

## National Standards for Patient Decision Aids: CSAC Meeting

July 13-14, 2016

#### **NQF** Project Team

- Helen Burstin, MD, MPH
  - Chief Scientific Officer
- Sarah Sampsel, MPH
  - Senior Director
- Andrew Anderson, MHA
  - Project Manager
- Janine Amirault
  - Project Analyst



#### **NQF** Decision Aids Expert Panel

- Larry Allen, MD
- Michael Barry, MD
- Clarence Braddock, MD, MPH
- Maureen Corry, MPH\*
- Glyn Elwyn, MD
- Jack Fowler, PhD
- Bud Hammes, PhD
- Daniel Lessler, MD, MHA
- Pat Mastors
- Ginny Meadows, RN
- Mary O'Connor, MD

- Thaddeus Pope, JD, PhD
- Linda Richetelli-Pepe, MS
- Christopher Saigal, MD, MPH\*
- Karen R. Sepucha, PhD
- Erica Spatz, MD, MHS
- Dawn Stacey, RN
- Bob Volk, PhD
- Bobbi Wager, MSN, RN
- Susan Wang, MD
- Pierre Yong, MD, MPH, MS
- Laura Pennington

Note: Co-Chairs are marked with an asterisk

#### **Objectives**

- Importance of shared decisionmaking
- Project goals and objectives
- Project deliverables
- June 22-23 expert panel meeting

#### Shared Decision Making (SDM) is a Process

"The process of **interacting** with patients who **wish** to be involved in arriving at an **informed**, **values-based** choice among two or more medically reasonable alternatives"<sup>1</sup>



NATIONAL QUALITY FORUM <sup>1</sup>A.M. O'Connor et al, "Modifying Unwarranted Variations In Health Care: Shared Decision Making Using Patient Decision Aids" *Health Affairs*, 7 October, 2004

Did the patient know a decision was being made? Did the patient know the pros and cons of the treatment options? Did the provider elicit the patient's preferences?



## **Considerable Evidence of Impact**

- In 130 trials addressing 23 different screening or treatment decisions, use has led to
  - Greater knowledge
  - More accurate risk perceptions
  - Greater comfort with decisions

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- Greater participation in decision-making
- Fewer people remaining undecided
- Fewer patients choosing major surgery



## Health Policy Relating to SDM

SDM has become a standard part of the language of US health reform

- Affordable Care Act
- Definition requirement for Medicare ACOs
- Requirement for Comprehensive Primary Care Initiatives
- State-based health care reform

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- Meaningful use of HIT
- Informed Consent
- Professional societies, practice guidelines



## **Project Overview**

## **Project Objectives**

#### NQF seeks to advance goal-based care by providing multi-stakeholder guidance on:

- National standards, criteria, and a process for the national certification of decision aids
- Approaches to measure the quality of decisionmaking, including appropriateness, effectiveness, and outcomes
- Development of measures that can assess the impact of share decisionmaking, including the use of decision aids



## Why do we need national standards?

- Current healthcare paradigm focuses on disease-specific interventions and outcomes rather than patients goals, values, and preferences
- More and more people taking an active role in making decisions about their care and many people turn to decision aids
- Great deal of variation in the quality of decision aids
- No national standards on the best resources for patients and their families
- There is a need to incentivize the use of decisions



#### **Project Components**

#### Funded under a grant from the Gordon and Betty Moore Foundation, this one-year project will entail:

- 1. Performing an environmental scan of measures in shared decisionmaking and decision quality
- 2. Commissioning a white paper on national standards
- 3. Developing a potential business model for NQF decision aid certification
- 4. Developing a final report comprised of the expert panel recommendations

# June 22-23 In-Person Expert Panel Meeting

#### **Dartmouth Decision Aids White Paper**

- History and importance of decision aids
- Summary of certification efforts to date
- Proposed criteria and ideas for a certification process
- Challenges to certification
- Questions for the panel to consider



### **Proposed Criteria**

- Screening Criteria
- Certifying Criteria
- Additional Screening/Testing Criteria
  - Specific to screening and diagnostic testing decision aids
- Quality Criteria
  - Future

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#### **Criteria Domains**

- Information
- Probability statements
- Value/Preference clarification
- Decision guidance
- Tool development
- Evidence synthesis
- Disclosure of interests
- Plain language
- Evaluation



#### **Proposed Certification Option**

- Certify individual patient decision aids as well as developer organizations:
  - Developers actively maintaining five or fewer products for use by patients should have all their tools subject to certification
  - Developers actively maintaining six or more tools, the organization as a whole be subjected to a certification of its development process, and, in addition, a random sample (% to be determined) of the total available patient decision aids be subjected to certification.
    - » If all attain certification, the organization becomes a 'certified developer' for a predetermined amount of time

#### **Environmental Scan Results**

- Many studies that have demonstrated the effectiveness of shared decision making
- Measures to assess the quality of shared decision making are developing rapidly
- NQF identified 13 performance measures and 64 decisionmaking or decision aid instruments
  - Out of the identified instruments:
    - » 33 assessed decision antecedents
    - » 29 assessed decision outcomes
    - » 14 assess decisionmaking processes
- Out of the instruments identified only a small number have been psychometrically tested

#### **Next Steps**

- Expert panel web meeting #2
- Report detailing panel's recommendations
- Public comment period on the report



## **Project Contact Info**

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