| Linking quality |
|-----------------|
| and cost |
| indicators to |
| measure |
| efficiency in |
| health care |

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15 **Purpose of the commissioned paper**

The National Quality Forum has commissioned a paper to assess alternative approaches 16 to link measures of quality and cost for the purpose of measuring efficiency in health care. This 17 paper reviews various approaches—both established and novel— to measure efficiency. These 18 19 include composite measure approaches and approaches that keep the quality and cost domains separate when assessing efficiency. The paper also considers the implications of alternative 20 methods for profiling and scoring providers based on their measured efficiency. In addition to 21 22 assessing the technical issues related to measuring and profiling efficiency, we will consider the 23 implications for using alternative approaches in the context of various programs, such as the creation of tiered insurance networks and value-based payment. 24

25 A substantial literature has also been devoted to understanding and measuring efficiency in healthcare.¹ While guestions of efficiency in healthcare have been of interest for 26 decades,^{2,3} this interest has accelerated in recent decades.⁴ However, as identified by a recent 27 28 systematic review commissioned by AHRQ, considerations of quality of care have been largely absent from this literature.⁴ Instead, to assess efficiency researchers have used a variety of 29 techniques to understand how a given output (e.g. a hospital day) can be optimized for a given 30 set of health care inputs (e.g. physician labor, nurse labor). This is the concept of economic 31 efficiency. While the study of economic efficiency in health care is of great importance, it is not 32 the focus of this paper. 33

Instead, we seek to evaluate the specific case in which cost (borne by the payer) is the input of interest and quality of care is the output of interest. As such, we are interested in the assessment of efficiency only through the joint consideration of cost and quality. We will not

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consider approaches to the measurement of efficiency in health care – such as brand
prescribing rates or rates of MRI for patients with back pain – that seek to identify relative
resource use and appropriateness.⁵ There is also a large literature concerned with the
relationship between costs and quality,⁶⁻⁹ and a smaller literature on relationship between
economic efficiency and quality.¹⁰ While relevant to the concept of efficiency that we seek to
understand, this literature is not primarily concerned with profiling individual providers on the
basis of efficiency.

Our goal in writing the commissioned paper is to help build consensus about the key considerations and appropriateness of alternative approaches for combining quality and cost measures into quantitative measures of efficiency. This paper will serve as a foundation to inform the deliberations of a multi-stakeholder expert panel that will provide input on the methodological challenges to linking cost and quality measures and the best practices for combining cost and quality measures to assess efficiency of care.¹¹

51 **Definitions**

| 52 | This project will reference a number of common terms that may have different connotations for |
|----|--|
| 53 | different audiences. Throughout this project, we will apply the definitions from the National Quality |
| 54 | Forum's Patient-Focused Episodes of Care project: ¹² |
| 55 | Quality of care: measures performance on the Institute of Medicine's (IOM) six aims for |
| 56 | healthcare: safety, timeliness, effectiveness, efficiency ¹ , equity, and patient-centeredness. |
| 57 | Cost of care : measures total healthcare spending, including total resource use and unit price(s), |
| 58 | by payor or consumer, for a healthcare service or group of healthcare services associated with a |
| 59 | specified patient population, time period, and unit(s) of clinical accountability. |
| 60 | Efficiency of care: measures the cost of care associated with a specified level of quality of care. |
| 61 | "Efficiency of care" is a measure of the relationship of the cost of care associated with a specific |
| 62 | level of performance measured with respect to the other six IOM aims of quality. |
| 63 | Value of care: measures a specified stakeholder's (such as an individual patient's, consumer |
| 64 | organization's, payor's, provider's, government's, or society's) preference-weighted assessment |
| 65 | of a particular combination of quality and cost of care performance. |
| 66 | |

¹ Dennis noted that there is a circularity here in that efficiency is noted as being part of quality. He has a point.

67 Section 1. Why combining quality and cost measures to measure

68 efficiency in health care matters

⁶⁹ Improving the efficiency of health care delivery in the United States is critical. Recent ⁷⁰ attempts at system reform, such as pay-for-performance and public quality reporting, have ⁷¹ failed to reduce cost growth.^{13,14} By focusing primarily of quality measures of underuse – such ⁷² as non-adherence with evidence-based care – these programs have not provided direct ⁷³ incentives for increased efficiency. Previous efforts to reign in cost growth through managed ⁷⁴ care, such as capitated payment and utilization review, were seen as attempts to reduce costs ⁷⁵ at the expense of quality of care.¹⁵

76 To address these shortcomings, the Patient Protection and Affordable Care Act created numerous initiatives that are intended to improve the *efficiency* of US health care –not quality 77 or cost alone. These initiatives include the Physician Value-Based Payment Modifier.¹⁶ Hospital 78 Value-Based Purchasing,¹⁷ The Medicare Advantage Quality Bonus Program,¹⁸ Accountable Care 79 Organization programs,¹⁹ and the End-stage renal disease pay-for-performance program. More 80 81 directly, legislation was introduced in 2009 to replace the standard update to physician payments with a geographically based "value index," which would adjust payments to 82 physicians according to their relative quality and cost.²⁰ 83 84 On the private side, a number of insurers have developed products with tiered networks that are based on measures of efficiency. These products are structured to increase patient 85 cost-sharing for using providers that are designated in a lower-efficiency tier. The first 86

87 generation of these programs established tiers based almost exclusively on costs.²¹ However,

88 insurers have developed a range of increasingly sophisticated approaches to combine indicators 89 of costs and quality to categorize the efficiency of providers. These efforts are related to the rise of high-deductible health plans and consumerism. Patients need both quality and cost 90 information in order to make informed choices about the services they need and the providers 91 92 they should use. In addition, given the price sensitivity to plans currently sold in insurance exchanges created through the ACA,²² there is some speculation that insurers are moving 93 towards narrow networks in order to compete on price.²³ This will likely increase insurers' use 94 95 of tiered networks based on measures of provider value. Other promising private sector efforts, such as reference pricing,²⁴ will likely need to explicitly integrate provider quality measurement 96 to gain greater acceptance. 97

98 These reforms require both quality and cost performance to be measured and assessed 99 together. These ongoing initiatives share a common set of goals: 1) To better identify high and 100 low efficiency providers; 2) To foster incentives for providers to improve efficiency. Broader 101 efforts to better identify the relative value of health care services are related, but rely on a 102 different set of tools and policy measures (e.g. comparative effectiveness research).

However, the desire to use efficiency measures has outpaced scientific consensus about how best to incorporate these measures into accountability efforts. As shown in section 2 of this paper, this lack of consensus for combining cost and quality measures can be seen by the disparate use of measures of efficiency across the public programs. Also, while many of the private payer efforts to combine quality and cost have similar features, they differ in important ways.

The use of efficiency measures in United States health care has reached an inflection point. Efforts are moving ahead without a clear sense of the best approach to do so. The issues surrounding combining quality and cost measures are certainly challenging: one recent report described the state of efficiency measurement as "woefully inadequate."²⁵ Two high profile efforts tasked with grappling with these issues failed to recommend a strategy to do so.²⁶ Now is the time to develop a set of best practices to guide the future development, evaluation, and use of efficiency measures in health care.

117 Section 2. Options for combining quality and cost measures

118 Methods for environmental scan

| 119 | We performed an environmental scan to identify existing approaches that were |
|-----|--|
| 120 | currently in use by Medicare, private payers, and other program sponsors that combine |
| 121 | indicators of quality and cost measures to assess efficiency. We also identified novel |
| 122 | approaches that link quality and cost indicators that are not currently in use by a program |
| 123 | sponsor but have been developed by researchers. To be included, an approach must assess cost |
| 124 | as an input and one or more measures of quality as the output. |
| 125 | We searched the PubMed databases for published articles in the English language that |
| 126 | appeared in journals between January 1990 and April 2014. Search terms included "quality", |
| 127 | "measuring," and "cost." We searched the bibliographies of retrieved articles looking for |
| 128 | additional relevant publications. We then searched Google Scholar, the Cochrane Database, |
| 129 | and conducted other general internet searches for the same search terms. This provided |
| 130 | resources that were not limited to peer-reviewed journals. |
| 131 | We also solicited information from the National Quality Forum's Expert Panel on Linking |
| 132 | Cost and Quality. The materials referred to us by the expert panel frequently led to the |
| 133 | discovery of additional approaches. We also obtained detailed information on approaches that |
| 134 | we knew had been initiated (for instance, in Medicare). |
| 135 | After identifying all of the programs that simultaneously assessed quality and cost, as |
| 136 | well as approaches proposed by researchers, we identified and described a set of mutually |
| 137 | exclusive approaches that combine quality and cost measures to measure efficiency. We then |

described the basic features of these approaches. Next, we identified the programs that have
used quality and cost indicators to profile the efficiency of providers. This includes programs
that are currently running as well as those that are now defunct. For these programs, we
obtained information on several parameters: the name of the program, the services evaluated
(e.g. hospital only, physician only, all services), the level of attribution (e.g. hospital, physician
practice, individual physician), the specification of quality, the specification of cost, and the
approach used to combine quality and cost indicators.

145 Approaches used to combine quality and cost measures

We identified seven approaches that are currently in use or have been proposed byresearchers to combine quality and cost indicators to measure efficiency.

The conditional model: This approach, described by Timbie and Normand as the 148 "Univariate" approach²⁷ and by Tompkins et al. as the "Net-Incentive Payment Model"²⁸ 149 150 assesses efficiency as the conditional combination of quality and cost. The approach proceeds in four steps: first quality is assessed either by a single indicator or by a 151 composite measure; second cost is assessed, typically by a single measure of total costs; 152 153 third, either or both of the quality and cost domains are classified into performance groups 154 - frequently as "low", "average", or "high" - using specified criteria; fourth, the quality and 155 cost classifications are combined to assess efficiency. A common approach is to define high efficiency providers as those that are classified as both high quality and low cost. 156 157 Alternatively, the Net-Incentive Payment Model assess the difference in costs between providers within the same quality grouping. The Conditional Model is widely used by 158 private payers to create tiers of providers based on their efficiency. 159

The Quality Hurdle Model and Cost Hurdle Model: A variation on the Conditional Model is 160 161 the Quality Hurdle Model. This model follows the first three steps of the Conditional Model. Then, providers are subject to a minimum quality standard, the hurdle, before their 162 cost performance is assessed. After meeting this minimum quality standard, providers may 163 164 be judged on cost performance alone or may be evaluated based on their combination of quality and cost performance. A variation on the Quality Hurdle Model is the Cost Hurdle 165 Model. Here, providers are evaluated on quality performance only after meeting a cost 166 167 standard, which is typically defined as having costs that are below a specified growth rate. Hurdle Models are commonly used for shared savings programs. 168 The Unconditional Model. The unconditional model follows the first two steps of the 169 170 Conditional Model. Then, the quality and cost domains are assigned weights and combined into a single metric. Thus, in the Unconditional Model, guality and cost are scored 171 independently and then combined. This is the model currently used by Hospital Value-172 Based Purchasing. 173 **The Regression Model**: The regression model, proposed by Timbie and Normand,²⁷ profiles 174 provider quality while conditioning on cost. While it is conceptually similar to the 175 Conditional Model, it has the advantage of using regression analysis to account for the 176 within-provider correlation between quality and cost outcomes. In contrast, the approach 177 taken by the Conditional Model does not account for any correlation between the quality 178 179 and cost domains. The regression model is not currently used by any program sponsor. The cost-effectiveness model: The cost-effectiveness model, proposed by Timbie and 180 Normand,²⁷ differs from the other approaches in that it assigns a dollar value to the patient 181

benefits accrued from quality domain. By doing so, this approach can dramatically change 182 183 efficiency profiles. For instance, using the Unconditional or Conditional Model, a hospital with excellent mortality outcomes may be classified as having only moderate efficiency if it 184 also has high costs. However, if the benefit of increased survival is appropriately valued 185 186 and the absolute cost differences between this hospital and others are not great, this high cost hospital may in fact have excellent efficiency: it is producing desirable health outputs 187 at a lower cost than other hospitals. A similar approach towards efficiency measurement 188 was developed by Kessler and McClellan to evaluate the cost-effectiveness not of 189 individual providers, but of the characteristics of hospitals.²⁹ 190

The Data Envelopment Analysis or Stochastic Frontier Analysis Model: This approach is 191 used to identify the efficient production of quality across all observed levels of cost.^{30,31} 192 The efficient frontier is modeled and providers' efficiency can then be evaluated based on 193 their distance from the efficient frontier. One of the key advantages of this approach is 194 that it allows efficiency to be evaluated across continuous measures of cost and quality. It 195 therefore does not require classification of providers into categories based on what may be 196 arbitrary threshold values, a shortcoming of other approaches. This approach has been 197 198 widely used in academic research to assess economic efficiency in health care, although almost exclusively in cases in which the output of interest is something other than quality 199 of care.¹⁰ This approach is not currently used by any program sponsors to evaluate 200 201 provider efficiency.

The Side-by-Side Model: This approach does not combine the quality and cost domains in
 any way. It follows the first two steps of the Conditional Model, displays the results in

summary form, and ends there. This model typically emphasizes the clear and intuitive
display of indicators of quality and cost (e.g. star ratings). However, by leaving the specific
combination of cost and quality unspecified when assessing efficiency, this model leads
directly to value estimations by stakeholders.

208 Programs using cost and quality measures to assess efficiency

Table 1 describes 32 identified programs that link indicators of cost and quality to measure efficiency. For 10 of these, we were not able to obtain basic information on the specification of the program. We therefore describe the characteristics of 22 programs for which we were able to obtain sufficiently complete information.

Of these programs, 6 profiled physicians or physician practices, 5 profiled hospitals, 3 profiled both physicians and hospitals, and 8 profiled health systems or health plans. To combine quality and cost indicators, 4 of the identified approaches used the Conditional Model, 5 used the Unconditional Model, 4 used the Side-by-Side Model, and 6 used the Quality Hurdle or Cost Hurdle Model. The method used to combine quality and cost indicators was unclear for 3 programs.

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| 220 | Table 1. Summary of programs that combine quality and cost indicators to measure efficiency |
|-----|---|
|-----|---|

| | Name of program | Services evaluated | Level of attribution | Specification of quality | Specification of cost | Approach to combining quality and cost |
|----|---|--|---|--|---|--|
| 1. | Aetna Aexcel ³² | 12 categories of specialist services. ² | Specialist and physician practice level | Volume (at least 20 episodes in the last year) clinical performance structure measures (use of technology, certification) completion of performance- based improvement module claims based measures (HEDIS, readmissions, in- hospital complications) | All costs attributed to specialists for specific episodes of care | Variation on Quality Hurdle model. Quality and volume are assessed first. If costs are lower than threshold based on peer performance, providers are designated for Aexcel network. |
| 2. | Blue Cross and Blue Shield Blue Distinction Centers® for Specialty Care ³³⁻³⁵ | 6 categories of specialty services ³ | Hospital | Nationally consistent measures based on structure, process, outcomes, and patient experience. Hospitals must meet quality thresholds for each domain. Measures were developed with input from the medical community. | All costs for specific episodes of care (including facility, professional, other). Each provider's cost of care is calculated on an episode basis, using allowed amounts based on Blue Plans' claims data. The cost of care criteria takes into account outliers, patient level risk factors, and geographic | Quality Hurdle Model |

² Cardiology, Cardiothoracic surgery, Gastroenterology, General surgery, Neurology, Neurosurgery, Obstetrics and gynecology, Orthopedics, Otolaryngology/ENT, Plastic surgery, Urology, and Vascular surgery

³ Six specialty care areas are included: Spine Surgery, Knee and Hip Replacement, Cardiac Care, Transplants*, Bariatric Surgery* and Complex and Rare Cancers*. The three specialty care areas with asterisks have Blue Distinction Centers; Blue Distinction Center+ designations will continue to roll out in other areas, beginning with Transplants in early 2014.

| | Name of program | Services evaluated | Level of attribution | Specification of quality | Specification of cost | Approach to combining quality and cost |
|----|---|---|---|--|--|---|
| | | | | | variation, before each facility is assessed against a consistent national benchmark. | |
| 3. | Blue Cross Blue Shield of Illinois and advocate health care ³⁶ | All covered services for Advocate health care, a not-for-profit integrate system | System level | Performance for 12 measures | Global budget target | Combination of Quality Hurdle and Cost Hurdle Models. |
| 4. | Blue Cross Blue Shield of Michigan Hospital P4P program ³⁷ | Hospitalized patients with specific index admissions | Hospital | Composite index of collaborative Quality Initiatives, population based, performance, all-cause readmissions | Diagnosis standardized cost- per-case | Unconditional Model. Payments are based on the weighted sum of quality and cost domains |
| 5. | Blue Cross Massachusetts Alternative Quality Contract ³⁸ | All covered services | Alternative Quality Contract provider organizations | 32 ambulatory measures, 32 hospital measures. 5 Quality "gates" for each measure, resulting in different bonus payments. Outcome measures are triple weighted. Non-linear function between quality score and payout. ^{39,40} | Global budget target | Unconditional Model. High quality is rewarded as a bonus, can equal up to 10% of global budget. ⁴ |
| 6. | Blue Shield of California Network Choice program (discontinued) ^{41,42} | Inpatient | Hospitals | Patient experience, 14 process measures, participation in initiatives from Leapfrog | Inpatient costs | Unclear |
| 7. | Buyers Health Care Action Group Purchasing Initiative ^{43,44} | All services | Care systems in Minneapolis/St. Paul | Patient experience and participation in quality improvement initiatives. | Total costs | Side-by-Side Model |

⁴ The AQC can be conceptualized two different programs that are not directly connected: a shared savings program and a quality bonus program.

| | Name of program | Services evaluated | Level of attribution | Specification of quality | Specification of cost | Approach to combining quality and cost |
|-----|---|---|---|---|--|---|
| 8. | Cigna Care Designation ⁴⁵ | 22 categories of specialist services ⁵ | Physicians and physician groups | 5 domains related to National Committee for Quality Assurance (NCQA) Physician Recognition; Group Board Certification; Composite quality index on adherence to 101 Evidence-Based Medicine (EBM) Rules; American Board of Internal Medicine Process Improvement Module Completion; Certified Bariatric Center Affiliated Surgeons. | Costs related to episode Treatment Group (ETG) methodology | Conditional Model. Providers are compared by specialty within markets. |
| 9. | Cigna Collaborative Accountable Care ⁴⁶ | All covered services | Large primary care or multispecialty practices, integrated delivery system, of physician-hospital organization. | Composite measure assessing adherence to evidence based medicine for preventive care, chronic care, and acute care. | Unclear | Quality Hurdle Model |
| 10. | Health Partners Relative Resource Use ⁴⁷ | Primary care, specialty care, and hospitals | Physicians, physician practices, and hospitals | Separate composite measures for primary care, specialty care, and hospitals. Components of composite differ for different types of services. | Uses NQF endorsed total cost of care measure. Encompasses all services with/without price standardization. | Side-by-Side Model |
| 11. | Hospital Value-Based Purchasing | Part A and Part B Medicare services | Hospital | Sum of performance score for individual measures in various domains (outcomes, clinical process, and patient experience) | Episode covering standardized payments from 3 days prior and 30 days following | Unconditional Model |

⁵ Allergy and Immunology, Cardiology, Cardio-Thoracic Surgery, Colon and Rectal Surgery, Dermatology, Ear, Nose and Throat, Endocrinology, Family Practice, Gastroenterology, General Surgery, Hematology and Oncology, Internal Medicine, Nephrology, Neurology, Neurosurgery, Obstetrics and Gynecology, Ophthalmology, Orthopedics and Surgery, Pediatrics, Pulmonary, Rheumatology, and Urology

| | Name of program | Services evaluated | Level of attribution | Specification of quality | Specification of cost | Approach to combining quality and cost |
|-----|--|--|--|--|--|---|
| | | | | | hospitalization. | |
| 12. | Leapfrog Hospital Rewards Program ⁴⁸ | Patients hospitalized with AMI, pneumonia, or child birth, or receiving CABG or PCI. | Hospital | Composite score of multiple measures. Uses a two-level weighting approach based on potential of indicator to reduce mortality and the importance of the indicator to the employer. | Inpatient costs | Conditional Model |
| 13. | Maine Health Management Coalition | Adult care, pediatric care, and hospital care | Physicians, physician practices, and hospitals | Composite measure based on Bridges to Excellence / Hospital Compare measures categorized into "low", "good", "better", and "best" | Whether practice is "working to control cost" | Side-by-Side Model |
| 14. | Maryland multi- payer patient- centered medical home program ³⁶ | All covered services | Primary care practices | 21 quality measures; and reductions in use of high-cost services. | Total costs for assigned patients. | The Cost Hurdle Model. |
| 15. | Medica and Fairview health services ³⁶ | All covered services for Fairview Health Services, a non-profit health system | System level. | Minimum quality gate, then confidential algorithm | Global budget target | Unclear. |
| 16. | Medicare Physician Group Practice Demonstration | Part A and Part B Medicare services | Integrated delivery systems | Performance for 32 ambulatory care performance measures. | Total costs per capita for aligned beneficiaries | Unconditional Model (it seems) |
| 17. | Medicare Shared Savings and Pioneer Accountable Care Organization programs ⁴⁹ | Part A and Part B Medicare services | Accountable Care Organization | Composite measure of patient/caregiver experience (7 measures); Care coordination/patient safety (6 measures); Preventive health (8 measures); At-risk population: Diabetes (1 | Payment standardized total costs per capita for aligned beneficiaries | Quality Hurdle Model |

| | Name of program | Services evaluated | Level of attribution | Specification of quality | Specification of cost | Approach to combining quality and cost |
|-----|--|--|--|--|---|---|
| | | | | measure and 1 composite consisting of five measures); Hypertension (1 measure) Ischemic Vascular Disease (2 measures); Heart Failure (1 measure); Coronary Artery Disease (1 composite consisting of 2 measures). | | |
| 18. | NCQA relative resource use ⁵⁰ | Condition-specific costs for people with specified chronic diseases. ⁶ | Health plan level by product (e.g. HMO, PPO) | Composite measure based on HEDIS indicators relevant to disease area | Annual condition- specific costs for all relevant services | Side-by-Side Model |
| 19. | Physician Value- Based payment modifier | Part A and Part B Medicare services | Physician practice | Composite measure of clinical care, patient experience, population/community health, patient safety, care coordination, and efficiency. | Composite measure of total costs per capita for attributed beneficiaries, and for beneficiaries with specific chronic disease | Conditional Model |
| 20. | Tufts Health Plan primary care "Blue Ribbon" program ⁵¹ | Primary care | Physician practice | 7 HEDIS process of care measures and 7 patient experience measures. Calculate adjusted composite process scores (z-scores), and composite scores for patients experience (z-scores). Scores were then summed and renormalized. | Primary care Episode Treatment Groups | The Conditional Model. The quality and cost domains are standardized and combined with equal weighting. To be designated with the "Blue Ribbon", providers must be above the median on both the quality and cost domains, as well as the combined domain. |

⁶ Asthma, cardiovascular conditions, COPD, diabetes, and hypertension

| | Name of program | Services evaluated | Level of attribution | Specification of quality | Specification of cost | Approach to combining quality and cost |
|-----|---|--|-----------------------------------|--|---|--|
| 21. | UnitedHealth Premium ⁵²⁻⁵⁴ | 25 categories of specialist services. ⁷ | Physician, physician practices | Composite score based on evidence based medicine measures related to preventive care, appropriate care, chronic disease care, patient safety, sequencing of care, and care outcomes. | Risk adjusted total cost of care (population cost), and episode cost measurement. | The Unconditional Model. Provider designations are made separately for cost and quality based on statistical criteria. It's unclear how the different designations translate into payment or cost sharing differences. |
| 22. | Virginia Cardiac Surgery Quality Initiative ⁵⁵ | All cardiac surgical patients | Surgeon and hospital | Extensive structure (volume), process, and outcome (mortality and complication) measures. | Normalized hospital and surgeon charges ⁸ | Side-by-side Model. Comparisons are made for anonymized hospitals and are primarily on quality measures. |
| 23. | Castlight health precise cost and | Unknown specifications | - | - | | |

⁷ Allergy, Cardiology, Cardiology – Electrophysiology, Cardiology – Interventional, Endocrinology, Family Medicine, General Surgery, General Surgery - Colon/Rectal, Internal Medicine, Nephrology, Neurology, Neurosurgery – Spine, Ophthalmology, Obstetrics and Gynecology, Orthopedics - Foot/Ankle, Orthopedics – General, Orthopedics – Hand, Orthopedics - Hip/Knee, Orthopedics - Shoulder/Elbow, Orthopedics – Spine, Orthopedics – Sports Medicine, Pediatrics, Pulmonology, Rheumatology, and Urology

⁸ Ref <u>http://www.sciencedirect.com/science/article/pii/S0003497509005761</u>]

| | Name of program | Services evaluated | Level of attribution | Specification of quality | Specification of cost | Approach to combining quality and cost |
|-----|---|-----------------------------------|----------------------|---|-----------------------|---|
| | quality | | | | | |
| 24. | Humana | Unknown specifications | - | - | - | - |
| 25. | Massachusetts Group Insurance Commission value- tiering program ^{56,57} | - | - | Composite based on 79 quality measures relevant to particular providers | - | unclear |
| 26. | Minnesota Smart Buy Alliance | Unknown specifications | - | - | | |
| 27. | PacifiCare Select Plan ⁴¹ | Hospitals, unknown specifications | - | - | - | - |
| 28. | Puget Sound Health Alliance | Unknown specifications | - | - | | |
| 29. | Regence Blue Cross Blue Shield of Oregon Select Network ^{58,59} | Unknown specifications | - | - | - | - |
| 30. | Tufts Health plan high performance network | Hospitals, unknown specifications | - | - | - | - |
| 31. | Wellpoint | Unknown specifications | - | - | - | - |
| 32. | Wisconsin Department of Employee Trust Funds Three-Tier Health Insurance Program | Unknown specifications | - | - | - | Unclear. Insurance tiers are created based on cost effectiveness. Patients have lower cost sharing for tiers deemed to be more cost effective. |

Section 3. Preliminary summary of findings and identification of key discussion points

224 Our environmental scan highlights a number of key issues related to combining quality 225 and cost indicators to measure efficiency in healthcare.

First, there are numerous extant approaches and no clear consensus about best practices. Of the 21 identified programs, we documented five broad approaches to combine quality and cost indicators. There is considerable variation within these approaches. Many of the quality measures included in the quality domains include only measures that are endorsed by the National Quality Forum or by professional societies. The cost measures used to assess

efficiency, however, have generally not been endorsed by the National Quality Forum.

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Interestingly, the measure sets used to assess quality for many of the approaches taken by the private payers are more expansive than those used by the public payers. For instance, many of the private efficiency efforts profile specialist physicians, who have been largely ignored by public programs. The purpose of efficiency measurement is also different in the public and private efforts: the public efforts seek to use efficiency measurement to adjust provider payments whereas the private efforts use efficiency measurement to create tiered networks or for shared-savings programs.

The alternative approaches used to combine cost and quality measures have a number of pros and cons. The Conditional Model, the Unconditional Model, the Side-by-Side Model, and to a lesser extent the Hurdle Models all have the benefit of being relatively easy to understand. (Many of the program sponsors emphasized the importance of transparency, describing efficiency measurement in simple terms on their website but also publishing detailed

244 methodology reports.) However, these approaches suffer from two separate aggregation 245 problems that may undermine their validity. First, quality is almost always defined using 246 multiple measures, and some kind of weighting scheme is required to summarize the 247 performance of providers on these measures. The opportunity model, in which weights are 248 based on the number of patients that are eligible to receive a given measure, remains a 249 common approach to create composite measures of quality. Another approach, used by the 250 Alternative Quality Contract, assigns triple the weight to outcome measures relative to process 251 measures. Both of these approaches to weighting measures, however, are largely arbitrary. A 252 recent paper found that among 13 commonly used quality indicators, 7 of them accounted for 93% of the benefits to population health.⁶⁰ If weights assigned to individual performance 253 254 measures do not reflect their importance to the health of patients, weighting schemes will, at a minimum, obscure the signal between observed quality and patient health.⁶¹ 255 Second, as previously described, efficiency measurement has the potential to reach 256 257 erroneous conclusions about the relative efficiency of providers when the relationship between measured quality and patient health is not well defined. If quality is measured by patient 258

263 For health care costs, there is a divergence in the practice of price standardization. The
264 public programs (Hospital Value-Based Purchasing, the Physician Value-Based Payment

survival, then small improvements have the potential to yield large efficiency gains, even at

large costs. However, if quality is measured by a series of measures that have little relationship

with improved patient health, large improvements may not yield efficiency gains, even at small

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costs. 27

265 Modifier, and the ACO programs) standardize payments when measuring efficiency. The private 266 plans vary with respect to price standardization, but tend not to standardize prices.

There also appears to be a general ambivalence on the part of program sponsors with respect to harmonization the quality and cost domains. This includes harmonization of the quality and cost domains for the same populations of patients (i.e., cost is often assessed for all patients while the quality measures apply to a narrower set of patients), for the same time intervals of measurement (i.e., the quality measures were assessed over much longer time windows than the cost measures), and the methods used to risk adjust for cost and quality

273 outcomes (e.g. Hospital Value-Based Purchasing uses different approaches for quality and cost).

Over time, efficiency profiling appears to have shifted away from hospitals and towards profiling the efficiency physicians and physician practices. The early efforts in efficiency profiling focused on hospitals,²¹ but many now profile physicians and physician groups. This may have to do with the increase in ambulatory measures and advances in physician attribution

278 methodology but may also reflect the increased bargaining power of hospitals.

279 Importantly, for the examined approaches for combing guality and cost measurement, there is virtually no assessment of the reliability and validity of efficiency measurement.⁴ In 280 281 almost all cases, a single measure of efficiency is not defined. Instead, efficiency is defined 282 through the joint consideration of quality and cost, with classification typically based on threshold values for both scales. While there is widespread recognition of the small n problem 283 284 associated with efficiency measurement, the most common solution to this problem is to use a 285 sample size cut-off as an exclusion criterion for providers' data to be profiled. Outside of Hospital Value-Based Purchasing, Bayesian reliability adjustment is not used to increase the 286

reliability of efficiency measurement, although Leapfrog has used reliability adjustment for 287 some surgical mortality measures. 62 288

Implications for the National Quality Forum measure endorsement process 289

290 To date, few stand-alone measures are being used to assess efficiency. Instead of endorsing specific efficiency measures, the National Quality Forum could instead choose to 291 292 endorse a process to combine quality and cost indicators to measure efficiency. A number of measure developers have already developed detailed processes to measure efficiency that they 293 294 could submit for National Quality Forum endorsement, either now or in the near future. 295 If the National Quality Forum decided to endorse approaches to efficiency

296 measurement it could consider a number of guidelines. First, the National Quality Forum could stipulate that the quality and cost measures used to measure efficiency should have been

298 previously endorsed. If not, the developer would have to provide a compelling reason. Second,

299 the National Quality Forum could provide guidance with respect to whether specifications of

300 quality and cost measures should be harmonized. This may result in the modification of the

specifications of measures that have previously been endorsed by the National Quality Forum. 301

302 Third, the output of the efficiency measures should meet the standards of scientific

303 acceptability established by the National Quality Forum. Specifically, efficiency classifications

304 should be reliable and valid, and statistical testing should be able to demonstrate this.

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