

Opioid Technical Expert Panel Web Meeting 2

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Agenda

Environmental Scan Findings

- Purpose
- Methodology
- Emerging Results
- Opportunity for Public Comment
- Next Steps

Committee Members

- Jeff Schiff, MD, MBA Co-chair
- Brandon Marshall, PhD Co-chair
- Anika Alvanzo, MD, MS
- Michael Ashburn, MD, MPH, MBA
- Antje Barreveld, MD
- Patty Black, BS
- Jeannine Brant, PhD, APRN, AOCN, FAAN
- Caroline Carney, MD, MSc, FAMP, CPHQ
- Anthony Chiodo, MD, MBA
- Jettie Eddleman, BSN, RN
- Maria Foy, PharmD, BCPS, CDE
- Jonathan Gleason, MD
- Anita Gupta, DO, PharmD, MPP
- Mark Hurst, MD

- Katie Jordan, OTD, OTR/L
- Navdeep Kang, PsyD
- Sarah Melton, Pharm D, BCPP, BCACP, FASCP
- Gary Mendell, MBA
- Darlene Petersen, MD
- Laura Porter, MD
- James Rhodes, PharmD, MBA, BCPS, BCGP
- Darshak Sanghavi, MD
- Evan Schwarz, MD, FACEP, FACMT
- Norris Turner, PharmD, PhD
- Sarah Wakeman, MD, FASEM
- Sarah Wattenberg, MSW
- Arthur Robin Williams, MD
- Bonnie Zickgraf, BSN, RN, CMCN

Federal Liaisons

Role:

- 1. Communicate TEP progress back to their agencies
- 2. A direct resource to this TEP, as needed
- Robert Anthony, ONC, HHS
- Sarah Duffy, PhD, NIH/NIDA
- Elisabeth Kato, MD, MRP, AHRQ
- SreyRam Kuy, MD, MHS, FACS, VA
- Scott Smith, PhD, ASPE
- Judith Steinberg, MD, MPH, HRSA
- Linda Streitfeld, MPH, CMMI

Major Aims

Environmental scan

- Literature Review
- Measure Search
- Key Informant Interviews
- Exemplary state laws
- Identification of current and potential measures and measure concepts
- Recommendations on inclusion of identified quality measures and measure concepts into several federal quality programs

Environmental Scan

Environmental Scan Research Questions

- Quality of care measurements for pain, or opioid use disorders
- Opioid measurement concepts
- Opioid and opioid use disorder quality gaps

General Search Parameters

Published/passed on or after January 1, 2013*

General search strategy:

 "metric" OR "measure" OR "indicator" OR "survey" OR "quality"

AND

 "pain" OR "substance use disorder" OR "opioid" OR "opiate" OR "addiction" OR "addictive"

* "synthetic wave" emerged

Literature Review Results

- The research questions, key terms and definitions guided the environmental scan
- NQF initially found >700 sources of information using key search terms
- The results were narrowed to ~200 sources using the research questions

Measure Review Results (database 'hits')

1. NQF 2,000 →	51 (29 endorsed)
2. CMIT→	2,283 (very broad pull)
3. Union of 1 & 2 \rightarrow	2,334 (some repeats)
4. Manual review \rightarrow	101 (specifics to follow) 35 (ancillary)
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<u>Context</u>	
 <u>Context</u> NQF Currently has a total of: <i>Endorsed:</i> 	2,564 <i>1,084</i>

Other databases reviewed: PQA, NCQA, registry searches, other developers from NQF search (these yielded no additions)

Total U.S. Opioid Use and Misuse



Opioid Use Disorder

Die of overdose involving opioids

Source: Saloner et al., 2018

Approaches to Reducing Opioid Adverse Outcomes



Case and Deaton, BPEA, 2017; Dasgupta et al., AJPH, 2018; Pitt et al., AJPH, 2018; Chen et al., JAMA, 2019

National Academy of Medicine (2017)*

Background/Antecedents

- National & substantive problem; multifactorial
- Medicine's "twin" obligation: treat pain & prevent SUD
- Access to treatment is too limited
- Fentanyl and derivatives now the biggest problem
- Ironies: DAWN and ADAM surveillance efforts were eliminated in 2004 and 2011, respectively.
- ERs, often are "front lines" with limited capacities
- Antecendent: 1980s pain treatments, "fifth vital," and down-playing addictive properties (e.g., Portenoy and Foley, 1986)
- Stigma
- Diversion

- Need for alternative pain therapies (drug and otherwise)
- Guidelines emerging
- Treatments for SUD need support
- Data (includes performance transparency)

Tools for 5 million clinicians

- Team-based, especially for SUD
- Emphasize treatment efficacy
- Cautious prescribing (personal risks)
- Secure storage and disposal info.
- Rx monitoring (polysubs, high doses)
- Systematic follow-up
- Naloxone (Narcan) co-prescription
- Facilitating MAT
- Referrals to treatment
- Consumer/public engagement

Public Health "Indicators"...

- Fatal overdose (OD) rates, by opioid type
- Non-fatal OD rates
- Use of opioid pain medications (OPMs)
- Non-medical use of (OPMs)
- National drug laboratory data (e.g., heroin vs. fentanyl)
- Harm reduction
- Criminal justice involvement
- Incidence of HIV and HepC
- Hospitalization data on nonfatal OD
- Access to drug treatment programs

Source: Saloner et al., Public Health Reports, 2018

TEP Comments from Meeting 1

- 1. Speed up measurement development pathways
- 2. Payment methodologies and CPT coding issues
- 3. Measurement 'scan' goes farther back than 2013
- 4. Consider patient decision making capacity
- 5. Review existing institutional 'dashboards'
- 6. Broad contextual considerations (multifactorial)
- 7. Concurrent prescribing issues (e.g., benzodiazepines)
- 8. "Procedure-specific" opioid prescribing measures
- 9. Rules (e.g., buprenorphine training and prescribing limits; jail prescribing)
- 10. Special focus on new chronic users
- 11. Polysubstance abuse (concern about the next wave/epidemic)
- 12. Mental health/suicide comorbidity
- 13. Evaluation of "formal addiction treatment settings" (e.g., ERs)
- 14. Alternatives to opioids (e.g., NSAID, P.T.)
- 15. Recovery
- 16. Patient resources and feedback (even using social media)

Scan Organizational Overview



Prevention Subdomain: Opioid Prescribing and Monitoring (<u>Appendix A</u>)

- Total Measures: 33
- Examples:
 - Appropriate Prescribing for First Fill of Opioids
 - Concurrent Use of Opioids and Benzodiazepines (COB)
 - Hospital-level risk-standardized opioid extended use rate following THA and/or TKA (opioid extended use)
 - Overuse of Opioid Containing Medications for Primary Headache Disorders

Prevention Subdomain: Pain Assessment and Management (<u>Appendix B</u>)

- Total Measures: 31
- Examples:
 - Care for Older Adult Pain Assessment
 - Pain Interventions in Plan of Care
 - Pain Assessments and Target Setting for Patients with Osteoarthritis

Treatment Subdomain: SUD Screening & Monitoring (prevention) (<u>Appendix C</u>)

- Total Measures: 14
- Examples:
 - Opioid Therapy Follow-Up Evaluation
 - Bipolar Disorder and Major Depression: Appraisal for Alcohol or Chemical Substance Use
 - IPF Drug Use Screening completed within one day of admission
 - SUB-2 Alcohol Use Brief Intervention Provided or Offered and SUB-2a Alcohol Use Brief Intervention
 - SUB-4 Alcohol & Drug Use: Assessing Status After Discharge

Treatment Subdomain: SUD Treatment (<u>Appendix D</u>)

- Total Measures: 20
- Examples:
 - Use of pharmacotherapy for opioid use disorder (OUD)
 - Continuity of Care after Detox
 - Substance use disorders: percentage of patients aged 18 years and older with a diagnosis of current opioid addiction who were counseled regarding psychosocial AND pharmacologic treatment options for opioid addiction within the 12 month reporting period
 - Alcohol & Other Drug Use Disorder Treatment at Discharge
 - Initiation and Engagement of Alcohol and Other Drug Abuse or Dependence Treatment

Harm Reduction: Overdose and ADEs (<u>Appendix E</u>)

- Total Measures: 3
- Examples:
 - Emergency Department Use Due to Opioid Overdose
 - Hospital Harm Opioid-Related Adverse Events
 - Hospital Harm Performance Measure: Opioid Related Adverse Respiratory Events

Ancillary (<u>Appendix F</u>)

- Total Measures: 35
- Example topics:
 - Alcohol related measures
 - Tobacco related measures
 - Physical activity counseling
 - ED visits
 - Follow-up from hospitalization for mental illness
 - Screening for clinical depression
 - Medication reconciliation
 - Intimate Partner (Domestic) Violence Screening

Key Informant Interviews

- The selected key informants should supplement the literature review and focus on knowledge gaps from the literature review.
- Up to nine individuals with diverse perspectives and backgrounds with respect to the opioid epidemic will be selected.

Key Informant Interviews

- Health Services Researcher
- Measure Developer
- Pharmaco-epidemiologist
- Medicaid
- Dental?
- Veterinarian/FDA?
- First Responder?
- Law enforcement/detention facility?
- Pain treatment concepts/domain?
- SUD treatment concepts/domain?
- Patient perspective?

State Law Approaches

- Jail-based treatment
- Prescription drug monitoring
- Expanding treatment
- Naloxone standing orders
- Training
- Interdiction
- Drug courts
- Safe injection sites

Committee Discussion

Discussion Questions

- Measures or measure concepts we might have missed?
- Any measure or measure concepts that you think should not be included?
- Specific key informants we should consider?
- General comments?

Opportunity for Public Comment

NATIONAL QUALITY FORUM

Next Steps

Timeline	Date
Web Meeting 3	June 4, 2019
15-Day Comment Period	July 12 – July 26, 2019
Web Meeting 4	August 13, 2019
Final Environmental Scan	September 6, 2019
Web Meeting 5	September 16, 2019
Web Meeting 6	October 10, 2019
30 Day Comment Period	December 6, 2019 – January 6, 2020
Web Meeting 7	January 21, 2020
Final Report	February 6, 2020

Project Information

- Email: <u>opioid@qualityforum.org</u>
- Phone: 202-783-1300
- Project page
 - <u>https://www.qualityforum.org/Opioid and Opioid Use Disorde</u> <u>r TEP.aspx</u>
- SharePoint page
 - http://share.qualityforum.org/Projects/Opioid%20TEP/SitePages /Home.aspx

Appendix A: Prevention Subdomain: Opioid Prescribing and Monitoring

- 1. Acute Medication Prescribed for Cluster Headache
- 2. Annual Monitoring for Individuals on Chronic Opioid Therapy
- 3. Appropriate controlled substance prescribing (definitive diagnosis(es)) via adherence to Controlled Substance Agreements (CSA) or (OA's) with corrective action taken for pain and/or substance use disorder patients when violations occur
- 4. Appropriate Monitoring for Adverse Events of Opioid and Psychiatric Medications
- 5. Appropriate Monitoring of patients receiving an Opioid via an IV Patient Controlled Analgesia Device
- 6. Appropriate Prescribing for First Fill of Opioids
- 7. Avoid Certain Opioid Analgesics in the Elderly
- 8. Chronic Opioid Therapy Follow up Evaluation
- 9. Concurrent Use of Opioids and Benzodiazepines (COB)
- **10**. Consideration of Non Pharmacologic Interventions
- 11. Constipation assessment following narcotic prescription in patients diagnosed with cancer

Appendix A: Prevention Subdomain: Opioid Prescribing and Monitoring

- 12. Hospital-level risk-standardized Opioid extended use rate following THA and/or TKA (Opioid extended use)
- 13. Initial opioid prescription compliant with CDC recommendations
- 14. Opioid-Related Symptom Distress Scale
- 15. Opioids: Hospital-level risk-standardized medication side effect rate following THA and/or TKA (Opioid-induced respiratory depression)
- 16. Overuse Of Opioid Containing Medications For Primary Headache Disorders
- 17. Pain Brought Under Control Within 48 Hours
- 18. Pain Interventions Implemented during All Episodes of Care
- 19. Pain Interventions Implemented During Long Term Episodes of Care
- 20. Pain Interventions Implemented During Short Term Episodes of Care
- 21. Pain Interventions In Plan Of Care
- 22. Patients Treated with an Opioid who are Given a Bowel Regimen
- 23. Percent of Medicaid beneficiaries receiving buprenorphine who have a documented diagnosis of opioid use disorder (OUD)

Appendix A: Prevention Subdomain: Opioid Prescribing and Monitoring

- 24. Pharmacologic Management of Migraine Headaches
- 25. Plan of Care Or Referral for Possible Medication Overuse Headache
- 26. Potential Opioid Overuse
- 27. Safe Use of Opioids Concurrent Prescribing
- 28. Safe Use of Opioids at Time of Care Transitions
- 29. Use of High-Risk Medications in the Elderly
- 30. Use of Opioids at High Dosage in Persons Without Cancer
- 31. Use of Opioids at High Dosage in Persons Without Cancer Following Elective Primary THA and/or TKA
- 32. Use of Opioids from Multiple Providers and at High Dosage in Persons Without Cancer
- 33. Use of Opioids from Multiple Providers in Persons Without Cancer

Appendix B: Prevention Subdomain: Pain Assessment and Management

- 1. Assessment and management of chronic pain: percentage of patients with chronic pain diagnosis with documentation of a pain assessment completed at initial visit using a standardized tool
- 2. Back Pain: Initial Visit
- 3. CAHPS Hospice Survey: Getting Help for Symptoms
- 4. Care for Older Adults Pain Assessment
- 5. Care for Older Adults: Advance Care Planning, Functional Status Assessment, Pain Screening
- 6. Comfortable Dying: Pain Brought to a Comfortable Level Within 48 Hours of Initial Assessment
- 7. Communication about Pain During the Hospital Stay
- 8. Communication about Treating Pain Post-Discharge
- 9. Documentation of Signed Opioid Treatment Agreement
- **10**. Hospital Consumer Assessment of Healthcare Providers and Systems Survey
- 11. Hospice and Palliative Care Composite Process Measure—Comprehensive Assessment at Admission

Appendix B: Prevention Subdomain: Pain Assessment and Management

- 12. Improvement in Pain Interfering with Activity
- 13. MDS 3.0 Measure (#0676): Percent of Residents Who Self-Report Moderate to Severe Pain (Short Stay)
- 14. MDS 3.0 Measure (#0677): Percent of Residents Who Self-Report Moderate to Severe Pain (Long Stay)
- 15. Median Time to Pain Management for Long Bone Fracture (OP-21/NQF-0662)
- 16. Multimodal Pain Management
- 17. Oncology: Plan of Care for Pain Medical Oncology and Radiation Oncology (paired with 0384)
- 18. Oncology: Medical and Radiation Plan of Care for Moderate to Severe Pain
- 19. Oncology: Medical and Radiation Pain Intensity Quantified (eCQM)Osteoarthritis (OA): Function and Pain Assessment
- 20. Osteoarthritis (OA): Function and Pain Assessment
- 21. Pain Assessment and Follow-Up
- 22. Pain Assessment and Follow-Up for Patients with Dementia
- 23. Pain Assessment and Follow-Up Reporting Measure
- 24. Pain Assessment Conducted

Appendix B: Prevention Subdomain: Pain Assessment and Management

- 25. Pain Assessments and Target Setting for Patients with Osteoarthritis
- 26. Pain Screening
- 27. Patient Queried about Pain and Pain Interference with Function
- 28. Patient Reported Pain in Cancer Following Chemotherapy
- 29. Percent of Residents Who Self-Report Moderate to Severe Pain (Short Stay)
- 30. Percent of Skilled Nursing Facility Residents Who Self-Report Moderate to Severe Pain
- 31. Querying about Pain and Pain Interference with Function

Appendix C: Treatment Subdomain: SUD Screening & Monitoring (prevention)

- 1. Alcohol and Drug Use Assessing Status After Discharge
- 2. Bipolar Disorder and Major Depression: Appraisal for Alcohol or Chemical Substance Use
- 3. HBIPS-1 Admission Screening for Violence Risk, Substance Use, Psychological Trauma History and Patient Strengths Completed
- 4. History and Physical Examination for Opioid Users
- 5. Identification of Opioid Use Disorder among Patients Admitted to Inpatient Psychiatric Facilities
- 6. IPF Drug Use Screening completed within one day of admission
- 7. Opioid Monitoring
- 8. Opioid Screening
- 9. Opioid Therapy Follow-up Evaluation
- 10. Query of Prescription Drug Monitoring Program (PDMP)
- 11. Risky Behavior Assessment or Counseling by Age 13 Years
- 12. Risky Behavior Assessment or Counseling by Age 18 Years
- 13. SUB-4 Alcohol & Drug Use: Assessing Status After Discharge
- 14. Verify Opioid Treatment Agreement

Appendix D: Treatment Subdomain: SUD Treatment

- 1. Alcohol & Other Drug Use Disorder Treatment at Discharge
- 2. Continuity of Care after Detox
- 3. Continuity of care after inpatient or residential treatment for substance use disorder (SUD)
- 4. Continuity of Care for Medicaid Beneficiaries after Detoxification (Detox) From Alcohol and/or Drugs
- 5. Continuity of Pharmacotherapy for Opioid Use Disorder (OUD)
- 6. Counseling Regarding Pharmacological Treatment for Opioid Dependence
- 7. Initiation and Engagement of Alcohol and Other Drug Abuse or Dependence Treatment
- 8. Initiation and Engagement of Alcohol and Other Drug Abuse or Dependence Treatment (IET-AD)
- 9. Initiation and Engagement of Alcohol and Other Drug Abuse or Dependence Treatment (IET-HH)
- 10. Initiation and Engagement of Alcohol and Other Drug Dependence Treatment

Appendix D: Treatment Subdomain: SUD Treatment

- 11. Initiation and Engagement of Alcohol and Other Drug Dependence Treatment (eCQM)
- 12. Percent of Medicaid beneficiaries receiving buprenorphine who have a documented diagnosis of opioid use disorder (OUD).
- 13. SUB-2 Alcohol Use Brief Intervention Provided or Offered and SUB-2a Alcohol Use Brief Intervention
- 14. SUB-3 Alcohol & Other Drug Use Disorder Treatment Provided or Offered at Discharge and SUB-3a Alcohol & Other Drug Use Disorder Treatment at Discharge
- 15. Substance use disorders: percentage of patients aged 18 years and older with a diagnosis of current opioid addiction who were counseled regarding psychosocial AND pharmacologic treatment options for opioid addiction within the 12 month reporting period
- 16. Substance Use Disorders: Screening for Depression Among Patients with Substance Abuse or Dependence
- 17. Substance Use Screening and Intervention Composite
- 18. Substance Use Screening and Intervention Composite Drug Use Component
- 19. Time from first face-to-face treatment encounter to buprenorphine dosing
- 20. Use of pharmacotherapy for opioid use disorder (OUD)

Appendix E: Harm Reduction: Overdose and ADEs

- 1. Emergency Department Use Due to Opioid Overdose
- 2. Hospital Harm Opioid-Related Adverse Events
- 3. Hospital Harm Performance Measure: Opioid Related Adverse Respiratory Events

Appendix F: Ancillary

- 1. Adult smoking cessation advice/counseling
- 2. Alcohol Screening and Brief Intervention (ASBI) in the ER
- 3. Alcohol Use Brief Intervention Provided or Offered
- 4. Ambulatory Care: Emergency Department (ED) Visits (AMB-CH)
- 5. Continuity of Pharmacotherapy for Alcohol Use Disorder
- 6. Counseling on physical activity in older adults a. Discussing Physical Activity, b. Advising Physical Activity
- 7. Counseling Regarding Psychosocial and Pharmacological Treatment Options for Alcohol Dependence
- 8. Emergent care for improper medication administration, medication side effects
- 9. EUROHIS-QOL
- 10. Follow-up after all-cause emergency department visit for Medicaid beneficiaries with complex needs (BCNs) age 18 and older.
- 11. Follow-Up After Hospitalization for Mental Illness
- 12. HBIPS-6 Post discharge continuing care plan created

Appendix F: Ancillary

- 13. HBIPS-7 Post discharge continuing care plan transmitted to next level of care provider upon discharge
- 14. Health literacy measure derived from the health literacy domain of the C-CAT
- 15. Hospital-Wide All-Cause Risk Standardized Mortality Measure
- 16. Identification of Major Co-Morbid Medical Conditions
- 17. Improving or Maintaining Mental Health
- 18. Inpatient Assessment of Depression Symptoms
- 19. Inpatient Hospital Utilization
- 20. Intimate Partner (Domestic) Violence Screening
- 21. IPF Alcohol Use Screening completed within one day of admission
- 22. IPF Suicide Risk Screening completed within one day of admission
- 23. IPF Violence Risk Screening completed within one day of admission
- 24. Medication Reconciliation at Admission
- 25. Medication Reconciliation Post-Discharge
- 26. Mental Health Response at Twelve Months Progress Toward Recovery

Appendix F: Ancillary

- 27. Percent days abstinent from alcohol
- 28. Preventive Care and Screening: Screening for Depression and Follow-Up Plan (eCQM)
- 29. Preventive Care and Screening: Unhealthy Alcohol Use: Screening & Brief Counseling
- **30**. Quality Of Life Assessment For Patients With Primary Headache Disorders
- 31. Risk-Standardized, All Condition Readmission
- 32. Screening for Clinical Depression
- 33. Stabilization in Anxiety Level
- 34. Standardized functional assessment
- **35**. Transfer of Health Information to Patient Post-Acute Care