recommended with substantial clinical confidence. |
| | Recommendation 3a (Pharmacologic Treatments): [I]Recommended with substantial clinical confidence. |

| | Recommendation 3b (Psychosocial Treatments): [I]Recommended with substantial clinical confidence. |
|---|---|
| | Further broken down by diagnosis: |
| | Alcohol Use Disorder: Pharmacological Treatments (All [I]Recommended with substantial clinical confidence or II] Recommended with moderate clinical confidence) |
| | Alcohol Use Disorder: Psychosocial Treatments: [I]Recommended with substantial clinical confidence or [III] May be recommended on the basis of individual circumstances. |
| | Opioid Use Disorder: Pharmacological Treatments (All [I]Recommended with substantial clinical confidence) |
| | Opioid Use Disorder: Psychosocial Treatments: [I]Recommended with substantial clinical confidence), [II] Recommended with moderate clinical confidence, or [III] May be recommended on the basis of individual circumstances. |
| | 2014 Submission |
| | [II] Recommended with moderate clinical confidence. |
| Provide all other grades and definitions from the | 2019 Submission None. |
| recommendation | 2014 Submission |
| grading system | [I] Recommended with substantial clinical confidence.[III] May be recommended on the basis of individual circumstances. |
| Body of evidence: | 2019 Submission |
| Quantity – how many studies? | Authors included 1,063 studies that met inclusion criteria for this guideline after reviewing 89,231 references populated using a structured literature search in PubMed. |
| • Quality – what type of studies? | "[Authors completed] A comprehensive literature review to identify all relevant randomized clinical trials as well as less rigorously designed clinical trials and case series when evidence from randomized trials was unavailable." For additional details about the types of studies included as citations for this guideline, see "grade assigned to the evidence associated with the recommendation with the definition of the grade." |
| | 2014 Submission |
| Estimates of benefit and consistency across studies | 2019 Submission Across included studies, guidelines for the treatment of those with substance use disorders agree that psychosocial care, and in many cases, also pharmacological treatments, are an effective way to reduce morbidity and mortality. |
| | • |

| | 2014 Submission |
|--|--|
| What harms were identified? | <u>2019 Submission</u> There was a concern some patients may not want to answer substance related questions and that the time required to conduct this assessment could reduce the amount of time a provider has to assess a patient for other health concerns. <u>2014 Submission</u> |
| Identify any new studies conducted since the SR. Do the new studies change the conclusions from the SR? | <u>2019 Submission</u> No. The conclusions drawn from this systematic review remain relevant and current, except as superseded by more recent guidance below specific to alcohol use disorder. <u>2014 Submission</u> |

| Source of Systematic Review: • Title • Author • Date • Citation, including page number • URL | APA Practice Guideline for the Pharmacological Treatment of Patients with Alcohol Use Disorder American Psychiatric Association 2018 Reus, V. et al. (2018). Practice Guideline for the Pharmacological Treatment of Patients with Alcohol Use Disorder. American Journal of Psychiatry, 175(1), 86-90. doi:10.1176/appi.ajp.2017.1750101 https://psychiatryonline.org/doi/pdf/10.1176/appi.books.9781615 371969 |
|--|--|
| Quote the guideline or recommendation verbatim about the process, structure or intermediate outcome being measured. If not a guideline, summarize the | "Statement 8. APA recommends (1C) that patients with alcohol use disorder have a documented comprehensive and person-centered treatment plan that includes evidence-based nonpharmacological and pharmacological treatments." "Statement 9. APA recommends (1B) that naltrexone or acamprosate be |
| conclusions from the SR. | offered to patients with moderate to severe alcohol use disorder who |
| | have a goal of reducing alcohol consumption or achieving abstinence, |
| | prefer pharmacotherapy or have not responded to nonpharmacological treatments alone, and |
| | have no contraindications to the use of these medications." |

| | "Statement 10. APA suggests (2C) that disulfiram be offered to patients with moderate to severe alcohol use disorder |
|---|--|
| | who |
| | have a goal of achieving abstinence, |
| | prefer disulfiram or are intolerant to or have not responded to naltrexone and acamprosate, |
| | • are capable of understanding the risks of alcohol consumption while taking disulfiram, and |
| | have no contraindications to the use of this medication." |
| | "Statement 11. APA suggests (2C) that topiramate or gabapentin be offered to patients with moderate to severe alcohol use disorder who |
| | have a goal of reducing alcohol consumption or achieving abstinence, |
| | • prefer topiramate or gabapentin or are intolerant to or have not responded to naltrexone and acamprosate, |
| | andhave no contraindications to the use of these medications." |
| Grade assigned to the evidence associated with the recommendation with the definition of the grade | Statement 8: "A" rating for evidence: High confidence that the evidence reflects the true effect. Further research is very unlikely to change our confidence in the estimate of effect. |
| | Statement 9: "B" rating for evidence: Moderate confidence that the evidence reflects the true effect. Further research may change our confidence in the estimate of effect and may change the estimate. |
| | Statement 10: "C" rating for evidence: Low confidence that the evidence reflects the true effect. Further research is likely to change our confidence in the estimate of effect and is likely to change the estimate. |
| | Statement 11: "C" rating for evidence: Low confidence that the evidence reflects the true effect. Further research is likely to change our confidence in the estimate of effect and is likely to change the estimate. |
| Provide all other grades and definitions from the evidence grading system | N/A |
| Grade assigned to the recommendation with definition of the grade | Statement 8 and Statement 9: "1" Recommendation: APA recommends with confidence that the benefits of the intervention clearly outweigh harms. |
| | Statement 10 and Statement 11: "2" Suggestion: APA suggests the that although the benefits of the statement are still viewed as outweighing the harms, the balance of benefits and harms is more difficult to judge, or either the benefits or the harms may be less clear. With a suggestion, patient values and preferences may be more variable, and this can influence the clinical decision that is ultimately made. |
| | |

| Provide all other grades and definitions from the recommendation grading system | N/A |
|--|---|
| Body of evidence: Quantity – how many studies? Quality – what type of studies? | The Agency for Healthcare Research and Quality (AHRQ) systematic review "Pharmacotherapy for Adults With Alcohol-Use Disorders in Outpatient Settings" is the source of evidence used for the development of this guideline. This systematic review included 95 randomized clinical trials, accounting for 22,803 patients. Jonas, D.E., Amick, H.R., Feltner, C., et al. (2014). Pharmacotherapy for Adults With Alcohol Use Disorders in Outpatient Settings A Systematic Review and Meta-analysis. JAMA, 311(18), 1889–1900. doi:10.1001/jama.2014.3628 |
| Estimates of benefit and consistency across studies | The following texts are directly quoted from the APA guideline and summarize the benefits of each recommendation statement as determined by clinical evidence review: Statement 8. Evidence-Based Treatment Planning "Development and documentation of a comprehensive treatment plan assures that the clinician has considered the available nonpharmacological and pharmacological options for treatment and has identified those treatments that are best suited to the needs of the individual patient, with a goal of improving overall outcome. It may also assist in forming a therapeutic relationship, eliciting patient preferences, permitting education about possible treatments, setting expectations for treatment, and establishing a framework for shared decision-making. Documentation of a treatment plan promotes accurate communication among all those caring for the patient and can serve as a reminder of prior discussions about treatment." "The potential benefits of this recommendation were viewed as far outweighing the potential harms. The level of research evidence is rated as low because no information is available on the harms of such an approach. There is also minimal research on whether developing and documenting a specific treatment plan improves outcomes as compared with assessment and documentation as usual. However, the majority of studies of pharmacotherapy for AUD included nonpharmacological treatments aimed at providing supportive counseling, enhancing coping strategies, and promoting adherence. This indirect evidence supports the benefits of comprehensive treatment planning." |
| | Statement 9. Naltrexone or Acamprosate |

| "Acamprosate is associated with a small benefit on the outcomes of returning to any drinking and on the number of drinking days (moderate strength of research evidence). Naltrexone is associated with a small benefit on the outcomes of returning to any drinking, returning to heavy drinking, frequency of drinking days, and frequency of heavy drinking days (moderate strength of research evidence). |
|--|
| Evidence is limited, but the use of long-acting injectable naltrexone may have benefits for adherence as compared with oral formulations of naltrexone. In the AHRQ meta-analysis of head to- head comparisons, neither acamprosate nor naltrexone showed superiority to the other medication |
| in terms of return to heavy drinking (moderate strength of research evidence), return to any drinking (moderate strength of research evidence), or percentage of drinking days (low strength of research evidence). However, in the U.S. COMBINE study (but not the German PREDICT study), |
| naltrexone was associated with better outcomes than acamprosate." |
| "The potential benefits of this recommendation were viewed as far outweighing the potential harms. For both acamprosate and naltrexone, the harms of treatment were considered minimal, particularly compared with the harms of continued alcohol use, as long as there was no contraindication to the use of the medication. The positive effects of acamprosate and naltrexone were small overall, and not all studies showed a statistically significant benefit from these medications. In addition, European studies showed greater benefit of acamprosate than did U.S. studies, and naltrexone exhibited greater effect than acamprosate in the COMBINE trial. Nevertheless, the potential benefit of each medication was viewed as far outweighing the harms of continued alcohol use, particularly when nonpharmacological approaches have not produced an effect or when patients prefer to use one of these medications as an initial treatment option. In addition, it was noted that even small effect sizes may be clinically meaningful because of the significant morbidity associated with AUD. Patients with mild AUD rarely participated in clinical trials of naltrexone and acamprosate pharmacotherapy. Therefore, although they might respond to these medications, patients with mild AUD are not included in this recommendation because of the limited amount of research evidence." |
| Statement 10. Disulfiram |
| "Benefits of disulfiram on alcohol-related outcomes were not reported in the AHRQ review. However, |
| a subsequent meta-analysis (Skinner et al. 2014) that included randomized open-label studies |
| (low strength of research evidence) showed a moderate effect of disulfiram as compared with no |
| disulfiram as well as compared with acamprosate, naltrexone, and topiramate. In studies where |

| | medication adherence was assured through supervised administration, the |
|-----------------------------|--|
| | effect of disulfiram was |
| | large (Skinner et al. 2014)." |
| | |
| | "The potential benefits of this statement were viewed as likely to outweigh the harms. The strength of research evidence is rated as low because there were insufficient data from double-blind randomized controlled trials (RCTs), and the bulk of the research evidence for benefits and harms was from randomized open-label studies. With carefully selected patients in clinical trials, adverse events were somewhat greater with disulfiram. However, serious adverse events were few and comparable in numbers to serious adverse events in comparison groups consistent with the long history of safe use of disulfiram in clinical practice. Consequently, the potential benefits of disulfiram were viewed as likely to outweigh the harms for most patients given the medium to large effect size for the benefit of disulfiram when open-label studies are considered and particularly compared with the harms of continued alcohol use. In addition, it was noted that even small effect sizes may be clinically meaningful because of the significant morbidity associated with AUD. The strength of the guideline statement (suggestion) was influenced both by the strength of research evidence and by patient preferences related to disulfiram as compared with other interventions." |
| What harms were identified? | The following texts are directly quoted from the APA guideline and summarize the harms of each recommendation statement as determined by clinical evidence review: |
| | Statement 8. Evidence Based Treatment Planning |
| | "The only identifiable harm from this recommendation relates to the time spent in discussion and documentation that may reduce the opportunity to focus on other aspects of the evaluation." |
| | Statement 9. Naltrexone or Acamprosate |
| | "The harms of acamprosate are small in magnitude, with slight overall increases in diarrhea and vomiting as compared with placebo (moderate strength of research evidence). The harms of naltrexone are small in magnitude, with slight overall increases in dizziness, nausea, and vomiting relative to placebo (moderate strength of research evidence). Alterations in hepatic function are also possible with naltrexone, but changes in liver chemistries were not assessed in the AHRQ review. Individuals taking naltrexone would not be able to take opioids for pain, and other treatments for acute pain would be needed. For individuals treated with long-acting injectable naltrexone, pain or induration can occur at the injection site, and access to the medication can be an issue because of geographic- or payment-related issues. With long durations of naltrexone use, individuals lose tolerance to opioids. This can result in overdose and death if large but previously tolerated opioid doses are taken after naltrexone is discontinued. For many other potential harms, including mortality, evidence was not |

| | available or was rated by the AHRQ review as insufficient. However, withdrawals from the studies due to adverse events did not differ from placebo for acamprosate (low strength of research evidence) and were only slightly greater than placebo for naltrexone although statistically significant (moderate strength of research evidence)." |
|--|---|
| | Statement 10. Disulfiram |
| | "There were insufficient data on harms of disulfiram to conduct a meta- analysis in the AHRQ report. |
| | When randomized open-label studies were included (low strength of research evidence; Skinner et al. 2014), there was a significantly greater number of adverse events with disulfiram than with control conditions. Significant harms have been reported if alcohol-containing products are ingested concomitantly with disulfiram use." |
| Identify any new studies conducted since the SR. Do the new studies change the conclusions from the SR? | N/A |

1a.4 OTHER SOURCE OF EVIDENCE

If source of evidence is NOT from a clinical practice guideline, USPSTF, or systematic review, please describe the evidence on which you are basing the performance measure.

2019 Submission

Not applicable

1a.4.1 Briefly SYNTHESIZE the evidence that supports the measure. A list of references without a summary is not acceptable.

2019 Submission Not applicable

1a.4.2 What process was used to identify the evidence?

2019 Submission Not applicable

1a.4.3. Provide the citation(s) for the evidence.

2019 Submission

Not applicable

1b. Performance Gap

Demonstration of quality problems and opportunity for improvement, i.e., data demonstrating:

- considerable variation, or overall less-than-optimal performance, in the quality of care across providers; and/or
- Disparities in care across population groups.

1b.1. Briefly explain the rationale for this measure (*e.g.*, how the measure will improve the quality of care, the benefits or improvements in quality envisioned by use of this measure)

If a COMPOSITE (e.g., combination of component measure scores, all-or-none, any-or-none), SKIP this question and answer the composite questions.

This measure targets individuals with alcohol or other drug abuse or dependence who are discharged to the community from the emergency department. These individuals may be particularly vulnerable to losing contact with the health care system. High use of the emergency department may signal a lack of access to ongoing care or a gap in fulfilling urgent care needs. Therefore, this point of transition presents an opportunity to ensure that the patient is connected to care and receives follow-up. Health plans have access to information and care management processes to ensure that follow-up care occurs. Therefore, health plans can help connect patients into outpatient care after emergency department use.

Individuals discharged from the emergency department face two main risks: (1) disengagement from treatment and (2) readmission to the emergency department. Treatment disengagement is a problem because individuals with the most serious mental health problems or alcohol or drug use disorders may require ongoing support and counseling to live independently in the community. Individuals who lose contact with outpatient care providers begin a vicious cycle of symptom deterioration (Kilaspy, 2007) that necessitates further crisis intervention in emergency settings (Fischer, 2008; Jencks, 2009). Preserving individuals' engagement with post-discharge treatment requires high quality handoffs between emergency settings and ambulatory care providers (Hartley, 2007; Wislar, 1998) as readmission is problematic because it involves further disruptions in life and becomes costly for health care systems, especially the emergency department setting.

Fischer, EP, McCarthy JF, Ignacio RV, et al. (2008) Longitudinal Patterns of Health System Retention Among Veterans with Schizophrenia or Bipolar Disorder. Community Mental Health Journal. 44:321–330.

Hartley, D, Ziller EC, Loux JA, et al. (2007) Use of Critical Access Hospital Emergency Rooms by Patients with Mental Health Symptoms. Journal of Rural Health. 23:108–115.

Jencks, SF, Williams MV, Colemen EA. (2009) Rehospitalizations Among Patients in the Medicare Fee-for-Service Program. New England Journal of Medicine. 360:1418–28.

Killaspy, H. (2007) Why do psychiatrists have difficulty disengaging with the out-patient clinic? Invited commentary on: Why don't patients attend their appointments? Advances in Psychiatric Treatment. 13:435–437.

Wislar, JS, Grossman J, Kruesi MP, et al. (1998) Youth Suicide-Related Visits in an Emergency Department Serving Rural Counties: Implications for Means Restriction. Annals of Suicide Research. 4:75–87.

1b.2. Provide performance scores on the measure as specified (<u>current and over time</u>) at the specified level of analysis. (<u>This is required for maintenance of endorsement</u>. Include mean, std dev, min, max, interquartile range, scores by decile. Describe the data source including number of measured entities; number of patients; dates of data; if a sample, characteristics of the entities include.) This information also will be used to address the sub-criterion on improvement (4b1) under Usability and Use.

The following data are extracted from HEDIS data collection reflecting the most recent years of measurement for this measure. Performance data is summarized at the health plan level and summarized by mean, standard deviation, and performance at 10th, 25th, 50th, 75th, and 90th percentile. Data is stratified by year and product line (i.e. commercial, Medicare, Medicaid).

Commercial health plans, 30-day follow-up (Age 13-17)

YEAR | MEAN | ST DEV | 10TH | 25TH | 50TH | 75TH | 90TH | Interquartile Range

2017 | 9.5% | 10.3% | 2.6% | 5.2% | 7.5% | 10.7% | 16.7% | 5.6%

2016 | 11.7% | 6.7% | 3.9% | 6.5% | 10.6% | 15.7% | 20.0% | 9.3% Commercial health plans, 30-day follow-up (Age 18+) YEAR | MEAN | ST DEV | 10TH | 25TH | 50TH | 75TH | 90TH | Interguartile Range 2017 | 14.8% | 7.2% | 7.4% | 10.5% | 13.8% | 18.0% | 22.6% | 7.5% 2016 | 18.7% | 8.5% | 9.1% | 12.9% | 17.5% | 23.4% | 29.2% | 10.4% Commercial health plans, 30-day follow-up (Total) YEAR | MEAN | ST DEV | 10TH | 25TH | 50TH | 75TH | 90TH | Interquartile Range 2017 | 14.3% | 7.1% | 6.8% | 10.0% | 13.3% | 17.6% | 22.0% | 7.7% 2016 | 18.2% | 8.3% | 8.8% | 12.5% | 16.9% | 22.7% | 28.3% | 10.1% Commercial health plans, 7-day follow-up (Age 13-17) YEAR | MEAN | ST DEV | 10TH | 25TH | 50TH | 75TH | 90TH | Interquartile Range 2017 | 7.0% | 9.5% | 1.3% | 3.2% | 5.4% | 8.4% | 13.2% | 5.2% 2016 | 9.0% | 5.5% | 3.4% | 5.4% | 7.5% | 11.6% | 16.1% | 6.2% Commercial health plans, 7-day follow-up (Age 18+) YEAR | MEAN | ST DEV | 10TH | 25TH | 50TH | 75TH | 90TH | Interguartile Range 2017 | 10.8% | 6.5% | 4.8% | 7.2% | 10.0% | 13.3% | 17.3% | 6.1% 2016 | 14.4% | 7.6% | 6.3% | 9.1% | 13.0% | 18.0% | 22.6% | 8.9% Commercial health plans, 7-day follow up (Total) YEAR | MEAN | ST DEV | 10TH | 25TH | 50TH | 75TH | 90TH | Interguartile Range 2017 | 10.4% | 6.4% | 4.6% | 6.8% | 9.7% | 12.9% | 16.7% | 6.1% 2016 | 14.0% | 7.4% | 6.2% | 8.8% | 12.6% | 17.7% | 21.7% | 8.9% Medicaid health plans, 30-day follow-up (Age 13-17) YEAR | MEAN | ST DEV | 10TH | 25TH | 50TH | 75TH | 90TH | Interquartile Range 2017 | 11.9% | 10.3% | 2.9% | 5.1% | 8.9% | 16.7% | 22.2% | 11.6% 2016 | 12.9% | 10.2% | 3.4% | 6.4% | 9.2% | 18.2% | 26.0% | 11.8% Medicaid health plans, 30-day follow-up (Age 18+) YEAR | MEAN | ST DEV | 10TH | 25TH | 50TH | 75TH | 90TH | Interguartile Range 2017 | 18.5% | 10.0% | 6.7% | 10.4% | 16.6% | 25.6% | 32.3% | 15.2% 2016 | 20.1% | 13.4% | 7.3% | 10.4% | 15.8% | 27.1% | 39.1% | 16.7% Medicaid health plans, 30-day follow-up (Total) YEAR | MEAN | ST DEV | 10TH | 25TH | 50TH | 75TH | 90TH | Interguartile Range 2017 | 18.1% | 9.9% | 6.7% | 10.1% | 16.3% | 24.5% | 32.2% | 14.4% 2016 | 19.7% | 13.3% | 6.9% | 9.8% | 15.3% | 26.9% | 37.0% | 17.1% Medicaid health plans, 7-day follow-up (Age 13-17) YEAR | MEAN | ST DEV | 10TH | 25TH | 50TH | 75TH | 90TH | Interguartile Range 2017 | 8.1% | 8.9% | 1.3% | 2.6% | 6.0% | 10.0% | 15.9% | 7.4% 2016 | 9.0% | 9.1% | 1.6% | 3.2% | 6.3% | 11.1% | 17.2% | 7.9% Medicaid health plans, 7-day follow-up (Age 18+) YEAR | MEAN | ST DEV | 10TH | 25TH | 50TH | 75TH | 90TH | Interguartile Range 2017 | 12.6% | 7.8% | 4.4% | 7.1% | 10.6% | 16.8% | 22.6% | 9.7% 2016 | 15.0% | 11.5% | 5.4% | 7.3% | 10.7% | 17.5% | 32.5% | 10.3% Medicaid health plans, 7-day follow up (Total) YEAR | MEAN | ST DEV | 10TH | 25TH | 50TH | 75TH | 90TH | Interquartile Range 2017 | 12.2% | 7.7% | 4.3% | 6.9% | 10.4% | 16.7% | 21.9% | 9.8% 2016 | 14.6% | 11.4% | 4.7% | 6.6% | 10.9% | 17.4% | 31.4% | 10.8% Medicare health plans, 30-day follow-up YEAR | MEAN | ST DEV | 10TH | 25TH | 50TH | 75TH | 90TH | Interquartile Range 2017 | 12.2% | 7.9% | 4.8% | 7.1% | 10.8% | 15.3% | 21.9% | 8.2% 2016 | 13.9% | 7.8% | 5.2% | 7.7% | 12.8% | 17.7% | 25.0% | 10.0% Medicare health plans, 7-day follow up YEAR | MEAN | ST DEV | 10TH | 25TH | 50TH | 75TH | 90TH | Interquartile Range 2017 | 12.4% | 7.8% | 5.2% | 7.7% | 12.8% | 17.7% | 25.0% | 10.0%

2016 | 10.0% | 6.2% | 3.0% | 5.7% | 9.0% | 13.5% | 18.9% | 7.7%

The data references are extracted from HEDIS data collection reflecting the most recent years of measurement for this measure. In 2016, HEDIS measures covered 114.2 million commercial health plan beneficiaries and 47.0 million Medicaid beneficiaries. Below is a description of the denominator for this measure. It includes the number of health plans included in HEDIS data collection and the median eligible number of encounters for the measure across health plans.

Commercial health plans, 30-day follow-up (Age 13-17)

YEAR | N Plans | Median Denominator Size per plan

2017 | 96 | 60

2016 | 87 | 66

Commercial health plans, 30-day follow-up (Age 18+)

YEAR | N Plans | Median Denominator Size per plan

2017 | 321 | 167

2016 | 300 | 169

Commercial health plans, 30-day follow-up (Total)

YEAR | N Plans | Median Denominator Size per plan

2017 | 327 | 176

2016 | 303 | 177

Commercial health plans, 7-day follow-up (Age 13-17)

YEAR | N Plans | Median Denominator Size per plan

2017 | 96 | 60

2016 | 87 | 66

Commercial health plans, 7-day follow-up (Age 18+)

YEAR | N Plans | Median Denominator Size per plan

2017 | 321 | 167

2016 | 300 | 169

Commercial health plans, 7-day follow up (Total)

YEAR | N Plans | Median Denominator Size per plan 2017 | 327 | 176 2016 | 303 | 177 Medicaid health plans, 30-day follow-up (Age 13-17) YEAR | N Plans | Median Denominator Size per plan 2017 | 83 | 64 2016 | 66 | 77 Medicaid health plans, 30-day follow-up (Age 18+) YEAR | N Plans | Median Denominator Size per plan 2017 | 157 | 561 2016 | 120 | 566 Medicaid health plans, 30-day follow-up (Total) YEAR | N Plans | Median Denominator Size per plan 2017 | 158 | 616 2016 | 121 | 633 Medicaid health plans, 7-day follow-up (Age 13-17) YEAR | N Plans | Median Denominator Size per plan 2017 | 83 | 64 2016 | 66 | 77 Medicaid health plans, 7-day follow-up (Age 18+) YEAR | N Plans | Median Denominator Size per plan 2017 | 157 | 561 2016 | 120 | 566 Medicaid health plans, 7-day follow up (Total) YEAR | N Plans | Median Denominator Size per plan 2017 | 158 | 616 2016 | 121 | 633 Medicare health plans, 30-day follow-up YEAR | N Plans | Median Denominator Size per plan 2017 | 250 | 90 2016 | 218 | 96 Medicare health plans, 7-day follow up YEAR | N Plans | Median Denominator Size per plan 2017 | 250 | 90 2016 | 218 | 96

1b.3. If no or limited performance data on the measure as specified is reported in 1b2, then provide a summary of data from the literature that indicates opportunity for improvement or overall less than optimal performance on the specific focus of measurement.

There is room for improvement in measure performance. Average performance rates for both 7-day and 30day follow up are low for commercial, Medicare, and Medicaid health plans. Average 30-day follow-up performance across all ages is 12 percent for Medicare plans, 18 percent for Medicaid plans, and 14 percent for commercial plans. Average 7-day follow-up performance across all ages is 8 percent for Medicare plans, 12 percent for Medicaid plans, and 10 percent for commercial plans.

There is also a wide range in performance for both the 7-day and 30-day follow-up rates. For example, in 2017, Medicare plan performance (across all ages) for 7-day follow-up ranged from 3 percent (plans in the 10th percentile) to 16 percent (plans in the 90th percentile). 30-day follow-up rates (across all ages) similarly showed a wide range in performance; for example, Medicaid health plan performance ranged from 7 percent (in the 10th percentile) to 32 percent (in the 90th percentile).

1b.4. Provide disparities data from the measure as specified (current and over time) by population group, e.g., by race/ethnicity, gender, age, insurance status, socioeconomic status, and/or disability. (*This is required for maintenance of endorsement*. Describe the data source including number of measured entities; number of patients; dates of data; if a sample, characteristics of the entities included.) For measures that show high levels of performance, i.e., "topped out", disparities data may demonstrate an opportunity for improvement/gap in care for certain sub-populations. This information also will be used to address the sub-criterion on improvement (4b1) under Usability and Use.

HEDIS data are stratified by type of insurance (e.g. Commercial, Medicaid, Medicare). While not specified in the measure, this measure can also be stratified by demographic variables, such as race/ethnicity or socioeconomic status, in order to assess the presence of health care disparities, if the data are available to a plan. The HEDIS Race/Ethnicity Diversity of Membership and the Language Diversity of Membership measures were designed to promote standardized methods for collecting these data and follow Office of Management and Budget and Institute of Medicine guidelines for collecting and categorizing race/ethnicity and language data. In addition, NCQA's Multicultural Health Care Distinction Program outlines standards for collecting, storing, and using race/ethnicity and language data to assess health care disparities.

1b.5. If no or limited data on disparities from the measure as specified is reported in **1b.4**, then provide a summary of data from the literature that addresses disparities in care on the specific focus of measurement. Include citations. Not necessary if performance data provided in **1b.4**

Data show noticeable differences in rates of access to substance abuse treatment programs with regards to race/ethnicity and age. African Americans are less likely than Whites to access treatment for substance use disorders (Satre et al, 2010). SAMSHA reported in 2008 that approximately 60 percent of whites with substance abuse problems were admitted to substance abuse treatment programs, which is significantly higher than 21 percent of African Americans, 14 percent of Hispanics, 2 percent of American Indians or Alaska Natives, 1 percent of Asian/Pacific Islanders, and 2 percent of other racial/ethnic groups. Furthermore, individuals between the ages of 25-29 had the highest rate of admissions to substance abuse treatment programs compared to all other ages (NIDA, 2011).

For patients with both depression and a substance use disorder, women are more likely than men to receive treatment (Satre et al, 2010). A recent study in Canada also found that mental health patients with higher numbers of ED visits for substance use disorders were "...less likely to receive follow-up care and more likely to die within 2 years" (Urbanoski et al., 2018).

National Institute on Drug Abuse (NIDA). 2015. "Trends & Statistics." Available from URL: http://www.drugabuse.gov/related-topics/trends-statistics.

Satre, D., C.I. Campbell, N.P. Gordon, C. Weisner. "Ethnic disparities in accessing treatment for depression and substance use disorders in an integrated health plan." Int J Psychiatry Med. 2010 ; 40(1): 57–76.

Urbanoski K., J. Cheng, J. Rehm, P. Kurdyak. "Frequent use of emergency departments for mental

and substance use disorders." Emerg Med J 35:220-225. doi:10.1136/emermed-2015-205554

2. Reliability and Validity—Scientific Acceptability of Measure Properties

Extent to which the measure, <u>as specified</u>, produces consistent (reliable) and credible (valid) results about the quality of care when implemented. *Measures must be judged to meet the sub criteria for both reliability and validity to pass this criterion and be evaluated against the remaining criteria.*

2a.1. Specifications The measure is well defined and precisely specified so it can be implemented consistently within and across organizations and allows for comparability. eMeasures should be specified in the Health Quality Measures Format (HQMF) and the Quality Data Model (QDM).

De.5. Subject/Topic Area (check all the areas that apply):

Behavioral Health, Behavioral Health : Alcohol, Substance Use/Abuse

De.6. Non-Condition Specific(check all the areas that apply):

Access to Care, Care Coordination, Disparities Sensitive

De.7. Target Population Category (Check all the populations for which the measure is specified and tested if any):

Populations at Risk

S.1. Measure-specific Web Page (Provide a URL link to a web page specific for this measure that contains current detailed specifications including code lists, risk model details, and supplemental materials. Do not enter a URL linking to a home page or to general information.)

Not applicable.

S.2a. <u>If this is an eMeasure</u>, HQMF specifications must be attached. Attach the zipped output from the eMeasure authoring tool (MAT) - if the MAT was not used, contact staff. (Use the specification fields in this online form for the plain-language description of the specifications)

This is not an eMeasure Attachment:

S.2b. Data Dictionary, Code Table, or Value Sets (and risk model codes and coefficients when applicable) must be attached. (Excel or csv file in the suggested format preferred - if not, contact staff)

Attachment Attachment: 3488_FUA_Value_Sets_Spring_2019.xlsx

S.2c. Is this an instrument-based measure (i.e., data collected via instruments, surveys, tools, questionnaires, scales, etc.)? Attach copy of instrument if available.

No, this is not an instrument-based measure Attachment:

S.2d. Is this an instrument-based measure (i.e., data collected via instruments, surveys, tools, questionnaires, scales, etc.)? Attach copy of instrument if available.

Not an instrument-based measure

S.3.1. For maintenance of endorsement: Are there changes to the specifications since the last updates/submission. If yes, update the specifications for S1-2 and S4-22 and explain reasons for the changes in S3.2.

Yes

S.3.2. For maintenance of endorsement, please briefly describe any important changes to the measure specifications since last measure update and explain the reasons.

Measure #2605, Follow-Up After Emergency Department Visit for Mental Illness or Alcohol and Other Drug Abuse or Dependence, has been split into two separate measures:

- Follow-Up After Emergency Department Visit for Mental Illness (#3489)

- Follow-Up After Emergency Department Visit for Alcohol and other Drug Dependence (#3488)

Added telehealth to the numerators.
S.4. Numerator Statement (Brief, narrative description of the measure focus or what is being measured about the target population, i.e., cases from the target population with the target process, condition, event, or outcome) DO NOT include the rationale for the measure.

IF an OUTCOME MEASURE, state the outcome being measured. Calculation of the risk-adjusted outcome should be described in the calculation algorithm (S.14).

The numerator consists of two rates:

- 30-day follow-up: A follow-up visit with any practitioner, with a principal diagnosis of AOD within 30 days after the ED visit (31 total days). Include visits that occur on the date of the ED visit.

- 7-day follow-up: A follow-up visit with any practitioner, with a principal diagnosis of AOD within 7 days after the ED visit (8 total days). Include visits that occur on the date of the ED visit.

These rates are stratified by age (13–17, 18 and older, total).

S.5. Numerator Details (All information required to identify and calculate the cases from the target population with the target process, condition, event, or outcome such as definitions, time period for data collection, specific data collection items/responses, code/value sets – Note: lists of individual codes with descriptors that exceed 1 page should be provided in an Excel or csv file in required format at S.2b)

IF an OUTCOME MEASURE, describe how the observed outcome is identified/counted. Calculation of the riskadjusted outcome should be described in the calculation algorithm (S.14).

30-day follow-up: A follow-up visit with any practitioner, with a principal diagnosis of AOD within 30 days after the ED visit (31 total days). Include visits that occur on the date of the ED visit. Any of the following meet criteria for a follow-up visit:

- IET Stand Alone Visits Value Set with a principal diagnosis of AOD abuse or dependence (AOD Abuse and Dependence Value Set), with or without a telehealth modifier (Telehealth Modifier Value Set).

- IET Visits Group 1 Value Set with IET POS Group 1 Value Set and a principal diagnosis of AOD abuse or dependence (AOD Abuse and Dependence Value Set), with or without a telehealth modifier (Telehealth Modifier Value Set).

- IET Visits Group 2 Value Set with IET POS Group 2 Value Set and a principal diagnosis of AOD abuse or dependence (AOD Abuse and Dependence Value Set), with or without a telehealth modifier (Telehealth Modifier Value Set).

- An observation visit (Observation Value Set) with a principal diagnosis of AOD abuse or dependence (AOD Abuse and Dependence Value Set).

- A telephone visit (Telephone Visits Value Set) with a principal diagnosis of AOD abuse or dependence (AOD Abuse and Dependence Value Set).

- An online assessment (Online Assessments Value Set) with a principal diagnosis of AOD abuse or dependence (AOD Abuse and Dependence Value Set).

7-day follow-up: A follow-up visit with any practitioner, with a principal diagnosis of AOD within 7 days after the ED visit (8 total days). Include visits that occur on the date of the ED visit. Any of the following meet criteria for a follow-up visit:

- IET Stand Alone Visits Value Set with a principal diagnosis of AOD abuse or dependence (AOD Abuse and Dependence Value Set), with or without a telehealth modifier (Telehealth Modifier Value Set).

- IET Visits Group 1 Value Set with IET POS Group 1 Value Set and a principal diagnosis of AOD abuse or dependence (AOD Abuse and Dependence Value Set), with or without a telehealth modifier (Telehealth Modifier Value Set).

- IET Visits Group 2 Value Set with IET POS Group 2 Value Set and a principal diagnosis of AOD abuse or dependence (AOD Abuse and Dependence Value Set), with or without a telehealth modifier (Telehealth Modifier Value Set).

- An observation visit (Observation Value Set) with a principal diagnosis of AOD abuse or dependence (AOD Abuse and Dependence Value Set).

- A telephone visit (Telephone Visits Value Set) with a principal diagnosis of AOD abuse or dependence (AOD Abuse and Dependence Value Set).

- An online assessment (Online Assessments Value Set) with a principal diagnosis of AOD abuse or dependence (AOD Abuse and Dependence Value Set).

S.6. Denominator Statement (Brief, narrative description of the target population being measured)

Emergency department (ED) visits with a primary diagnosis of alcohol or other drug abuse or dependence on or between January 1 and December 1 of the measurement year where the member was 13 years or older on the date of the visit.

S.7. Denominator Details (All information required to identify and calculate the target population/denominator such as definitions, time period for data collection, specific data collection items/responses, code/value sets – Note: lists of individual codes with descriptors that exceed 1 page should be provided in an Excel or csv file in required format at S.2b.)

IF an OUTCOME MEASURE, describe how the target population is identified. Calculation of the risk-adjusted outcome should be described in the calculation algorithm (S.14).

Age: 13 years and older as of the date of the ED visit

Benefit: Medical and chemical dependency.

Note: Members with detoxification-only chemical dependency benefits do not meet these criteria.

Continuous Enrollment: Date of emergency department visit through 30 days after the ED visit

Event/diagnosis criteria: An ED visit (ED Value Set) with a principal diagnosis of AOD abuse or dependence (AOD Abuse and Dependence Value Set) on or between January 1 and December 1 of the measurement year where the member was 13 years or older on the date of the visit. The denominator for this measure is based on ED visits, not on members. If a member has more than one ED visit, identify all eligible ED visits between January 1 and December 1 of the measurement year and do not include more than one visit per 31-day period as described below.

If a member has more than one ED visit in a 31-day period, include only the first eligible ED visit. For example, if a member has an ED visit on January 1, then include the January 1 visit and do not include ED visits that occur on or between January 2 and January 31; then, if applicable, include the next ED visit that occurs on or after February 1. Identify visits chronologically including only one per 31-day period. Note: Removal of multiple visits in a 31-day period is based on eligible visits. Assess each ED visit for exclusions before removing multiple visits in a 31-day period.

Exclude ED visits that result in an inpatient stay and ED visits followed by an admission to an acute or nonacute inpatient care setting on the date of the ED visit or within the 30 days after the ED visit, regardless of principal diagnosis for the admission. To identify admissions to an acute or nonacute inpatient care setting:

1. Identify all acute and nonacute inpatient stays (Inpatient Stay Value Set).

2. Identify the admission date for the stay.

These events are excluded from the measure because admission to an acute or nonacute inpatient setting may prevent an outpatient follow-up visit from taking place.

S.8. Denominator Exclusions (Brief narrative description of exclusions from the target population)

Patients in hospice.

S.9. Denominator Exclusion Details (All information required to identify and calculate exclusions from the denominator such as definitions, time period for data collection, specific data collection items/responses, code/value sets – Note: lists of individual codes with descriptors that exceed 1 page should be provided in an Excel or csv file in required format at S.2b.)

Exclude patients who use hospice services or elect to use a hospice benefit any time during the measurement year, regardless of when the services began. These patients may be identified using various methods, which may include but are not limited to enrollment data, medical record or claims/encounter data (Hospice Value Set).

S.10. Stratification Information (Provide all information required to stratify the measure results, if necessary, including the stratification variables, definitions, specific data collection items/responses, code/value sets, and the risk-model covariates and coefficients for the clinically-adjusted version of the measure when appropriate – Note: lists of individual codes with descriptors that exceed 1 page should be provided in an Excel or csv file in required format with at S.2b.)

This measure is stratified by age:

- Age 13 to 17 years
- Age 18 and older
- Total (sum of the age stratifications)

S.11. Risk Adjustment Type (Select type. Provide specifications for risk stratification in measure testing attachment)

No risk adjustment or risk stratification

If other:

S.12. Type of score:

Rate/proportion

If other:

S.13. Interpretation of Score (*Classifies interpretation of score according to whether better quality is associated with a higher score, a lower score, a score falling within a defined interval, or a passing score*)

Better quality = Higher score

S.14. Calculation Algorithm/Measure Logic (*Diagram or describe the calculation of the measure score as an ordered sequence of steps including identifying the target population; exclusions; cases meeting the target process, condition, event, or outcome; time period for data, aggregating data; risk adjustment; etc.*)

Step 1: Determine the eligible population.

Step 1A: Identify patients with who were treated and discharged from an emergency department with a primary diagnosis of alcohol or other drug abuse or dependence. Do not include ED visits that result in an inpatient stay, or are followed by an admission to an acute or nonacute inpatient care setting on the date of the ED visit or within the 30 days after the ED visit.

Step 2: Identify the numerator.

Step 2A: Identify those who had a qualifying follow-up visit within 7 days.

Step 2B: Identify those who had a qualifying follow-up visit within 30 days.

Step 3: Calculate the rates.

Step 3A: Calculate the 7-day rate by dividing the number of ED visits with qualifying follow-up visit within 7 days (Step 2A) by the denominator (Step 1A).

Step 3B: Calculate the 30-day rate by dividing the number of ED visits with qualifying follow-up visit within 30 days (Step 2B) by the denominator (Step 1A).

S.15. Sampling (If measure is based on a sample, provide instructions for obtaining the sample and guidance on minimum sample size.)

<u>IF an instrument-based</u> performance measure (e.g., PRO-PM), identify whether (and how) proxy responses are allowed.

Not applicable.

S.16. Survey/Patient-reported data (*If measure is based on a survey or instrument, provide instructions for data collection and guidance on minimum response rate.*)

Specify calculation of response rates to be reported with performance measure results.

Not applicable.

S.17. Data Source (Check ONLY the sources for which the measure is SPECIFIED AND TESTED).

If other, please describe in S.18.

Claims

S.18. Data Source or Collection Instrument (Identify the specific data source/data collection instrument (e.g. name of database, clinical registry, collection instrument, etc., and describe how data are collected.)

<u>IF instrument-based</u>, identify the specific instrument(s) and standard methods, modes, and languages of administration.

This measure is based on administrative claims collected in the course of providing care to health plan members. NCQA collects the Healthcare Effectiveness Data and Information Set (HEDIS) data for this measure directly from Health Management Organizations and Preferred Provider Organizations via NCQA's online data submission system.

S.19. Data Source or Collection Instrument (available at measure-specific Web page URL identified in S.1 OR in attached appendix at A.1)

No data collection instrument provided

S.20. Level of Analysis (Check ONLY the levels of analysis for which the measure is SPECIFIED AND TESTED)

Health Plan

S.21. Care Setting (Check ONLY the settings for which the measure is SPECIFIED AND TESTED)

Outpatient Services

If other:

S.22. <u>COMPOSITE Performance Measure</u> - Additional Specifications (Use this section as needed for aggregation and weighting rules, or calculation of individual performance measures if not individually endorsed.)

Not applicable.

2. Validity – See attached Measure Testing Submission Form

FUA_Measure_Testing_Form_April_2019.docx

2.1 For maintenance of endorsement

Reliability testing: If testing of reliability of the measure score was not presented in prior submission(s), has reliability testing of the measure score been conducted? If yes, please provide results in the Testing attachment. Please use the most current version of the testing attachment (v7.1). Include information on all testing conducted (prior testing as well as any new testing); use red font to indicate updated testing.

Yes

2.2 For maintenance of endorsement

Has additional empirical validity testing of the measure score been conducted? If yes, please provide results in the Testing attachment. Please use the most current version of the testing attachment (v7.1). Include information on all testing conducted (prior testing as well as any new testing); use red font to indicate updated testing.

Yes

2.3 For maintenance of endorsement

Risk adjustment: For outcome, resource use, cost, and some process measures, risk-adjustment that includes social risk factors is not prohibited at present. Please update sections 1.8, 2a2, 2b1,2b4.3 and 2b5 in the Testing attachment and S.140 and S.11 in the online submission form. NOTE: These sections must be updated even if social risk factors are not included in the risk-adjustment strategy. You MUST use the most current version of the Testing Attachment (v7.1) -- older versions of the form will not have all required questions.

No - This measure is not risk-adjusted

Measure Testing (subcriteria 2a2, 2b1-2b6)

NATIONAL QUALITY FORUM—Measure Testing (subcriteria 2a2, 2b1-2b6)

Measure Number (if previously endorsed): 3488

Measure Title: Follow-Up After Emergency Department Visit for Alcohol and Other Drug Abuse or Dependence

Date of Submission: <u>4/2/2019</u>

Type of Measure:

| Outcome (<i>including PRO-PM</i>) | □ Composite – STOP – use composite testing form |
|-------------------------------------|---|
| Intermediate Clinical Outcome | □ Cost/resource |
| Process (including Appropriate Use) | Efficiency |
| □ Structure | |

Instructions

- Measures must be tested for all the data sources and levels of analyses that are specified. If there is more than one set of data specifications or more than one level of analysis, contact NQF staff about how to present all the testing information in one form.
- For <u>all</u> measures, sections 1, 2a2, 2b1, 2b2, and 2b4 must be completed.
- For outcome and resource use measures, section 2b3 also must be completed.
- If specified for <u>multiple data sources/sets of specificaitons</u> (e.g., claims and EHRs), section 2b5 also must be completed.
- Respond to <u>all</u> questions as instructed with answers immediately following the question. All information on testing to demonstrate meeting the subcriteria for reliability (2a2) and validity (2b1-2b6) must be in this form. An appendix for *supplemental* materials may be submitted, but there is no guarantee it will be reviewed.
- If you are unable to check a box, please highlight or shade the box for your response.
- Maximum of 25 pages (*incuding questions/instructions;* minimum font size 11 pt; do not change margins). *Contact NQF staff if more pages are needed.*
- Contact NQF staff regarding questions. Check for resources at <u>Submitting Standards webpage</u>.
- For information on the most updated guidance on how to address social risk factors variables and testing in this form refer to the release notes for version 7.1 of the Measure Testing Attachment.

<u>Note</u>: The information provided in this form is intended to aid the Standing Committee and other stakeholders in understanding to what degree the testing results for this measure meet NQF's evaluation criteria for testing.

2a2. Reliability testing ¹⁰ demonstrates the measure data elements are repeatable, producing the same results a high proportion of the time when assessed in the same population in the same time period and/or that the measure score is precise. For instrument-based measures (including PRO-PMs) and composite performance measures, reliability should be demonstrated for the computed performance score.

2b1. Validity testing ¹¹ demonstrates that the measure data elements are correct and/or the measure score correctly reflects the quality of care provided, adequately identifying differences in quality. For instrument-based measures (including PRO-PMs) and composite performance measures, validity should be demonstrated for the computed performance score.

2b2. Exclusions are supported by the clinical evidence and are of sufficient frequency to warrant inclusion in the specifications of the measure; ¹²

AND

If patient preference (e.g., informed decisionmaking) is a basis for exclusion, there must be evidence that the exclusion impacts performance on the measure; in such cases, the measure must be specified so that the information about patient preference and the effect on the measure is transparent (e.g., numerator category computed separately, denominator exclusion category computed separately). ¹³

2b3. For outcome measures and other measures when indicated (e.g., resource use):

• an evidence-based risk-adjustment strategy (e.g., risk models, risk stratification) is specified; is based on patient factors (including clinical and social risk factors) that influence the measured outcome and are present at start of care; ^{14,15} and has demonstrated adequate discrimination and calibration OR

• rationale/data support no risk adjustment/ stratification.

2b4. Data analysis of computed measure scores demonstrates that methods for scoring and analysis of the specified measure allow for identification of statistically significant and practically/clinically meaningful ¹⁶ differences in performance;

OR

there is evidence of overall less-than-optimal performance.

2b5. If multiple data sources/methods are specified, there is demonstration they produce comparable results.

2b6. Analyses identify the extent and distribution of missing data (or nonresponse) and demonstrate that performance results are not biased due to systematic missing data (or differences between responders and nonresponders) and how the specified handling of missing data minimizes bias.

Notes

10. Reliability testing applies to both the data elements and computed measure score. Examples of reliability testing for data elements include, but are not limited to: inter-rater/abstractor or intra-rater/abstractor studies; internal consistency for multiitem scales; test-retest for survey items. Reliability testing of the measure score addresses precision of measurement (e.g., signal-to-noise).

11. Validity testing applies to both the data elements and computed measure score. Validity testing of data elements typically analyzes agreement with another authoritative source of the same information. Examples of validity testing of the measure score include, but are not limited to: testing hypotheses that the measures scores indicate quality of care, e.g., measure scores are different for groups known to have differences in quality assessed by another valid quality measure or method; correlation of measure scores with another valid indicator of quality for the specific topic; or relationship to conceptually related measures (e.g., scores on process measures to scores on outcome measures). Face validity of the measure score as a quality indicator may be adequate if accomplished through a systematic and transparent process, by identified experts, and explicitly addresses whether performance scores resulting from the measure as specified can be used to distinguish good from poor quality. The degree of consensus and any areas of disagreement must be provided/discussed.

12. Examples of evidence that an exclusion distorts measure results include, but are not limited to: frequency of occurrence, variability of exclusions across providers, and sensitivity analyses with and without the exclusion.

13. Patient preference is not a clinical exception to eligibility and can be influenced by provider interventions.

14. Risk factors that influence outcomes should not be specified as exclusions.

15. With large enough sample sizes, small differences that are statistically significant may or may not be practically or clinically meaningful. The substantive question may be, for example, whether a statistically significant difference of one percentage point in the percentage of patients who received smoking cessation counseling (e.g., 74 percent v. 75 percent) is clinically meaningful; or whether a statistically significant difference of \$25 in cost for an episode of care (e.g., \$5,000 v. \$5,025) is practically meaningful. Measures with overall less-than-optimal performance may not demonstrate much variability across providers.

1. DATA/SAMPLE USED FOR <u>ALL</u> TESTING OF THIS MEASURE

Often the same data are used for all aspects of measure testing. In an effort to eliminate duplication, the first five questions apply to all measure testing. <u>If there are differences by aspect of testing</u>, (e.g., reliability vs. validity) be sure to indicate the specific differences in question 1.7.

1.1. What type of data was used for testing? (Check all the sources of data identified in the measure specifications and data used for testing the measure. Testing must be provided for <u>all</u> the sources of data specified and intended for measure implementation. **If different data sources are used for the numerator and denominator, indicate N [numerator] or D [denominator] after the checkbox.)**

| Measure Specified to Use Data From: | Measure Tested with Data From: | |
|--|--|--|
| (must be consistent with data sources entered in S.17) | | |
| □ abstracted from paper record | □ abstracted from paper record | |
| 🛛 claims | 🛛 claims | |
| registry | registry | |
| □ abstracted from electronic health record | □ abstracted from electronic health record | |
| eMeasure (HQMF) implemented in EHRs | eMeasure (HQMF) implemented in EHRs | |
| other: Click here to describe | □ other: Click here to describe | |

1.2. If an existing dataset was used, identify the specific dataset (the dataset used for testing must be consistent with the measure specifications for target population and healthcare entities being measured; e.g., Medicare Part A claims, Medicaid claims, other commercial insurance, nursing home MDS, home health OASIS, clinical registry).

2019 Submission

N/A

2014 Submission

Medicaid claims; Medicaid Analytic eXtract (MAX)

1.3. What are the dates of the data used in testing?

2019 Submission

Testing of measure score reliability and validity was performed using data from 2017.

2014 Submission

Calendar year 2008

1.4. What levels of analysis were tested? (testing must be provided for <u>all</u> the levels specified and intended for measure implementation, e.g., individual clinician, hospital, health plan)

| Measure Specified to Measure Performance of: (must be consistent with levels entered in item S.20) | Measure Tested at Level of: |
|---|-----------------------------|
| 🗆 individual clinician | 🗆 individual clinician |
| □ group/practice | □ group/practice |
| hospital/facility/agency | hospital/facility/agency |

| 🛛 health plan | 🗵 health plan |
|---------------------------------|---------------------------------|
| □ other: Click here to describe | □ other: Click here to describe |

1.5. How many and which measured entities were included in the testing and analysis (by level of analysis

and data source)? (*identify the number and descriptive characteristics of measured entities included in the analysis (e.g., size, location, type); if a sample was used, describe how entities were selected for inclusion in the sample*)

2019 Submission

This measure assesses whether patients age 13 and older with an emergency department (ED) visit and a principal diagnosis of alcohol or other drug (AOD) abuse or dependence had a follow-up visit for AOD. This measure includes patients who were enrolled in commercial, Medicaid and Medicare health plans. There is a rate for the proportion of ED visits for which the patient received follow-up within 30 days of the ED visit, and a rate for the proportion of ED visits for which the patient received follow-up within 7 days of the ED visit. The intended use of the measure is to assess the quality of care in health plans across the population. As required by the specified level of accountability, we conducted a field test with health plans to assess scientific acceptability, usability and have subsequently gathered audited data from a large number of health plans.

Sample for measure score reliability testing and construct validity testing: The measure score reliability was calculated from HEDIS data that included 327 commercial health plans, 158 Medicaid health plans, and 250 Medicare health plans. The sample included all health plans submitting data to NCQA for HEDIS. The plans were geographically diverse and varied in size.

2014 Submission

RELIABILITY, VALIDITY AND MEANINGFUL DIFFERENCES

We tested the reliability, validity, and variation in performance on this measure among 16 states for the rate of follow-up for mental health (MH) emergency department visits and 15 states for the rate of follow-up for alcohol and other drug dependence (AOD) emergency department visits using fee-for-service (FFS) Medicaid claims derived from the MAX data. We used FFS claims because Medicaid managed care organizations do not submit encounters in many states or submit incomplete data that limits the ability to observe every medical or behavioral health encounter.

We excluded states where FFS data were not expected to be representative (e.g. where only a small percentage of Medicaid adults were enrolled in FFS), where there was a problem with the Medicaid enrollment file or with FFS claims (e.g. inability to identify our population of interest, or missing claims), or where the denominator size of emergency department discharges was very small (less than 150).

Systematic Evaluation of Face Validity

This measure was tested for validity with an expert panel (n=16), focus group (n=29), and public comment (n=20).

1.6. How many and which <u>patients</u> were included in the testing and analysis (by level of analysis and data source)? (identify the number and descriptive characteristics of patients included in the analysis (e.g., age, sex, race, diagnosis); if a sample was used, describe how patients were selected for inclusion in the sample) 2019 Submission

<u>Patient sample for measure score reliability testing</u>: Data are summarized at the health plan level and stratified by product line (i.e. commercial, Medicare, Medicaid). Below is a description of the sample. It includes number of health plans included in HEDIS data collection and the median eligible population for the measure across health plans.

Table 1. Median denominator size for the Follow-Up After Emergency Department Visit for Alcohol and OtherDrug Abuse or Dependence measure by plan type, 2017

| Product Type | Number of Plans | Median number of encounters per plan |
|--------------|-----------------|--------------------------------------|
| | | · · · |

| Commercial | 327 | 176 |
|------------|-----|-----|
| Medicaid | 158 | 616 |
| Medicare | 250 | 90 |

2014 Submission

Our analysis includes all Medicaid enrollees ages 18 and over. We excluded enrollees for whom Medicaid data would not be expected to include all instances of care provision including individuals who were (1) dually eligible for Medicare, (2) did not have full Medicaid benefits, (3) had private insurance, or (4) were enrolled in Medicaid for less than one calendar year.

The measure is calculated for two populations: (1) patients with a mental health emergency department visit and (2) patients with an alcohol or other drug dependence emergency department visit. For each population, there are two rates – follow-up within 7 days of emergency department discharge and follow up within 30 days of emergency department discharge. Table 1 summarizes the number and characteristics of individuals used to calculate the rates.

| | Mental Health Denominator | | AOD Denominator | |
|-------------------------------|---------------------------|------------|-----------------|------------|
| Number of states | N = 16 | | N = 15 | |
| Characteristic | Number | Percentage | Number | Percentage |
| Total Individuals | 26,982 | 100 | 11,743 | 100 |
| Gender | | | | |
| Male | 10,744 | 39.8 | 6,068 | 51.7 |
| Female | 16,238 | 60.2 | 5,675 | 48.3 |
| Unknown | 0 | 0.0 | 0 | 0.0 |
| Age | | | | |
| 15 to 20 | 2,015 | 7.5 | 550 | 4.7 |
| 21 to 44 | 15,602 | 57.8 | 5,447 | 46.4 |
| 45 to 64 | 9,214 | 34.1 | 5,656 | 48.2 |
| 65 to 74 | 132 | 0.5 | 84 | 0.7 |
| 75 to 84 | 17 | 0.1 | 6 | 0.1 |
| 85+ | 2 | 0.0 | 0 | 0.0 |
| Race/Ethnicity | | | | |
| African American | 8,920 | 33.1 | 3,324 | 28.3 |
| Caucasian | 15,144 | 56.1 | 6,934 | 59.0 |
| Hispanic | 883 | 3.3 | 326 | 2.8 |
| Other | 485 | 1.8 | 377 | 3.2 |
| Unknown | 1,550 | 5.7 | 782 | 6.7 |
| Medicaid Eligibility category | | | | |
| Adult | 3,877 | 14.4 | 1,876 | 16.0 |
| Disabled | 22,439 | 83.2 | 9,575 | 81.5 |
| Children | 666 | 2.5 | 292 | 2.5 |
| Geography | | | | |
| Metropolitan | 11,146 | 41.3 | 5,021 | 42.8 |
| Micropolitan | 7,887 | 29.2 | 3,315 | 28.2 |
| Neither | 7,845 | 29.1 | 3,383 | 28.8 |
| Unknown | 104 | 0.4 | 24 | 0.2 |

Table 1. Characteristics of patients in each denominator across all states included in analysis:

Source: MAX data from calendar year 2008

1.7. If there are differences in the data or sample used for different aspects of testing (e.g., reliability, validity, exclusions, risk adjustment), identify how the data or sample are different for each aspect of testing reported below.

2019 Submission

No differences in the data used for reliability and construct validity testing.

2014 Submission

The number of states used for each denominator is different; 16 states were included in our analysis of the follow-up rate for emergency department visits for mental health diagnoses whereas 15 states were included in our analysis of the follow-up rate for emergency department visits for AOD diagnoses. As seen in Table 2, The District of Columbia was not included in the AOD analysis due to a small sample size. There were no other differences in the data used for each aspect of testing.

| State | Number of ED discharges in | Number of ED discharges in |
|-------|----------------------------|----------------------------|
| | Mental Health Denominator | AOD Denominator |
| AK | 221 | 212 |
| AL | 2,294 | 873 |
| СТ | 1,608 | 1,135 |
| DC* | 181 | N/A |
| GA | 3,506 | 1,273 |
| IL | 5,681 | 1,248 |
| IN | 990 | 563 |
| KY | 3,520 | 1,403 |
| LA | 2,447 | 1,081 |
| MN | 2,149 | 747 |
| MS | 842 | 392 |
| NC | 4,907 | 2,416 |
| NH | 574 | 188 |
| ОК | 813 | 514 |
| WI | 1,041 | 588 |
| WV | 1,178 | 704 |
| Total | 31,952 | 13,337 |

Table 2: Number of emergency department discharges included in each denominator, by state:

*DC was dropped from AOD denominator due to small sample size. Source: MAX calendar year 2008

1.8 What were the social risk factors that were available and analyzed? For example, patient-reported data (e.g., income, education, language), proxy variables when social risk data are not collected from each patient (e.g. census tract), or patient community characteristics (e.g. percent vacant housing, crime rate) which do not have to be a proxy for patient-level data.

2019 Submission

Social risk factor data were not available in reported results. This measure is specified to be reported separately by Medicare, Medicaid and commercial plan types, which serves as a proxy for income and other socioeconomic factors.

2a2. RELIABILITY TESTING

<u>Note</u>: If accuracy/correctness (validity) of data elements was empirically tested, separate reliability testing of data elements is not required – in 2a2.1 check critical data elements; in 2a2.2 enter "see section 2b2 for validity testing of data elements"; and skip 2a2.3 and 2a2.4.

2a2.1. What level of reliability testing was conducted? (may be one or both levels)

Critical data elements used in the measure (*e.g., inter-abstractor reliability; data element reliability must address ALL critical data elements*)

Performance measure score (e.g., signal-to-noise analysis)

2a2.2. For each level checked above, describe the method of reliability testing and what it tests (*describe the steps*—*do not just name a method; what type of error does it test; what statistical analysis was used*) **2019 Submission**

Reliability testing of performance measure score

We utilized the Beta-binomial model (Adams 2009) to assess how well one can confidently distinguish the performance of one accountable entity from another. Conceptually, the Beta-binomial model is the ratio of signal to noise. The signal is the proportion of the variability in measured performance that can be explained by real differences in performance. The Beta-binomial model is an appropriate model when estimating the reliability of simple pass/fail rate measures as is the case with most HEDIS measures. Reliability scores range from 0.0 to 1.0. A score of zero implies that all variation is attributed to measurement error (i.e., noise), whereas a reliability of 1.0 implies that all variation is caused by a real difference in performance (across accountable entities).

Adams, J.L. The Reliability of Provider Profiling: A Tutorial. Santa Monica, California: RAND Corporation. TR-653-NCQA, 2009

2014 Submission

<u>Reliability Testing of Performance Measure Score:</u> In order to assess measure precision in the context of the observed variability across accountable entities, we used the beta-binomial method and resulting estimate described by Adams (2009). The following is quoted from the tutorial: "Reliability describes how well one can confidently distinguish the performance of one physician [or accountable entity] from another. Conceptually, it is the ratio of signal to noise. The signal in this case is the proportion of the variability in measured performance that can be explained by real differences in performance." This approach is also relevant to health plans, states, and other accountable entities.

Adams' approach uses a beta-binomial model to estimate reliability; this model is suited for estimating the reliability of simple pass/fail rate measures as is the case with most HEDIS[®] measures. The beta-binomial approach assumes that the performance measure score (pass/fail rate) across accountable entities has a flexible beta distribution, characterized by a signal variance. Given its performance measure score, the observed data (number of passes/failures) for an accountable entity has a binomial distribution, which provides the noise (measurement error) variance. From the beta-binomial model, the signal and noise variances are used to calculate reliability as:

Signal variance / (signal + noise variance)

Reliability scores vary from 0.0 to 1.0. A score of zero indicates that all variation is attributed to measurement error (noise or the individual accountable entity variance) whereas a reliability of 1.0 indicates that all variation is attributable to real differences in performance across accountable entities.

Adams, J. L. The Reliability of Provider Profiling: A Tutorial. Santa Monica, California: RAND Corporation. TR-653-NCQA, 2009

2a2.3. For each level of testing checked above, what were the statistical results from reliability testing?

(e.g., percent agreement and kappa for the critical data elements; distribution of reliability statistics from a signal-to-noise analysis)

2019 Submission

Table 2 shows the reliability for each indicator as shown by the beta-binomial model.

Table 2. Follow-Up After Emergency Department Visit for Alcohol and Other Drug Abuse or Dependence Beta-Binomial Statistic, 2017

| | Overall Reliability | | |
|---------------------------------|---------------------|----------|----------|
| Measure Rate | Commercial | Medicaid | Medicare |
| 30-day follow-up (Age 13-17) | 0.83 | 0.85 | N/A |
| 30-day follow-up (Age 18+) | 0.92 | 0.98 | N/A |
| 30-day follow-up (Total) | 0.92 | 0.98 | 0.86 |
| 7-day follow-up (Age 13-17) | 0.82 | 0.84 | N/A |
| 7-day follow-up (Age 18+) | 0.91 | 0.98 | N/A |
| 7-day follow-up (Total) | 0.92 | 0.98 | 0.81 |

2014 Submission

Reliability statistic for follow-up for MH emergency department visits: Average, 7-day follow-up: .99 10^{th} -90th percentile across states: .98 – 1.0

Average, 30-day follow-up: .98 10th-90th percentile across states: .97 – 1.0

Reliability statistic for follow-up for AOD emergency department visits: Average, 7-day follow-up: .99 10^{th} -90th percentile across states: .99 – 1.0

Average, 30-day follow-u: .99 10th-90th percentile across states: .98 – 1.0

2a2.4 What is your interpretation of the results in terms of demonstrating reliability? (i.e., what do the results mean and what are the norms for the test conducted?)

2019 Submission

In general, a score of 0.7 or higher suggests the measure has adequate reliability. The results suggest the measure has high reliability.

2014 Submission

<u>Reliability Testing of Performance Measure Score</u>: Reliability scores can vary from 0.0 to 1.0. Generally, a minimum reliability score of 0.7 is used to indicate sufficient signal strength to discriminate performance between accountable entities. The testing suggests the all four follow-up rates reported as part of this measure have strong reliability between .98 and .99.

The minimum state-level reliability scores for this measure all exceed the minimally accepted threshold of 0.7.

2b1. VALIDITY TESTING

2b1.1. What level of validity testing was conducted? (may be one or both levels)

Critical data elements (*data element validity must address ALL critical data elements*)

Performance measure score

Empirical validity testing

Systematic assessment of face validity of <u>performance measure score</u> as an indicator of quality or resource use (*i.e., is an accurate reflection of performance on quality or resource use and can distinguish good from poor performance*) **NOTE**: Empirical validity testing is expected at time of maintenance review; if not possible, justification is required.

2b1.2. For each level of testing checked above, describe the method of validity testing and what it tests (describe the steps—do not just name a method; what was tested, e.g., accuracy of data elements compared to authoritative source, relationship to another measure as expected; what statistical analysis was used) **2019 Submission**

We assessed face validity and construct validity for this measure.

Method of testing construct validity

We tested for construct validity by exploring the following:

- Are the individual rates within the *Follow-Up After Emergency Department Visit for Alcohol and Other Drug Abuse or Dependence* measure correlated with one another.
- Is Follow-Up After Emergency Department Visit for Alcohol and Other Drug Abuse or Dependence correlated with the HEDIS Follow-Up After Emergency Department Visit for Mental Illness measure, which assesses the proportion of ED visits for mental illness or intentional self-harm that had a follow-up visit for mental illness

We hypothesized that rates within the *Follow-Up After Emergency Department Visit for Alcohol and Other Drug Abuse or Dependence* measure would be highly correlated, and that organizations that perform well on *Follow-Up After Emergency Department Visit for Alcohol and Other Drug Abuse or Dependence* should perform well on the other measure given that they address the same (AOD) or similar (mental health) behavioral health conditions. To test these correlations, we used a Pearson correlation test. This test estimates the strength of the linear association between two variables. The magnitude of correlation ranges from -1 to +1. A value of 1 indicates a perfect linear dependence in which increasing values on one variable is associated with increasing values of the second variable. A value of 0 indicates no linear association. A value of -1 indicates a perfect linear relationship in which increasing values of the first variable is associated with decreasing values of the second variable.

Method of assessing face validity

NCQA develops measures using a standardized process. For new measures, face validity is assessed at various steps as described below.

STEP 1: NCQA staff identifies areas of interest or gaps in care. Clinical measurement advisory panels (MAPs), whose members are authorities on clinical priorities for measurement, participate in this process. Once topics are identified, a literature review is conducted to find supporting documentation on their importance, scientific soundness, and feasibility. This information is gathered into a work-up format, which is vetted by the MAPs, the Technical Measurement Advisory Panel (TMAP) and the Committee on Performance Measurement (CPM) as well as other panels as necessary.

STEP 2: Development ensures that measures are fully defined and tested before the organization collects them. MAPs participate in this process by helping identify the best measures for assessing health care performance in clinical areas identified in the topic selection phase. Development includes the following tasks: (1) Prepare a detailed conceptual and operational work-up that includes a testing proposal and (2) Collaborate with health plans to conduct field-tests that assess the feasibility and validity of potential measures. At this step, face validity is systematically determined by the CPM, which uses testing results and proposed final specifications to determine if the measure will move forward to Public Comment. For the most recent updates to this measure in January 2016, the CPM voted to approve moving the proposed changes forward to public comment (9 CPM members approved, 0 members opposed and 0 abstained).

STEP 3: Public Comment is a 30-day period of review that allows interested parties to offer feedback to NCQA about proposed new measures. Public comment offers an opportunity to assess the validity, feasibility, importance and other attributes of a measure from a wider audience. For this measure, a majority of public comment respondents supported the measure. NCQA MAPs and the technical panels consider all comments and advise NCQA staff on appropriate recommendations brought to the CPM. Face validity is then again systematically assessed by the CPM. The CPM reviews all comments before making a final decision and votes to recommend approval of new measures for HEDIS. NCQA's Board of Directors then approves new measures. For the most recent updates to this measure in May 2016, the CPM voted to approve the measure for HEDIS health plan reporting (13 CPM members approved, 0 members opposed and 0 abstained).

2014 Submission

Empirical validity testing

We tested for construct validity by exploring whether states' performance on this measure was related to their rates of inpatient hospitalization for mental health diagnoses (for the mental health denominator) or for alcohol and other drug use disorders (for the AOD denominator). We hypothesized that states' with lower rates of follow-up after discharge from the emergency department might have higher rates of inpatient stays for mental health and AOD. To evaluate the relationship between state performance on our measure and the state-level rate of inpatient stays, we fit a mixed effects logistic regression model. We regressed a beneficiary-level indicator of inpatient stay on a state-level binary variable indicating lowest vs. highest quartile performance follow-up after emergency department measure. To this we added a random effect of state to account for clustering of patients within states. If the p-value for the performance indicator variable is less than 0.05, then there is a significant difference in the rates of inpatient stays between states in the lowest vs. highest quartile of performance. If the p-value is greater than 0.05, then there is not a significant difference between low- and high-performing states.

Systematic Assessment of Face Validity

Our field test addressed the face validity of the measure specification by several types of stakeholder input. A multi-stakeholder technical expert panel of 16 individuals consisting of health plan representatives, behavioral health and quality measurement experts was convened and provided input throughout the measure development process, including review of the field test results and recommendations for final specifications.

In addition, four multi-stakeholder focus groups that included 29 representatives from Medicaid plans, states, integrated care systems, consumers/advocates, and other health care organizations reviewed and commented on the draft specifications and field test results.

We also received feedback from a two-week public comment period hosted on NCQA's online public comment system. The public comment notification was submitted to stakeholders representing consumers, health plans, clinicians, quality measurement and behavioral health experts.

2b1.3. What were the statistical results from validity testing? (*e.g., correlation; t-test*) **2019 Submission**

Results of face validity assessment

Input from our multi-stakeholder measurement advisory panels and those submitting to public comment indicate the measure has face validity.

Statistical results of construct validity testing

Table 3a. Health-Plan Level Pearson Correlation Coefficients Among Follow-Up After Emergency Department Visit for Alcohol and Other Drug Abuse or Dependence Performance Scores Within Measure – **Commercial** Plans, 2017

| | 7-day follow-up | |
|---------------------------------------|--------------------|--|
| 30-day follow-up | 0.96 | |
| All scores were significant at p<0.05 | | |

 Table 3b. Health-Plan Level Pearson Correlation Coefficients Among Follow-Up After Emergency Department Visit for

 Alcohol and Other Drug Abuse or Dependence Performance Scores Within Measure – Medicaid Plans, 2017

| | 7-day follow-up |
|------------------|--------------------|
| 30-day follow-up | 0.94 |

All scores were significant at p<0.05

Table 3c. Health-Plan Level Pearson Correlation Coefficients Among *Follow-Up After Emergency Department Visit for Alcohol and Other Drug Abuse or Dependence* Performance Scores Within Measure – **Medicare** Plans, 2017

| | 7-day follow- | |
|-----------|---------------|--|
| | up | |
| 30-day | 0.94 | |
| follow-up | | |

All scores were significant at p<0.05

Table 4a. Health-Plan Level Pearson Correlation Coefficients Among Follow-Up After Emergency Department Visit for Alcohol and Other Drug Abuse or Dependence and Follow-Up After Emergency Department Visit for Mental Illness Measure Performance Scores – **Commercial** Plans, 2017

| | Follow-Up After Emergency Department Visit for Mental Illness | | | | |
|---|--|--------|--|--|--|
| Follow-Up After Emergency Department Visit for Alcohol and Other Drug Abuse or Dependence | 30 days | 7 days | | | |
| 30-day follow-up | 0.48 | 0.45 | | | |
| 7-day follow-up | 0.44 | 0.42 | | | |

All scores were significant at p<0.05

Table 4b. Health-Plan Level Pearson Correlation Coefficients Among Follow-Up After Emergency Department Visit for Alcohol and Other Drug Abuse or Dependence and Follow-Up After Emergency Department Visit for Mental Illness Measure Performance Scores – Medicaid Plans, 2017

| | Follow-Up After Emergency Department Visit for Mental Illness | | | | |
|---|--|--------|--|--|--|
| Follow-Up After Emergency Department Visit for Alcohol and Other Drug Abuse or Dependence | 30 days | 7 days | | | |
| 30-day follow-up | 0.57 | 0.57 | | | |
| 7-day follow-up | 0.53 | 0.55 | | | |

All scores were significant at p<0.05

Table 4c. Health-Plan Level Pearson Correlation Coefficients Among Follow-Up After Emergency Department Visit for Alcohol and Other Drug Abuse or Dependence and Follow-Up After Emergency Department Visit for Mental Illness Measure Performance Scores – Medicare Plans, 2017

| | Follow-Up After Emergency Department Visit for Mental Illness | | | | |
|---|--|--------|--|--|--|
| Follow-Up After Emergency Department Visit for Alcohol and Other Drug Abuse or Dependence | 30 days | 7 days | | | |
| 30-day follow-up | 0.48 | 0.49 | | | |
| 7-day follow-up | 0.42 | 0.44 | | | |

All scores were significant at p<0.05

2014 Submission

Table 3: Utilization of Inpatient Hospitalization for Mental Health Diagnosis by Measure Performance Quartile

| | Enrollees Hospitalized for Mental Health Diagnosis (Percentage) | | | | | |
|-----------|---|-------|------|--|--|--|
| | Among States in Bottom 25 Percent of Among States in Top 25 Percent | | | | | |
| | performance on FUED - Mental Health of FUED – Mental Health | | | | | |
| | Denominator Denominator | | | | | |
| 7-day | | | | | | |
| follow-up | 1.87% | 1.79% | 0.90 | | | |
| 30-day | | | | | | |
| follow-up | 2.08% | 1.72% | 0.80 | | | |

Table 4: Utilization of Inpatient Hospitalization for AOD Diagnosis by Measure Performance Quartile

| | Enrollees Hospitalized for AOD Diagnosis | (Percentage) | |
|-----------|--|-----------------------------------|---------|
| | Among States in Bottom 25 Percent of | Among States in Top 25 Percent of | |
| | FUED – AOD Denominator | FUED - AOD Denominator | p-value |
| 7-day | | | |
| follow-up | 0.26% | 0.32% | 0.44 |
| 30-day | | | |
| follow-up | 0.26% | 0.32% | 0.44 |

Systematic assessment of face validity

Focus group stakeholders and the technical expert panel both supported the face validity of the measure. Both groups agreed that the transition period post-emergency room discharge was a critical time to get patients into outpatient care. Of the stakeholders who provided public comment for this measure, 18 total comments were received and 13 (72.2%) supported or supported the measure with modifications. Other commenters who did not support the measure had concerns about identifying whether an emergency visit took place as well as the validity of the emergency department diagnosis. Specifically, stakeholders were concerned that if the diagnosis in formation is not received, follow-up There were additional concerns about the ability to act on the 7-day follow-up as there is lag time between the date of the visit and when the claim is received by the organization. However, our multi-stakeholder expert panel recommended moving forward with the measure because the specifications and testing results were reasonable and the measure addresses important quality opportunity.

2b1.4. What is your interpretation of the results in terms of demonstrating validity? (i.e., what do the results mean and what are the norms for the test conducted?) **2019 Submission**

Interpretation of systematic assessment of face validity

The multi-stakeholder advisory panels concluded the measures had good face validity.

Interpretation of construct validity testing

Correlations between individual rates within the Follow-Up After Emergency Department Visit for Alcohol and Other Drug Abuse or Dependence measure were moderate to strong (Tables 3a, 3b, 3c). Correlations between the Follow-Up After Emergency Department Visit for Alcohol and Other Drug Abuse or Dependence and Follow-Up After Emergency Department Visit for Mental Illness measure rates (Tables 4a, 4b, 4c) were moderate. Plans with higher rates on Follow-Up After Emergency Department Visit for Alcohol and Other Drug Abuse or Dependence tend to also have higher rates on the Follow-Up After Emergency Department Visit for Mental Illness. The results indicate that the Follow-Up After Emergency Department Visit for Alcohol and Other Drug Abuse or Dependence measure has good validity.

2014 Submission

While the empirical testing did not support our hypothesis, stakeholders generally supported the face validity of the measure. The rate of inpatient hospitalization is not statistically different between states that perform well on this measure versus states that perform poorly (Tables 3 and 4). However, this result is likely due to the relatively low, tightly distributed rates of inpatient hospitalization for states in both the low- and high-performing groups. Rather than suggest that the measure is not valid, this result may indicate that our assumptions were not correct about the relationship between the measure and inpatient hospitalization; this relationship may warrant further study. The findings from public comment, focus groups and technical expert panel suggest that the adaptation for monitoring follow up after ED visits has specifications that can produce valid results.

NA ⊠ no exclusions — *skip to section* <u>2b3</u> <u>2019 Submission</u> No exclusions

2b2.1. Describe the method of testing exclusions and what it tests (*describe the steps*—*do not just name a method; what was tested, e.g., whether exclusions affect overall performance scores; what statistical analysis was used*)

2014 Submission

Our testing addresses four components of the denominator or exclusions, as shown in Table 5.

Table 5: Measure Exclusions

| Exclusion | Rationale | MH Denominator lost due to exclusion | AOD Denominator lost due to exclusion |
|--|--|---|--|
| ED discharges after December 1 | If an ED discharge is after December 1, then the full 30-day follow-up period is not available for patient to receive follow-up care during the measurement year | 7.5% | 6.9% |
| ED discharges who die during the follow-up period | Death prevents follow-up care | Less than 1% | Less than 1% |
| For an ED discharge where the patient also visited the ED in the | Including these ED discharges could lead to a larger number of ED visits | 16.2% | 17.3% |

| previous 30 days, exclude | resulting in higher performance on the | | |
|---------------------------|--|-------|-------|
| | | | |
| those previous ED | measure | | |
| discharges | This exclusion aligns with the NQF- | | |
| | endorsed (#0576) Follow-up after | | |
| | Hospitalization for Mental Illness | | |
| | measure to reduce the burden and | | |
| | confusion for health plans | | |
| | implementing both measures | | |
| ED discharges with an | An inpatient or otherwise residential | 34.2% | 40.8% |
| inpatient or other | stay may interfere with the receipt of | | |
| residential stay during | outpatient follow-up care | | |
| follow-up period | This exclusion aligns with the NQF- | | |
| | endorsed (#0576) Follow-up after | | |
| | Hospitalization for Mental Illness | | |
| | measure to reduce the burden and | | |
| | confusion for health plans | | |
| | implementing both measures | | |

Note: The exclusions presented in this table are not mutually exclusive. For example, a discharge that falls under exclusions 1 and 4 would appear in both places in this table.

We tested whether the exclusions affected over performance scores.

2b2.2. What were the statistical results from testing exclusions? (include overall number and percentage of individuals excluded, frequency distribution of exclusions across measured entities, and impact on performance measure scores)

2014 Submission

Table 6: Number and percent of denominator remaining after exclusions, by state

| | Mental Health | (MH) Denomina | itor | AOD Denominator | | | |
|-------------|---------------|---------------|-------------|-----------------|-------------|------------|--|
| | MH | MH | MH | | AOD | | |
| denominator | | denominator | Percent | denominator | denominator | Percent | |
| | before | after | after | before | after | after | |
| State | exclusions | exclusions | exclusions | exclusions | exclusions | exclusions | |
| AK | 297 | 221 | 74.4% | 294 | 212 | 72.1% | |
| AL | 3,244 | 2,294 | 70.7% | 1,135 | 873 | 76.9% | |
| СТ | 2,800 | 1,608 | 57.4% | 2,081 | 1,135 | 54.5% | |
| DC* | 311 | 181 | 58.2% | 302 | 0 | 0.0% | |
| GA | 5,009 | 3,506 | 70.0% 1,796 | | 1,273 | 70.9% | |
| IL | 11,057 | 5,681 | 51.4% | 3,179 | 1,248 | 39.3% | |
| IN | 1,405 | 990 | 70.5% | 765 563 | | 73.6% | |
| КҮ | 4,762 | 3,520 | 73.9% | 1,879 | 1,403 | 74.7% | |
| LA | 3,738 | 2,447 | 65.5% | 1,451 | 1,081 | 74.5% | |
| MN | 3,192 | 2,149 | 67.3% | 1,100 | 747 | 67.9% | |
| MS | 1,198 | 842 70.3% | 70.3% | 524 | 392 | 74.8% | |
| NC | 6,755 | 4,907 | 72.6% | 3,372 | 2,416 | 71.6% | |
| NH | 800 | 574 | 71.8% | 292 | 188 | 64.4% | |
| ОК | 1,183 | 813 | 68.7% | 717 | 514 | 71.7% | |

| WI | 1,491 | 1,041 | 69.8% | 895 | 588 | 65.7% |
|-------|--------|--------|-------|--------|--------|-------|
| WV | 1,699 | 1,178 | 69.3% | 934 | 704 | 75.4% |
| Total | 48,941 | 31,952 | 65.3% | 20,716 | 13,337 | 64.4% |

*DC was dropped from AOD denominator due to small sample size.

| Measure | Overall measure performance after exclusions 1-3 applied | Overall measure performance after exclusions 1-4 applied | | |
|---------------------------------|---|--|--|--|
| Mental Health: 7-day follow-up | 66.6 | 67.8 | | |
| Mental Health: 30-day follow-up | 76.9 | 77.3 | | |
| AOD: 7-day follow-up | 64.2 | 66.6 | | |
| AOD: 30-day follow up | 67.9 | 68.7 | | |

Note: The overall performance rates presented here are pooled across states.

2b2.3. What is your interpretation of the results in terms of demonstrating that exclusions are needed to prevent unfair distortion of performance results? (*i.e.*, the value outweighs the burden of increased data collection and analysis. <u>Note</u>: *If patient preference is an exclusion*, the measure must be specified so that the effect on the performance score is transparent, e.g., scores with and without exclusion)

2014 Submission

We tested several exclusions in order to understand the impact on the denominator. Exclusions 1 and 2 are necessary to ensure that follow-up care can be observed during the measurement year. Exclusion 3 is prevents incentivizing more emergency department visits and aligns with other NQF endorsed measures to decrease burden and confusion for health plans. Average measure performance does not change substantially when Exclusion 4 is implemented, this exclusion aligns with NQF measure 0576, and there is a clinical rationale for excluding emergency department discharges that have an inpatient or other residential stay during the follow-up period, which is important to the face validity of the measure. All of the exclusions have minimal effect on the burden of calculating the measure since these exclusions are derived exclusively from claims data. In the specifications, some of these exclusions have been incorporated into the denominator definition.

2b3. RISK ADJUSTMENT/STRATIFICATION FOR OUTCOME OR RESOURCE USE MEASURES If not an intermediate or health outcome, or PRO-PM, or resource use measure, skip to section <u>2b4</u>. <u>2019 Submission</u>

N/A. Not an intermediate or health outcome, PRO-PM, or resource use measure.

2b3.1. What method of controlling for differences in case mix is used?

- □ No risk adjustment or stratification
- \square Statistical risk model with Click here to enter number of factors risk factors
- □ Stratification by Click here to enter number of categories_risk categories
- □ **Other,** Click here to enter description

2b3.1.1 If using a statistical risk model, provide detailed risk model specifications, including the risk model method, risk factors, coefficients, equations, codes with descriptors, and definitions.

2b3.2. If an outcome or resource use component measure is <u>not risk adjusted or stratified</u>, provide <u>rationale</u> <u>and analyses</u> to demonstrate that controlling for differences in patient characteristics (case mix) is not needed to achieve fair comparisons across measured entities.

2b3.3a. Describe the conceptual/clinical and statistical methods and criteria used to select patient factors (clinical factors or social risk factors) used in the statistical risk model or for stratification by risk (*e.g.*, *potential factors identified in the literature and/or expert panel; regression analysis; statistical significance of p<0.10; correlation of x or higher; patient factors should be present at the start of care*) Also discuss any "ordering" of risk factor inclusion; for example, are social risk factors added after all clinical factors?

2b3.3b. How was the conceptual model of how social risk impacts this outcome developed? Please check all that apply:

- Published literature
- Internal data analysis
- □ Other (please describe)

2b3.4a. What were the statistical results of the analyses used to select risk factors?

2b3.4b. Describe the analyses and interpretation resulting in the decision to select social risk factors (*e.g. prevalence of the factor across measured entities, empirical association with the outcome, contribution of unique variation in the outcome, assessment of between-unit effects and within-unit effects.*) **Also describe the impact of adjusting for social risk (or not) on providers at high or low extremes of risk.**

2b3.5. Describe the method of testing/analysis used to develop and validate the adequacy of the statistical model <u>or</u> stratification approach (*describe the steps*—*do not just name a method; what statistical analysis was used*)

Provide the statistical results from testing the approach to controlling for differences in patient characteristics (case mix) below. If stratified, skip to 2b3.9

2b3.6. Statistical Risk Model Discrimination Statistics (e.g., c-statistic, R-squared):

2b3.7. Statistical Risk Model Calibration Statistics (e.g., Hosmer-Lemeshow statistic):

2b3.8. Statistical Risk Model Calibration – Risk decile plots or calibration curves:

2b3.9. Results of Risk Stratification Analysis:

2b3.10. What is your interpretation of the results in terms of demonstrating adequacy of controlling for differences in patient characteristics (case mix)? (i.e., what do the results mean and what are the norms for the test conducted)

2b3.11. Optional Additional Testing for Risk Adjustment (*not required*, but would provide additional support of adequacy of risk model, e.g., testing of risk model in another data set; sensitivity analysis for missing data; other methods that were assessed)

2b4. IDENTIFICATION OF STATISTICALLY SIGNIFICANT & MEANINGFUL DIFFERENCES IN PERFORMANCE 2b4.1. Describe the method for determining if statistically significant and clinically/practically meaningful differences in performance measure scores among the measured entities can be identified (*describe the steps*—*do not just name a method; what statistical analysis was used? Do not just repeat the information provided related to performance gap in 1b*) **2019 Submission** To demonstrate meaningful differences in performance, NCQA calculates an inter-quartile range (IQR) for each indicator. The IQR provides a measure of the dispersion of performance. The IQR can be interpreted as the difference between the 25th and 75th percentile on a measure. To determine if this difference is statistically significant, NCQA calculates an independent sample t-test of the performance difference between two randomly selected plans at the 25th and 75th percentile. The t-test method calculates a testing statistic based on the sample size, performance rate, and standardized error of each plan. The test statistic is then compared against a normal distribution. If the p value of the test statistic is less than 0.05, then the two plans' performance is significantly different from each other.

2014 Submission

Empirical testing

To demonstrate meaningful differences in performance, we calculated an inter-quartile range (IQR) for each rate. The IQR provides a measure of the dispersion of performance. The IQR can be interpreted as the difference between the 25th and 75th percentile on a measure. To determine if this difference is statistically significant, we calculate a Chi-squared test of the performance difference between each state in the lowest quartile vs. each state in the highest quartile. The Chi-squared test method calculates a test statistic based on the sample size and performance rate of each state. If the p value of the test statistic is less than .05, then the two states' performance is significantly different from each other. Using this method, we compared the performance rates of each pair of states, one state in the 25th percentile and another state in the 75th percentile of performance.

2b4.2. What were the statistical results from testing the ability to identify statistically significant and/or clinically/practically meaningful differences in performance measure scores across measured entities? (e.g., number and percentage of entities with scores that were statistically significantly different from mean or some benchmark, different from expected; how was meaningful difference defined)

2019 Submission

| | Rate | Avg. EP | Avg. (%) | SD (%) | 10th (%) | 25th (%) | 50th (%) | 75th (%) | 90th (%) | IQR (%) | p-value |
|------------|---------------------------------|------------|-------------|-----------|-------------|-------------|-------------|-------------|-------------|------------|---------|
| Commercial | 30-day follow-up (Age 13-17) | 78 | 9.5 | 10.3 | 2.6 | 5.2 | 7.5 | 10.7 | 16.7 | 5.6 | 0.107 |
| | 30-day follow-up (Age 18+) | 390 | 14.8 | 7.2 | 7.4 | 10.5 | 13.8 | 18.0 | 22.6 | 7.5 | <0.05 |
| | 30-day follow-up (Total) | 412 | 14.3 | 7.1 | 6.8 | 10.0 | 13.3 | 17.6 | 22.0 | 7.7 | <0.05 |
| | 7-day follow-up (Age 13-17) | 78 | 7.0 | 9.5 | 1.3 | 3.2 | 5.4 | 8.4 | 13.2 | 5.2 | <0.05 |
| | 7-day follow-up (Age 18+) | 390 | 10.8 | 6.5 | 4.8 | 7.2 | 10.0 | 13.3 | 17.3 | 6.1 | <0.05 |
| | 7-day follow-up (Total) | 412 | 10.4 | 6.4 | 4.6 | 6.8 | 9.7 | 12.9 | 16.7 | 6.1 | <0.05 |
| Medicaid | 30-day follow-up (Age 13-17) | 87 | 11.9 | 10.3 | 2.9 | 5.1 | 8.9 | 16.7 | 22.2 | 11.6 | <0.05 |
| | 30-day follow-up (Age 18+) | 1,051 | 18.5 | 10.0 | 6.7 | 10.4 | 16.6 | 25.6 | 32.3 | 15.2 | <0.05 |
| | 30-day follow-up (Total) | 1,095 | 18.1 | 9.9 | 6.7 | 10.1 | 16.3 | 24.5 | 32.2 | 14.4 | <0.05 |
| | 7-day follow-up (Age 13-17) | 87 | 8.1 | 8.9 | 1.3 | 2.6 | 6.0 | 10.0 | 15.9 | 7.4 | <0.05 |
| | 7-day follow-up (Age 18+) | 1,051 | 12.6 | 7.8 | 4.4 | 7.1 | 10.6 | 16.8 | 22.6 | 9.7 | <0.05 |
| | 7-day follow-up (Total) | 1,095 | 12.2 | 7.7 | 4.3 | 6.9 | 10.4 | 16.7 | 21.9 | 9.8 | <0.05 |
| Medicare | 30-day follow-up | 158 | 12.2 | 7.9 | 4.8 | 7.1 | 10.8 | 15.3 | 21.9 | 8.2 | <0.05 |
| | 7-day follow-up | 158 | 8.4 | 6.1 | 2.8 | 4.8 | 7.0 | 10.6 | 15.6 | 5.8 | <0.05 |

Table 6. Calendar year 2017 Variation in Performance Across Health Plans

EP: Eligible Population, the average denominator size across plans submitting to HEDIS IQR: Interquartile range

p-value: P-value of independent samples t-test comparing plans at the 25th percentile to plans at the 75th percentile.

2014 Submission

Table 8: Variation in performance across states

| Measure | 10th | 25th | Median | 75th | 90th | IQR | p-value |
|----------------|------|------|--------|------|------|------|---------|
| Mental Health: | 46.0 | 67.0 | 74.8 | 80.7 | 89.4 | 13.7 | <.001 |
| 7-day follow- | | | | | | | |
| ир | | | | | | | |
| Mental Health: | 62.5 | 77.3 | 83.3 | 85.9 | 92.4 | 8.6 | <.001 |
| 30-day follow- | | | | | | | |
| up | | | | | | | |
| AOD: 7-day | 32.8 | 61.1 | 72.1 | 82.4 | 90.3 | 21.4 | <.001 |
| follow-up | | | | | | | |
| AOD: 30-day | 34.1 | 62.6 | 74.8 | 82.5 | 90.3 | 19.9 | <.001 |
| follow up | | | | | | | |

2b4.3. What is your interpretation of the results in terms of demonstrating the ability to identify statistically significant and/or clinically/practically meaningful differences in performance across measured entities? (i.e., what do the results mean in terms of statistical and meaningful differences?)

2019 Submission

The results above indicate there is a 5-15% gap in performance between the 25th and 75th performing plans. For most product lines and rates, the difference between the 25th and 75th percentile is statistically significant. The largest gap in performance is for Medicaid plans 30-day follow-up rate for patients age 18 and older, which show a 15.2 percentage point gap between 25th and 75th percentile plans. This gap represents, on average, 160 more ED visits with follow-up in high performing plans compared to low performing plans (based on average health plan eligible encounters).

2014 Submission

The results above indicate there is a gap in performance between the 25th and 75th performing states, ranging from 8.6 percentage points on the 7-day mental health measure to 21.4 on the 7-day AOD measure. For all states and all rates, the difference between the 25th and 75th percentile is statistically significant.

2b5. COMPARABILITY OF PERFORMANCE SCORES WHEN MORE THAN ONE SET OF SPECIFICATIONS *If only one set of specifications, this section can be skipped.*

2019 Submission

This measure has only one set of specifications.

<u>Note</u>: This item is directed to measures that are risk-adjusted (with or without social risk factors) **OR** to measures with more than one set of specifications/instructions (e.g., one set of specifications for how to identify and compute the measure from medical record abstraction and a different set of specifications for claims or eMeasures). It does not apply to measures that use more than one source of data in one set of specification for the numerator). **Comparability is not required when comparing performance scores with and without social risk factors in the risk adjustment model.** However, **if comparability is not demonstrated for measures with more than one set of specifications/instructions, the different specifications (e.g., for medical records vs. claims) should be submitted as separate measures.**

2b5.1. Describe the method of testing conducted to compare performance scores for the same entities across the different data sources/specifications (describe the steps—do not just name a method; what statistical analysis was used)

2b5.2. What were the statistical results from testing comparability of performance scores for the same entities when using different data sources/specifications? (*e.g., correlation, rank order*)

2b5.3. What is your interpretation of the results in terms of the differences in performance measure scores for the same entities across the different data sources/specifications? (i.e., what do the results mean and what are the norms for the test conducted)

2b6. MISSING DATA ANALYSIS AND MINIMIZING BIAS

2b6.1. Describe the method of testing conducted to identify the extent and distribution of missing data (or nonresponse) and demonstrate that performance results are not biased due to systematic missing data (or differences between responders and nonresponders) and how the specified handling of missing data minimizes bias (*describe the steps—do not just name a method; what statistical analysis was used*) **2019 Submission**

HEDIS measures apply to enrolled members in a health plan, and NCQA has a rigorous audit process to ensure the eligible population and numerator events for each measure are correctly identified and reported. The

audit process is designed to verify primary data sources used to populate measures and ensure specifications are correctly implemented.

The HEDIS Compliance Audit addresses the following functions:

- Information practices and control procedures
- Sampling methods and procedures
- Data integrity
- Compliance with HEDIS specifications
- Analytic file production
- Reporting and documentation

2014 Submission

This measure is collected using all available administrative claims; there are no missing data on this measure.

2b6.2. What is the overall frequency of missing data, the distribution of missing data across providers, and the results from testing related to missing data? (e.g., results of sensitivity analysis of the effect of various rules for missing data/nonresponse; if no empirical sensitivity analysis, identify the approaches for handling missing data that were considered and pros and cons of each)

2019 Submission

HEDIS addresses missing data in a structured way through its audit process. HEDIS measures apply to enrolled members in a health plan, and NCQA-certified auditors use standard audit methodologies to assess whether data sources are missing data. If a data source is found to be missing data, and the issues cannot be rectified, the auditor will assign a "materially biased" designation to the measure for that reporting plan, and the rate will not be used. Once measures are added to HEDIS, NCQA conducts a first-year analysis to assess the measure's feasibility once widely implemented in the field. This analysis includes an assessment of how many plans report valid rates vs. rates that are materially biased. These considerations are weighed in the deliberation process before measures are approved for public reporting.

2014 Submission

Not applicable.

2b6.3. What is your interpretation of the results in terms of demonstrating that performance results are not

biased due to systematic missing data (or differences between responders and nonresponders) and how the specified handling of missing data minimizes bias? (i.e., what do the results mean in terms of supporting the selected approach for missing data and what are the norms for the test conducted; <u>if no empirical analysis</u>, provide rationale for the selected approach for missing data)

2019 Submission

This measure goes through the NCQA audit process each year to identify potential errors or bias in results. Only performances rates that have been reviewed and determined not to be "materially biased" are reported and used.

2014 Submission

Not applicable.

3. Feasibility

Extent to which the specifications including measure logic, require data that are readily available or could be captured without undue burden and can be implemented for performance measurement.

3a. Byproduct of Care Processes

For clinical measures, the required data elements are routinely generated and used during care delivery (e.g., blood pressure, lab test, diagnosis, medication order).

3a.1. Data Elements Generated as Byproduct of Care Processes.

Generated or collected by and used by healthcare personnel during the provision of care (e.g., blood pressure, lab value, diagnosis, depression score), Coded by someone other than person obtaining original information (e.g., DRG, ICD-9 codes on claims)

If other:

3b. Electronic Sources

The required data elements are available in electronic health records or other electronic sources. If the required data are not in electronic health records or existing electronic sources, a credible, near-term path to electronic collection is specified.

3b.1. To what extent are the specified data elements available electronically in defined fields (*i.e., data elements that are needed to compute the performance measure score are in defined, computer-readable fields*) Update this field for maintenance of endorsement.

ALL data elements are in defined fields in electronic claims

3b.2. If ALL the data elements needed to compute the performance measure score are not from electronic sources, specify a credible, near-term path to electronic capture, OR provide a rationale for using other than electronic sources. For <u>maintenance of endorsement</u>, if this measure is not an eMeasure (eCQM), please describe any efforts to develop an eMeasure (eCQM).

3b.3. If this is an eMeasure, provide a summary of the feasibility assessment in an attached file or make available at a measure-specific URL. Please also complete and attach the NQF Feasibility Score Card.

Attachment:

3c. Data Collection Strategy

Demonstration that the data collection strategy (e.g., source, timing, frequency, sampling, patient confidentiality, costs associated with fees/licensing of proprietary measures) can be implemented (e.g., already in operational use, or testing demonstrates that it is ready to put into operational use). For eMeasures, a feasibility assessment addresses the data elements and measure logic and demonstrates the eMeasure can be implemented or feasibility concerns can be adequately addressed.

3c.1. <u>Required for maintenance of endorsement.</u> Describe difficulties (as a result of testing and/or operational use of the measure) regarding data collection, availability of data, missing data, timing and frequency of data collection, sampling, patient confidentiality, time and cost of data collection, other feasibility/implementation issues.

<u>IF instrument-based</u>, consider implications for both individuals providing data (patients, service recipients, respondents) and those whose performance is being measured.

NCQA conducts an independent audit of all HEDIS collection and reporting processes, as well as an audit of the data which are manipulated by those processes, in order to verify that HEDIS specifications are met. NCQA has developed a precise, standardized methodology for verifying the integrity of HEDIS collection and calculation processes through a two-part program consisting of an overall information systems capabilities assessment followed by an evaluation of the MCO's ability to comply with HEDIS specifications. NCQA-certified auditors using standard audit methodologies will help enable purchasers to make more reliable comparisons between health plans.

The HEDIS Compliance Audit addresses the following functions:

- 1) Information practices and control procedures
- 2) Sampling methods and procedures
- 3) Data integrity

- 4) Compliance with HEDIS specifications
- 5) Analytic file production
- 6) Reporting and documentation

In addition to the HEDIS audit, NCQA provides a system to allow "real-time" feedback from measure users. Our Policy Clarification Support System receives thousands of inquiries each year on over 100 measures. Through this system, NCQA responds immediately to questions and identifies possible errors or inconsistencies in the implementation of the measure. This system informs both annual updates to the measures as well as routine re-evaluation of measures. These processes include updating value sets and clarifying the specifications. Measures are re-evaluated on a periodic basis and when there is a significant change in evidence.

3c.2. Describe any fees, licensing, or other requirements to use any aspect of the measure as specified (*e.g.*, *value/code set*, *risk model*, *programming code*, *algorithm*).

Broad public use and dissemination of these measures are encouraged and NCQA has agreed with NQF that noncommercial uses do not require the consent of the measure developer. Use by health care physicians in connection with their own practices is not commercial use. Commercial use of a measure requires the prior written consent of NCQA. As used herein, "commercial use" refers to any sale, license, or distribution of a measure for commercial gain, or incorporation of a measure into any product or service that is sold, licensed, or distributed for commercial gain, even if there is no actual charge for inclusion of the measure.

4. Usability and Use

Extent to which potential audiences (e.g., consumers, purchasers, providers, policy makers) are using or could use performance results for both accountability and performance improvement to achieve the goal of highquality, efficient healthcare for individuals or populations.

4a. Accountability and Transparency

Performance results are used in at least one accountability application within three years after initial endorsement and are publicly reported within six years after initial endorsement (or the data on performance results are available). If not in use at the time of initial endorsement, then a credible plan for implementation within the specified timeframes is provided.

4.1. Current and Planned Use

NQF-endorsed measures are expected to be used in at least one accountability application within 3 years and publicly reported within 6 years of initial endorsement in addition to performance improvement.

| Specific Plan for Use | Current Use (for current use provide URL) | | |
|------------------------------|--|--|--|
| Regulatory and Accreditation | Public Reporting | | |
| Programs | https://www.medicaid.gov/medicaid/quality-of-care/performance- | | |
| | measurement/adult-core-set/index.html | | |
| | CMS Medicaid Adult Core Set | | |
| | NCQA Health Plan Ratings / Report Cards | | |
| | https://www.ncqa.org/hedis/reports-and-research/ratings-methodology- | | |
| | and-guidelines/ | | |
| | Quality Improvement (external benchmarking to organizations) | | |
| | NCQA Quality Compass | | |
| | http://www.ncqa.org/hedis-quality-measurement/quality-measurement- | | |
| | products/quality-compass | | |
| | SAMHSA Demonstration Program for Certified Community Behavioral | | |
| | Health Clinics (CCBHCs) | | |
| | https://www.samhsa.gov/section-223 | | |

4a1.1 For each CURRENT use, checked above (update for <u>maintenance of endorsement</u>), provide:

- Name of program and sponsor
- Purpose
- Geographic area and number and percentage of accountable entities and patients included
- Level of measurement and setting

SAMHSA CERTIFIED COMMUNITY BEHAVIORAL HEALTH CLINICS: This is a demonstration program for states to certify community behavioral health clinics. Certified clinics must meet specific criteria emphasizing highquality care including reporting quality measures.

HEALTH PLAN ACCREDITATION: This measure will be used in scoring for accreditation of Medicare Advantage Health Plans. As of Fall 2017, a total of 184 Medicare Advantage health plans were scored for accreditation, covering 9.2 million Medicare beneficiaries; 451 commercial health plans covering 113 million lives; and 125 Medicaid health plans covering 35 million lives. Health plans are scored based on performance compared to national benchmarks.

HEALTH PLAN RATINGS/REPORT CARDS: This measure is used in the calculation of health plan ratings, which are reported on the NCQA website annually. These ratings are based on a plan's performance on their HEDIS, CAHPS and accreditation standards scores. In 2017, a total of 521 Medicare Advantage health plans, 614 commercial health plans and 294 Medicaid health plans across 50 states, D.C., Guam, Puerto Rico, and the Virgin Islands were included in the Ratings.

CMS MEDICAID ADULT CORE SET: There are a core set of health quality measures for Medicaid-enrolled adults. The Medicaid Adult Core Set was identified by the Centers of Medicare & Medicaid (CMS) in partnership with the Agency for Healthcare Research and Quality (AHRQ). The data collected from these measures will help CMS to better understand the quality of health care that adults enrolled in Medicaid receive nationally. Beginning in January 2014 and every three years thereafter, the Secretary is required to report to Congress on the quality of care received by adults enrolled in Medicaid. Additionally, beginning in September 2014, state data on the adult quality measures will become part of the Secretary's annual report on the quality of care for adults enrolled in Medicaid.

NCQA QUALITY COMPASS: This measure is used in Quality Compass which is an indispensable tool used for selecting health plans, conducting competitor analysis, examining quality improvement and benchmarking plan performance. Provided in this tool is the ability to generate custom reports by selecting plans, measures, and benchmarks (averages and percentiles) for up to three trended years. Results in table and graph formats offer simple comparison of plans' performance against competitors or benchmarks.

4a1.2. If not currently publicly reported OR used in at least one other accountability application (e.g., payment program, certification, licensing) what are the reasons? (e.g., Do policies or actions of the developer/steward or accountable entities restrict access to performance results or impede implementation?) N/A

4a1.3. If not currently publicly reported OR used in at least one other accountability application, provide a credible plan for implementation within the expected timeframes -- any accountability application within 3 years and publicly reported within 6 years of initial endorsement. (*Credible plan includes the specific program, purpose, intended audience, and timeline for implementing the measure within the specified timeframes. A plan for accountability applications addresses mechanisms for data aggregation and reporting.*)

N/A

4a2.1.1. Describe how performance results, data, and assistance with interpretation have been provided to those being measured or other users during development or implementation.

How many and which types of measured entities and/or others were included? If only a sample of measured entities were included, describe the full population and how the sample was selected.

Health plans that report HEDIS calculate their rates and know their performance when submitting to NCQA. NCQA publicly reports rates across all plans and also creates benchmarks in order to help plans understand

how they perform relative to other plans. Public reporting and benchmarking are effective quality improvement methods.

4a2.1.2. Describe the process(es) involved, including when/how often results were provided, what data were provided, what educational/explanatory efforts were made, etc.

NCQA publishes HEDIS results annually in our Quality Compass tool. NCQA also presents data at various conferences and webinars. For example, at the annual HEDIS Update and Best Practices Conference, NCQA presents results from all new measures' first year of implementation or analyses from measures that have changed significantly. NCQA also regularly provides technical assistance on measures through its Policy Clarification Support System, as described in Section **3c.1**.

4a2.2.1. Summarize the feedback on measure performance and implementation from the measured entities and others described in 4d.1.

Describe how feedback was obtained.

NCQA measures are evaluated regularly using a consensus-based process to consider input from multiple stakeholders, including but not limited to entities being measured. We use several methods to obtain input, including vetting of the measure with several multi-stakeholder advisory panels, public comment posting, and review of questions submitted to the Policy Clarification Support System. This information enables NCQA to comprehensively assess a measure's adherence to the HEDIS Desirable Attributes of Relevance, Scientific Soundness and Feasibility.

4a2.2.2. Summarize the feedback obtained from those being measured.

Measure users have sought clarification on the types of encounters, as well as timing of encounters, that satisfy the measure. Measure users have also sought clarification on qualifying chemical dependency benefits for health plan members. This feedback has helped us refine and clarify criteria in the measure specification.

4a2.2.3. Summarize the feedback obtained from other users

This measure has been deemed a priority measure by NCQA and other entities, as illustrated by its use in public reporting and quality improvement programs.

4a2.3. Describe how the feedback described in 4a2.2.1 has been considered when developing or revising the measure specifications or implementation, including whether the measure was modified and why or why not.

During the measure's last major update, feedback obtained through the mechanisms described in 4a2.2.1 informed how we revised the measure to parse it out into two separate measures focused on follow up after an ED visit for mental health and alcohol use disorder, respectively.

Improvement

Progress toward achieving the goal of high-quality, efficient healthcare for individuals or populations is demonstrated. If not in use for performance improvement at the time of initial endorsement, then a credible rationale describes how the performance results could be used to further the goal of high-quality, efficient healthcare for individuals or populations.

4b1. Refer to data provided in 1b but do not repeat here. Discuss any progress on improvement (trends in performance results, number and percentage of people receiving high-quality healthcare; Geographic area and number and percentage of accountable entities and patients included.)

If no improvement was demonstrated, what are the reasons? If not in use for performance improvement at the time of initial endorsement, provide a credible rationale that describes how the performance results could be used to further the goal of high-quality, efficient healthcare for individuals or populations.

There was a lack of improvement in the measure rates over the two years. The rates seemed to decline over the two years for all product lines. This suggests the challenge in connecting members with AOD to treatment after an ED visit. Literature showed that the most common reasons for members with AOD who did not seek or engage in treatment were that they were not ready to stop using alcohol or illicit drugs, could not afford treatment because they did not have enough health care coverage or feared shame and discrimination. The plans reported the measure offered a chemical dependency benefit, but there may be variations in coverage adequacy or in requirements for prior authorization for treatment for AOD—both perceived and actual—across product lines and health plans. The measure performance demonstrated the need for healthcare organizations to engage in comprehensive efforts to increase follow-up care for members with AOD after ED visits.

4b2. Unintended Consequences

The benefits of the performance measure in facilitating progress toward achieving high-quality, efficient healthcare for individuals or populations outweigh evidence of unintended negative consequences to individuals or populations (if such evidence exists).

4b2.1. Please explain any unexpected findings (positive or negative) during implementation of this measure including unintended impacts on patients.

There were no identified unintended findings for this measure during testing or since implementation.

4b2.2. Please explain any unexpected benefits from implementation of this measure.

There were no identified unexpected benefits for this measure during testing or since implementation.

5. Comparison to Related or Competing Measures

If a measure meets the above criteria <u>and</u> there are endorsed or new related measures (either the same measure focus or the same target population) or competing measures (both the same measure focus and the same target population), the measures are compared to address harmonization and/or selection of the best measure.

5. Relation to Other NQF-endorsed Measures

Are there related measures (conceptually, either same measure focus or target population) or competing measures (conceptually both the same measure focus and same target population)? If yes, list the NQF # and title of all related and/or competing measures.

Yes

5.1a. List of related or competing measures (selected from NQF-endorsed measures)

3312 : Continuity of Care for Medicaid Beneficiaries after Detoxification (Detox) From Alcohol and/or Drugs

5.1b. If related or competing measures are not NQF endorsed please indicate measure title and steward.

5a. Harmonization of Related Measures

The measure specifications are harmonized with related measures;

OR

The differences in specifications are justified

5a.1. If this measure conceptually addresses EITHER the same measure focus OR the same target population as NQF-endorsed measure(s):

Are the measure specifications harmonized to the extent possible?

Yes

5a.2. If the measure specifications are not completely harmonized, identify the differences, rationale, and impact on interpretability and data collection burden.

The measure is harmonized with the existing NQF-endorsed measure. The following highlights the differences between the measures: Population focus (denominator): The measure targets patients discharged from the emergency department (not detoxification). Numerator: The measure captures follow-up with a primary alcohol or other drug dependence diagnosis.

5b. Competing Measures

The measure is superior to competing measures (e.g., is a more valid or efficient way to measure); **OR**

Multiple measures are justified.

5b.1. If this measure conceptually addresses both the same measure focus and the same target population as NQF-endorsed measure(s):

Describe why this measure is superior to competing measures (e.g., a more valid or efficient way to measure quality); OR provide a rationale for the additive value of endorsing an additional measure. (Provide analyses when possible.)

Not applicable.

Appendix

A.1 Supplemental materials may be provided in an appendix. All supplemental materials (such as data collection instrument or methodology reports) should be organized in one file with a table of contents or bookmarks. If material pertains to a specific submission form number, that should be indicated. Requested information should be provided in the submission form and required attachments. There is no guarantee that supplemental materials will be reviewed.

No appendix Attachment:

Contact Information

Co.1 Measure Steward (Intellectual Property Owner): National Committee for Quality Assurance **Co.2 Point of Contact:** Bob, Rehm, ngf@ncqa.org, 202-955-3500-

Co.3 Measure Developer if different from Measure Steward: National Committee for Quality Assurance

Co.4 Point of Contact: Kristen, Swift, Swift@ncqa.org, 202-955-5174-

Additional Information

Ad.1 Workgroup/Expert Panel involved in measure development

Provide a list of sponsoring organizations and workgroup/panel members' names and organizations. Describe the members' role in measure development.

Behavioral Health Measurement Advisory Panel Katharine Bradley, MD, MPH, Kaiser Permanente Washington Health Research Institute Christopher Dennis, MD, MBA, FAPA, Landmark Health Ben Druss MD, MPH, Emory University Frank A. Ghinassi, PhD, ABPP, Rutgers University Behavioral Health Care Constance M. Horgan, Sc.D., Brandeis University Laura Jacobus-Kantor, PhD, SAMHSA, HHS Jeffrey D. Meyerhoff, MD, Optum Behavioral Health Harold Alan Pincus, MD, Irving Institute for Clinical and Translational Research --Columbia University Michael Schoenbaum, PhD, National Institute of Mental Health John H. Straus, MD, Beacon Health Options

Measure Developer/Steward Updates and Ongoing Maintenance

Ad.2 Year the measure was first released: 2014

Ad.3 Month and Year of most recent revision: 07, 2016

Ad.4 What is your frequency for review/update of this measure? Approximately every 3 years, sooner if the clinical guidelines change significantly.

Ad.5 When is the next scheduled review/update for this measure? 12, 2020

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