

MEASURE WORKSHEET

This document summarizes the evaluation of the measure as it progresses through NQF's Consensus Development Process (CDP). The information submitted by measure developers/stewards is included after the Brief Measure Information, Preliminary Analysis, and Pre-meeting Public and Member Comments sections.

To navigate the links in the worksheet: Click to go to the link. ALT + LEFT ARROW to return

Purple text represents the responses from measure developers.

Red text denotes developer information that has changed since the last measure evaluation review.

Brief Measure Information

NQF #: 2634

Corresponding Measures:

De.2. Measure Title: Inpatient Rehabilitation Facility (IRF) Functional Outcome Measure: Change in Mobility Score for Medical Rehabilitation Patients

Co.1.1. Measure Steward: Centers for Medicare & Medicaid Services

De.3. Brief Description of Measure: This measure estimates the mean risk-adjusted mean change in mobility score between admission and discharge for Inpatient Rehabilitation Facility (IRF) Medicare Part A and Medicare Advantage patients.

1b.1. Developer Rationale: During an Inpatient Rehabilitation Facility (IRF) stay, the goals of treatment include fostering the patient's ability to manage his or her daily activities so that the patient can complete self-care and mobility activities as independently as possible and, if feasible, return to a safe, active and productive life in a community-based setting. Given that the primary goal of rehabilitation is function improvement, IRF clinicians have traditionally assessed and documented patients' functional status at admission and discharge to calculate change in function scores. The change in function scores represent the effectiveness of the rehabilitation care provided to patients in the rehabilitation unit or hospital.

The mobility quality measure uses standardized data elements for the collection of functional status data, which can improve communication when patients are transferred between providers. Most IRF patients receive care in an acute care hospital prior to the IRF stay, and many IRF patients receive care from another provider after the IRF stay. Use of standardized clinical data to describe a patient's status across providers can facilitate communication across providers.

In describing the importance of functional status, the National Committee on Vital and Health Statistics Subcommittee on Health (2001) noted, "Information on functional status is becoming increasing essential for fostering healthy people and a health population. Achieving optimal health and well-being for Americans requires an understanding across the life space of the effects of people's health conditions on their ability to do basic activities and participate in life situations, in other words, their functional status."

This quality measure will inform IRF providers about opportunities to improve care in the area of function and strengthen incentives for quality improvement related to patient function.

Citation:

National Committee on Vital and Health Statistics Subcommittee on Health. Classifying and Reporting Functional Status. 2001. Retrieved from <u>http://www.ncvhs.hhs.gov/010617rp.pdf</u>

S.4. Numerator Statement: The measure does not have a simple form for the numerator and denominator. This measure estimates the risk-adjusted change in mobility score between admission and discharge among Inpatient Rehabilitation Facility (IRF) Medicare Part A and Medicare Advantage patients age 21 and older. The change in mobility score is calculated as the difference between the discharge mobility score and the admission mobility score.

S.6. Denominator Statement: The denominator is the number of Inpatient Rehabilitation Facility Medicare Part A and Medicare Advantage patient stays, except those that meet the exclusion criteria.

S.8. Denominator Exclusions: This quality measure has six patient-level exclusion criteria:

1) Patients with incomplete stays.

Rationale: When a patient has an incomplete stay, for example, the patients leave urgently due to a medical emergency, it can be challenging to gather accurate discharge functional status data. Patients with incomplete stays include patients who are unexpectedly discharged to an acute care setting (Short-stay Acute Hospital, Critical Access Hospital, Inpatient Psychiatric Facility, or Long-term Care Hospital); patients who die or leave an Inpatient Rehabilitation Facility (IRF) against medical advice; and patients with a length of stay less than 3 days.

2) Patients who are independent with all mobility activities at the time of admission.

Rationale: Patients who are independent with all the mobility items (with the exception of the wheelchair items GG0170R and GG0170S) at the time of admission are assigned the highest score on all the mobility items, and thus, would not be able to show functional improvement on this same set of items at discharge.

3) Patients with the following medical conditions on admission: coma, persistent vegetative state; complete quadriplegia; locked-in syndrome or severe anoxic brain damage, cerebral edema or compression of brain.

Rationale: These patients are excluded because they may have limited or less predictable mobility improvement with the selected mobility items.

4) Patients younger than age 21.

Rationale: There is only limited evidence published about functional outcomes for individuals with Medicare who are younger than 21.

5) Patients discharged to hospice.

Rationale: Patient goals may change during the IRF stay, and functional improvement may no longer be a goal for a patient discharged to hospice.

6) Patients who are not Medicare Part A and Medicare Advantage beneficiaries.

Rationale: IRF-PAI data for patients not covered by the Medicare program are not submitted to the Centers for Medicare and Medicaid Services.

Facility-level quality measure exclusion: For IRFs with fewer than 20 patient stays, data for this quality measure are not publicly reported.

De.1. Measure Type: Outcome

S.17. Data Source: Instrument-Based Data

S.20. Level of Analysis: Facility

IF Endorsement Maintenance – Original Endorsement Date: Nov 04, 2015 Most Recent Endorsement Date: Nov 04, 2015

IF this measure is included in a composite, NQF Composite#/title:

IF this measure is paired/grouped, NQF#/title:

De.4. IF PAIRED/GROUPED, what is the reason this measure must be reported with other measures to appropriately interpret results? Not applicable. This measure is not paired or grouped with another measure.

Preliminary Analysis: Maintenance of Endorsement

To maintain NQF endorsement endorsed measures are evaluated periodically to ensure that the measures still meets the NQF endorsement criteria ("maintenance"). The emphasis for maintaining endorsement is focused on how effective the measure is for promoting improvements in quality. Endorsed measures should have some experience from the field to inform the evaluation. The emphasis for maintaining endorsement is noted for each criterion.

Criteria 1: Importance to Measure and Report

1a. Evidence

Maintenance measures – less emphasis on evidence unless there is new information or change in evidence since the prior evaluation.

<u>1a. Evidence.</u> The evidence requirements for a health outcome measure include providing empirical data that demonstrate a relationship between the outcome and at least one healthcare structure, process, intervention, or service; if these data not available, data demonstrating wide variation in performance, assuming the data are from a robust number of providers and results are not subject to systematic bias. For measures derived from patient report, evidence also should demonstrate that the target population values the measured outcome, process, or structure and finds it meaningful.

Evidence Summary

- The developer notes that several observational studies have reported positive associations between the amount of therapy provided and motor function (which includes mobility) for patients with various diagnoses, including spinal cord injury, stroke, traumatic brain injury, hip fracture, and after West Nile Virus. One additional study, that was not diagnosis specific, also found improved functional outcomes related to rehabilitation therapy intensity. Studies also demonstrated more time in inpatient physical therapy (PT) was associated with higher motor function 1-year post-discharge, and a significant relationship between daily therapeutic duration and functional gain during an IRF stay.
- During an Inpatient Rehabilitation Facility (IRF) stay, the goals of treatment include fostering the patient's ability to manage his or her daily activities so that the patient can complete self-care and mobility activities as independently as possible and, if feasible, return to a safe, active and productive life in a community-based setting.

Changes to evidence from last review

\Box The developer attests that there have been no changes in the evidence since the measure was last evaluated.

☑ The developer provided updated evidence for this measure:

Updates:

- Developer offered a logic model depicting the relationship between structures, processes and patient outcomes.
- Developer conducted scoping review for literature examining the relationship between therapy interventions and improved patient function, published since January 1, 2013 (after last submission).
- The developer notes that several observational studies have reported positive associations between the amount of therapy provided and motor function (which includes mobility) for patients with various diagnoses, including spinal cord injury, stroke, traumatic brain injury, hip fracture, and after West Nile Virus. One additional study, that was not diagnosis specific, also found improved functional outcomes related to rehabilitation therapy intensity. Studies also demonstrated more time in inpatient physical therapy (PT) was associated with higher motor function 1-year post-discharge, and a significant

relationship between daily therapeutic duration and functional gain during an IRF stay. More studies examining other factors including age and frailty found that older patients receive less therapy and regain less function and frailer patients were less likely to regain baseline functional ability.

- Developer states that rehab interventions tend to be multidisciplinary and tailored to individual patients which makes it challenging to examine specific interventions. However, two IRF studies found additional interventions added to "usual" therapy generally improved functional or motor outcomes.
- Three studies show better functional outcomes for patients for IRF patients compared to other postacute care settings, likely because IRFs provide the most intensive therapy services of the PACs.
- Similar patients tend to be treated in SNFs, and research has demonstrated SNF patients receiving therapy tended to have improved functional outcomes, with greater improvement for more hours of therapy.

Question for the Committee:

o Is there at least one thing that the provider can do to achieve a change in the measure results?

Guidance from the Evidence Algorithm

Measure assesses outcome (box 1) YES -> relationship between outcome and at least one healthcare action (box 2) YES -> PASS

Preliminary rating for evidence: 🛛 Pass 🗆 No Pass

1b. Gap in Care/Opportunity for Improvement and 1b. Disparities

Maintenance measures - increased emphasis on gap and variation

<u>1b. Performance Gap.</u> The performance gap requirements include demonstrating quality problems and opportunity for improvement.

- Most recent data is from FY 2017/calendar year 2017.
- Fiscal year 2017: mean: 28.2; standard deviation: 4.6
- Calendar year 2017: mean: 28.3; standard deviation: 4.6
- The interquartile range for the two periods ranged from 6.0 to 6.3 mobility units. Over five quarters (Q4, 2016 Q4, 2017), the overall mean increased slightly from 27.9 to 28.4.

Disparities

- Research shows differences in self-care and mobility outcomes by geographic region, facility characteristics, IRF length of stay, and race/ethnicity, after adjusting for patient demographic characteristics and admission clinical status.
- One study found patients treated at freestanding rehabilitation hospitals, for-profit facilities, smaller facilities, and rural facilities achieved higher discharge motor scores and change in motor scores; however, findings with respect to ownership type, may relate to possible selection behavior and coding practices in response to financial incentives in the Prospective Payment System.
- One study showed a small, but also significant association between facility volume and functional discharge status and another showed that although patient mix explained about 50 percent of variations in functional outcomes, facility-level factors accounted for a large part of functional outcome variations across IRFs. Literature focused on functional outcomes by race/ethnicity suggests lower functional outcomes for racial and ethnic minority patients, especially Black patients relative to their White counterparts, but some studies suggest this may be related to using different measurement approaches.
- The developers used 2017 IRF-PAI data to examine whether 5 social risk factors were associated with change in mobility scores, after risk adjustment: 1) dual eligibility (patient-level variable); 2)

race/ethnicity (patient-level variable); 3) living alone (patient-level variable); 4) urbanicity based on the patient's residence (community-level variable); and 5) socioeconomic status (SES) (community-level variable). They found that some factors (full dual eligibility, Black, Asian, American Indian or Alaska Native, or Native Hawaiian race) were tied to slightly lower mobility change scores while others (lower SES, living alone, Hispanic ethnicity) were tied to slightly higher mobility change scores.

Questions for the Committee:

• Does the performance gap reported by the developer represent opportunity for improvement that can be addressed by the measured entities?

Preliminary rating for opportunity for improvement:

Committee Pre-evaluation Comments:

Criteria 1: Importance to Measure and Report (including 1a, 1b, 1c)

<u>1a. Evidence</u>: For all measures (structure, process, outcome, patient-reported structure/process), empirical data are required. How does the evidence relate to the specific structure, process, or outcome being measured? Does it apply directly or is it tangential? How does the structure, process, or outcome relate to desired outcomes? For maintenance measures —are you aware of any new studies/information that changes the evidence base for this measure that has not been cited in the submission? For measures derived from a patient report: Measures derived from a patient report must demonstrate that the target population values the measured outcome, process, or structure.

- Evidence to support measure concept is strong.
- The updated evidence does appear to be directly related to the outcome being measured. However, one of the of the studies is more specific to higher motor function one year post discharge rather than at the time of discharge, which is what is actually being measured.

<u>1b. Performance Gap</u>: Was current performance data on the measure provided? How does it demonstrate a gap in care (variability or overall less than optimal performance) to warrant a national performance measure? Disparities: Was data on the measure by population subgroups provided? How does it demonstrate disparities in the care?

- The performance gap presented by the developer does offer some support for disparities in outcomes based on subgroups.
- I am concerned about the findings of variation in the outcomes for a variety of factors (geography, facility characteristics, etc.) even after risk adjustment. This leads to a concern as to whether or not this should be a national performance measure that is used to compare facilities with each other, rather than the improvement of the outcome at a single facility over time.

Criteria 2: Scientific Acceptability of Measure Properties

2a. Reliability: Specifications and Testing

2b. Validity: Testing; Exclusions; Risk-Adjustment; Meaningful Differences; Comparability; Missing Data

Reliability

<u>2a1. Specifications</u> requires the measure, as specified, to produce consistent (reliable) and credible (valid) results about the quality of care when implemented. For maintenance measures – no change in emphasis – specifications should be evaluated the same as with new measures.

<u>2a2. Reliability testing</u> demonstrates if the measure data elements are repeatable, producing the same results a high proportion of the time when assessed in the same population in the same time period and/or that the measure score is precise enough to distinguish differences in performance across providers. For maintenance measures – less emphasis if no new testing data provided.

Validity

<u>2b2. Validity testing</u> should demonstrate the measure data elements are correct and/or the measure score correctly reflects the quality of care provided, adequately identifying differences in quality. For maintenance measures – less emphasis if no new testing data provided.

2b2-2b6. Potential threats to validity should be assessed/addressed.

Complex measure evaluated by Scientific Methods Panel? \boxtimes Yes \square No

Evaluators: NQF Scientific Methods Panel

Methods Panel Review (Combined)

Methods Panel Evaluation Summary:

Scientific Methods Panel Votes: Measure Passes

- <u>Reliability:</u> H-4, M-2, L-0, I-0
- <u>Validity:</u> H-2, M-4, L-0, I-0

Standing Committee Summary

The NQF Scientific Methods Panel reviewed this measure and elected not to discuss it further based on achieving a consensus that the measure should pass to the Standing Committee.

Reliability

- Weighted kappas ranged from 0.56 (walk 150 feet) to 0.90 (sitting to standing and bed/chair transfer.
- Video reliability greater than 76% (interrater)
- Split-half on performance scores: ICC>0.83 for all quartiles (by facility patient volume), increasing to 0.96 for the highest volume providers
- Internal consistency of instrument items: Cronbach's alpha 0.97

<u>Validity</u>

- Comparison with 7 other functional assessment instruments showed much correspondence, but 3 of 17 items unique to this IRF measure
- 57% of the TEP rated scientific soundness of measure as High or Moderate
- The higher the independence score on each item, the higher the probability of being discharged to the Community (rather than to another facility for full or partial hospitalization). [Table 5]
- "...on average, a one-unit increase in discharge mobility score is associated with a 7 percent increase in the odds of being discharged to the community (OR = 1.072; *p*-value <0.001)."
- Rasch analysis confirmed the difficulty hierarchy of the measure, from rolling in bed (easiest) to walking up 12 steps (hardest). Fit stats and tabulations also supportive.
- Subtle correlations apparent (change scores about 7% higher) for facilities certified (vs. not) as stroke rehabilitation facilities. [Tables 9 & 10] Again here, this analysis should be tightened by looking just at cases where stroke is primary diagnosis.
- Exclusions:
 - Incomplete stays: 55.6K (11.3%); all exclusions amounted to 13.1% of the 493K admissions.
 - Note variability of observed change scores across all exclusions 21.7 is mean change score, SD=17.8.
 - Patients < 21 years (only 32 total pxs)
 - Discharged to hospice (0.5%)
- Meaningful between facility differences apparent: 422 facilities below average, 352 average (CI overlaps with mean), and 343 above average.
- Missing data analysis: frequency <0.03 percent across all 428K admission/discharge records analyzed.

Standing Committee Action Items:

- The Standing Committee can discuss reliability and/or validity or accept the Scientific Methods Panel ratings.
- The Standing Committee may also elect to discuss the SMP's identified concerns on validity:
 - Concern about missing data being recorded as fully dependent, thus possibly skewing some towards worsening score with time absence of true evidence to that effect?
 - Are differences between facilities clinically meaningful?
 - The correlation to stroke certification analysis might be improved by limiting to the 25% of sample with stroke as the main diagnosis
 - TEP ratings indicated only 57% thought the measure had high to moderate scientific validity. What concerns did they have?
 - Concerns about omitted variables in the logit model for mobility change score?
 - Is impact of the 11.3% (incomplete stays) exclusions properly addressed?

Questions for the Committee regarding reliability:

- Do you have any concerns that the measure can be consistently implemented (i.e., are measure specifications adequate)?
- The Scientific Methods Panel is satisfied with the reliability testing for the measure. Does the Committee think there is a need to discuss and/or vote on reliability?

Questions for the Committee regarding validity:

- Do you have any concerns regarding the validity of the measure (e.g., exclusions, risk-adjustment approach, etc.)?
- The Scientific Methods Panel is satisfied with the validity analyses for the measure. Does the Committee think there is a need to discuss and/or vote on validity?

Preliminary rating for reliability:	🛛 High	Moderate	□ Low	Insufficient
Preliminary rating for validity:	🛛 High	🛛 Moderate	□ Low	Insufficient

Combined Methods Panel Scientific Acceptability Evaluation

Measure Number: 2634

Measure Title: Inpatient Rehabilitation Facility (IRF) Functional Outcome Measure: Change in Mobility Score for Medical Rehabilitation Patients

Type of measure:

Process Process: Appropriate Use Structure Efficiency Cost/Resource Use						
🛛 Outcome 🛛 Outcome: PRO-PM 🛛 Outcome: Intermediate Clinical Outcome 🗌 Composite						
Data Source:						
🗆 Claims 🛛 Electronic Health Data 🔹 Electronic Health Records 🖓 Management Data						
□ 🖂 Assessment Data 🛛 Paper Medical Records 🛛 🗠 Instrument-Based Data 🖓 Registry Data						
Enrollment Data IC Other MP#5, MP#2 and MP#3:Inpatient Rehabilitation Facility Patient Assessment Instrument (IRF-PAI)						
Level of Analysis:						
🗆 Clinician: Group/Practice 🛛 Clinician: Individual 🛛 🖾 Facility 🔲 Health Plan						

□ Population: Community, County or City □ Population: Regional and State

□ Integrated Delivery System □ Other

Measure is:

□ **New** ⊠ **Previously endorsed (**NOTE: Empirical validity testing is expected at time of maintenance review; if not possible, justification is required.)

MP#2: This measure estimates the mean risk-adjusted mean change in mobility score between admission and discharge for Inpatient Rehabilitation Facility (IRF) Medicare Part A and Medicare Advantage patients.

Estimates the risk-adjusted change in mobility score between admission and discharge among Inpatient Rehabilitation Facility (IRF) Medicare Part A and Medicare Advantage patients age 21 and older. The change in mobility score is calculated as the difference between the discharge mobility score and the admission mobility score. The denominator is the number of Inpatient Rehabilitation Facility Medicare Part A and Medicare Advantage patient stays, except those that meet the exclusion criteria.

RELIABILITY: SPECIFICATIONS

1. Are submitted specifications precise, unambiguous, and complete so that they can be consistently implemented?
Yes
No

Submission document: "MIF_xxxx" document, items S.1-S.22

NOTE: NQF staff will conduct a separate, more technical, check of eCQM specifications, value sets, logic, and feasibility, so no need to consider these in your evaluation.

2. Briefly summarize any concerns about the measure specifications.

MP#5:Only concern is the scoring of mobility items when the activity is not attempted and missing data are recoded to 01. This could create the appearance of decreased in mobility when in fact it was due to factors outside the facilities control. It is noted that missing data was minimal but no analysis o other factors that would have resulted on a score of 01.

MP#4:None

RELIABILITY: TESTING

Submission document: "MIF_xxxx" document for specifications, testing attachment questions 1.1-1.4 and section 2a2

- 3. Reliability testing level 🛛 🖾 Measure score 🖾 Data element 🗔 Neither
- 4. Reliability testing was conducted with the data source and level of analysis indicated for this measure ⊠ Yes □ No
- 5. If score-level and/or data element reliability testing was NOT conducted or if the methods used were NOT appropriate, was **empirical <u>VALIDITY</u> testing** of <u>patient-level data</u> conducted?

□ Yes □ No MP#4:NA

6. Assess the method(s) used for reliability testing

Submission document: Testing attachment, section 2a2.2

MP#5:Split-half reliability was used to examine the reliability of the computed performance measure scores. The Pearson Product-Moment Correlation (r), Spearman Rank Correlation (ρ), and Intraclass Correlation Coefficient (ICC) were used to examine the performance measure reliability. Intraclass correlations were also calculated by facility volume quartile to examine whether there were differences in performance measure reliability by IRF size. Internal consistency was assessed using the Cronbach's alpha coefficient. Inter-Rater Reliability based on previous studies

MP#4:Appropriate.

MP#3:The developer conducted reliability testing for both data element and measure score. For data element reliability, the developer reported internal consistency, inter-rater reliability (this is relevant for the mobility score is assessed by clinicains using the instrument). In addition, the developer reported the results

from the video reliability study. For measure score reliability, the developer conducted split-half reliability testing. Both methods were appropriate.

MP#5:For data element reliability, a Cronbach's alpha measure of internal consistent was used – this is a standard method for multi-item scales, although a little unusual when the items are intentionally designed to be scaled in their difficulty. It's not clear how high the Cronbach's alpha results SHOULD be if it expected that a patient at a given level of mobility will be able to do some things independently, other things with assistance, and perhaps not be able to do some things at all. For measure score reliability, a split-half approach was used in which the cases for each facility were divided in half, with scores derived from each half, and then the results compared for the two half-samples, using three different statistical tests.

MP#1:The developer used Cronbach's alpha to evaluate internal consistency of the mobility items and used an ICC with a split half approach to evaluate facility level reliability. The developer used risk-adjusted scores in the ICC analysis. The developer also evaluated inter-rater reliability of the data elements. All of the approaches were appropriate.

7. Assess the results of reliability testing

Submission document: Testing attachment, section 2a2.3

MP#5:Previous IRR demonstrated acceptable Kappa scores.): Split-half analysis results indicated positive moderate-to-strong correlations. ICCs for the volume quartiles showed moderate to strong scores.

MP#4:Adequate sample size. Moderate to high confidence of reliability of measure results and data.

MP#3:Overall Cronbach's alpha was 0.97, inter-rater reliability measured by weighted kappa was also substantial, ranged from 0.56 to 0.90. In general, results for data element reliability testing were very good.

Measure score reliability measured by ICC was also quite high.

MP#5:The results of testing at both data element and measure relability showed acceptable reliability, using standard and generally-accepted methods.

MP#1:Cronbach's alpha was high for the mobility data elements (alpha = 0.97). The facility-level reliability estimates were consistently strong regardless of discharge volume at the facility level. For the full sample, the reliability coefficient was 0.92, which is very good. Inter-rater reliability of the mobility data elements was good.

8. Was the method described and appropriate for assessing the proportion of variability due to real differences among measured entities? NOTE: If multiple methods used, at least one must be appropriate.

Submission document: Testing attachment, section 2a2.2

🛛 Yes

🗆 No

□ Not applicable (score-level testing was not performed)

9. Was the method described and appropriate for assessing the reliability of ALL critical data elements?

Submission document: Testing attachment, section 2a2.2

🛛 Yes

🗆 No

□ Not applicable (data element testing was not performed)

10. OVERALL RATING OF RELIABILITY (taking into account precision of specifications and <u>all</u> testing results):

High (NOTE: Can be HIGH only if score-level testing has been conducted)

⊠ **Moderate** (NOTE: Moderate is the highest eligible rating if score-level testing has <u>not</u> been conducted)

□ **Low** (NOTE: Should rate <u>LOW</u> if you believe specifications are NOT precise, unambiguous, and complete or if testing methods/results are not adequate)

□ **Insufficient** (NOTE: Should rate <u>INSUFFICIENT</u> if you believe you do not have the information you need to make a rating decision)

MP#1:Facility level risk-adjusted ICC scores achieved using a split half approach indicate this measure is reliable at the facility level.

11. Briefly explain rationale for the rating of OVERALL RATING OF RELIABILITY and any concerns you may have with the approach to demonstrating reliability.

MP#5:All analysis demonstrated reliability. No concerns noted

MP#3:Comprehensivetesting was conducted, covering both data element and measure score. The results were very good.

MP#5:As noted above, the results of reliability tests were generally positive, and the measure score. reliability depends (as it normally does) on having an adequate sample size.

VALIDITY: ASSESSMENT OF THREATS TO VALIDITY

- 12. Please describe any concerns you have with measure exclusions.
 - MP#5:No concerns

Submission document: Testing attachment, section 2b2.

MP#2:Six exclusions, plus excluding facilities with fewer than 20 stays.

I am concerned about the following exclusions.

- Incomplete stays. Based on what is allowed to be counted as incomplete (unexpected discharge to acute care (Short-stay Acute Hospital, Critical Access Hospital, Inpatient Psychiatric Facility, or Long-term Care Hospital) because of a medical emergency; patients who die or leave an Inpatient Rehabilitation Facility (IRF) against medical advice; and patients with a length of stay less than 3 days), this could potentially be a large number and could differ by facility. 64,578 patient stays (13.1%) were excluded from the change in mobility performance measure. Most of these (55,590 (11.3%) were due to incomplete stays. Analysis suggested this did not affect results, so maybe it is ok.
- Patients discharged to hospice. Again could differ by facility and threshold for hospice determination

Patients who are not Medicare Part A and Medicare Advantage beneficiaries. Why not evaluate facility, rather than covered lives?

MP#4:No concerns.

MP#3:No concern.

MP#1:None; exclusions appear appropriate.

MP#5: None – exclusions seemed appropriate

13. Please describe any concerns you have regarding the ability to identify meaningful differences in performance.

Submission document: Testing attachment, section 2b4.

MP#5:No concerns

MP#4:No concerns.

MP#3:No concern.

MP#5:Although the developers were able to show that a number of facilities had performance that was significantly above or below a national average, it is not clear whether those differences are clinically meaningful to patients or family members.

MP#1:None

14. Please describe any concerns you have regarding comparability of results if multiple data sources or methods are specified.

Submission document: Testing attachment, section 2b5. MP#5:No concerns MP#4:NA MP#3:No concern. MP#1:N/A

15. Please describe any concerns you have regarding missing data.

Submission document: Testing attachment, section 2b6.

MP#5:As noted previously, missing scores calculated to 01

MP#4:None

MP#3:No concern, in general very minimal missing data for all mobility data elements.

MP#1:None

- 16. Risk Adjustment
 - 16a. Risk-adjustment method 🛛 None 🛛 Statistical model 🖓 Stratification

16b. If not risk-adjusted, is this supported by either a conceptual rationale or empirical analyses?

 \Box Yes \Box No $\boxtimes \Box$ Not applicable

16c. Social risk adjustment:

16c.1 Are social risk factors included in risk model? 🛛 🖂 Yes 🔤 🖾 No 🗔 Not applicable

16c.2 Conceptual rationale for social risk factors included? 🛛 Yes 🔅 No MP#4:NA

16c.3 Is there a conceptual relationship between potential social risk factor variables and the measure focus? ⊠□ Yes □⊠ No **MP#4:**NA

16d. Risk adjustment summary:

16d.1 All of the risk-adjustment variables present at the start of care? $\Box \boxtimes$ Yes $\boxtimes \Box$ No **MP#2:**105 risk factors in model! Comorbidity factors (many of them) will emerge post initiation of care?

16d.2 If factors not present at the start of care, do you agree with the rationale provided for inclusion? ⊠□ Yes □ No **MP#4:**NA

16d.3 Is the risk adjustment approach appropriately developed and assessed? oxtimes Yes $\hfill\square$ No

16d.4 Do analyses indicate acceptable results (e.g., acceptable discrimination and calibration)

🛛 Yes 🗌 No

16d.5.Appropriate risk-adjustment strategy included in the measure?

16e. Assess the risk-adjustment approach

MP#5:Agree with submitors that social risk facors did not impact the results so no adjustment for risk factors needed

MP#4:Appropriate

MP#2:Multiple risk factors in model, a subset of which apply to any given patient. Some new factors (e.g., BMI) added this round. There are reported differences in IRF patients' functional outcomes by insurance type, and race/ethnicity after adjusting for key patient demographic characteristics and admission clinical status (Reistetter et al. 2014; O'Brien et al. 2013). Not clear to me why they did not adjust for these factors. Stated reason is that they should not be associated with functional outcomes

MP#3:Overall, the risk adjustment approach was acceptable.

MP#5:The approach was generally thoughtful and acceptable, but the developers found that some racial or ethnic groups had significantly different outcomes, and those factors could have been included in the adjustment modelts, but the developers fell back on the standard CMS "more research is necessary to understand this phenomenon" rationale for not including these social factors. Unfortunately, a decision to either include or exclude the factors has consequences for the affected providers, for patients and families, and for other stakeholders, so a decision to not include social factors like race or ethnicity because of "insufficient research" is itself a decision with potential adverse consequences for facilities serving minority patients, whose performance will appear to be worse than it actually may be. The data on the small effects of risk adjustment isn't entirely convincing, as one would expect the mean and median scores in a distribution to not change with adjustment; the key issue is how many individual facilities would move up or down by some defined amount in the distribution with adjustment. It may be true that no facilities would have moved much in the distribution with a more-inclusive adjustment model, but that information doesn't seem to have been provided.

MP#1:The risk-adjustment approach uses a total of 72 covariates which had an r-squared value of 20%. While the rsq value is excellent, even though there are quite a number of observations, the developers did not include any statistics to determine potential model overfit (i.e. predicted r-square).

For cost/resource use measures ONLY:

- 17. Are the specifications in alignment with the stated measure intent?
 - □ Yes □ Somewhat □ No (If "Somewhat" or "No", please explain)
- 18. Describe any concerns of threats to validity related to attribution, the costing approach, carve outs, or truncation (approach to outliers):

VALIDITY: TESTING

- 19. Validity testing level: 🛛 Measure score 🖄 Data element 🖄 Both
- 20. Method of establishing validity of the measure score:
 - $\Box \boxtimes$ Face validity
 - ☑ Empirical validity testing of the measure score
 - □ N/A (score-level testing not conducted)
- 21. Assess the method(s) for establishing validity

Submission document: Testing attachment, section 2b2.2

MP#5:construct validity of the mobility data by examining the relation between discharge functional abilities and the discharge destination. Score validity by a logistic regression model to examine the association between observed discharge mobility scores and the odds of a community discharge. Rasch analysis uses item data to determine how well items in a scale/instrument function together to measure a construct. Content validity by comparing other mobility measurement instruments. Performance score of Joint Commission Stroke Rehab Certification compared to non-certified facilities indocated better performance score with TJC certification

MP#2:

- a. Content Validity: Similarity of Data elements Across Other Mobility Assessment Instruments.
- b. Face Validity Technical Expert Survey
- c. Data Element Construct Validity: Observed Discharge Functional Ability and Discharge Destination (unit of analysis is patient stays). Mobility item data were positively associated with discharge destination, as expected.

- d. Scale/Instrument Construct Validity: Observed Discharge Functional Ability and Discharge
 Destination (unit of analysis is patient stays). Patients with higher mobility scores more likely to be d/c to community
- e. Scale/Instrument Construct Validity: Data Element (Item) Difficulty Ordering Using Rasch Analysis (unit of analysis is patient assessment data). Items performed as expected in a Rasch model analysis
- f. Data Element (Item) and Scale/Instrument Validity Response Option Assessment Based on Rasch Analysis (unit of analysis is patient assessments): response options were, for the most part, ordered in a fashion predicted by Rasch model. No removal of misfitting items could be a problem
- g. Computed Performance Measure Score Validity Association with The Joint Commission Stroke Rehabilitation Certification Status (unit of analysis is providers): Stroke rehabilitation-certified IRFs socred better than those without certification (Table 9), and as the performance measure scores decrease by group, the percentage of IRFs that are certified decreased (Table 10). Supports ability to distinguish facilities

MP#4:Testing methods are appropriate.

MP#3:Face validity was assessed by polling TEP member before TEP meeting.

Extensive data element validity tests were conducted, including content validity, data elements construct validity, scale construct validity, and others. For both data elements and scale construct validity testing, the developer correlated discharge destination with both the data elements and scale and considered positive relationship as evidence of validity. It can be argued that discharge destination is not an ideal evaluation criterion as discharge destination may be partly determined by the mobility score assessed.

For measure score validity testing, the developer stratified the IRFs by JC Stroke rehabilitation disease specific certification and compared the risk-adjusted measure scores between two groups. Stroke patients accounted for slightly less than 1 quarter of medical rehabilitation patients, it may be appropriate if the developer limited the comparison to the stroke patients.

MP#5:A number of tests of different types of validity were done on the self-care instrument, and all were appropriate and consistent with commonly-used methods, including the use of Rasch analysis to establish the differential difficulty of items in the mobility scale.

MP#1:The methods for establishing validity of the mobility items were varied and appropriate. The developer used several approaches to establish validity, ranging from an analysis and comparison of the data elements with other mobility assessments to a logistic regression model examining the association between dischage mobility score and discharge to the community. The deveoper conducted a number of rasch analyses to determine construct fit and used a 'known group differences' approach to evaluate the relationship between change in mobility scores and stroke rehabilitation certification status.

22. Assess the results(s) for establishing validity

Submission document: Testing attachment, section 2b2.3

MP#5:All results supported validity, no concerns

MP#2:See above

MP#4:Adequate sample size indicating sufficient validity.

MP#3:Face validity results were based on pre-TEP survey of TEP members and were moderate, only 57% of TEP members rated scientific soundness as high or moderately high. Given that this was done before the meeting, it would be helpful to outline their concerns and if these concerns were resolved after the TEP.

Content validity results were acceptable. However, the results for both elements and scale construct validity were to be expected, not particularly convincing.

The results based on Rasch analysis were interesting and helpful. It is clear that 15 mobility items are of different degrees of difficulty. This implies that the difference between 10 and 20 may not be the same as the

differene between 30 and 40. This has implications when across IRFs comparison were attempted, not clear if can adequately address this issue.

Comparion of measure scores by JC Stroke certification resulted in a statistically significant difference although the difference was somewhat small (about 2 points). It would be helpful if the developer could demonstrate that the difference would be larger if they limited the comparison to the stroke patients

MP#5:Validity at the data element level (mobility assessment instrument) was good. A panel of clinical experts provided support for face validity of the measure, and the measure scores were compared for insitutions with and without JCACHO stroke rehab certification.

MP#1:Overall, the developer successfully demonstrated the validity of this measure through the use of several approaches, the most compelling of which were the regression analysis and rasch analyses.

23. Was the method described and appropriate for assessing conceptually and theoretically sound hypothesized relationships?

Submission document: Testing attachment, section 2b1.

🛛 Yes

🗆 No

□ Not applicable (score-level testing was not performed)

24. Was the method described and appropriate for assessing the accuracy of ALL critical data elements? *NOTE that data element validation from the literature is acceptable.*

Submission document: Testing attachment, section 2b1.

🛛 Yes

🗆 No

□ Not applicable (data element testing was not performed)

25. OVERALL RATING OF VALIDITY taking into account the results and scope of all testing and analysis of potential threats.

High (NOTE: Can be HIGH only if score-level testing has been conducted)

□ Moderate (NOTE: Moderate is the highest eligible rating if score-level testing has NOT been conducted)

- □ **Low** (NOTE: Should rate LOW if you believe that there <u>are</u> threats to validity and/or relevant threats to validity were <u>not assessed OR</u> if testing methods/results are not adequate)
- □ Insufficient (NOTE: For instrument-based measures and some composite measures, testing at both the score level and the data element level <u>is required</u>; if not conducted, should rate as INSUFFICIENT.)

26. Briefly explain rationale for rating of OVERALL RATING OF VALIDITY and any concerns you may have with the developers' approach to demonstrating validity.

MP#5:All results supported validity, no concerns

MP#4:Results of testing.

MP#3:Although the developer had conducted extensive validity tests, several test methods were somewhat weak, particularly the method used for measure score validity test.

MP#5:The case for measure score validity depends heavility on face validity, and the developers did do a formal evaluation of face validity with an expert panel. They also noted a difference in scores between facilities with and without JCAHO stroke rehab certification. Neither of these provides strong, compelling evidence for measure score validity, but they suggest validity. Data element validity, though, is strong.

MP#1:The logit model provided evidence of a link between discharge mobility scores and discharge to the community (i.e., criterion validity). However, there is a likelihood that unmeasured factors in this logit model account for the relationship such as social support and the availability of community based services. Change in mobility performance scores were higher at facilities certified in stroke rehabilitation. At the data element level, validity analyses based on the rasch analyses demonstrate that the items in the scale are valid.

FOR COMPOSITE MEASURES ONLY: Empirical analyses to support composite construction

- 27. What is the level of certainty or confidence that the empirical analysis demonstrates that the component measures add value to the composite and that the aggregation and weighting rules are consistent with the quality construct?
 - 🗆 High
 - □ Moderate
 - \Box Low
 - □ Insufficient

28. Briefly explain rationale for rating of EMPIRICAL ANALYSES TO SUPPORT COMPOSITE CONSTRUCTION

ADDITIONAL RECOMMENDATIONS

29. If you have listed any concerns in this form, do you believe these concerns warrant further discussion by the multi-stakeholder Standing Committee? If so, please list those concerns below.

MP#3:Rasch analysis showed that 15 mobility items are of different degrees of difficulty. This implies that the difference between 10 and 20 may not be the same as the difference between 30 and 40. This has implications for across IRFs comparison because this is a measure based on change score.

Committee Pre-evaluation Comments:

Criteria 2: Scientific Acceptability of Measure Properties (including all 2a, 2b, and 2c)

<u>2a1. Specifications</u>: Which data elements, if any, are not clearly defined? Which codes with descriptors, if any, are not provided? Which steps, if any, in the logic or calculation algorithm or other specifications (e.g., risk/case-mix adjustment, survey/sampling instructions) are not clear? What concerns do you have about the likelihood that this measure can be consistently implemented?

- Data elements are clearly defined and relaibility results very high.
- This measure does seem to be reliable and able to be consistently results at a given facility.

<u>2a2. Reliability testing</u>: Do you have any concerns about the reliability of the measure?

- No concerns.
- No major concerns about reliability.
- **<u>2b2. Validity testing</u>**: Do you have any concerns with the testing results?
- I do not find the exclusion of patients by incomplete stays problematic. In an effort to assist acute hospitals with shortening their length of stays, and having the availability of onsite physicians 24/7, IRFs have started taking patients sooner and those who are more medically fragile due to comorbitities. The majority of less than three-day stays, returns to acute care or discharges to LTACs are due to the overall medical acuity of the patient rather than an inability to provide rehabilitative mobility care. There may be opportunities to improve validity in other areas. Overall, validity is acceptable.
- While the measure does appear to be able to show meaningful differences between facilities, I would like to better understand the specific concerns indicated by the SMP regarding missing data and omitted variables.

<u>Validity- Threats to Validity</u>: Threats to Validity (Statistically Significant Differences, Multiple Data Sources, Missing Data). 2b4. Meaningful Differences: How do analyses indicate this measure identifies meaningful

differences about quality? 2b5. Comparability of performance scores: If multiple sets of specifications: Do analyses indicate they produce comparable results? 2b6. Missing data/no response: Does missing data constitute a threat to the validity of this measure?

- I do not feel that missing data is a threat to validity.
- Same comment as above.

<u>Other Threats to Validity</u>: Other Threats to Validity (Exclusions, Risk Adjustment). 2b2. Exclusions: Are the exclusions consistent with the evidence? Are any patients or patient groups inappropriately excluded from the measure? 2b3. Risk Adjustment: If outcome (intermediate, health, or PRO-based) or resource use performance measure: Is there a conceptual relationship between potential social risk factor variables and the measure focus? How well do social risk factor variables that were available and analyzed align with the conceptual description provided? Are all of the risk-adjustment variables present at the start of care (if not, do you agree with the rationale provided)? Was the risk adjustment (case-mix adjustment) appropriately developed and tested? Do analyses indicate acceptable results? Is an appropriate risk-adjustment strategy included in the measure?

- No concerns.
- As noted earlier, I do have concerns about the variability in outcomes between facilities even after risk adjustment.

Criterion 3. Feasibility

Maintenance measures - no change in emphasis - implementation issues may be more prominent

<u>3. Feasibility</u> is the extent to which the specifications including measure logic, require data that are readily available or could be captured without undue burden and can be implemented for performance measurement.

- Generated during provision of care; all data elements in defined fields in electronic health records.
- Data collected via IRF-PAI; required as part of the IRF Quality Reporting Program (QRP) and starting in October 2019, will be required by CMS for the IRF Prospective Payment System.
- Software is free and trainings were provided; no costs associated with fees, licensing, etc. Providers were given more than one year to prepare for implementation.

Questions for the Committee:

• Does the Committee agree with the staff assessment that there are no significant feasibility challenges associated with this measure?

Preliminary rating for feasibility: 🛛 High 🗌 Moderate 🔲 Low 🔲 Insufficient

Committee Pre-evaluation Comments: Criteria 3: Feasibility

<u>3. Feasibility</u>: Which of the required data elements are not routinely generated and used during care delivery? Which of the required data elements are not available in electronic form (e.g., EHR or other electronic sources)? What are your concerns about how the data collection strategy can be put into operational use?

- No concerns.
- The measure appears to be feasible to measure. No major concerns.

Criterion 4: Usability and Use

Maintenance measures – increased emphasis – much greater focus on measure use and usefulness, including both impact/improvement and unintended consequences

4a. Use (4a1. Accountability and Transparency; 4a2. Feedback on measure)

<u>4a. Use</u> evaluate the extent to which audiences (e.g., consumers, purchasers, providers, policymakers) use or could use performance results for both accountability and performance improvement activities.

4a.1. Accountability and Transparency. Performance results are used in at least one accountability application within three years after initial endorsement and are publicly reported within six years after initial endorsement (or the data on performance results are available). If not in use at the time of initial endorsement, then a credible plan for implementation within the specified timeframes is provided.

Current uses of the measure		
Publicly reported?	🛛 Yes 🛛	Νο
Current use in an accountability program?	🛛 Yes 🛛	No 🗆 UNCLEAR
OR		
Planned use in an accountability program?	□ Yes □	Νο

Accountability program details

...

- IRF QRP
- IRF Compare (collecting 2019 data, will be reported in 2020)

4a.2. Feedback on the measure by those being measured or others. Three criteria demonstrate feedback: 1) those being measured have been given performance results or data, as well as assistance with interpreting the measure results and data; 2) those being measured and other users have been given an opportunity to provide feedback on the measure performance or implementation; 3) this feedback has been considered when changes are incorporated into the measure

Feedback on the measure by those being measured or others

- Providers receive results and assistance with interpretation via confidential feedback reports, provider training seminars, manuals and materials, and responses to questions submitted to the IRF QRP Help Desk and IRF Public Reporting Help Desk.
- Patients and families and other stakeholders can review results on the publicly available IRF Compare.
- In the 2016 and 2019 rule proposals, public commenters mostly supported the addition of this measure to the IRF QRP. The developer also gathered feedback from a TEP in 2017, and some members expressed support. The developer has made updates to the measure based on stakeholder feedback including to the risk adjustment model.

Additional Feedback: N/A

Questions for the Committee:

- How have (or can) the performance results be used to further the goal of high-quality, efficient healthcare?
- How has the measure been vetted in real-world settings by those being measured or others?

Preliminary rating for Use: 🛛 Pass 🗌 No Pass

4b. Usability (4a1. Improvement; 4a2. Benefits of measure)

<u>4b. Usability</u> evaluate the extent to which audiences (e.g., consumers, purchasers, providers, policymakers) use or could use performance results for both accountability and performance improvement activities.

4b.1 Improvement. Progress toward achieving the goal of high-quality, efficient healthcare for individuals or populations is demonstrated.

Improvement results

• Because this measure is very recently implemented and has not yet been reported, there is no trend in performance over time data. The measure has remained stable over FY 2017 and calendar year 2017.

4b2. Benefits vs. harms. Benefits of the performance measure in facilitating progress toward achieving highquality, efficient healthcare for individuals or populations outweigh evidence of unintended negative consequences to individuals or populations (if such evidence exists).

Unexpected findings (positive or negative) during implementation

• None found

Potential harms

• None found

Additional Feedback: N/A

Questions for the Committee:

- How can the performance results be used to further the goal of high-quality, efficient healthcare?
- Do the benefits of the measure outweigh any potential unintended consequences?

Preliminary rating for Usability and use:

High
Moderate
Low
Insufficient

Committee Pre-evaluation Comments: Criteria 4: Usability and Use

4a. Use: 4a1. Use - Accountability and Transparency: How is the measure being publicly reported? Are the performance results disclosed and available outside of the organizations or practices whose performance is measured? For maintenance measures - which accountability applications is the measure being used for? For new measures - if not in use at the time of initial endorsement, is a credible plan for implementation provided? 4a2. Use - Feedback on the measure: Have those being measured been given performance results or data, as well as assistance with interpreting the measure results and data? Have those being measured or other users been given an opportunity to provide feedback on the measure performance or implementation? Has this feedback has been considered when changes are incorporated into the measure?

- Developer has shown evidence of acceptance of feedback from a variety of stakeholders and its inclusion in considerations for changes.
- It appears as if the measure results are being shared with the facilities that are reporting on it. I'm not entirely clear if it is being reported to the public yet; however, it appears that is the plan.

4b. Usability: 4b1. Usability – Improvement: How can the performance results be used to further the goal of high-quality, efficient healthcare? If not in use for performance improvement at the time of initial endorsement, is a credible rationale provided that describes how the performance results could be used to further the goal of high-quality, efficient healthcare for individuals or populations? 4b2. Usability – Benefits vs. harms: Describe any actual unintended consequences and note how you think the benefits of the measure outweigh them.

- This measure provides metrics for the evaluation of care by CMS and through publicly-reported outcomes, but also has the added benefit of clarity and usability for caregivers.
- It is not clear if there is any evidence of unintended negative consequences. However, before the measure should be used for payment/accountability, this should be studied. Perhaps the issues with risk adjustment would lead to some facilities in underserved areas to be penalized relative to their peers due to the make-up of their patient population and/or the resources the facility may have available, which could then stymie their ability to improve over time.

Criterion 5: Related and Competing Measures

Related or competing measures

- This measure is competing with one measure: 2321: Functional Change: Change in Mobility Score
- The Committee will need to compare both measures and attempt to reach a best-in-class decision. NQF staff will prepare additional materials to assist the Committee in this comparison.

This measure is related to, but not competing with, the following measures:

- 0167 : Improvement in Ambulation/locomotion
- 0175 : Improvement in bed transferring
- 0422 : Functional status change for patients with Knee impairments
- 0423 : Functional status change for patients with Hip impairments
- 0424 : Functional status change for patients with Foot and Ankle impairments
- 0425 : Functional status change for patients with lumbar impairments
- 0426 : Functional status change for patients with Shoulder impairments
- 0427 : Functional status change for patients with elbow, wrist and hand impairments
- 0428 : Functional status change for patients with General orthopaedic impairments
- 0688 : Percent of Residents Whose Need for Help with Activities of Daily Living Has Increased (long stay)
- 2287 : Functional Change: Change in Motor Score
- 2612 : CARE: Improvement in Mobility
- 2632 : Long-Term Care Hospital (LTCH) Functional Outcome Measure: Change in Mobility Among Patients Requiring Ventilator Support
- 2643 : Average change in functional status following lumbar spine fusion surgery
- 2653 : Average change in functional status following total knee replacement surgery
- 2774 : : Functional Change: Change in Mobility Score for Skilled Nursing Facilities
- 2775 : Functional Change: Change in Motor Score for Skilled Nursing Facilities
- 2776 : Functional Change: Change in Motor Score in Long Term Acute Care Facilities
- 2778 : Functional Change: Change in Mobility Score for Long Term Acute Care Facilities

Harmonization

• This measure is not fully harmonized with the related or competing measures.

Committee Pre-evaluation Comments: Criterion 5: Related and Competing Measures

<u>Related and Competing</u>: Are there any related and competing measures? If so, are any specifications that are not harmonized? Are there any additional steps needed for the measures to be harmonized?

- The developer has identified metrics that are related and competing yet has not fully harmonized with them.
- Yes, there are competing measures (at least one) and they are not harmonized. This needs to be considered.

Public and Member Comments

Comments and Member Support/Non-Support Submitted as of: June/13/2019

• No NQF members have submitted support/non-support choices as of this date

1. Evidence and Performance Gap – Importance to Measure and Report

Extent to which the specific measure focus is evidence-based, important to making significant gains in healthcare quality, and improving health outcomes for a specific high-priority (high-impact) aspect of healthcare where there is variation in or overall less-than-optimal performance. *Measures must be judged to meet all sub criteria to pass this criterion and be evaluated against the remaining criteria.*

1a. Evidence to Support the Measure Focus – See attached Evidence Submission Form

2634_NQF_evidence_4-22-19.docx

1a.1 <u>For Maintenance of Endorsement:</u> Is there new evidence about the measure since the last update/submission?

Do not remove any existing information. If there have been any changes to evidence, the Committee will consider the new evidence. Please use the most current version of the evidence attachment (v7.1). Please use red font to indicate updated evidence.

Yes

1a. Evidence (subcriterion 1a)

Measure Number (if previously endorsed): NQF #2634

Measure Title: Inpatient Rehabilitation Facility (IRF) Functional Outcome Measure: Change in Mobility Score for Medical Rehabilitation Patients

IF the measure is a component in a composite performance measure, provide the title of the Composite Measure here: Not applicable

Date of Submission: <u>4/9/2019</u>

1a.1.This is a measure of: (should be consistent with type of measure entered in De.1)

Outcome

Outcome: Change in Function: Mobility

□ Patient-reported outcome (PRO):

PROs include HRQoL/functional status, symptom/symptom burden, experience with care, healthrelated behaviors. (A PRO-based performance measure is not a survey instrument. Data may be collected using a survey instrument to construct a PRO measure.)

□ Intermediate clinical outcome (*e.g., lab value*):

 \Box Process:

- □ Appropriate use measure:
- □ Structure:
- \Box Composite:
- **1a.2 LOGIC MODEL** Diagram or briefly describe the steps between the healthcare structures and processes (e.g., interventions, or services) and the patient's health outcome(s). The relationships in the diagram should be easily understood by general, non-technical audiences. Indicate the structure, process or outcome being measured.

Inpatient Rehabilitation Facilities (IRFs) are designed to provide intensive rehabilitation services to patients. Patients seeking care in IRFs are those whose illness, injury, or condition has resulted in a loss of function, and for whom rehabilitative care is expected to help regain that function. Examples of conditions treated in IRFs include stroke, spinal cord injury, hip fracture, brain injury, neurological disorders, and other diagnoses characterized by loss of function. During an IRF stay, goals of treatment include fostering the patient's ability to manage his or her daily activities so that the patient can complete self-care and mobility activities as independently as possible and, if feasible, return to a safe, active, and productive life in a community-based setting.

NQF Evidence 2019

Key rehabilitation services provided to patients in an IRF include physiatry care, (i.e., physical medicine and rehabilitation physician), physical therapy, occupational therapy, rehabilitation nursing, speech-language pathology, and prosthetic and orthotic services (Medicare Payment Advisory Commission, 2019). Figure 1a lists the structures, processes and the outcomes that relate to this measure. This model shows that an IRF's structures and processes (treatments or interventions) can result in improved patient functioning.

Figure 1a Structures and Processes Associated with Patients' Functional Outcomes.

-

Structures:

- Accreditation
- Specialty Certification
- Information systems that facilitate communication and documentation
- Availability of equipment/devices that allow patients to practice activities
- Access to clinical trials and other research
- Qualified and experienced clinicians and administrators
 - Board-certified rehabilitation physicians
 - Physician consultants
 - Occupational therapists, physical therapists, speech-language pathologists
 - Certified RNs
 - Care managers, discharge planners
 - Psychologists, social workers, chaplains,
 - wheelchair seating experts
 - orthotists,
 prosthetists

Processes (Interventions, Services):

- Comprehensive clinical assessments of each patient to determine medical issues and functional limitations
- Patient (family) and clinical team co-created treatment plan with goals
- Type, amount and intensity of therapy (OT, PT, SLP) dose (rehabilitation intensity or minutes of therapy)
- Daily physician visits
- Rehabilitation nursing staffing
- Social/psychological services, music therapy
- Vision assessment/treatment
- Patient/family engagement and education
- Peer mentor visits
- interdisciplinary rounds/treatment conference
- Implementation of effective safety protocols (prevent falls, infections, pressure ulcers/injuries)
- rounds/treatment conference
- Implementation of effective safety protocols (prevent falls, infections, pressure ulcers/injuries)

Patient Outcomes

 Function status (mobility)

From previous NQF Submission (2014)

Given that the primary goal of rehabilitation is improvement in function, IRF clinicians have traditionally assessed and documented patients' functional status at admission and discharge to evaluate the effectiveness of the rehabilitation care provided to individual patients, as well as the effectiveness of the IRF overall (see Figure 1).

Figure 1. Role of Patient Assessment, Interventions and Functional Outcomes



1a.3 Value and Meaningfulness: IF this measure is derived from patient report, provide evidence that the target population values the measured *outcome, process, or structure* and finds it meaningful. (Describe how and from whom their input was obtained.)

**RESPOND TO ONLY ONE SECTION BELOW -EITHER 1a.2, 1a.3 or 1a.4) **

1a.2 FOR OUTCOME MEASURES including PATIENT REPORTED OUTCOMES - Provide empirical data demonstrating the relationship between the outcome (or PRO) to at least one healthcare structure, process, intervention, or service.

NQF Evidence 2019

To demonstrate that IRFs have the ability to improve patient functioning, including mobility abilities, NQF requires evidence that at least one structure, process, intervention or service can affect patient functioning. Because intensive, interdisciplinary therapy services are a core feature of an IRF stay and these services are targeted to improve functional outcomes, we provide a summary of evidence from the literature that is focused on therapy services and functional outcomes.

For this evidence update, we conducted a scoping review to identify relevant literature examining the relation between therapy interventions and improved patient functioning. We describe the details about the scoping review methodology below, after the literature summary and abstracts. However, we would like to note upfront that the summary below only includes articles published after January 1, 2013 since we sought to identify relevant literature since our 2014 NQF submission.

Therapy Interventions and Functional Outcomes

Most IRF research examining functional outcomes has focused on motor function, which encompasses selfcare and mobility and sometimes bladder function. Several observational studies have reported positive associations between the amount of therapy provided and motor function for patients with various diagnoses, including spinal cord injury (Backus et al., 2013), stroke (Wang et al., 2013; Goedert, Zhang & Barrett, 2015), traumatic brain injury (Rosenbaum Gordon, Joannou, & Berman, 2018), hip fracture (Siebens et al., 2013); and after West Nile Virus (Hoffman & Paschal, 2013). One additional study, that was not diagnosis specific, also found improved functional outcomes related to rehabilitation therapy intensity (Morghen et al., 2017). Backus found that more time in inpatient physical therapy (PT) was associated with higher motor function 1-year postdischarge, while Wang reported a significant relationship between daily therapeutic duration and functional gain during an IRF stay and offered treatment time thresholds for optimal functional outcomes for patients with stroke. Two additional observational studies examined the influence of age as a mediator on the amount of therapy provided and patients' functional outcomes. One study found that older adults (65 and older) with a traumatic brain injury received fewer hours of treatment per day and fewer total hours of therapy due to a shorter length of stay, and these patients overall regained less function, compared to younger IRF patients (Djikers et al., 2013). Hsieh et. al, (2013) found that older adults (60 and older) with a spinal cord injury received less rehabilitation therapy during longer rehabilitation stays, and had lower functional abilities compared to younger patients.

Several observational studies reported that IRF care improved patients' motor functional outcomes but did not specify the type and amount of therapy provided. Improvement in motor functional outcomes were reported for patients recovering from trauma (Hamidi et al., 2018), patients 85 and older post-stroke (O'Brien & Xue, 2016), post-knee surgery patients (Chu et al., 2016), and post-hip fracture patients (Cary, Baernholdt, Anderson, & Merwin, 2015). Hamidi et al. (2018) also explored the relationship between frailty level and functional improvement among IRF patients, finding that frailer patients were less likely to regain their baseline functional ability.

Studies examining specific rehabilitation therapy interventions and patients' functional outcomes has generally been challenging to examine (Kroll & Fisher, 2018), because rehabilitation interventions tend to be multidisciplinary, tailored to each patient's specific needs and there are no standardized definitions and no standardized measurement of interventions. Efforts are underway to classify interventions using standardized terminology in order to better understand the relation between interventions and outcomes; that is, the active ingredients of a rehabilitation program. Winstein (2016) noted that measuring the effect of rehabilitation interventions in post-acute rehabilitation settings is important for understanding "the amount of adequate resources, dose and duration," that are needed to affect functional improvement.

We identified two IRF studies that examined the effect of novel therapy interventions that were added to "usual" therapy. Herron (2016) found that occupational therapists conducting initial visual assessments of stroke patients resulted in better patient functional outcomes. Another study found that adding attention-control training for stroke patients improved motor outcomes compared to control participants over a 6-month period (Skidmore et al., 2015).

Four studies were identified that investigated therapy interventions and mobility outcomes among IRF patients. Hornby et al. (2015) examined the feasibility of increased focused stepping to improve poststroke patient mobility outcomes, including a 6-minute walking test and a measure of balance; findings showed patient functional gains on walking and balance tests. Taylor et al. (2018) explored how complementary therapies using during rehabilitation may improve outcomes. Complementary interventions included occupational therapists (OTs) and physician therapist (PTs) for yoga, Pilates, thai chi, aromatherapy, relaxation techniques and other. Only three percent of rehabilitation patients received alternate therapies; the amount of time patients received the therapies was associated with reduced pain but changes in mobility outcomes were reported. Rice (2016) found that an evidenced-based, structured education program led to improvement to the quality of transfers for participants who perform assisted or dependent transfers.

Rehabilitation therapy services are provided in all types of post-acute care services: IRFs, skilled nursing facilities, home health and long-term care hospitals. IRFs have historically provided the most intensive therapy services, and several studies have compared patients' functional outcomes by type of post-acute care setting to better understand the role of therapy intensity and other IRF-specific care. Three studies reported improved motor functional outcomes for IRF patients compared to other post-acute care settings. Sauter (2013) found that patients who underwent major dysvascular lower limb amputations receipt of interdisciplinary rehabilitation services in an IRF yielded improved functional outcomes 6 months after amputation compared to care received in SNFs or at home. Nehra et al. (2016) reported improved motor function for post-trauma patients discharged to an IRF compared to those who were not treated in an IRF. A systematic review exploring poststroke outcomes in IRFs compared to SNFs, found that of four included studies that compared functional outcomes, one study reported higher functional ratings for SNFs compared to IRFs, three studies found functional gains were larger for IRF patients compared to patients treated in skilled nursing facilities

(Alcusky, Ulbricht, & Lapane, 2018). One of the studies included in the systematic review. Chan et al. (2013) found that stroke patients who received therapy in an IRF had higher functional motor gains compared to patient treated in skilled nursing facilities and home health.

In addition to the studies that compare functional outcomes across post-acute care settings, we provide a summary of studies examining therapy services and functional outcomes in the SNF setting. These studies are pertinent, because there is overlap in the types of patients treated in IRFs and SNFs, and the amount of therapy provided in SNFs tends to vary more than in the IRF setting.

Positive associations of functional motor outcomes for patients receiving therapy in SNFs have been reported on several observation studies. One SNF study found that more than 60 percent of patients improved their functional status as a result of their SNF stay, and noted that patients with conditions such as cognitive impairment, delirium, dementia, heart failure, and stroke showed less improvement in daily activity performance during their stay. Likewise, among TBI patients, SNF patients admitted with cognitive or communication impairments gained function, but tended to have less improvement in motor function (Wysocki, Thomas, & Mor, 2015). Jung (2016) examined temporal trends in therapy provision in SNFs and found therapy hours increased 52% between 2000 and 2009, and that more therapy hours in SNFs appeared to improve outcomes, except for patients who were already receiving a level of therapy.

Conclusion

In summary, as required by NQF's endorsement maintenance process, we sought to identify evidence linking a healthcare structure or process (interventions or services) to patient outcomes. For this review, we summarized various studies pertaining to the relation between therapy interventions and services and IRF patients' functional outcomes. We also included peer-reviewed evidence from other post-acute care (PAC) settings. Most studies included motor function which encompasses self-care, mobility, and sometimes bladder functioning; three additional articles focused on mobility outcomes. Most articles were observational studies while two presented novel therapies being tested in addition to "usual" therapy. One article focused on rehabilitation guidelines for PAC settings. This review provides supportive evidence that functional improvement in IRF patients is related to the therapy interventions they received while in the IRF.

References and Abstracts

Alcusky, M., Ulbricht, C. M., & Lapane, K. L. (2018). Postacute Care Setting, Facility Characteristics, and Poststroke Outcomes: A Systematic Review. Arch Phys Med Rehabil, 99(6), 1124-1140.e1129. doi:10.1016/j.apmr.2017.09.005

OBJECTIVES: To synthesize research comparing poststroke health outcomes between patients rehabilitated in skilled nursing facilities (SNFs) and those in inpatient rehabilitation facilities (IRFs) as well as to evaluate relations between facility characteristics and outcomes. DATA SOURCES: PubMed and CINAHL searches spanned January 1, 1998, to October 6, 2016, and encompassed MeSH and freetext keywords for stroke, IRF/SNF, and study outcomes. Searches were restricted to peer-reviewed research in humans published in English. STUDY SELECTION: Observational and experimental studies examining outcomes of adult patients with stroke rehabilitated in an IRF or SNF were eligible. Studies had to provide site of care comparisons and/or analyses incorporating facility-level characteristics and had to report >/=1 primary outcome (discharge setting, functional status, readmission, quality of life, all-cause mortality). Unpublished, single-center, descriptive, and non-US studies were excluded. Articles were reviewed by 1 author, and when uncertain, discussion with study coauthors achieved consensus. Fourteen titles (0.3%) were included. DATA EXTRACTION: The types of data, time period, size, design, and primary outcomes were extracted. We also extracted 2 secondary outcomes (length of IRF/SNF stay, cost) when reported by included studies. Effect measures, modeling approaches, methods for confounding adjustment, and potential confounders were extracted. Data were abstracted by 1 author, and the accuracy was verified by a second reviewer. DATA SYNTHESIS: Two studies evaluating community discharge, 1 study evaluating the predicted probability of readmission, and 3 studies evaluating all-cause mortality favored IRFs over SNFs. Functional status comparisons

were inconsistent. No studies evaluated quality of life. Two studies confirmed increased costs in the IRF versus SNF setting. Although substantial facility variation was described, few studies characterized sources of variation. CONCLUSIONS: The few studies comparing poststroke outcomes indicated better outcomes (with higher costs) for patients in IRFs versus those in SNFs. Contemporary research on the role of the postacute care setting and its attributes in determining health outcomes should be prioritized to inform reimbursement system reform.

Backus, D., Gassaway, J., Smout, R. J., Hsieh, C. H., Heinemann, A. W., DeJong, G., & Horn, S. D. (2013). Relation between inpatient and postdischarge services and outcomes 1 year postinjury in people with traumatic spinal cord injury. *Arch Phys Med Rehabil, 94*(4 Suppl), S165-174. doi:10.1016/j.apmr.2013.01.012

OBJECTIVE: To examine the association between inpatient and postdischarge rehabilitation services and function, life satisfaction, and community participation 1 year after spinal cord injury (SCI). DESIGN: Prospective, observational. SETTING: Six rehabilitation facilities. PARTICIPANTS: Patients with SCI (N=1376). INTERVENTIONS: None. MAIN OUTCOME MEASURES: Satisfaction with Life Scale (SWLS), Craig Handicap Assessment and Reporting Technique (CHART), motor FIM (mFIM), and return to work/school at 1 year post-SCI. RESULTS: Demographic and injury characteristics explained 49% of the variance in mFIM and 9% to 25% of the variance in SWLS and CHART social integration, mobility, and occupation scores. Inpatient rehabilitation services explained an additional 2% of the variance for mFIM and 1% to 3% of the variance for SWLS and CHART scores. More time in inpatient physical therapy (PT) was associated with higher mFIM scores; more time in inpatient therapeutic recreation (TR) and social work and more postdischarge nursing (NSG) were associated with lower mFIM scores. More inpatient PT and TR and more postdischarge PT were associated with higher mobility scores; more inpatient psychology (PSY) was associated with lower mobility scores. More postdischarge TR was associated with higher SWLS; more postdischarge PSY services was associated with lower SWLS. Inpatient TR was positively associated with social integration scores; postdischarge PSY was negatively associated with social integration scores. More postdischarge vocational counseling was associated with higher occupation scores. Differences between centers did not explain additional variability in the outcomes studied. CONCLUSIONS: Inpatient and postdischarge rehabilitation services are weakly associated with life satisfaction and societal participation 1 year after SCI. Further study of the type and intensity of postdischarge services, and the association with outcomes, is needed to ascertain the most effective use of therapy services after SCI.

Cary, M. P., Baernholdt, M., Anderson, R. A., & Merwin, E. I. (2015). Performance-based outcomes of inpatient rehabilitation facilities treating hip fracture patients in the United States. *Arch Phys Med Rehabil,* 96(5), 790-798. doi:10.1016/j.apmr.2015.01.003

OBJECTIVE: To examine the influence of facility and aggregate patient characteristics of inpatient rehabilitation facilities (IRFs) on performance-based rehabilitation outcomes in a national sample of IRFs treating Medicare beneficiaries with hip fracture. DESIGN: Secondary data analysis. SETTING: U.S. Medicare-certified IRFs (N=983). PARTICIPANTS: Data included patient records of Medicare beneficiaries (N=34,364) admitted in 2009 for rehabilitation after hip fracture. INTERVENTION: Not applicable. MAIN OUTCOME MEASURES: Performance-based outcomes included mean motor function on discharge, mean motor change (mean motor score on discharge minus mean motor score on admission), and percentage discharged to the community. RESULTS: Higher mean motor function on discharge was explained by aggregate characteristics of patients with hip fracture (lower age [P=.009], lower percentage of blacks [P<.001] and Hispanics [P<.001], higher percentage of women [P=.030], higher motor function on admission [P<.001], longer length of stay [P<.001]) and facility characteristics (freestanding [P<.001], rural [P<.001], for profit [P=.048], smaller IRFs [P=.014]). The findings were similar for motor change, but motor change was also associated with lower mean cognitive function on admission (P=.008). Higher percentage discharged to the community was associated with aggregate patient characteristics (lower age [P<.001], lower percentage of Hispanics [P=.009], higher percentage discharged to the community was associated with aggregate patient characteristics (lower age [P<.001], lower percentage of Hispanics [P=.009], higher percentage of women aggregate patient characteristics (lower age [P<.001], lower percentage of Hispanics [P=.009], higher percentage

of patients living with others [P<.001], higher motor function on admission [P<.001]). No facility characteristics were associated with the percentage discharged to the community. CONCLUSIONS: Performance-based measurement offers health policymakers, administrators, clinicians, and consumers a major opportunity for securing health system improvement by benchmarking or comparing their outcomes with those of other similar facilities. These results might serve as the basis for benchmarking and quality-based reimbursement to IRFs for 1 impairment group: hip fracture.

Chan, L., Sandel, M. E., Jette, A. M., Appelman, J., Brandt, D. E., Cheng, P., . . . Rasch, E. K. (2013). Does postacute care site matter? A longitudinal study assessing functional recovery after a stroke. *Arch Phys Med Rehabil*, 94(4), 622-629. doi:10.1016/j.apmr.2012.09.033

OBJECTIVE: To determine the impact of postacute care site on stroke outcomes. DESIGN: Prospective cohort study. SETTING: Four northern California hospitals that are part of a single health maintenance organization. PARTICIPANTS: Patients with stroke (N=222) enrolled between February 2008 and July 2010. INTERVENTION: Not applicable. MAIN OUTCOME MEASURE: Baseline and 6-month assessments were performed using the Activity Measure for Post Acute Care (AM-PAC), a test of self-reported function in 3 domains: Basic Mobility, Daily Activities, and Applied Cognition. RESULTS: Of the 222 patients analyzed, 36% went home with no treatment, 22% received home health/outpatient care, 30% included an inpatient rehabilitation facility (IRF) in their care trajectory, and 13% included a skilled nursing facility (but not IRF) in their care trajectory. At 6 months, after controlling for important variables such as age, functional status at acute care discharge, and total hours of rehabilitation, patients who went to an IRF had functional scores that were at least 8 points higher (twice the minimally detectable change for the AM-PAC) than those who went to a skilled nursing facility in all 3 domains and in 2 of 3 functional domains compared with those who received home health/outpatient care. CONCLUSIONS: Patients with stroke may make more functional gains if their postacute care includes an IRF. This finding may have important implications as postacute care delivery is reshaped through health care reform.

Chu, S. K., Babu, A. N., McCormick, Z., Mathews, A., Toledo, S., & Oswald, M. (2016). Outcomes of Inpatient Rehabilitation in Patients With Simultaneous Bilateral Total Knee Arthroplasty. *Pm r, 8*(8), 761-766. doi:10.1016/j.pmrj.2015.11.005

BACKGROUND: The number of total knee arthroplasty (TKA) procedures performed in the United States is increasing each year, and the number of bilateral TKA procedures has also increased during the past 2 decades. However, few studies in the literature have investigated the rehabilitation outcomes of patients who undergo bilateral TKA. This study was performed to provide information on the benefits and role of inpatient rehabilitation for patients after bilateral TKA. OBJECTIVE: To investigate the functional outcomes, complications, and transfer rates of patients in the inpatient rehabilitation setting who undergo simultaneous bilateral TKA. DESIGN: Retrospective cohort study. SETTING: Freestanding inpatient rehabilitation hospital. PATIENTS: Ninety-four patients admitted to an inpatient rehabilitation hospital after simultaneous bilateral TKA from 2008-2013. METHODS: Retrospective chart review of demographic, clinical, and functional data for patients admitted to inpatient rehabilitation after simultaneous bilateral TKA. MAIN OUTCOME MEASURES: Length of stay, admission and discharge Functional Independence Measure (FIM), and FIM efficiency. RESULTS: The study included 27 male (28.7%) and 67 female (71.3%) patients aged 42.0-86.9 years, with a mean of 65.6 +/- 10.2 years. Mean length of time between surgery and admission to inpatient rehabilitation was 4.5 +/- 3.3 days. Mean length of stay in rehabilitation was 11.7 +/- 4.2 days. Mean admission and discharge FIM scores were 87.3 +/- 11.7 and 113.4 +/- 4.8, respectively, with a mean FIM gain of 26.1 +/- 10.5. The mean FIM efficiency was 2.33 +/- 0.84. Eight patients required transfer to an acute care hospital. Complications leading to transfer to acute care facilities included sepsis, cardiac arrhythmias, knee dislocation, and suspected small bowel obstruction. Eighty-eight patients were discharged home, 4 patients were discharged to skilled nursing facilities, and 2 patients were transferred to an acute care hospital and did not return to the inpatient rehabilitation hospital. CONCLUSIONS: After

undergoing simultaneous bilateral TKA, patients demonstrate functional gains when admitted to inpatient rehabilitation facilities based on FIM gains and FIM efficiency scores; 8.5% of patients in this cohort required transfer to an acute care facility as a result of complications during inpatient rehabilitation, and 93.6% of patients were discharged home.

Dijkers, M., Brandstater, M., Horn, S., Ryser, D., & Barrett, R. (2013). Inpatient rehabilitation for traumatic brain injury: the influence of age on treatments and outcomes. *NeuroRehabilitation*, *32*(2), 233-252. doi:10.3233/nre-130841

BACKGROUND: Elderly persons with traumatic brain injury (TBI) are increasingly admitted to inpatient rehabilitation, but we have limited knowledge of their characteristics, the treatments they receive, and their short-term and medium-term outcomes. This study explored these issues by means of comparisons between age groups. METHODS: Data on 1419 patients admitted to 9 inpatient rehabilitation facilities for initial rehabilitation after TBI were collected by means of (1) abstraction from medical records; (2) point-of care forms completed by therapists after each treatment session; and (3) interviews at 3 months and 9 months after discharge, conducted with the patient or a proxy. RESULTS: Elderly persons (65 or older) had a lower brain injury severity, and a shorter length of stay (LOS) in acute care. During rehabilitation, they received fewer hours of therapy, due to a shorter LOS and fewer hours of treatment per day, especially from psychology and therapeutic recreation. They regained less functional ability during and after inpatient rehabilitation, and had a very high mortality rate. CONCLUSIONS: Elderly people can be rehabilitated successfully, and discharged back to the community. The treatment therapists deliver, and issues surrounding high mortality need further research.

Goedert, K. M., Zhang, J. Y., & Barrett, A. M. (2015). Prism adaptation and spatial neglect: the need for dosefinding studies. *Front Hum Neurosci*, *9*, 243. doi:10.3389/fnhum.2015.00243

Spatial neglect is a devastating disorder in 50-70% of right-brain stroke survivors, who have problems attending to, or making movements towards, left-sided stimuli, and experience a high risk of chronic dependence. Prism adaptation is a promising treatment for neglect that involves brief, daily visuo-motor training sessions while wearing optical prisms. Its benefits extend to functional behaviors such as dressing, with effects lasting 6 months or longer. Because one to two sessions of prism adaptation induce adaptive changes in both spatial-motor behavior (Fortis et al., 2011) and brain function (Saj et al., 2013), it is possible stroke patients may benefit from treatment periods shorter than the standard, intensive protocol of ten sessions over two weeks-a protocol that is impractical for either US inpatient or outpatient rehabilitation. Demonstrating the effectiveness of a lower dose will maximize the availability of neglect treatment. We present preliminary data suggesting that four to six sessions of prism treatment may induce a large treatment effect, maintained three to four weeks post-treatment. We call for a systematic, randomized clinical trial to establish the minimal effective dose suitable for stroke intervention.

Hamidi, M., Zeeshan, M., O'Keeffe, T., Nisbet, B., Northcutt, A., Nikolich-Zugich, J., . . . Joseph, B. (2018).
 Prospective evaluation of frailty and functional independence in older adult trauma patients. *Am J Surg, 216*(6), 1070-1075. doi:10.1016/j.amjsurg.2018.10.023

BACKGROUND: The aim of our study was to assess the association between frailty and functional status in geriatric trauma patients. METHODS: 3-year(2013-2015) prospective analysis and included all geriatric trauma patients(>/=65y) discharged to a single rehabilitation center from our level-I trauma center. Frailty was measured using Trauma-Specific-Frailty-Index(TSFI) while Functional status was assessed using functional-independence-measure(FIM) at admission and discharge from rehabilitation center. Multivariate linear regression analysis was performed. RESULTS: 267 patients were enrolled. Mean age was 76.9+/-7.1y, 63.6% were males. Overall, 22.8% were frail, and 37.4% were pre-frail. On linear regression, higher motor-FIM, higher cognitive-FIM scores at admission, and longer length-of-stay at rehab were independently associated with increased discharge FIM score. While, ISS(injury-

severity-score), pre-frail and frail status were negatively correlated with FIM gain. CONCLUSION: Frail patients were less likely to recover to their baseline functional status compared with non-frail patients. Early focused intervention in frail elderly patients is warranted to improve functional status in this population.

Herron, S. (2016). Review of experience with a collaborative eye care clinic in inpatient stroke rehabilitation. *Top Stroke Rehabil, 23*(1), 67-75. doi:10.1179/1074935715z.0000000065

BACKGROUND: Visual deficits following stroke are frequently subtle and are often overlooked. Even though these visual deficits may be less overt in nature, they are still debilitating to survivors. Visual deficits have been shown to negatively impact cognition, mobility, and activities of daily living (ADL). There is little consistency across healthcare facilities regarding protocol for assessing vision following stroke. OBJECTIVE: This research was designed to describe a profile for patients exhibiting visual deficits following stroke, examine the role of occupational therapists in vision assessment, and discuss a potential model to provide a protocol for collaboration with an eye care professional as part of the rehabilitation team. METHODS: The sample consisted of 131 patients in an inpatient rehabilitation (IPR) unit who were identified as having potential visual deficits. Occupational therapists on an IPR unit administered initial vision screenings and these patients were subsequently evaluated by the consulting optometrist. Frequencies were calculated for the appearance of functional symptoms, diagnoses, and recommendations. Correlations were also computed relating diagnoses and recommendations made. RESULTS: All patients referred by the occupational therapist for optometrist evaluation had at least one visual diagnosis. The most frequent visual diagnoses included: saccades (77.7%), pursuits (61.8%), and convergence (63.4%). There was also a positive correlation between number of functional symptoms seen by occupational therapists and visual diagnoses made by the optometrist (r = 0.209, P = 0.016). CONCLUSION: Results of this study support the need for vision assessment following stroke in IPR, confirm the role of occupational therapists in vision assessment, and support the need for an optometrist as a member of the rehabilitation team.

Hoffman, J. E., & Paschal, K. A. (2013). Functional outcomes of adult patients with West Nile virus admitted to a rehabilitation hospital. *J Geriatr Phys Ther*, *36*(2), 55-62. doi:10.1519/JPT.0b013e318258bcba

BACKGROUND AND PURPOSE: The clinical manifestation of West Nile Virus (WNV) varies in individuals from mild flu-like symptoms to acute flaccid paralysis. Advanced age is the most significant risk factor for developing severe neurological disease and for death. The broad range of neurologic symptoms associated with WNV infection leads to varied body structure and function limitations and participation restrictions that may require rehabilitation. The purpose of this study is to describe the functional impairments upon admission and the functional outcomes at discharge of 48 adult patients admitted with WNV to a rehabilitation facility in the Midwest from 2002 to 2009. METHODS: A retrospective chart review was completed on 48 patients (29 male, 19 female) with mean age 67.8 (SD = 16.6, range = 24-91) years and median age 72.5 years, admitted to inpatient rehabilitation with a diagnosis of WNV after January 1, 2002, and discharged prior to December 31, 2009. General information (sex, age, social history, employment, and living environment), past medical history, and information specific to the current hospitalization (medical conditions, functional status and activity level on admission and discharge as measured by the Functional Independence Measure [FIM], lengths of stay [LOSs] in the acute care and rehabilitation hospital, physical therapy care, discharge destination, and follow-up care provisions) were gathered. The standardized response mean (SRM) was calculated for total, motor, and cognitive FIM scores to provide insight into the effect size and the responsiveness of the FIM for the patients with WNV in this study. RESULTS: All patients were admitted to the rehabilitation hospital from acute care hospitals following LOSs ranging from 1 to 62 days. The rehabilitation hospital LOS ranged from 2 to 304 days. These patients had significant comorbidities including hypertension (43.75%), diabetes mellitus (41.67%), acute respiratory failure (37.5%), ventilator dependency/tracheostomy (33.33%), and pneumonia (29.17%). Their admission FIM scores ranged from 13 to 116 (mean = 45.8 +/- 28.2) and discharge FIM scores ranged from 18 to

121 (mean = 75.1 +/- 34.2). The change in FIM during inpatient rehabilitation was statistically significant (P < .001). The calculated SRM for the total (1.06) and motor (1.12) FIM indicate a large effect size, whereas the SRM for the cognitive FIM (0.79) indicates a moderate effect. The majority of patients were discharged home or to a nursing facility (46%), skilled or extended care (38%) with a need for continued rehabilitation services. DISCUSSION AND CONCLUSIONS: The manifestation of the WNV and functional outcomes after comprehensive rehabilitation vary from patient to patient. Higher numbers of comorbid conditions lead to more complex presentation and challenge rehabilitation professionals to design individualized plans of care to enable these patients to achieve the highest functional outcomes. Most patients require follow-up physical therapy care after discharge from rehabilitation

 Hornby, T. G., Holleran, C. L., Leddy, A. L., Hennessy, P., Leech, K. A., Connolly, M., . . . Roth, E. (2015).
 Feasibility of Focused Stepping Practice During Inpatient Rehabilitation Poststroke and Potential Contributions to Mobility Outcomes. *Neurorehabil Neural Repair, 29*(10), 923-932. doi:10.1177/1545968315572390

BACKGROUND: Optimal physical therapy strategies to maximize locomotor function in patients early poststroke are not well established. Emerging data indicate that substantial amounts of task-specific stepping practice may improve locomotor function, although stepping practice provided during inpatient rehabilitation is limited (<300 steps/session). OBJECTIVE: The purpose of this investigation was to determine the feasibility of providing focused stepping training to patients early poststroke and its potential association with walking and other mobility outcomes. METHODS: Daily stepping was recorded on 201 patients <6 months poststroke (80% < 1 month) during inpatient rehabilitation following implementation of a focused training program to maximize stepping practice during clinical physical therapy sessions. Primary outcomes included distance and physical assistance required during a 6-minute walk test (6MWT) and balance using the Berg Balance Scale (BBS). Retrospective data analysis included multiple regression techniques to evaluate the contributions of demographics, training activities, and baseline motor function to primary outcomes at discharge. RESULTS: Median stepping activity recorded from patients was 1516 steps/d, which is 5 to 6 times greater than that typically observed. The number of steps per day was positively correlated with both discharge 6MWT and BBS and improvements from baseline (changes; r = 0.40-0.87), independently contributing 10% to 31% of the total variance. Stepping activity also predicted level of assistance at discharge and discharge location (home vs other facility). CONCLUSION: Providing focused, repeated stepping training was feasible early poststroke during inpatient rehabilitation and was related to mobility outcomes. Further research is required to evaluate the effectiveness of these training strategies on short- or long-term mobility outcomes as compared with conventional interventions.

Hsieh, C. H., DeJong, G., Groah, S., Ballard, P. H., Horn, S. D., & Tian, W. (2013). Comparing rehabilitation services and outcomes between older and younger people with spinal cord injury. *Arch Phys Med Rehabil*, 94(4 Suppl), S175-186. doi:10.1016/j.apmr.2012.10.038

OBJECTIVE: To compare patient and injury characteristics, rehabilitation services, and outcomes between people incurring traumatic spinal cord injury (SCI) at younger and older ages. DESIGN: Multisite prospective observational cohort study. SETTING: Six acute rehabilitation facilities. PARTICIPANTS: Patients (N=866) aged >/= 16 years admitted to participating centers for their initial rehabilitation after SCI. INTERVENTIONS: Not applicable. MAIN OUTCOME MEASURES: Motor FIM scores at discharge and 1-year postinjury, discharge location, and postacute clinical pathways. RESULTS: Patients were divided into 4 age-at-injury groups: 16 to 29, 30 to 44, 45 to 60, and >60 years of age. Older adults (>60 y) incurring SCI were more likely to be married, retired/unemployed, on Medicare, and to have attained more education. Their injuries mostly resulted from falls and were incomplete in nature. The oldest group had the highest severity of illness, lowest admission and discharge motor FIM scores, and longer rehabilitation stay. They received relatively less rehabilitation than younger groups. They spent proportionately more time in occupational therapy working on preparatory activities and less time on self-care activities during inpatient rehabilitation. In the aged >60 years group, 80% went home at discharge; 17.2% were discharged to a nursing home. Younger groups were less likely to go to a nursing home. Admission motor FIM was the most significant predictor of motor FIM at discharge and 1-year anniversary across age groups. But the age groups differed significantly in patient and treatment factors that explained their respective outcomes. CONCLUSIONS: Older injured individuals experienced a different clinical pathway from younger patients. The present study suggests the need for development of a rehabilitation program tailored specifically to older adults.

Kroll, C., & Fisher, T. (2018). Justifying Rehabilitation Intensity Through Functional Performance Measures in Postacute Care. Am J Occup Ther, 72(1), 7201090010p7201090011-7201090010p7201090016. doi:10.5014/ajot.2018.721002

The Centers for Medicare and Medicaid Services (CMS) has scrutinized the provision of rehabilitation services in skilled nursing facilities (SNFs) for some time. Little research guidance exists on appropriate dosage or rehabilitation intensity (RI) among SNF patients or patients in other postacute care (PAC) settings. CMS developed a PAC assessment, the Continuity Assessment Record and Evaluation (CARE) Tool, in response to questions about what issues drive placement in various PAC settings under Medicare. The ability to adequately assess functional outcomes and correlate them to the RI provided by using the CARE Tool is promising. However, further research, policy advocacy, and practice analysis must be undertaken to promote and protect adequate access to occupational therapy and physical therapy in SNFs and other PAC settings. Individual practitioners must participate in data gathering to ensure that the data for analysis are fully informed by the occupational therapy perspective.

Morghen, S., Morandi, A., Guccione, A. A., Bozzini, M., Guerini, F., Gatti, R., . . . Bellelli, G. (2017). The association between patient participation and functional gain following inpatient rehabilitation. *Aging Clin Exp Res, 29*(4), 729-736. doi:10.1007/s40520-016-0625-3

OBJECTIVES: To evaluate patients' participation during physical therapy sessions as assessed with the Pittsburgh rehabilitation participation scale (PRPS) as a possible predictor of functional gain after rehabilitation training. METHODS: All patients aged 65 years or older consecutively admitted to a Department of Rehabilitation and Aged Care (DRAC) were evaluated on admission regarding their health, nutritional, functional and cognitive status. Functional status was assessed with the functional independence measure (FIM) on admission and at discharge. Participation during rehabilitation sessions was measured with the PRPS. Functional gain was evaluated using the Montebello rehabilitation factor score (MRFS efficacy), and patients stratified in two groups according to their level of functional gain and their sociodemographic, clinical and functional characteristics were compared. Predictors of poor functional gain were evaluated using a multivariable logistic regression model adjusted for confounding factors. RESULT: A total of 556 subjects were included in this study. Patients with poor functional gain at discharge demonstrated lower participation during physical therapy sessions were significantly older, more cognitively and functionally impaired on admission, more depressed, more comorbid, and more frequently admitted for cardiac disease or immobility syndrome than their counterparts. There was a significant linear association between PRPS scores and MRFS efficacy. In a multivariable logistic regression model, participation was independently associated with functional gain at discharge (odds ratio 1.51, 95 % confidence interval 1.19-1.91). CONCLUSION: This study showed that participation during physical therapy affects the extent of functional gain at discharge in a large population of older patients with multiple diseases receiving in-hospital rehabilitation.

Nehra, D., Nixon, Z. A., Lengenfelder, C., Bulger, E. M., Cuschieri, J., Maier, R. V., & Arbabi, S. (2016). Acute Rehabilitation after Trauma: Does it Really Matter? *J Am Coll Surg*, *223*(6), 755-763. doi:10.1016/j.jamcollsurg.2016.09.001 BACKGROUND: The impact of post-discharge rehabilitation care for the trauma patient remains poorly investigated. Here we describe the functional outcomes of trauma patients discharged to an inpatient rehabilitation facility (IRF), and compare the likelihood of discharge home, 1-year rehospitalization, and 1-year mortality between patients discharged to an IRF and a propensity score-matched cohort of patients not discharged to an IRF. STUDY DESIGN: The Washington State Rehabilitation Registry was used to collect data for all trauma patients discharged to an IRF between 2011 and 2012. These charts were linked to the Washington State Trauma Registry and the Comprehensive Hospital Abstract Reporting System database to obtain detailed patient, injury, and mortality data. Propensity score matching was used to identify a control group of patients who were not discharged to an IRF. Primary outcomes measures were improvement in Functional Independence Measure score with inpatient rehabilitation and the likelihood of discharge home, 1-year rehospitalization, and 1-year mortality. RESULTS: Nine hundred and thirty-three trauma patients were discharged to an IRF between 2011 and 2012. Total functional independence measure scores improved from 63.7 (SD 20.3) to 92.2 (SD 20.9) (p < 0.001) with care at an IRF. When patients discharged to an IRF were compared with the propensity score-matched control patients, rehabilitation was found to significantly increase the likelihood of discharge to home (odds ratio = 9.41; 95% CI, 6.80-13.01) and to decrease 1-year mortality (odds ratio = 0.60; 95% CI, 0.39-0.92). CONCLUSIONS: Acute trauma patients should be recognized as an underserved population that would benefit considerably from inpatient rehabilitation services after discharge from the hospital.

O'Brien, S. R., & Xue, Y. (2016). Inpatient Rehabilitation Outcomes in Patients With Stroke Aged 85 Years or Older. *Phys Ther, 96*(9), 1381-1388. doi:10.2522/ptj.20150364

BACKGROUND: In the United States, people 85 years of age or older have a growing number of strokes each year, and this age group is most at risk for disability. Inpatient rehabilitation facilities (IRFs) adhere closest to post-acute stroke rehabilitation guidelines and have the most desirable outcomes compared with skilled nursing facilities. As stroke is one of the leading causes of disability, knowledge of postrehabilitation outcomes is needed for this age group, although at present such information is limited. OBJECTIVE: The purpose of this study was to describe functional and discharge outcomes after IRF rehabilitation in people with stroke aged 85 years or older. DESIGN: A serial, cross-sectional design was used. METHODS: Inpatient Rehabilitation Facility-Patient Assessment Instrument data were analyzed beginning in 2002 for the first 5.5 years after implementation of the prospective payment system and included 71,652 cases. Discharge function, measured using the Functional Independence Measure (FIM), and community discharge were the discharge outcome measures. Sample description used frequencies and means. Generalized estimating equations (GEEs) with post hoc testing were used to analyze the annual trends for discharge FIM and community discharge by age group (85-89, 90-94, 95-99, and >/=100 years). Risk-adjusted linear and logistic GEE models, with control for cluster, were used to analyze the association between both outcome measures and age group. RESULTS: Over 5.5 years, mean discharge FIM scores decreased by 3.6 points, and mean achievement of community discharge decreased 5.5%. Approximately 54% of the sample achieved community discharge. Continuous and logistic GEEs revealed factors associated with discharge outcomes. LIMITATIONS: Results obtained using an observational design should not be viewed as indicating causation. The lack of control for a caregiver may have altered results. CONCLUSIONS: The very elderly people admitted to IRF stroke rehabilitation made functional gains, and most were able to return to the community.

O'Brien, S. R., & Zhang, N. (2018). Association Between Therapy Intensity and Discharge Outcomes in Aged Medicare Skilled Nursing Facilities Admissions. *Arch Phys Med Rehabil, 99*(1), 107-115. doi:10.1016/j.apmr.2017.07.012

OBJECTIVES: To determine the association between therapy intensity and discharge outcomes for aged Medicare skilled nursing facilities (SNFs) fee-for-service beneficiaries and to determine the association between therapy intensity and time to community discharge. DESIGN: Retrospective observational design. SETTING: SNFs. PARTICIPANTS: Aged Medicare fee-for-service beneficiaries

(N=311,338) in 3605 SNFs. INTERVENTIONS: The total minutes of physical therapy, occupational therapy, and speech therapy per day were divided into intensity groups: high (>/=60min); medium-high (45-<60min); medium-low (30-<45min); and low (<30min). MAIN OUTCOME MEASURES: Four discharge outcomes-community, hospitalization, permanent placement, and death-were examined using a multivariate competing hazards model. For those associated with community discharge, a Poisson multivariate model was used to determine whether length of stay differed by intensity. RESULTS: High intensity therapy was associated with more community discharges in comparison to the remaining intensity groups (hazard ratio, .84, .68, and .433 for medium-high, medium-low, and low intensity groups, respectively). More hospitalizations and deaths were found as therapy intensity decreased. Only high intensity therapy was associated with a 2-day shorter length of stay (incident rate ratio, .95). CONCLUSIONS: High intensity therapy was associated with a 2-day shorter length of stay (incident rate ratio, .95). CONCLUSIONS: High intensity therapy was associated with a 2-day shorter length of stay (incident rate ratio, .95). Ker NSF for rehabilitation services, there may be desirable benefits to beneficiaries who receive high intensity therapy.

Rice et al (2013) Impact of the clinical practice guideline for preservation of upper limb function on transfer skills of persons with acute spinal cord injury. <u>Arch Phys Med Rehabil.</u> Jul;94(7):1230-46.

OBJECTIVES: To describe the development of a strict education protocol to implement the clinical practice guideline "Preservation of Upper Limb Function Following Spinal Cord Injury" into a clinical setting, and evaluate the effect of the protocol on transfer quality. DESIGN: Randomized controlled trial. SETTING: Acute Model Spinal Cord Injury Systems rehabilitation facility and community. PARTICIPANTS: Volunteer sample of full-time wheelchair users (N=70) with new spinal cord injuries randomized (1:1) to an intervention and standard-of-care group. INTERVENTION: The intervention group was educated on transfer skills with a structured protocol implemented by a physical and occupational therapist who were extensively educated on the clinical practice guidelines and current transfer research. The standard-of-care group received standard therapy services. MAIN OUTCOME MEASURES: Comparison of transfer quality evaluated by the Transfer Assessment Instrument at 4 time points during first year after injury. RESULTS: No significant differences were found between study groups. Secondary analysis based on type of transfer performed found that participants in the intervention group who performed assisted sitting pivot transfers performed higher-quality transfers (mean +/- SE: 9.43+/-.55) compared with the standard-of-care group (mean +/- SE: 7.81+/-.46) (P=.026) at 1 year after discharge. Also, participants who performed a dependent transfer had a higher average score across all 4 time points (mean +/- SE: 9.14+/-.34) compared with the standard-of-care group (mean +/- SE: 8.09+/-.29) (P=.019). CONCLUSIONS: For participants who perform assisted or dependent transfers, use of an evidenced-based, structured education program during acute inpatient rehabilitation has the potential to significantly improve the quality of transfers. Further follow-up testing is necessary with a larger sample size to determine the long-term effects.

Rosenbaum, A. M., Gordon, W. A., Joannou, A., & Berman, B. A. (2018). Functional outcomes following postacute rehabilitation for moderate-to-severe traumatic brain injury. *Brain Inj, 32*(7), 907-914. doi:10.1080/02699052.2018.1469040

OBJECTIVE: The objective of this study was to examine the benefits of long-term inpatient rehabilitation for individuals with moderate-to-severe traumatic brain injuries (TBIs). METHODS: Retrospective database review of 67 individuals with moderate-to-severe TBI admitted to a specialised inpatient TBI program. Outcome measures are as follows: (1) functional independence measure + functional assessment measure (FIM+FAM; admission, discharge, change scores); (2) discharge designation (community vs. long-term care (LTC)). RESULTS: There was a mean improvement on FIM+FAM of 54.19 points (SD = 35.63) or 67% between admission and discharge (t(66) = -12.45, p < 0.001). Mean time post-injury upon completion of therapy was 409.59 days (SD = 343.93). Upon completion of rehabilitation, 50 (75%) participants were discharged to community and 17 to LTC. Among those returning to community, those with longer length of stays were more severely disabled

on admission (t(35.9) = -4.86, p < 0.001). Controlling for admission functional status, individuals returning to community following >90 days of therapy required a mean of 378.94 days (SD = 298.86) to achieve comparable gains to those less impaired who received shorter periods of rehabilitation (F(1) = 0.530, p = 0.47). CONCLUSION: Continued specialised inpatient services following acute inpatient rehabilitation for individuals with moderate-to-severe TBI can reduce the level of dependency and enhance the likelihood of return to community living.

Sauter et al (2013). Functional outcomes of persons who underwent dysvascular lower extremity amputations: effect of postacute rehabilitation setting. <u>Am J Phys Med Rehabil.</u> Apr;92(4):287-96.

OBJECTIVE: The aim of this study was to examine the effect of postacute rehabilitation setting on functional outcomes among patients who underwent major dysvascular lower extremity amputations. DESIGN: This is a population-based prospective cohort study conducted in Maryland and Wisconsin. Data collected from medical records and patient interviews conducted during acute hospitalization after amputation and at 6 mos after the acute care discharge were analyzed using multivariate models and instrumental variable techniques. RESULTS: A total of 297 patients were analyzed on the basis of postacute care rehabilitation setting: acute inpatient rehabilitation facility (IRF), skilled nursing facility (SNF), or home. The majority (43.4%) received care in an IRF; 32%, in an SNF; and 24.6%, at home. On the Short Form-36 subscales, significantly improved outcomes were observed for the patients receiving postacute care at an IRF relative to those cared for at an SNF in physical function, role physical, and physical component summary score. Patients receiving postacute care in IRFs also experienced better role physical and physical component summary score outcomes compared with those discharged directly home. In addition, patients receiving postacute care in an IRF were significantly more likely to score in the top quartile for general health in IRF compared with SNF or home and less likely to score in the lowest quartile for physical function, role physical, and physical component summary score in IRF compared with SNF. Lower activity of daily living impairment was observed in IRF compared with SNF. CONCLUSIONS: Among this large and diverse cohort of patients who underwent major dysvascular lower limb amputations, receipt of interdisciplinary rehabilitation services in an IRF yielded improved functional outcomes 6 mos after amputation relative to care received in SNFs or at home.

Siebens, H. C., Sharkey, P., Aronow, H. U., Deutscher, D., Roberts, P., Munin, M. C., . . . Horn, S. D. (2016). Variation in Rehabilitation Treatment Patterns for Hip Fracture Treated With Arthroplasty. *Pm r, 8*(3), 191-207. doi:10.1016/j.pmrj.2015.07.005

BACKGROUND: Recommendations for health care redesign often advocate for comparative effectiveness research that is patient-centered. For patients who require rehabilitation services, a first step in this research process is to understand current practices for specific patient groups. OBJECTIVE: To document in detail the physical and occupational therapy treatment activities for inpatient hip fracture rehabilitation among 3 patient subgroups distinguished by their early rate of functional recovery between time of surgery to rehabilitation admission. DESIGN: Multicenter prospective observational cohort, practice-based evidence, study. SETTING: Seven skilled nursing facilities and 11 inpatient rehabilitation facilities across the United States. PARTICIPANTS: A total of 226 patients with hip fractures treated with hip arthroplasty. METHODS: Comparisons of physical and occupational therapy treatment activities among 3 groups with different initial recovery trajectory (IRT) rates (slower, moderate, faster). MAIN OUTCOME MEASURE(S): Percent of patients in each IRT group exposed to each physical and occupational therapy activity (exposure), and mean minutes per week for each activity (intensity). RESULTS: The number of patients exposed to different physical or occupational therapy activities varied within the entire sample. More specifically, among the 3 IRT groups, significant differences in exposure occurred for 44% of physical therapy activities and 39% of occupational therapy activities. More patients in the slower recovery group, IRT 1, received basic activities of daily living treatments and more patients in the faster recovery group, IRT 3, received advanced activities. The moderate recovery group, IRT 2, had some treatments similar to IRT 1 group

and others similar to IRT 3 group. CONCLUSIONS: Analyses of practice-based evidence on inpatient rehabilitation of hip fracture patients treated with arthroplasty identified differences in therapy activities among three patient groups classified by IRT rates. These results may enhance physiatrists', other physicians', and rehabilitation teams' understanding of inpatient rehabilitation for these patients and help design future comparative effectiveness research.

 Skidmore, E. R., Dawson, D. R., Butters, M. A., Grattan, E. S., Juengst, S. B., Whyte, E. M., . . . Becker, J. T. (2015). Strategy Training Shows Promise for Addressing Disability in the First 6 Months After Stroke. *Neurorehabil Neural Repair*, 29(7), 668-676. doi:10.1177/1545968314562113

OBJECTIVE: To examine the feasibility of a strategy training clinical trial in a small group of adults with stroke-related cognitive impairments in inpatient rehabilitation, and to explore the impact of strategy training on disability. DESIGN: Non-randomized two-group intervention pilot study. SETTING: Two inpatient rehabilitation units within an academic health centre. PARTICIPANTS: Individuals with a primary diagnosis of acute stroke, who were admitted to inpatient rehabilitation and demonstrated cognitive impairments were included. Individuals with severe aphasia; dementia; major depressive disorder, bipolar, or psychotic disorder; recent drug or alcohol abuse; and anticipated length of stay less than five days were excluded. INTERVENTION: Participants received strategy training or an attention control session in addition to usual rehabilitation care. Sessions in both groups were 30-40 minutes daily, five days per week, for the duration of inpatient rehabilitation. MAIN OUTCOME MEASURES: We assessed feasibility through participants' recruitment and retention; research intervention session number and duration; participants' comprehension and engagement; intervention fidelity; and participants' satisfaction. We assessed disability at study admission, inpatient rehabilitation discharge, 3 and 6 months using the Functional Independence Measure. RESULTS: Participants in both groups (5 per group) received the assigned intervention (>92% planned sessions; >94% fidelity) and completed follow-up testing. Strategy training participants in this small sample demonstrated significantly less disability at six months (M (SE) = 117 (3)) than attention control participants (M(SE) = 96 (14); t 8 = 7.87, P = 0.02). CONCLUSIONS: It is feasible and acceptable to administer both intervention protocols as an adjunct to acute inpatient rehabilitation, and strategy training shows promise for reducing disability.

Taylor, S. M., Cheung, E. O., Sun, R., Grote, V., Marchlewski, A., & Addington, E. L. (2018). Applications of complementary therapies during rehabilitation for individuals with traumatic Spinal Cord Injury:
 Findings from the SCIRehab Project. J Spinal Cord Med, 1-8. doi:10.1080/10790268.2018.1481693

OBJECTIVE: Evaluate the use of complementary therapies during rehabilitation for patients with traumatic spinal cord injury (SCI). DESIGN: Secondary analyses were conducted to identify the use and associated outcomes of complementary therapies provided by occupational therapists (OTs) and physical therapists (PTs) during rehabilitation from a public dataset. SETTING: Inpatient rehabilitation. PARTICIPANTS: A public dataset composed of 1376 patients with SCI that were enrolled in a five-year, multi-center investigation, the SCIRehab Project. Secondary analyses focused on a subset of 93 patients (47 who received complementary therapy during treatment and 46 case-matched controls who received no complementary therapy). INTERVENTIONS: OTs and PTs recorded use of complementary therapies during sessions, including yoga, Pilates, tai chi, aromatherapy, relaxation techniques, imagery and other. OUTCOME MEASURES: Pain interference, pain severity, mobility, and social integration. RESULTS: Three percent of participants received any complementary therapies. Patients who received complementary therapies showed greater reductions in pain severity from 6 months to 12 months relative to matched controls. Furthermore, the amount of time that patients received complementary therapies during physical therapy sessions was associated with reduced pain interference at 6 months and with reduced pain severity at the 6-month and 12-month follow-ups. Complementary therapy use was not associated with mobility or social integration. CONCLUSION: The current study provides preliminary evidence documenting the limited use of complementary therapies in rehabilitation settings and highlights the opportunity for further research, particularly regarding pain-related outcomes.

Wang, H., Camicia, M., Terdiman, J., Mannava, M. K., Sidney, S., & Sandel, M. E. (2013). Daily treatment time and functional gains of stroke patients during inpatient rehabilitation. *Pm r, 5*(2), 122-128. doi:10.1016/j.pmrj.2012.08.013

OBJECTIVE: To study the effects of daily treatment time on functional gain of patients who have had a stroke. DESIGN: A retrospective cohort study. SETTING: An inpatient rehabilitation hospital (IRH) in northern California. PARTICIPANTS: Three hundred sixty patients who had a stroke and were discharged from the IRH in 2007. INTERVENTIONS: Average minutes of rehabilitation therapy per day, including physical therapy, occupation therapy, speech and language therapy, and total treatment. MAIN OUTCOME MEASURES: Functional gain measured by the Functional Independence Measure, including activities of daily living, mobility, cognition, and the total of the Functional Independence Measure (FIM) scores. RESULTS: The study sample had a mean age of 64.8 years; 57.4% were men and 61.4% were white. The mean total daily therapy time was 190.3 minutes, and the mean total functional gain was 26.0. A longer daily therapeutic duration was significantly associated with total functional gain (r = .23, P = .0094). Patients who received a total therapy time of <3.0 hours per day had significantly lower total functional gain than did those treated >/=3.0 hours. No significant difference in total functional gain was found between patients treated >/=3.0 but <3.5 hours and >/=3.5 hours per day. The daily treatment time of physical therapy, occupational therapy, and speech and language therapy also was significantly associated with corresponding subscale functional gains. In addition, hemorrhagic stroke, left brain injury, earlier IRH admission, and a longer IRH stay were associated with total functional improvement. CONCLUSIONS: The study demonstrated a significant relationship between daily therapeutic duration and functional gain during IRH stay and showed treatment time thresholds for optimal functional outcomes for patients in inpatient rehabilitation who had a stroke.

Winstein, C. J., Stein, J., Arena, R., Bates, B., Cherney, L. R., Cramer, S. C., . . . Zorowitz, R. D. (2016). Guidelines for Adult Stroke Rehabilitation and Recovery: A Guideline for Healthcare Professionals From the American Heart Association/American Stroke Association. *Stroke*, 47(6), e98-e169. doi:10.1161/str.00000000000098

PURPOSE: The aim of this guideline is to provide a synopsis of best clinical practices in the rehabilitative care of adults recovering from stroke. METHODS: Writing group members were nominated by the committee chair on the basis of their previous work in relevant topic areas and were approved by the American Heart Association (AHA) Stroke Council's Scientific Statement Oversight Committee and the AHA's Manuscript Oversight Committee. The panel reviewed relevant articles on adults using computerized searches of the medical literature through 2014. The evidence is organized within the context of the AHA framework and is classified according to the joint AHA/American College of Cardiology and supplementary AHA methods of classifying the level of certainty and the class and level of evidence. The document underwent extensive AHA internal and external peer review, Stroke Council Leadership review, and Scientific Statements Oversight Committee review before consideration and approval by the AHA Science Advisory and Coordinating Committee. RESULTS: Stroke rehabilitation requires a sustained and coordinated effort from a large team, including the patient and his or her goals, family and friends, other caregivers (eg, personal care attendants), physicians, nurses, physical and occupational therapists, speech-language pathologists, recreation therapists, psychologists, nutritionists, social workers, and others. Communication and coordination among these team members are paramount in maximizing the effectiveness and efficiency of rehabilitation and underlie this entire guideline. Without communication and coordination, isolated efforts to rehabilitate the stroke survivor are unlikely to achieve their full potential. CONCLUSIONS: As systems of care evolve in response to healthcare reform efforts, postacute care and rehabilitation are often considered a costly area of care to be trimmed but without recognition of their clinical impact
and ability to reduce the risk of downstream medical morbidity resulting from immobility, depression, loss of autonomy, and reduced functional independence. The provision of comprehensive rehabilitation programs with adequate resources, dose, and duration is an essential aspect of stroke care and should be a priority in these redesign efforts. (Stroke.2016;47:e98-e169. DOI: 10.1161/STR.00000000000098.).

Wysocki, A., Thomas, K. S., & Mor, V. (2015). Functional Improvement Among Short-Stay Nursing Home Residents in the MDS 3.0. *J Am Med Dir Assoc, 16*(6), 470-474. doi:10.1016/j.jamda.2014.11.018

OBJECTIVES: To examine the completeness of the activities of daily living (ADL) items on admission and discharge assessments and the improvement in ADL performance among short-stay residents in the newly adopted Minimum Data Set (MDS) 3.0. DESIGN: Retrospective analysis of MDS admission and discharge assessments. SETTING: Nursing homes from July 1, 2011, to June 30, 2012. PARTICIPANTS: New nursing home residents admitted from acute hospitals with corresponding admission and discharge assessments between July 1, 2011, and June 30, 2012, who had a length of stay of 100 days or less. MEASUREMENTS: ADL self-performance items, including bed mobility, transfer, walking in room, walking in corridor, locomotion on unit, locomotion off unit, dressing, eating, toilet use, and personal hygiene, at admission and discharge. RESULTS: The ADL self-performance items are complete at both admission and discharge, with less than 1% missing for any item. More than 60% of residents improved over the course of their post-acute stay. New short-stay nursing home residents with conditions such as cognitive impairment, delirium, dementia, heart failure, and stroke showed less improvement in ADL performance during their stay. CONCLUSION: The discharge assessment data in the MDS 3.0 provide new information to researchers and providers to examine and track ADL performance. Nursing homes can identify and track patients who require more intensive therapies or targeted interventions to achieve functional improvement during their stay. Future research can examine facility-level measures to better understand how ADL improvement varies across facilities.

Scoping Review Methodology

To prepare for the NQF Endorsement Maintenance Review for this measure, we sought to identify relevant literature since our 2014 NQF submission. The literature search focused on how one intervention/service, therapy, is associated with the measure, functional outcomes. Therapy is one of the processes listed in the Structure-Process-Outcome Model (see Figure 1a). This model shows that IRF staff, including therapists, can implement interventions that result in improving their patients' functional outcomes, specifically their mobility and self-care outcomes.

Our team conducted a scoping review that included a systematic search of published literature relevant to our cohort of IRF measures (NQF 2633, 2634, 2635, and 2636). To identify the relevant literature, we identified the search strategy with input from all team members. The search strategy included relevant terms for the setting, interventions and outcomes that align with these IRF measures. We included articles that met all three criteria. Below, we outline our search strategy. Note these are only examples and are not fully comprehensive of the search terminology we used.

- Setting search terms: IRFs are the primary setting of focus as these measures assess patient functional outcomes (mobility and self-care) in IRFs. We used a variety of terms that are commonly used to describe IRFs such as, "inpatient rehabilitation facility" "rehabilitation centers" or "intensive rehabilitation". We also included searches for articles about "Skilled Nursing Facilities" or "SNFs" or "short-stay nursing home" as SNFs offer similar rehabilitation treatments as IRFs. More generally, we also searched for "post-acute care settings" as some research articles focus on post-acute care (PAC) settings and may be relevant to IRFs or SNFs.
- 2. Intervention search terms: We searched a variety of key terms such as "therapy" or "mobilization" or "intervention".
- **3.** Functional outcomes: We used key words such as: "functional outcome" or "functional improvement" or "activities of daily living".

Exclusion criteria were pre-determined by the team before the search was conducted. Exclusion criteria were: any articles published before January 1, 2013; any articles published outside of the US that did not use US based data; articles not written in English; articles not focused on human outcomes; and any articles that were focused on Long-term Care Hospitals or LTCHs, and other publication types that were not research-based such as opinion pieces or commentaries were excluded. We also included 6 additional articles we found that meet our inclusion criteria that were not identified by our PubMed search.

Our initial search yielded 181 articles. For every publication identified, we assigned two coders to independently review each abstract to determine if the study was relevant (i.e., should be included or excluded). The team met to compare decisions, and for abstracts for which we disagreed, the team rereviewed the abstract together and we made a consensus decision. All Case Reports were excluded, because these articles focus on one individual and the findings are not generalizable. We also excluded articles for other reasons including those that describe outcomes that are not a focus of our measures, including cognition outcomes, readmissions or discharge destination. In addition, we excluded those articles focused on outpatient or acute care settings.

Our final scoping review results yielded 26 articles for inclusion. Following our inclusion decisions, we also grouped the articles by type of setting (IRF, SNF, IRF and SNF, or other), of functional outcome (self-care, mobility, motor function), and if the study focused on a specific diagnosis (e.g. stroke) or multiple diagnoses.

Previous NQF Submission 2014

Treatments furnished by IRF clinicians focus on reducing patients' impairments and activity limitations as well as managing patients' medical, psychological and other health needs. The relationship between rehabilitation interventions and patients' functional outcomes has been challenging to examine (Foley et al., 2012), because rehabilitation interventions tend to be multidisciplinary, tailored to each patient's specific needs and there are no standardized definitions and no standardized measurement of interventions. In addition, research examining the optimal "dose" of therapy has been limited in IRFs due, in part, to the provision of intensive therapy services to all patients, and concern about the lack of variability in the amount of therapy provided. The rehabilitation treatment-outcome knowledge gap is recognized, and several efforts are underway to classify interventions using standardized terminology in order to better understand the relationship between interventions and outcomes; that is, the active ingredients of a rehabilitation program (Natale et al., 2009; Ozelie et al., 2009; Johnson et al., 2009; Rundquist et al., 2011; Taylor-Schroeder, 2011). Several studies have examined the therapy dose-outcome relationship, and reported higher amounts of therapy were associated with better functional improvement (Jette, Warren & Wirtalla, 2010; Lenze et al., 2012; Ozelie et al., 2012; Wang et al., 2013; Mallinson et al, 2014; Lohse, Lang & Boyd, 2014). In addition, O'Brien, Xue, Ingersoll & Kelly (2013) reported that shorter IRF stays were associated with lower patient functioning at discharge; the average IRF length of stays decreased 1.8 days between 2002 and 2007, and the patients in 2007 had lower functional abilities at discharge compared to patients in 2002.

Citations

Foley, N., Pereira, S., Salter, K., Meyer, M., McClure, J. A., & Teasell, R., (2012). Are recommendations regarding inpatient therapy intensity following acute stroke really evidence-based? *Topics in Stroke Rehabilitation*. 19(2):96-103.

Jette, D. U., R. L. Warren, & C. Wirtalla. (2005). The relation between therapy intensity and outcomes of rehabilitation in skilled nursing facilities. *Archives of Physical Medicine and Rehabilitation*, 86 (3), 373-9.

Johnson K., Bailey J., Rundquist J., Dimond P., McDonald CA., Reyes IA., ... Gassaway J. (2009). SCIRehab Project series: the supplemental nursing taxonomy. *Journal of Spinal Cord Medicine*. 32(3):329-35.

Lenze, E. J., Host, H. H., Hildebrand M. W., Morrow-Howell, N., Carpenter, B., Freedland, K. E., ... Binder, E, F. (2012). Enhanced medical rehabilitation increases therapy intensity and engagement and improves functional outcomes in postacute rehabilitation of older adults: a randomized-controlled trial. *Journal of the American Medical Directors Association*. 13(8):708-12.

Lohse, K. R., Lang, C. E., & Boyd, L. A. (2014). Is more better? Using metadata to explore dose-response relationships in stroke rehabilitation. *Stroke*. 45(7):2053-8.

Mallinson, T., Deutsch, A., Bateman, J., Tseng, H. Y., Manheim, L., Almagor, O., Heinemann, A., W. (2014). Comparison of discharge functional status after rehabilitation in skilled nursing, home health, and medical rehabilitation settings for patients after hip fracture repair. *Archives of Physical Medicine & Rehabilitation*. 95(2):209-17.

Natale A., Taylor S., LaBarbera J., Bensimon L., McDowell S., Mumma S.L., ... Gassaway J. (2009). SCIRehab Project series: the physical therapy taxonomy. *Journal of Spinal Cord Medicine*. 32(3):270-82.

O'Brien, S. R., Xue, Y., Ingersoll, G., & Kelly, A. (2013). Shorter length of stay is associated with worse functional outcomes for Medicare beneficiaries with stroke. *Physical Therapy*, *93*, 1592–1602.

Ozelie R., Sipple C., Foy T., Cantoni K., Kellogg K., Lookingbill J., ... Gassaway J. (2009).

SCIRehab Project series: the occupational therapy taxonomy. Journal of Spinal Cord Medicine. 32(3):283-97.

Ozelie R., Gassaway J., Buchman E., Thimmaiah D., Heisler L., Cantoni K., ... Whiteneck G. (2012). Relationship of occupational therapy inpatient rehabilitation interventions and patient characteristics to outcomes following spinal cord injury: the SCIRehab project. *Journal of Spinal Cord Medicine*. 35(6):527-46.

Rundquist J., Gassaway J., Bailey J., Lingefelt P., Reyes IA., & Thomas J. (2011). The SCIRehab project: treatment time spent in SCI rehabilitation. Nursing bedside education and care management time during inpatient spinal cord injury rehabilitation. *Journal of Spinal Cord Medicine*. 34(2):205-15.

Taylor-Schroeder S., LaBarbera J., McDowell S., Zanca J.M., Natale A., Mumma S., ... Backus D. (2011). The SCIRehab project: treatment time spent in SCI rehabilitation. Physical therapy treatment time during inpatient spinal cord injury rehabilitation. *Journal of Spinal Cord Medicine*. 34(2):149-61.

Wang, H., Camicia, M., Terdiman, J., Mannava, M. K., Sidney, S., & Sandel, M. E. (2013). Daily treatment time and functional gains of stroke patients during inpatient rehabilitation. *Physical Medicine & Rehabilitation*, *5*(2), 122-128.

We identified evidence from literature searches using PubMed and the Cumulative Index of Nursing and Allied Health Literature (CINAHL) and in reviews of references cited in the relevant identified studies.

 Foley, N., Pereira, S., Salter, K., Meyer, M., McClure, J. A., & Teasell, R., (2012). Are recommendations regarding inpatient therapy intensity following acute stroke really evidence-based? *Topics in Stroke Rehabilitation*. 19(2):96-103.

Six clinical practice guidelines were retrieved and examined to determine what recommendation, if any, had been made regarding the daily provision of therapy during inpatient rehabilitation. All studies cited by the guideline authors to support their recommendations were identified and retrieved. Studies in which treatment was (a) focused on motor recovery, (b) initiated during inpatient rehabilitation, and (c) provided within 3 months of stroke onset were reviewed in greater detail. Three of the 6 identified guidelines recommended daily minimum amounts of therapy, ranging from 45 to 60 minutes each day of occupational and physiotherapy, and 3 made general statements indicating that increased intensity of therapy was either recommended or was not recommended. We believe the evidence base cannot support a specific recommendation related to therapy intensity during inpatient rehabilitation following stroke.

 Jette, D. U., R. L. Warren, & C. Wirtalla. (2005). The relation between therapy intensity and outcomes of rehabilitation in skilled nursing facilities. *Archives of Physical Medicine and Rehabilitation*, 86 (3), 373-9.

The aim of the study is to examine the relation between therapy intensity, including physical therapy, occupational therapy, and speech and language therapy, provided in a skilled nursing facility setting and patients' outcomes. Higher physical therapy and occupational therapy intensities were associated with greater odds of improving by at least 1 stage in mobility and activities of daily living functional independence across each condition. The speech and language therapy intensity was associated with improved motor and executive control functional stages for patients with stroke. Therapy intensities accounted for small

proportions of model variances in all outcomes. Higher therapy intensity was associated with better outcomes as they relate to LOS and functional improvement for patients who have stroke, orthopedic conditions, and cardiovascular and pulmonary conditions and are receiving rehabilitation in skilled nursing facilities.

- 3. Johnson K., Bailey J., Rundquist J., Dimond P., McDonald CA., Reyes IA., ... Gassaway J. (2009). SCIRehab Project series: the supplemental nursing taxonomy. *Journal of Spinal Cord Medicine*. 32(3):329-35. Spinal cord injury rehabilitation nurses document the occurrence of educational and care management efforts in traditional nursing documentation methods but not the intensity (or dose) of such interactions. This article describes a process to capture these nursing interventions. Nurses at 6 US inpatient spinal cord injury centers developed a taxonomy of nursing patient education efforts and care management. This was subsequently incorporated into a point-of-care documentation system and used to capture details of nursing care for 1,500 Spinal cord injury rehabilitation patients. The taxonomy consists of 10 education and 3 care management categories. The point-of-care system includes time spent on each category along with an indication of whether the patient and/or family received the education/care management. In addition, a subjective measure of patient participation in nursing activities is included.
- Lenze, E. J., Host, H. H., Hildebrand M. W., Morrow-Howell, N., Carpenter, B., Freedland, K. E., Binder, E, F. (2012). Enhanced medical rehabilitation increases therapy intensity and engagement and improves functional outcomes in postacute rehabilitation of older adults: a randomized-controlled trial. *Journal of the American Medical Directors Association*. 13(8):708-12.

This study tested Enhanced Medical Rehabilitation, an intervention designed to increase patient engagement in, and intensity of, daily physical and occupational therapy sessions in a skilled nursing facility. This was a randomized controlled trial of Enhanced Medical Rehabilitation versus standard-of-care rehabilitation. Participants were 26 older adults admitted from a hospital for postacute rehabilitation. Participants randomized to Enhanced Medical Rehabilitation had higher intensity therapy and were more engaged in their rehabilitation sessions; they had more improvement in gait speed and 6-minute walk, with a trend for better improvement of Barthel Index, compared with participants randomized to standard-ofcare rehabilitation. Higher intensity and patient engagement in the postacute rehabilitation setting is achievable, with resultant better functional outcomes for older adults.

5. Lohse, K. R., Lang, C. E., & Boyd, L. A. (2014). Is more better? Using metadata to explore dose-response relationships in stroke rehabilitation. *Stroke*. 45(7):2053-8.

The primary objective of this meta-analysis was to explore the relationship between time scheduled for therapy and improvement in motor therapy for adults after stroke by (1) comparing high doses to low doses and (2) using metaregression to quantify the dose-response relationship further. Databases were searched to find randomized controlled trials that were not dosage matched for total time scheduled for therapy. Regression models were used to predict improvement during therapy as a function of total time scheduled for therapy and years after stroke. Overall, treatment groups receiving more therapy improved beyond control groups that received less. There is a positive relationship between the time scheduled for therapy and therapy outcomes.

 Mallinson, T., Deutsch, A., Bateman, J., Tseng, H. Y., Manheim, L., Almagor, O., Heinemann, A., W. (2014). Comparison of discharge functional status after rehabilitation in skilled nursing, home health, and medical rehabilitation settings for patients after hip fracture repair. *Archives of Physical Medicine & Rehabilitation*. 95(2):209-17.

The aim of this study was to examine differences in rehabilitation outcomes across 3 post-acute care rehabilitation settings for patients after hip fracture repair. Participants were patients (N=181) receiving rehabilitation following hip fracture. Inpatient rehabilitation facility and home health agency patients had lower self-care function at discharge relative to skilled nursing facility patients controlling for patient characteristics, severity, comorbidities, and services. Inpatient rehabilitation facility and skilled nursing facility patients received about the same total minutes of therapy over their PAC stays (~2100 min on

average), whereas home health patients received only approximately 25% as many minutes. Setting-specific effects varied depending on whether self-care or mobility was the outcome of focus.

7. Natale A., Taylor S., LaBarbera J., Bensimon L., McDowell S., Mumma S.L., ... Gassaway J. (2009). SCIRehab Project series: the physical therapy taxonomy. *Journal of Spinal Cord Medicine*. 32(3):270-82.

The objective of this study was to describe a taxonomy (system to categorize and classify interventions) to examine the effects of physical therapy interventions on rehabilitation outcomes. Physical therapy clinicians and researchers from 6 centers developed a taxonomy to describe details of each PT session. The physical therapy taxonomy consists of 19 treatment activities (e. g., bed mobility, transfers, wheelchair mobility, strengthening and stretching exercises) and supplementary information to describe the associated therapeutic interventions. The detailed physical therapy taxonomy documentation process, which offers efficiency in data collection, is being used for all physical therapy sessions with 1,500 patients with acute traumatic spinal cord injury at the 6 participating centers.

8. O'Brien, S. R., Xue, Y., Ingersoll, G., & Kelly, A. (2013). Shorter length of stay is associated with worse functional outcomes for Medicare beneficiaries with stroke. *Physical Therapy*, *93*, 1592–1602.

This study examined the trends and associations between length of stay and discharge outcomes in Medicare beneficiaries with stroke treated in IRFs. Medicare beneficiaries with stroke treated in IRFs experienced shorter length of stay, had worsening admission and discharge function, and had fewer community discharges. Worsening admission function and shorter length of stay may contribute to worsening discharge outcomes, which may indicate a lack of readiness for IRF treatment and that facilitylevel factors may be playing a role in shorter length of stay.

9. Ozelie R., Sipple C., Foy T., Cantoni K., Kellogg K., Lookingbill J., ... Gassaway J. (2009). SCIRehab Project series: the occupational therapy taxonomy. *Journal of Spinal Cord Medicine*. 32(3):283-97.

Occupational therapy clinicians and researchers from 6 spinal cord injury rehabilitation centers developed a taxonomy to describe details of each occupational therapy session. The occupational therapy taxonomy consists of 26 occupational therapy activities (e. g., training on activities of daily living, communication, home management skills, wheelchair mobility, bed mobility, transfers, balance, strengthening, stretching, equipment evaluation, and community reintegration). Treatment descriptions are enhanced further with identification of assistance needs, patient direction of care, and family involvement, which help to describe and guide occupational therapy activity selection. The electronic documentation system is being used at 6 centers for all occupational therapy sessions with 1,500 patients with acute traumatic spinal cord injury.

 Ozelie R., Gassaway J., Buchman E., Thimmaiah D., Heisler L., Cantoni K., ... Whiteneck G. (2012). Relationship of occupational therapy inpatient rehabilitation interventions and patient characteristics to outcomes following spinal cord injury: the SCIRehab project. *Journal of Spinal Cord Medicine*. 35(6):527-46.

Occupational therapists at 6 inpatient rehabilitation centers documented detailed information about treatment provided. Occupational therapy treatment variables explain a small amount of variation in FIM outcomes for the full sample and significantly more in two functionally homogeneous subgroups. For patients with motor complete paraplegia, more time spent in clothing management and hygiene related to toileting was a strong predictor of higher scores on the lower body items of the self-care function. Among patients with motor complete low tetraplegia, higher scores for the FIM lower body self-care items were associated with more time spent on lower body dressing, manual wheelchair mobility training, and bathing training. The impact of occupational therapy treatment on functional outcomes is more evident when examining more homogeneous patient groupings and outcomes specific to the groupings.

 Rundquist J., Gassaway J., Bailey J., Lingefelt P., Reyes IA., & Thomas J. The SCIRehab project: treatment time spent in SCI rehabilitation. Nursing bedside education and care management time during inpatient spinal cord injury rehabilitation. *Journal of Spinal Cord Medicine*. 34(2):205-15, 2011.

Nurses providing usual care to patients with spinal cord injury documented the content and amount of time spent on each bedside interaction including details of education or care management for 42 048 shifts of

nursing care. The mean number of minutes per week was 264.3. The time that nurses spent on each activity was significantly different in each neurological injury group. Fifty percent of care management time was devoted to psychosocial support, while medication, skin care, bladder, bowel, and pain management were the main education topics. Nurses in spinal cord injury rehabilitation spend a significant amount of time providing education and psychosocial support to patients and their families. Quantification of these interventions will allow researchers to discern whether there are pertinent associations between the time spent on bedside activities and patient outcomes.

12. Taylor-Schroeder S., LaBarbera J., McDowell S., Zanca J.M., Natale A., Mumma S., ... Backus D. (2011). The SCIRehab project: treatment time spent in SCI rehabilitation. Physical therapy treatment time during inpatient spinal cord injury rehabilitation. *Journal of Spinal Cord Medicine*. 34(2):149-61.

Physical therapists documented details, including time spent, of treatment provided during 37,306 physical therapy sessions that occurred during inpatient SCI rehabilitation. SCIRehab patients received a mean total of 55.3 hours of physical therapy over the course of their rehabilitation stay. Significant differences among four neurologic groups were seen in the amount of time spent on most activities, including the most common physical therapy activities of strengthening exercises, stretching, transfer training, wheelchair mobility training, and gait training. Most physical therapy work (77%) was provided in individual therapy sessions; the remaining 23% was done in group settings. Patient and injury characteristics explained only some of the variations seen in time spent on wheelchair mobility, transfer and bed mobility training, and range of motion/stretching. Significant variation was seen in time spent on physical therapy activities within and among injury groups.

13. Wang, H., Camicia, M., Terdiman, J., Mannava, M. K., Sidney, S., & Sandel, M. E. (2013). Daily treatment time and functional gains of stroke patients during inpatient rehabilitation. *Physical Medicine & Rehabilitation*, *5*(2), 122-128.

The average total minutes of rehabilitation therapy per day, including physical therapy, occupation therapy, speech and language therapy for 360 patients who had a stroke and were discharged from the IRH in 2007 was 190.3 minutes. The mean total functional gain was 26.0. A longer daily therapeutic duration was significantly associated with total functional gain. Patients who received a total therapy time of <3.0 hours per day had significantly lower total functional gain than did those treated \geq 3.0 hours. No significant difference in total functional gain was found between patients treated \geq 3.0 but <3.5 hours and \geq 3.5 hours per day. The daily treatment time of physical therapy, occupational therapy, and speech and language therapy also was significantly associated with corresponding subscale functional gains. The study demonstrated a significant relationship between daily therapeutic duration and functional gain during the inpatient rehabilitation facility stay and showed treatment time thresholds for optimal functional outcomes for patients in inpatient rehabilitation who had a stroke.

1a.3. SYSTEMATIC REVIEW(S) OF THE EVIDENCE (for INTERMEDIATE OUTCOME, PROCESS, OR STRUCTURE PERFORMANCE MEASURES, INCLUDING THOSE THAT ARE INSTRUMENT-BASED) If the evidence is not based on a systematic review go to section 1a.4) If you wish to include more than one systematic review, add additional tables.

What is the source of the <u>systematic review of the body of evidence</u> that supports the performance measure? A systematic review is a scientific investigation that focuses on a specific question and uses explicit, prespecified scientific methods to identify, select, assess, and summarize the findings of similar but separate studies. It may include a quantitative synthesis (meta-analysis), depending on the available data. (IOM)

□ Clinical Practice Guideline recommendation (with evidence review)

□ US Preventive Services Task Force Recommendation

□ Other systematic review and grading of the body of evidence (*e.g., Cochrane Collaboration, AHRQ Evidence Practice Center*)

 \Box Other

Not Applicable. This measure is an outcome measure.

Source of Systematic Review:	
• Title	
Author	
Date	
Citation, including page numberURL	
Quote the guideline or recommendation verbatim about the process, structure or intermediate outcome being measured. If not a guideline, summarize the conclusions from the SR.	
Grade assigned to the evidence associated with the recommendation with the definition of the grade	
Provide all other grades and definitions from the evidence grading system	
Grade assigned to the recommendation with definition of the grade	
Provide all other grades and definitions from the recommendation grading system	
Body of evidence:	
 Quantity – how many studies? 	
 Quality – what type of studies? 	
Estimates of benefit and consistency across studies	
What harms were identified?	
Identify any new studies conducted since the SR. Do the new studies change the conclusions from the SR?	

1a.4 OTHER SOURCE OF EVIDENCE

If source of evidence is NOT from a clinical practice guideline, USPSTF, or systematic review, please describe the evidence on which you are basing the performance measure.

1a.4.1 Briefly SYNTHESIZE the evidence that supports the measure. A list of references without a summary is not acceptable.

Not Applicable. This measure is an outcome measure.

1a.4.2 What process was used to identify the evidence?

Not Applicable. This measure is an outcome measure.

1a.4.3. Provide the citation(s) for the evidence.

Not Applicable. This measure is an outcome measure.

1b. Performance Gap

Demonstration of quality problems and opportunity for improvement, i.e., data demonstrating:

- considerable variation, or overall less-than-optimal performance, in the quality of care across providers; and/or
- Disparities in care across population groups.

1b.1. Briefly explain the rationale for this measure (*e.g.*, how the measure will improve the quality of care, the benefits or improvements in quality envisioned by use of this measure)

If a COMPOSITE (e.g., combination of component measure scores, all-or-none, any-or-none), SKIP this question and answer the composite questions.

During an Inpatient Rehabilitation Facility (IRF) stay, the goals of treatment include fostering the patient's ability to manage his or her daily activities so that the patient can complete self-care and mobility activities as independently as possible and, if feasible, return to a safe, active and productive life in a community-based setting. Given that the primary goal of rehabilitation is function improvement, IRF clinicians have traditionally assessed and documented patients' functional status at admission and discharge to calculate change in function scores. The change in function scores represent the effectiveness of the rehabilitation care provided to patients in the rehabilitation unit or hospital.

The mobility quality measure uses standardized data elements for the collection of functional status data, which can improve communication when patients are transferred between providers. Most IRF patients receive care in an acute care hospital prior to the IRF stay, and many IRF patients receive care from another provider after the IRF stay. Use of standardized clinical data to describe a patient's status across providers can facilitate communication across providers.

In describing the importance of functional status, the National Committee on Vital and Health Statistics Subcommittee on Health (2001) noted, "Information on functional status is becoming increasing essential for fostering healthy people and a health population. Achieving optimal health and well-being for Americans requires an understanding across the life space of the effects of people's health conditions on their ability to do basic activities and participate in life situations, in other words, their functional status."

This quality measure will inform IRF providers about opportunities to improve care in the area of function and strengthen incentives for quality improvement related to patient function.

Citation:

National Committee on Vital and Health Statistics Subcommittee on Health. Classifying and Reporting Functional Status. 2001. Retrieved from http://www.ncvhs.hhs.gov/010617rp.pdf

1b.2. Provide performance scores on the measure as specified (<u>current and over time</u>) at the specified level of analysis. (<u>This is required for maintenance of endorsement</u>. Include mean, std dev, min, max, interquartile range, scores by decile. Describe the data source including number of measured entities; number of patients; dates of data; if a sample, characteristics of the entities include.) This information also will be used to address the sub-criterion on improvement (4b1) under Usability and Use.

We provide comparisons of fiscal year 2017 and calendar year 2017 performance scores using 12 months of data, as well as scores by quarter that were conducted using the national IRF-PAI data. Performance measure scores for a more recent 12-month period (e.g., calendar year 2018) were not yet available for this analysis due to the data correction period providers have to review and correct the data. The fiscal year 2017 IRF-PAI data set includes Medicare patients discharged from IRFs between October 1, 2016 – September 30, 2017 (N=490,032) whereas the calendar year includes patients discharged between January 1, 2017 – December 31, 2017 (N=493,209) before exclusion criteria are applied.

Quality measure score distributions over two 12-month time periods:

1. Fiscal year 2017 (October 1, 2016 – September 30, 2017) (n=1,119 providers)

2. Calendar year 2017 (January 1, 2017 – December 31, 2017) (n=1,117 providers)

Quality measure score distributions by quarter between October 1, 2016 – December 31, 2017 (5 quarters):

- 1. Quarter 4, 2016 (n=1,103)
- 2. Quarter 1, 2017 (n=1,105)
- 3. Quarter 2, 2017 (n=1,107)
- 4. Quarter 3, 2017 (n=1,107)
- 5. Quarter 4, 2017 (n=1,096)

Quality measure score distributions over 12-months were similar between fiscal year 2017 (mean: 28.2; standard deviation: 4.6) and between calendar year 2017 (mean: 28.3; standard deviation: 4.6). Quality measure scores by decile show variations in quality measure scores across IRFs. The interquartile range for the two periods ranged from 6.0 to 6.3 mobility units. Over five quarters (Q4, 2016 – Q4, 2017), the overall mean increased slightly from 27.9 to 28.4, and quality measure score distributions showed variation in IRF outcomes.

12-Month Comparison

1) October 1, 2016 – September 30, 2017 (12 months) Facilities: 1,119 Mean score: 28.2 Standard deviation: 4.6 Interquartile range: 6.0 1st decile (13.7-22.4): 20.4 2nd decile (22.5-24.5): 23.5 3rd decile (24.6-25.7): 25.1 4th decile (25.8-26.9): 26.3 5th decile (27.0-28.0): 27.5 6th decile (28.1-29.0): 28.5 7th decile (29.1-30.3): 29.6 8th decile (30.4-32.0): 31.2 9th decile (32.1-34.2): 33.0 10th decile (34.3-52.6): 36.4 Minimum: 13.7 Maximum: 52.6 2) Jan 1, 2017 – Dec 31, 2017 (12 months) Facilities: 1,117 Mean score: 28.3 Standard deviation: 4.6 Interquartile range: 6.3 1st decile (13.3-22.5): 20.6 2nd decile (22.6-24.5): 23.6 3rd decile (24.6-25.8): 25.1 4th decile (25.9-27.0): 26.4 5th decile (27.1-28.0): 27.5

6th decile (28.1-29.2): 28.6 7th decile (29.3-30.7): 30.0 8th decile (30.8-32.2): 31.4 9th decile (32.3-34.3): 33.2 10th decile (34.4-46.7): 36.5 Minimum: 13.3 Maximum: 46.7 Quality Measure Score Distributions by Quarter 1) October 1, 2016 – December 31, 2016 (Q4, 2016) Facilities: 1,103 Mean score: 27.9 Standard deviation: 5.1 Interquartile range: 6.6 Minimum: 8.4 Maximum: 55.8 2) January 1, 2017 – March 31, 2017 (Q1, 2017) Facilities: 1,105 Mean score: 28.1 Standard deviation: 4.9 Interquartile range: 6.5 Minimum: 13.3 Maximum: 55.8 3) April 1, 2017 – June 30, 2017 (Q2, 2017) Facilities: 1,107 Mean score: 28.4 Standard deviation: 5.1 Interquartile range: 6.6 Minimum: 9.1 Maximum: 52.2 4) July 1, 2017 – September 30, 2017 (Q3, 2017) Facilities: 1,107 Mean score: 28.4 Standard deviation: 5.1 Interquartile range: 6.8 Minimum: 12.7 Maximum: 47.1 5) October 1, 2017 – December 31, 2017 (Q4, 2017) Facilities: 1,096 Mean score: 28.4

Standard deviation: 5.1

Interquartile range: 7.1

Minimum: 2.8

Maximum: 51.8

Note: Scores are reported as units of change in mobility; Providers with < 20 stays during the 12-month testing period are excluded. Source: RTI analysis of IRF-PAI October 2016 – December 2017 (Program reference: MV50, MV64).

1b.3. If no or limited performance data on the measure as specified is reported in 1b2, then provide a summary of data from the literature that indicates opportunity for improvement or overall less than optimal performance on the specific focus of measurement.

Research has shown differences in IRF patients' functional (self-care and mobility) outcomes by geographic region, facility characteristics, IRF length of stay and race/ethnicity after adjusting for key patient demographic characteristics and admission clinical status, which supports the need to monitor IRF patients' functional outcomes. We conducted a literature search to identify recent relevant studies published between 2012 and 2018 using PubMed. Among the 30 articles initially identified by the search, 15 addressed gaps in performance for functional outcomes, and findings from these studies are summarized below. Note that the literature addresses motor functional outcomes broadly, rather than self-care or mobility specifically.

1) Variations in Functional Outcomes (Self-Care and Mobility) by Geographic Region:

We identified three studies focused on variation by geographic regions. While one study found that functional status and change in function did not vary substantially across regions (Reistetter et al., 2014), two more recent studies found significant differences in functional outcomes based on regional differences after adjusting for patient-level and facility-level characteristics (Reistetter et al., 2015; Teppala et al., 2017). Some of the variation in outcomes appear to be associated with facility-level characteristics rather than geography. Comparison of intra-class correlation coefficients from two- and three-level models showed that while the variance by facility is reduced when adjusting for random effect of hospital referral region (HRR), the reduction in the percentage of variance due to HRR is much greater when adjusting for random effect of facility. Findings suggest that there are opportunities for improvement in the area of functional status based on variations in outcomes by geographic region.

References:

Reistetter, T. A., et al. (2014). "Regional Variation in Stroke Rehabilitation Outcomes." Arch Phys Med Rehabil. 95(1), 29-38.

Reistetter T.A., et al. (2015). "Geographic and Facility Variation in Inpatient Stroke Rehabilitation: Multilevel Analysis of Functional Status." Arch Phys Med Rehabil. 96(7):1248-1254.

Srinivas Teppala, et al. (2017). "Variation in Functional Status After Hip Fracture: Facility and Regional Influence on Mobility and Self-Care." J Gerontol A Biol Sci Med Sci 72(10): 1376-1382.

2) Variations in Functional Outcomes (Self-Care and Mobility) by Facility Characteristics:

Three studies reported significant associations between facility-level characteristics and functional outcomes (Cary, et al., 2015; Graham, et al., 2013; Karmarkar, et al., 2014). Cary et al. (Cary, et al., 2015) examined variation in functional discharge scores by IRF type, ownership type, facility size as defined by number of beds, and rurality. All facility characteristics except government ownership, were associated with motor function on discharge. Using hierarchical regression modeling to estimate the association between facility characteristics and functional outcomes, the authors found that patients treated at freestanding rehabilitation hospitals, for-profit facilities, smaller facilities, and rural facilities achieved higher discharge motor scores and change in motor scores. Cary et al. noted that findings with respect to ownership type, may relate to possible selection behavior and coding practices in response to financial incentives in the Prospective Payment System.

Graham et al. (Graham, et al., 2013) examined the association between volume, as defined by average annual diagnosis facility volume for three specific diagnoses (stroke, fracture, and joint replacement) and functional outcomes. Hierarchical models showed a small, but also significant association between facility volume and functional discharge status, with the greatest effect being observed in comparing the variation between the referent and highest volume quartile.

Karmarkar et al. 2014 studied the association between IRF facility-level factors and discharge functional status of patients after stroke, accounting for patient factors. Multi-level modeling results demonstrated that although patient mix explained about 50 percent of variations in functional outcomes, facility-level factors accounted for a large part of functional outcome variations across IRFs.

Findings suggest that there are opportunities for improvement in the area of functional status based on variations in outcomes by facility characteristics.

References:

Cary, M. P., et al. (2015). "Performance-based outcomes of inpatient rehabilitation facilities treating hip fracture patients in the United States." Archives of Physical Medicine and Rehabilitation 96(5): 790-798.

Graham, J. E., et al. (2013). "Inpatient rehabilitation volume and functional outcomes in stroke, lower extremity fracture, and lower extremity joint replacement." Med Care 51(5): 404-412.

Karmarkar, A. M., et al. (2014, June). "Is Variability in Stroke Outcomes Attributable to Post-Acute Inpatient Rehabilitation Facility Factors?" AcademyHealth, San Diego, CA.

3) Variations in Functional Outcomes (Self-Care and Mobility) by IRF Length of Stay:

Several studies (O'Brien, et al., 2013; Camicia, et al., 2015; Cary, et al., 2015; Cary, et al., 2016) have shown positive associations between length of stay (LOS) and functional status at discharge, as well as functional gain. A study of IRF data spanning 2002-2007 found that since the implementation of a payment policy, LOS decreased by 1.8 days and that mean discharge FIM scores declined during the study period (O'Brien, et al., 2013).

More recent research points to more nuanced findings suggesting that the association between LOS and functional gain varies by level of impairment severity. Camicia et al.'s (Camicia et al., 2015) study of stroke patients' functional outcomes and LOS, found longer LOS was negatively associated with functional gains of patients in the mildly impaired group, while a positive association was found among patients with moderate and severe impairments. Factors noted as possible contributors to this variation included the negative effects of hospitalization, and differences in characteristics of the various impairment groups, such as differences in age distribution, comorbidities, and functional status at admission.

References:

Camicia, M., et al. (2016). "Length of Stay at Inpatient Rehabilitation Facility and Stroke Patient Outcomes." Rehabil Nurs 41(2): 78-90.

Cary, M. P., et al. (2015). "Performance-based outcomes of inpatient rehabilitation facilities treating hip fracture patients in the United States." Archives of Physical Medicine and Rehabilitation 96(5): 790-798.

Cary, M. P., et al. (2016). "Inpatient Rehabilitation Outcomes in a National Sample of Medicare Beneficiaries With Hip Fracture." Journal of Applied Gerontology 35(1): 62-83.

O'Brien, S.R., et al. (2013). "Shorter Length of Stay is Associated with Worse Functional Outcomes for Medicare Beneficiaries With Stroke." Phys Ther. 93(12): 1592-1602.

4) Variations in Functional Outcomes (Self-Care and Mobility) by Race and Ethnicity:

Literature focused on functional outcomes by race/ethnicity suggests lower functional outcomes for racial and ethnic minority patients, especially Black patients relative to their White counterparts (Berges, et al., 2012; Fyffe, et al., 2014; Ellis, et al., 2016; Cary, et al., 2016; Howrey, et al., 2017), though one article found no association between race and functional outcomes for patients with stroke undergoing rehabilitation (Rabadi,

et al., 2012). Two studies with inconsistent findings suggest that variations in functional status or gains across race/ethnic groups may be attributable to the use of different measurement approaches (Ellis et al., 2016; Ellis et al., 2014).

References:

Berges, I-M, et al. (2012). "Recovery of Functional Status After Stroke in a Tri-Ethnic Population." PM R. 4(4): 290-295.

Cary, M. P., et al. (2016). "Inpatient Rehabilitation Outcomes in a National Sample of Medicare Beneficiaries With Hip Fracture." Journal of Applied Gerontology 35(1): 62-83.

Ellis, C., et al. (2014). "Racial/Ethnic Differences in Poststroke Rehabilitation Outcomes." Stroke Research and Treatment.

Ellis, C., et al. (2016). "Racial Differences in Poststroke Rehabilitation Utilization and Functional Outcomes." Arch Phys Med Rehabil. 96: 84-90.

Fyffe, D.C., et al. (2014). "Racial and Ethnic Disparities in Functioning at Discharge and Follow-Up Among Patients With Motor Complete Spinal Cord Injury." Am J Phys Med Rehabil 95: 2140-51.

Howrey, B.T., et al. (2017). "Trajectories of Functional Change after Inpatient Rehabilitation for Traumatic Brain Injury." Arch Phys Med Rehabil 98(8): 1606-1613.

Rabadi, M. H., et al. (2012). "Does race influence functional outcomes in patients with acute stroke undergoing inpatient rehabilitation?" Am J Phys Med Rehabil 91(5): 375-382; quiz 383-376.

1b.4. Provide disparities data from the measure as specified (current and over time) by population group, e.g., by race/ethnicity, gender, age, insurance status, socioeconomic status, and/or disability. (*This is required for maintenance of endorsement*. Describe the data source including number of measured entities; number of patients; dates of data; if a sample, characteristics of the entities included.) For measures that show high levels of performance, i.e., "topped out", disparities data may demonstrate an opportunity for improvement/gap in care for certain sub-populations. This information also will be used to address the sub-criterion on improvement (4b1) under Usability and Use.

We used the 2017 national IRF-PAI data set, which includes all Medicare patients discharged from IRFs in calendar year 2017, to examine whether there may be disparities in care for population groups related to this measure. Disparities for certain population groups would indicate gaps in care and opportunities for improvement. The 2017 national IRF-PAI data set included 1,129 IRFs who discharged 493,209 patients in 2017.

We address the issue of disparities for this measure by examining whether there are differences in functional outcomes for population groups that may reflect experience disparities in care, such as for population groups with social risk factors.

We examined whether 5 social risk factors were associated with change in mobility scores, after risk adjustment:

- 1) dual eligibility (patient-level variable);
- 2) race/ethnicity (patient-level variable);
- 3) living alone (patient-level variable); 4) urbanicity based on the patient's residence (community-level variable); and 5) socioeconomic status (SES) (community-level variable). Details about how we obtained and calculated this disparities data is available in Sections 1.2 and 1.8 of the Testing form.

We conducted the following analyses to examine the effect of the 5 social risk factors:

- 1) We calculated the percentage of stays for each social risk factor population group;
- 2) We calculated the observed change in mobility score for each social risk factor population group;
- 3) We added indicators for each social risk factor group to our risk adjustment model and estimated the coefficients for each group (relative to the reference group) in the model;

4) We examined the indicators for each social risk factor over time by quarter in our risk adjustment model to examine whether there may be trends for population groups.

Below is a summary of these analyses and results. For more information on disparities in change in mobility related to dual eligibility, race/ethnicity, living alone, urbanicity and SES, please refer to the risk adjustment analyses in the Testing form. Tables and graphics are able to be inserted into the NQF Testing form, unlike this Measure Information form, so we direct readers to Section 2b3.4b of the Testing form for the results presented below in a more readable format (Tables 13, 14, and 15 specifically).

1) The Distribution of Social Risk Factor Patient Population Groups:

We found that 12.2% of patients were dually-eligible with full Medicaid benefits, 79.4% of patients were white, and 29.7% were living alone. We also found that 83.8% of IRF patients lived in urban areas. The lowest quartile of AHRQ SES index ranged from 27.9 - 49.5; the highest quartile ranged from 55.3 – 75.7.

2) Observed Change in Mobility Score by Social Risk Factor:

The mean unadjusted (observed) change in mobility score varied slightly by dual eligibility status, race, Hispanic Ethnicity, and living alone status. Dual eligible patients with full Medicaid benefits had on average 26.2 units of change in mobility while patients who were dual eligible without full Medicaid benefits or who were non-dual eligible had more change in mobility (29.3 and 28.8 units, respectively). For race, the highest mean change in mobility was found among patients who were white (28.9 units of change) or multiracial (28.2 units of change) whereas the lowest was among patients who were Asian (26.5 units of change). Patients who were of non-Hispanic ethnicity had a higher mean change in mobility score (28.6 units of change) than patients who were Hispanic (27.1 units of change). Patients who were living alone prior to their hospitalization had on average 29.8 units of change in mobility whereas those not living alone had 28.0 units of change in mobility. The mean unadjusted (observed) change in mobility scores were similar across urbanicity and SES.

3) Estimated Effect (Coefficient Values) for Each Social Risk Factor (Full Year)

Each social risk factor was then added to our Generalized Linear regression model to get estimated regression coefficients which represent the effect of each individual factor on change in mobility relative to the refence group. The dependent variable was the change in mobility score for each patient, calculated as the difference between the discharge mobility score and admission mobility score. For example, a coefficient value of -0.5 for Black patients would be interpreted to mean that, on average, these patients had a change in mobility score that was 0.5 mobility units less than White patients (the reference group).

Lower mobility change scores were observed and significant for dual eligibility patients with full Medicaid benefits compared to non-duals. Black patients, Asian patients, and patients of American Indian or Alaska Native descent also had lower mobility changes scores compared to White patients. Population groups with higher mobility changes scores included patients who lived alone compared to patients who did not prior to their hospitalization, and patients residing in AHRQ SES Index quartiles 1-3 (i.e., lower SES areas) than patients residing in AHRQ SES Index grants).

4) Estimated Coefficient Values for Each Social Risk Factor (by Quarter)

The 2017 analysis described above examining each social risk factor's effect on change in mobility was then performed by quarter to examine possible trends over time (Q1, 2017 - Q4, 2017). The patients included in each quarter and detailed results are provided below.

The differences observed with the full calendar year 2017 data were generally found to be consistent by quarter. The population groups with slightly lower mobility changes scores or higher mobility change scores continued to show these differences. Specifically, the coefficient value for dual eligibility patients with full Medicaid benefits ranged from -1.0223 to -1.5272 depending on the quarter compared to the mobility change scores for non-dual eligible patients. On average, Black patients (coeff. range = -0.9109 to -1.1258) had slightly lower mobility change scores than White patients. For Asian patients, a trend was observed of less improvement compared to White patients across the 4 quarters (coeff. range -0.4216 to -1.4917).

For the population groups with higher mobility changes scores, quarterly results indicate the trend remained for patients who lived alone compared to patients who did not prior to their hospitalization (coeff. range = 0.5724 to 0.9764). For patients residing in AHRQ SES Index quartiles 1-3 (i.e., lower SES areas) we observe slightly higher change in mobility scores in all quarters compared to the AHRQ SES Index quartile 4 (i.e., the highest SES areas). Specifically, SES group quartile 1 (coeff. range = 0.7101 to 0.8845) and SES group quartile 2 (coeff. range = 0.6626 to 0.9283) had the highest coefficient estimates compared to the highest SES group. The coefficients ranged from 0.5013 to 0.8086 for SES quartile 3.

Our testing of social risk factors and their relationships to patients' change in mobility scores indicate that some factors (full dual eligibility, Black, Asian, American Indian or Alaska Native, or Native Hawaiian race) were tied to slightly lower mobility change scores while others (lower SES, living alone, Hispanic ethnicity) were tied to slightly higher mobility change scores. Though the effects on lower changes in mobility scores were small, we believe that continued monitoring of potential disparities in functional outcomes is critical.

Breakdown of patients discharged within each quarter:

Jan 1 – Mar 31, 2017 (Q1 2017) = 107,599 Apr 1 – Jun 30, 2017 (Q2 2017) = 107,725 Jul 1 – Sept 30, 2017 (Q3 2017) = 104,943 Oct 1 – Dec 31, 2017 (Q4 2017) = 108,364 Dual Eligibility (reference = Non-dual) Dual with full Medicaid

- Q1 2017: estimate = -1.5272; SE = 0.14; p-value <.0001
- Q2 2017: estimate = -1.1146; SE = 0.14; p-value <.0001
- Q3 2017: estimate = -1.3921; SE = 0.14; p-value <.0001
- Q4 2017: estimate = -1.0223; SE = 0.14; p-value <.0001

Dual without full Medicaid

- Q1 2017: estimate = 0.5205; SE = 0.19; p-value = 0.0059
- Q2 2017: estimate = 0.0555; SE = 0.19; p-value = 0.7663
- Q3 2017: estimate = 0.4770; SE = 0.19; p-value = 0.0121
- Q4 2017: estimate = 0.2701; SE = 0.19; p-value = 0.1558

Race/Ethnicity (reference = White)

Black

- Q1 2017: estimate = -1.1258; SE = 0.15; p-value <.0001
- Q2 2017: estimate = -0.9420; SE = 0.15; p-value <.0001
- Q3 2017: estimate = -0.9109; SE = 0.15; p-value <.0001
- Q4 2017: estimate = -0.9402; SE = 0.15; p-value <.0001 Asian
- Q1 2017: estimate = -0.4216; SE = 0.35; p-value = 0.2245
- Q2 2017: estimate = -0.4852; SE = 0.35; p-value = 0.1636
- Q3 2017: estimate = -0.6653; SE = 0.36; p-value = 0.0627
- Q4 2017: estimate = -1.4917; SE = 0.34; p-value <.0001

American Indian or Alaska Native

• Q1 2017: estimate = -1.3953; SE = 0.77; p-value = 0.0705

- Q2 2017: estimate = -0.9774; SE = 0.75; p-value = 0.1947
- Q3 2017: estimate = 0.0801; SE = 0.75; p-value = 0.9154
- Q4 2017: estimate = -0.7571; SE = 0.78; p-value = 0.3336 Native Hawaiian or Pacific Islander
- Q1 2017: estimate = -0.5893; SE = 0.71; p-value = 0.4095
- Q2 2017: estimate = 0.0913; SE = 0.70; p-value = 0.8960
- Q3 2017: estimate = -0.6660; SE = 0.72; p-value = 0.3521
- Q4 2017: estimate = -0.0911; SE = 0.72; p-value = 0.8988 Multiracial
- Q1 2017: estimate = 0.2442; SE = 1.69; p-value = 0.8852
- Q2 2017: estimate = -1.6941; SE = 1.95; p-value = 0.3847
- Q3 2017: estimate = 3.9326; SE = 1.81; p-value = 0.0301
- Q4 2017: estimate = -0.4757; SE = 1.71; p-value = 0.7808 Hispanic Ethnicity
- Q1 2017: estimate = -0.0037; SE = 0.31; p-value = 0.9905
- Q2 2017: estimate = 0.3972; SE = 0.30; p-value = 0.1853
- Q3 2017: estimate = 0.4610; SE = 0.30; p-value = 0.1256
- Q4 2017: estimate = -0.4171; SE = 0.30; p-value = 0.1652 Living Alone
- Q1 2017: estimate = 0.5724; SE = 0.10; p-value <.0001
- Q2 2017: estimate = 0.8626; SE = 0.10; p-value <.0001
- Q3 2017: estimate = 0.9764; SE = 0.10; p-value <.0001
- Q4 2017: estimate = 0.9295; SE = 0.10; p-value <.0001

Urbanicity (reference = Urban)

Rural

- Q1 2017: estimate = 0.2597; SE = 0.22; p-value = 0.2355
- Q2 2017: estimate = -0.1227; SE = 0.22; p-value = 0.5703
- Q3 2017: estimate = 0.1019; SE = 0.22; p-value = 0.6446
- Q4 2017: estimate = 0.2129; SE = 0.22; p-value = 0.3233 Suburban
- Q1 2017: estimate = 0.1603; SE = 0.14; p-value = 0.2492
- Q2 2017: estimate = 0.1220; SE = 0.14; p-value = 0.3801
- Q3 2017: estimate = 0.2615; SE = 0.14; p-value = 0.0673
- Q4 2017: estimate = 0.0442; SE = 0.14; p-value = 0.7524

AHRQ SES Index* (reference = Quartile 4)

Quartile 1

- Q1 2017: estimate = 0.8845; SE = 0.13; p-value <.0001
- Q2 2017: estimate = 0.8645; SE = 0.13; p-value <.0001
- Q3 2017: estimate = 0.7101; SE = 0.13; p-value <.0001

- Q4 2017: estimate = 0.7226; SE = 0.13; p-value <.0001 Quartile 2
- Q1 2017: estimate = 0.9283; SE = 0.12; p-value <.0001
- Q2 2017: estimate = 0.6626; SE = 0.12; p-value <.0001
- Q3 2017: estimate = 0.8195; SE = 0.13; p-value <.0001
- Q4 2017: estimate = 0.7624; SE = 0.13; p-value <.0001

Quartile 3

- Q1 2017: estimate = 0.8086; SE = 0.12; p-value <.0001
- Q2 2017: estimate = 0.5280; SE = 0.12; p-value <.0001
- Q3 2017: estimate = 0.6531; SE = 0.12; p-value <.0001
- Q4 2017: estimate = 0.5013; SE = 0.12; p-value <.0001

* based on patient residence. AHRQ = Agency for Healthcare Research.

Note: SE=Standard error; Patient-level exclusion criteria applied; Data missing for Race, Urbanicity, and AHRQ SES Index not displayed.

Source: RTI analysis of IRF-PAI, January – December 2017. (Program reference: LP65)

1b.5. If no or limited data on disparities from the measure as specified is reported in **1b.4**, then provide a summary of data from the literature that addresses disparities in care on the specific focus of measurement. Include citations. Not necessary if performance data provided in **1b.4**

We conducted a literature search to identify recent relevant manuscripts published between 2012 and 2018 using PubMed that examined disparities in functional outcomes among IRF patients. We identified 7 studies that focused on differences in outcomes by race/ethnicity group. Findings from these studies are summarized below. Note that the literature addresses motor functional outcomes broadly, rather than self-care or mobility specifically.

Literature focused on functional outcomes by race/ethnicity suggests lower functional outcomes for racial and ethnic minority patients, especially Black patients relative to their White counterparts (Berges, et al., 2012; Fyffe, et al., 2014; Ellis, et al., 2016; Cary, et al., 2016; Howrey, et al., 2017), though one article found no association between race and functional outcomes for patients with stroke undergoing rehabilitation (Rabadi, et al., 2012). Two studies with inconsistent findings suggest that variations in functional status or gains across race/ethnic groups may be attributable to the use of different measurement approaches (Ellis et al., 2016; Ellis et al., 2014).

References:

Berges, I-M, et al. (2012). "Recovery of Functional Status After Stroke in a Tri-Ethnic Population." PM R. 4(4): 290-295.

Cary, M. P., et al. (2016). "Inpatient Rehabilitation Outcomes in a National Sample of Medicare Beneficiaries With Hip Fracture." Journal of Applied Gerontology 35(1): 62-83.

Ellis, C., et al. (2014). "Racial/Ethnic Differences in Poststroke Rehabilitation Outcomes." Stroke Research and Treatment.

Ellis, C., et al. (2016). "Racial Differences in Poststroke Rehabilitation Utilization and Functional Outcomes." Arch Phys Med Rehabil. 96: 84-90.

Fyffe, D.C., et al. (2014). "Racial and Ethnic Disparities in Functioning at Discharge and Follow-Up Among Patients With Motor Complete Spinal Cord Injury." Am J Phys Med Rehabil 95: 2140-51.

Howrey, B.T., et al. (2017). "Trajectories of Functional Change after Inpatient Rehabilitation for Traumatic Brain Injury." Arch Phys Med Rehabil 98(8): 1606-1613.

Rabadi, M. H., et al. (2012). "Does race influence functional outcomes in patients with acute stroke undergoing inpatient rehabilitation?" Am J Phys Med Rehabil 91(5): 375-382; quiz 383-376.

Summary of each study:

Berges , I-M., et al. (2012). "Recovery of Functional Status After Stroke in a Tri-Ethnic Population." PM R. 4(4): 290-295.

- Examined differences in functional status for White, Black and Hispanic stroke patients from time of admission to an IRF up to 12 months after discharge.
- Study design: longitudinal study of stroke patient data (n = 990) from the Stroke Recovery in Underserved Populations database (2005-2006). Patients were age 55 or older and were interviewed at 4 points: admission to IRF, discharge, 3 months after discharge, 12 months after discharge.
- Race and ethnicity were amongst the significant predictors of total FIM scores.
- Differences between the groups differed across the various time periods: during rehabilitation, both Black and Hispanic function admission scores were slightly higher than those of their White counterparts and functional gains were similar; however, at the 3-month follow-up, scores for Black and Hispanic patients were lower than those of White patients, and at the 12-month follow-up, only Hispanic patients continued to have significantly lower scores than White patients.
- Study findings suggest that variations in recovery across race/ethnic groups may have more to do with post-rehabilitation factors.

Cary, M. P., et al. (2016). "Inpatient Rehabilitation Outcomes in a National Sample of Medicare Beneficiaries With Hip Fracture." Journal of Applied Gerontology 35(1): 62-83.

- Black, Hispanic, and Other racial/ethnic patients had lower FIM scores at discharge compared to White patients; FIM discharge cores of Asian patients were similar to those of White patients.
- It is important to note that the regression model that included only "predisposing variables" (age, sex, and race) explained only 9% of the variance.

Ellis, C., et al. (2016). "Racial Differences in Poststroke Rehabilitation Utilization and Functional Outcomes." Arch Phys Med Rehabil. 96: 84-90.

- Examined racial differences in post-stroke rehabilitation utilization and functional outcomes.
- Study design: A follow-up study of stroke survivors 45 years or older seen for stroke care from October 1, 2008, to September 30, 2009 at a stroke center in South Carolina.
- Black patients had lower levels of overall functional independence than did White patients (8.0 vs 10.5; P<.05).
- "Three key findings emerged from the study: (1) blacks experienced higher levels of impairment at stroke onset than did whites, (2) blacks reported lower levels of functional independence at 1 year poststroke onset, and (3) blacks reported lower levels of functional independence and driving independence despite a lack of racial differences in rehabilitation utilization."
- Note that part of inconsistency in findings regarding racial disparities in functional outcomes can be attributed to use of different measurement approaches and variation of settings.

Ellis, C., et al. (2014). "Racial/Ethnic Differences in Poststroke Rehabilitation Outcomes." Stroke Research and Treatment.

- Examined racial and ethnic differences in poststroke rehabilitation outcomes.
- Study design: Literature review of articles on stroke, rehabilitation, and racial-ethnic patterns of disease over a 10-year period (2003–2012) and focused on rehabilitation outcomes and the race or ethnicity of at least two groups.

- Majority of the studies found that racial/ethnic minorities were less likely to achieve equivalent functional improvement following rehabilitation. Blacks were more likely to experience lower FIM gain or change scores (range: 1–60%) and more likely to have lower efficiency scores (range: 5–16%) than Whites.
- Here to, note of variability of study approaches and resulting difficulty of drawing conclusions from the findings.

Fyffe, D.C., et al. (2014). "Racial and Ethnic Disparities in Functioning at Discharge and Follow-Up Among Patients With Motor Complete Spinal Cord Injury." Am J Phys Med Rehabil 95: 2140-51.

- Examined racial and ethnic differences in self-care and mobility outcomes for persons with a motor complete, traumatic spinal cord injury (SCI) at discharge and 1-year follow-up.
- Study design: retrospective cohort study using patient data from the Spinal Cord Injury Model Systems (SCIMS) database for patients enrolled in the SCIMS between 2000-2011 (n=1766).
- At discharge, non-Hispanic black participants with tetraplegia and paraplegia had significantly poorer gains in FIM self-care and mobility scores relative to non-Hispanic white and Hispanic participants. [Discussion notes that the difference is small.]
- At 1-year follow-up, similar FIM self-care and mobility change scores were found across racial and ethnic groups within each neurologic category.

Howrey, B.T., et al. (2017). "Trajectories of Functional Change after Inpatient Rehabilitation for Traumatic Brain Injury." Arch Phys Med Rehabil 98(8): 1606-1613.

- Examined trajectories of functional recovery after rehabilitation for TBI.
- Study design: prospective study of IRF TBI patients from 2002 to 2010 who also had post-discharge measurements of functional independence (n = 16,583) using UDS data.
- Being of a racial/ethnic minority was associated with membership in the low motor trajectory

Rabadi, M. H., et al. (2012). "Does race influence functional outcomes in patients with acute stroke undergoing inpatient rehabilitation?" Am J Phys Med Rehabil 91(5): 375-382; quiz 383-376.

- Examined relationship between race and functional outcomes on stroke patients receiving facility-based rehabilitation.
- Study design: 2-year prospective study of patients admitted to an acute stroke rehabilitation unit within 30 days after an acute stroke (n=670).
- The primary and secondary functional rehabilitation outcomes were similar for all four groups after similar intensity of therapy (3.5 hours/day).
- Found no significant association between race and functional outcomes.

2. Reliability and Validity—Scientific Acceptability of Measure Properties

Extent to which the measure, <u>as specified</u>, produces consistent (reliable) and credible (valid) results about the quality of care when implemented. *Measures must be judged to meet the sub criteria for both reliability and validity to pass this criterion and be evaluated against the remaining criteria.*

2a.1. Specifications The measure is well defined and precisely specified so it can be implemented consistently within and across organizations and allows for comparability. eMeasures should be specified in the Health Quality Measures Format (HQMF) and the Quality Data Model (QDM).

De.5. Subject/Topic Area (check all the areas that apply):

Behavioral Health : Depression, Musculoskeletal, Musculoskeletal : Falls and Traumatic Injury, Neurology, Neurology : Brain Injury, Neurology : Stroke/Transient Ischemic Attack (TIA)

De.6. Non-Condition Specific(check all the areas that apply):

Health and Functional Status : Change

De.7. Target Population Category (Check all the populations for which the measure is specified and tested if any):

Populations at Risk : Individuals with multiple chronic conditions

S.1. Measure-specific Web Page (*Provide a URL link to a web page specific for this measure that contains current detailed specifications including code lists, risk model details, and supplemental materials. Do not enter a URL linking to a home page or to general information.*)

https://www.cms.gov/Medicare/Quality-Initiatives-Patient-Assessment-Instruments/Post-Acute-Care-Quality-Initiatives/Functional-Measures-.html

S.2a. <u>If this is an eMeasure</u>, HQMF specifications must be attached. Attach the zipped output from the eMeasure authoring tool (MAT) - if the MAT was not used, contact staff. (Use the specification fields in this online form for the plain-language description of the specifications)

This is not an eMeasure Attachment:

S.2b. Data Dictionary, Code Table, or Value Sets (and risk model codes and coefficients when applicable) must be attached. (Excel or csv file in the suggested format preferred - if not, contact staff)

Attachment Attachment: Change_in_Mobility_NQF_2634_Risk_Adj_Model_01-07-2019.xlsx

S.2c. Is this an instrument-based measure (i.e., data collected via instruments, surveys, tools, questionnaires, scales, etc.)? Attach copy of instrument if available.

Attachment Attachment: Final_IRF-PAI_Version_3.0_-_Effective_October_1_2019_-FY2020--636800381589479598.pdf

S.2d. Is this an instrument-based measure (i.e., data collected via instruments, surveys, tools, questionnaires, scales, etc.)? Attach copy of instrument if available.

Clinician

S.3.1. For maintenance of endorsement: Are there changes to the specifications since the last updates/submission. If yes, update the specifications for S1-2 and S4-22 and explain reasons for the changes in S3.2.

Yes

S.3.2. <u>For maintenance of endorsement</u>, please briefly describe any important changes to the measure specifications since last measure update and explain the reasons.

We have made several changes to the specifications, including updates to the exclusion criteria, risk adjustors, and measure calculation algorithm since the most recent annual update:

(1) Exclusion criteria: We are removing "discharged to another IRF" as an exclusion criterion from the incomplete stay definition. Rationale: The removal of this criterion means that the definition of an "incomplete stay" for this measure is aligned with other post-acute care function quality measures. When a patient is discharged to another IRF, the discharge would not typically be urgent, so gathering discharge functional assessment data for these patients is feasible.

(2) Risk-Adjustors: We have updated the covariates included in the risk adjustment model by removing several comorbidities and adding low body mass index (BMI) and several new comorbidities. Rationale: Updates to the risk adjustment model were made based on an updated literature review and analyses of IRF data conducted since 2016. When examining the risk adjustment model using the 12-month national IRF-PAI data, we found that some comorbidities were no longer significant predictors of change in mobility or the association between the comorbidity and functional outcomes was no longer consistent with the literature or clinical expectations. Based on the literature review findings, we tested additional candidate risk adjusters. We have added low BMI and several comorbidities (hierarchical condition category groups) to the regression model based on the magnitude of the coefficients that suggested the comorbidity was an important factor associated with

functional outcomes among IRF patients. Adding these risk adjustors to the model will not add provider burden, because the data are already collected via the IRF-PAI.

(3) Measure Calculation: The risk-adjustment procedure for this measure involves comparing patients' observed change in mobility scores with their expected change in mobility scores. We are revising this part of the measure calculation. The prior approach used the ratio of the observed to expected values and the ratio was multiplied by the national mean. The new approach uses the difference between the observed and expected values, and the difference value is added to the national mean. Rationale: We have developed an application of this measure for skilled nursing facilities (SNFs) and use the difference approach for the SNF measure given the potential for more variation in the observed and expected values due to a more heterogeneous SNF population. We are now updating this IRF functional outcome measure to use the difference approach so the IRF and SNF measure calculations are aligned. Our testing of the two approaches (ratio and difference approaches) with national IRF data showed no meaningful difference in the facility mean and median quality measure scores.

(4) Inclusion of wheelchair mobility for patients who are unable to walk. Rationale: Including wheelchair mobility activities to the mobility quality measure captures improvement in wheelchair mobility skills of patients who are unable to walk. We received feedback about this topic supporting the inclusion of wheelchair mobility activities for this measure as some IRFs have high volumes of non-ambulatory patients.

S.4. Numerator Statement (Brief, narrative description of the measure focus or what is being measured about the target population, i.e., cases from the target population with the target process, condition, event, or outcome) DO NOT include the rationale for the measure.

IF an OUTCOME MEASURE, state the outcome being measured. Calculation of the risk-adjusted outcome should be described in the calculation algorithm (S.14).

The measure does not have a simple form for the numerator and denominator. This measure estimates the risk-adjusted change in mobility score between admission and discharge among Inpatient Rehabilitation Facility (IRF) Medicare Part A and Medicare Advantage patients age 21 and older. The change in mobility score is calculated as the difference between the discharge mobility score and the admission mobility score.

S.5. Numerator Details (All information required to identify and calculate the cases from the target population with the target process, condition, event, or outcome such as definitions, time period for data collection, specific data collection items/responses, code/value sets – Note: lists of individual codes with descriptors that exceed 1 page should be provided in an Excel or csv file in required format at S.2b)

<u>IF an OUTCOME MEASURE</u>, describe how the observed outcome is identified/counted. Calculation of the riskadjusted outcome should be described in the calculation algorithm (S.14).

Seventeen mobility activities are each scored based on a patient's ability to complete the activity. The scores for the activities are summed to obtain a mobility score at the time of admission and at the time of discharge. The change in mobility is the difference between the discharge mobility score and the admission mobility score.

The mobility items are: GG0170A. Roll left and right GG0170B. Sit to lying GG0170C. Lying to sitting on side of bed GG0170D. Sit to stand GG0170E. Chair/bed-to-chair transfer GG0170F. Toilet transfer GG0170G. Car transfer GG0170I. Walk 10 feet GG0170J. Walk 50 feet with two turns

GG0170K. Walk 150 feet

GG0170L. Walking 10 feet on uneven surfaces

GG1070M. 1 step (curb)

GG0170N. 4 steps

GG01700. 12 steps

GG0170P. Picking up object

GG0170R. Wheel 50 feet with two turns (for patients who do not walk at admission and discharge)

GG0170S. Wheel 150 feet (for patients who do not walk at admission and discharge)

Each patient's ability to complete each mobility activity (item) is rated by a clinician using the following 6-level rating scale:

level 06 - Independent

level 05 - Setup or clean up assistance

level 04 - Supervision or touching assistance

level 03 - Partial/moderate assistance

level 02 - Substantial/maximal assistance

level 01 - Dependent

If the patient did not attempt the activity, the reason that activity did not occur is reported as:

07 = Patient refused

09 = Not applicable

10 = Not attempted due to environmental limitations

88 = Not attempted due to medical condition or safety concerns.

The performance period is 12 months for reporting on CMS's IRF Compare website.

S.6. Denominator Statement (Brief, narrative description of the target population being measured)

The denominator is the number of Inpatient Rehabilitation Facility Medicare Part A and Medicare Advantage patient stays, except those that meet the exclusion criteria.

S.7. Denominator Details (All information required to identify and calculate the target population/denominator such as definitions, time period for data collection, specific data collection items/responses, code/value sets – Note: lists of individual codes with descriptors that exceed 1 page should be provided in an Excel or csv file in required format at S.2b.)

IF an OUTCOME MEASURE, describe how the target population is identified. Calculation of the risk-adjusted outcome should be described in the calculation algorithm (S.14).

The denominator is the number of Inpatient Rehabilitation Facility Medicare Part A and Medicare Advantage patient stays, except those that meet the exclusion criteria.

S.8. Denominator Exclusions (Brief narrative description of exclusions from the target population)

This quality measure has six patient-level exclusion criteria:

1) Patients with incomplete stays.

Rationale: When a patient has an incomplete stay, for example, the patients leave urgently due to a medical emergency, it can be challenging to gather accurate discharge functional status data. Patients with incomplete stays include patients who are unexpectedly discharged to an acute care setting (Short-stay Acute Hospital,

Critical Access Hospital, Inpatient Psychiatric Facility, or Long-term Care Hospital); patients who die or leave an Inpatient Rehabilitation Facility (IRF) against medical advice; and patients with a length of stay less than 3 days.

2) Patients who are independent with all mobility activities at the time of admission.

Rationale: Patients who are independent with all the mobility items (with the exception of the wheelchair items GG0170R and GG0170S) at the time of admission are assigned the highest score on all the mobility items, and thus, would not be able to show functional improvement on this same set of items at discharge.

3) Patients with the following medical conditions on admission: coma, persistent vegetative state; complete quadriplegia; locked-in syndrome or severe anoxic brain damage, cerebral edema or compression of brain.

Rationale: These patients are excluded because they may have limited or less predictable mobility improvement with the selected mobility items.

4) Patients younger than age 21.

Rationale: There is only limited evidence published about functional outcomes for individuals with Medicare who are younger than 21.

5) Patients discharged to hospice.

Rationale: Patient goals may change during the IRF stay, and functional improvement may no longer be a goal for a patient discharged to hospice.

6) Patients who are not Medicare Part A and Medicare Advantage beneficiaries.

Rationale: IRF-PAI data for patients not covered by the Medicare program are not submitted to the Centers for Medicare and Medicaid Services.

Facility-level quality measure exclusion: For IRFs with fewer than 20 patient stays, data for this quality measure are not publicly reported.

S.9. Denominator Exclusion Details (All information required to identify and calculate exclusions from the denominator such as definitions, time period for data collection, specific data collection items/responses, code/value sets – Note: lists of individual codes with descriptors that exceed 1 page should be provided in an Excel or csv file in required format at S.2b.)

The following items are used to identify which patients are excluded from the quality measure calculations.

These data elements are included on the current version of the Inpatient Rehabilitation Facility Patient Assessment Instrument (IRF-PAI), which is available at: http://www.cms.gov/Medicare/Medicare-Fee-for-Service-Payment/InpatientRehabFacPPS/IRFPAI.html

It can be challenging to gather accurate discharge functional status data for patients who experience incomplete stays. Patients with incomplete stays include patients who are unexpectedly discharged to an acute care setting (Short-stay Acute Hospital, Critical Access Hospital, Inpatient Psychiatric Facility, or Long-term Care Hospital); patients discharged to a hospice; patients who die or leave an Inpatient Rehabilitation Facility (IRF) against medical advice; and patients with a length of stay less than 3 days.

Items used to identify these patient records:

1) Patients with incomplete stays.

Patients with a length of stay less than 3 days: We calculate length of stay using the following items on the IRF-PAI.

Length of stay is calculated as the Discharge Date minus the Admission Date (Discharge Date - Admission Date). Patient records with a length of stay of less than 3 days are excluded.

Item 12. Admission Date.

Item 40. Discharge Date.

Item 41. Patient discharged against medical advice. This item is used to identify patients discharged against medical advice.

Patient records with a response of "Yes = 1" are excluded.

Item 44C. Was the patient discharged alive? This item is used to identify patients who died during the IRF stay.

Patient records with a response of "No = 0" are excluded.

44D. Patient's discharge destination/living setting.

This item is used to identify an incomplete stay. Specifically, the following responses will be used to identity patients with incomplete stays:

Short-term General Hospital = 02

Long-Term Care Hospital = 63

Inpatient Psychiatric Facility = 65

Critical Access Hospital = 66.

2) Patients who are independent with all mobility activities at the time of admission.

Patients who are independent with all the mobility items at the time of admission are assigned the highest score on all the mobility items, thus, would not be able to show functional improvement (i.e., a higher score) on this same set of items at discharge. The following items and scores are used to identify and exclude patient records:

Mobility items

GG0170A. Roll left and right = 06, and

GG0170B. Sit to lying = 06, and

GG0170C. Lying to sitting on side of bed = 06, and

GG0170D. Sit to stand = 06, and

GG0170E. Chair/bed-to-chair transfer = 06, and

GG0170F. Toilet transfer = 06, and

GG0170G. Car transfer = 06, and

GG0170I. Walk 10 feet = 06, and

GG0170J. Walk 50 feet with two turns = 06, and

GG0170K. Walk 150 feet = 06, and

GG0170L. Walking 10 feet on uneven surfaces = 06, and

GG0170M. 1 step (curb) = 06, and

GG0170N. 4 steps = 06, and

GG01700. 12 steps = 06, and

GG0170P. Picking up object = 06.

3) Patients with the following medical conditions on admission: coma; persistent vegetative state; complete quadriplegia; locked-in syndrome; and severe anoxic brain damage, cerebral edema or compression of the brain.

The following items will be used to identify patients with these conditions:

21A. Impairment Group.

0004.1221 - Spinal Cord Dysfunction, Non-Traumatic: Quadriplegia Complete, C1-C4

0004.1222 - Spinal Cord Dysfunction, Non-Traumatic: Quadriplegia Complete, C5-C8

0004.2221 - Spinal Cord Dysfunction, Traumatic: Quadriplegia Complete, C1-C4

0004.2222 - Spinal Cord Dysfunction, Traumatic: Quadriplegia Complete, C5-C8

22. Etiologic Diagnosis.

This item is used to determine a patient's etiologic problem that led to the condition for which the patient is receiving rehabilitation. The following Hierarchical Condition Categories (HCCs) and International Classification of Diseases, Tenth Revision, Clinical Modification (ICD-10-CM) codes will be used to identify and exclude records of patients with these conditions:

HCC 80. Coma, Brain Compression/Anoxic Damage

ICD-10-CM. G82.51 Quadriplegia, C1-C4 complete

ICD-10-CM. G82.53 Quadriplegia, C5-C7 complete

ICD-10-CM. S14.11xx Quadriplegia, Complete lesion at Cx(1-8) level of cervical spinal cord, initial encounter or subsequent encounter, or sequela

ICD-10-CM. G83.5. Locked-in state

24. Comorbid Conditions.

This item is used to exclude selected comorbidities. The following Hierarchical Condition Categories (HCCs) and International Classification of Diseases, Tenth Revision, Clinical Modification (ICD-10-CM) codes will be used to exclude records of patients with these conditions:

HCC 80. Coma, Brain Compression/Anoxic Damage

ICD-10-CM. G82.51 Quadriplegia, C1-C4 complete

ICD-10-CM. G82.53 Quadriplegia, C5-C7 complete

ICD-10-CM. S14.11xx Quadriplegia, Complete lesion at Cx(1-8) level of cervical spinal cord, initial encounter or subsequent encounter, or sequela

ICD-10-CM. G83.5. Locked-in state

4) Patients younger than age 21. These items are used to calculate age, and patients who are younger than 21 years of age at the time of admission are excluded.

6. Birth Date

12. Admission Date

Age is calculated as the Admission Date minus the Birth Date (Admission Date - Birth Date). Patients younger than 21 are excluded.

5) Patients discharged to hospice.

44D. Patient's discharge destination/living setting.

This item is used to identify patients discharged to hospice. The following responses are used:

Hospice (home) = 50

Hospice (institutional facility) = 51

6) Patients who are not Medicare Part A and Medicare Advantage beneficiaries

20A. Primary Source = 99 - Not Listed AND

20B. Secondary Source = 99 - Not Listed

S.10. Stratification Information (Provide all information required to stratify the measure results, if necessary, including the stratification variables, definitions, specific data collection items/responses, code/value sets, and the risk-model covariates and coefficients for the clinically-adjusted version of the measure when appropriate – Note: lists of individual codes with descriptors that exceed 1 page should be provided in an Excel or csv file in required format with at S.2b.)

Not applicable. This measure does not use stratification for risk-adjustment.

S.11. Risk Adjustment Type (Select type. Provide specifications for risk stratification in measure testing attachment)

Statistical risk model

If other:

S.12. Type of score:

Continuous variable, e.g. average

If other:

S.13. Interpretation of Score (*Classifies interpretation of score according to whether better quality is associated with a higher score, a lower score, a score falling within a defined interval, or a passing score*)

Better quality = Higher score

S.14. Calculation Algorithm/Measure Logic (*Diagram or describe the calculation of the measure score as an ordered sequence of steps including identifying the target population; exclusions; cases meeting the target process, condition, event, or outcome; time period for data, aggregating data; risk adjustment; etc.*)

We provide the detailed calculation algorithm in an attachment entitled "IRF Detailed Function QM Specifications 2634 01-07-2019" included in the Appendix.

The detailed calculation algorithm is provided to the public in the document entitled IRF Measure Calculations and Reporting User's Manual. The current version of this document is available at: https://www.cms.gov/Medicare/Quality-Initiatives-Patient-Assessment-Instruments/IRF-Quality-Reporting/IRF-Quality-Reporting-Program-Measures-Information-.html

The following are key steps used to calculate the measure:

- Sum the scores of the admission mobility items to create an admission mobility score for each patient, after 'activity not attempted' codes (07. Patient refused, 09. Not applicable, 10. Not attempted due to environmental limitations, and 88. Not attempted due to medical condition or safety concerns), skip codes ('^') and missing data ('-') are recoded, and for patients who do not walk on admission and discharge, walking items have been recoded to use wheelchair mobility item codes. (range: 15 to 90).
- 2) Sum the scores of the discharge mobility items to create a discharge mobility score for each patient, after 'activity not attempted' values (07. Patient refused, 09. Not applicable, 10. Not attempted due to environmental limitations, and 88. Not attempted due to medical condition or safety concerns), skip codes ('^') and missing data ('-') are recoded. As described in step 1, for patients who do not walk on admission and discharge, use wheelchair mobility item codes instead of walking codes. (range: 15 to 90).
- 3) Identify the records of patients who meet the exclusion criteria and exclude them from analyses.
- 4) Calculate the difference between the admission mobility score (from step 1) and the discharge mobility score (from step 2) for each patient to create a change in mobility score for each patient.
- 5) Calculate an expected change in mobility score for each patient using regression coefficients from national data and each patient's admission characteristics (risk adjustors).
- 6) Calculate an average observed change in mobility score for each IRF (using the patient data calculated in step 4). This is the facility-level observed change in mobility score.
- 7) Calculate an average expected change in mobility score for each IRF (using the patient data from step 5). This is the facility-level expected change in mobility score.
- 8) Subtract the facility-level expected change score from the facility-level observed change score to determine the difference in scores (difference value). A difference value that is 0 indicates the observed and expected scores are equal. An observed minus expected difference value that is higher than 0 (positive) indicates that the observed change score is greater (better) than the expected change score. An observed minus expected difference value that is less than 0 (negative) indicates that the observed change score is lower (worse) than the expected change score.

9) Add the national average change in mobility score to each IRF's difference value (from step 8). This is the risk-adjusted mean change in mobility score.

Each patient's ability to complete each mobility activity (item) is rated by a clinician using the following 6-level rating scale:

level 06 - Independent

level 05 - Setup or clean up assistance

level 04 - Supervision or touching assistance

level 03 - Partial/moderate assistance

level 02 - Substantial/maximal assistance

level 01 - Dependent

The mobility items are:

GG0170A. Roll left and right

GG0170B. Sit to lying

GG0170C. Lying to sitting on side of bed

GG0170D. Sit to stand

GG0170E. Chair/bed-to-chair transfer

GG0170F. Toilet transfer

GG0170G. Car transfer

GG0170I. Walk 10 feet

GG0170J. Walk 50 feet with two turns

GG0170K. Walk 150 feet

GG0170L. Walking 10 feet on uneven surfaces

GG1070M. 1 step (curb)

GG0170N. 4 steps

GG01700. 12 steps

GG0170P. Picking up object

GG0170R. Wheel 50 feet with two turns (for patients who do not walk at admission and discharge)

GG0170S. Wheel 150 feet (for patients who do not walk at admission and discharge)

S.15. Sampling (*If measure is based on a sample, provide instructions for obtaining the sample and guidance on minimum sample size.*)

<u>IF an instrument-based</u> performance measure (e.g., PRO-PM), identify whether (and how) proxy responses are allowed.

Not applicable. This measure uses IRF-PAI data for all Medicare patients treated by IRFs for the performance period. There is no sampling. This is an instrument-based measure that relies on clinician-reported data, therefore proxy responses are not relevant.

S.16. Survey/Patient-reported data (*If measure is based on a survey or instrument, provide instructions for data collection and guidance on minimum response rate.*)

Specify calculation of response rates to be reported with performance measure results.

Not applicable. This measure uses clinician-reported data.

S.17. Data Source (Check ONLY the sources for which the measure is SPECIFIED AND TESTED).

If other, please describe in S.18.

Instrument-Based Data

S.18. Data Source or Collection Instrument (Identify the specific data source/data collection instrument (e.g. name of database, clinical registry, collection instrument, etc., and describe how data are collected.)

<u>IF instrument-based</u>, identify the specific instrument(s) and standard methods, modes, and languages of administration.

Inpatient Rehabilitation Facility Patient Assessment Instrument (IRF-PAI).

S.19. Data Source or Collection Instrument (available at measure-specific Web page URL identified in S.1 OR in attached appendix at A.1)

Available at measure-specific web page URL identified in S.1

S.20. Level of Analysis (Check ONLY the levels of analysis for which the measure is SPECIFIED AND TESTED) Facility

S.21. Care Setting (Check ONLY the settings for which the measure is SPECIFIED AND TESTED)

Post-Acute Care

If other:

S.22. <u>COMPOSITE Performance Measure</u> - Additional Specifications (Use this section as needed for aggregation and weighting rules, or calculation of individual performance measures if not individually endorsed.)

Not applicable. This is not a composite measure.

2. Validity – See attached Measure Testing Submission Form

NQF_IRF_Mobility_Change_Testing_Final-636794380721914131.docx,2634_nqf_testing_4-22-2019.docx

2.1 For maintenance of endorsement

Reliability testing: If testing of reliability of the measure score was not presented in prior submission(s), has reliability testing of the measure score been conducted? If yes, please provide results in the Testing attachment. Please use the most current version of the testing attachment (v7.1). Include information on all testing conducted (prior testing as well as any new testing); use red font to indicate updated testing.

Yes

2.2 For maintenance of endorsement

Has additional empirical validity testing of the measure score been conducted? If yes, please provide results in the Testing attachment. Please use the most current version of the testing attachment (v7.1). Include information on all testing conducted (prior testing as well as any new testing); use red font to indicate updated testing.

Yes

2.3 For maintenance of endorsement

Risk adjustment: For outcome, resource use, cost, and some process measures, risk-adjustment that includes social risk factors is not prohibited at present. Please update sections 1.8, 2a2, 2b1,2b4.3 and 2b5 in the Testing attachment and S.140 and S.11 in the online submission form. NOTE: These sections must be updated even if social risk factors are not included in the risk-adjustment strategy. You MUST use the most current version of the Testing Attachment (v7.1) -- older versions of the form will not have all required questions.

Yes - Updated information is included

Measure Testing (subcriteria 2a2, 2b1-2b6)

Measure Number (*if previously endorsed*): 2634

Measure Title: Inpatient Rehabilitation Facility (IRF) Functional Outcome Measure: Change in Mobility Score for Medical Rehabilitation Patients

Date of Submission: <u>1/7/2019</u>

Type of Measure:

☑ Outcome (<i>including PRO-PM</i>)	Composite – STOP – use composite testing form
Intermediate Clinical Outcome	Cost/resource
Process (including Appropriate Use)	Efficiency
Structure	

1. DATA/SAMPLE USED FOR <u>ALL</u> TESTING OF THIS MEASURE

Often the same data are used for all aspects of measure testing. In an effort to eliminate duplication, the first five questions apply to all measure testing. <u>If there are differences by aspect of testing</u>, (e.g., reliability vs. validity) be sure to indicate the specific differences in question 1.7.

1.1. What type of data was used for testing? (Check all the sources of data identified in the measure specifications and data used for testing the measure. Testing must be provided for <u>all</u> the sources of data specified and intended for measure implementation. **If different data sources are used for the numerator and denominator, indicate N [numerator] or D [denominator] after the checkbox.**)

Measure Specified to Use Data From: (must be consistent with data sources entered in S.17)	Measure Tested with Data From:
\Box abstracted from paper record	□ abstracted from paper record
claims	claims
□ registry	□ registry
\square abstracted from electronic health record	□ abstracted from electronic health record
eMeasure (HQMF) implemented in EHRs	eMeasure (HQMF) implemented in EHRs
other: Inpatient Rehabilitation Facility Patient Assessment Instrument (IRF-PAI)	other: Inpatient Rehabilitation Facility Patient Assessment Instrument (IRF-PAI)

1.2. If an existing dataset was used, identify the specific dataset (the dataset used for testing must be consistent with the measure specifications for target population and healthcare entities being measured; e.g., Medicare Part A claims, Medicaid claims, other commercial insurance, nursing home MDS, home health OASIS, clinical registry).

The primary dataset used for calculating this performance measure was the National Inpatient Rehabilitation Facility Patient Assessment Instrument (IRF-PAI) data. A copy of the IRF-PAI can be found on the following website: <u>https://www.cms.gov/Medicare/Quality-Initiatives-Patient-Assessment-Instruments/IRF-Quality-Reporting/IRF-PAI-and-IRF-QRP-Manual.html</u>

We used two additional data sources for measure testing only to provide facility and patient-level characteristics not available in the IRF-PAI. These sources are not used for quality measure calculation:

For analyses that involved facility characteristics, we used the Provider of Service file.

• **Provider of Services Current Files (POS File):** We used the POS file to describe the characteristics of IRFs, such as census region, ownership type, and rurality, reported in **Table 1**. The POS file contains

data on characteristics of hospitals and other types of healthcare facilities, including the name and address of the facility and the type of Medicare services the facility provides, among other information. The data are collected through the CMS Regional Offices. General information about the POS Files is available at: <u>https://www.cms.gov/Research-Statistics-Data-and-Systems/Downloadable-Public-Use-Files/Provider-of-Services/index.html</u>.

As described in more detail below in section 2b3.4b., this performance measure does not adjust for social risk factors. However, we have conducted testing of social risk factors, and for this testing, we used data from the Integrated Data Repository (IDR) file to capture patients' dual eligibility status. We extracted dual eligibility data from the IDR and added this variable to our primary dataset, the IRF-PAI:

- Beneficiary Fact table (V2_MDCR_BENE_FCT) from the Integrated Data Repository (IDR): CMS maintains the Integrated Data Repository (IDR), a high-volume data warehouse integrating Parts A, B, C, D, and DME claims, beneficiary and provider data sources, along with ancillary data such as contract information and risk scores.
- We used the IDR file to extract information on beneficiary dual eligibility status for social risk factor testing. These data are submitted by states to CMS and provide a monthly snapshot representing beneficiary characteristics as of set points in time. We used the BENE_DUAL_STUS_CD (Beneficiary Point of Sale Dual Status Code) that identifies the entitlement status for the dual eligible beneficiary. Missing data is rare and if it is missing for one month's data then the months before and after can be used. In this analysis, missing data for dual eligibility occurred for < 11 patient stays. General information about the IDR is available at: https://www.cms.gov/Research-Statistics-Data-and-Systems/IDR/.

1.3. What are the dates of the data used in testing?

For most testing reported in this document, we analyzed the records of patients discharged in calendar year 2017 (January 1, 2017 through December 31, 2017; 12 Months). For the Rasch analysis and internal consistency testing, we analyzed the records of patients discharged in fiscal year 2017 (October 1, 2016 through September 30, 2017; 12 Months).

1.4. What levels of analysis were tested? (testing must be provided for <u>all</u> the levels specified and intended for measure implementation, e.g., individual clinician, hospital, health plan)

Measure Specified to Measure Performance of: (must be consistent with levels entered in item S.20)	Measure Tested at Level of:
🗆 individual clinician	🗆 individual clinician
□ group/practice	□ group/practice
⊠ hospital/facility/agency	⊠ hospital/facility/agency
🗆 health plan	🗆 health plan
🗆 other:	🗆 other:

1.5. How many and which <u>measured entities</u> were included in the testing and analysis (by level of analysis and data source)? (*identify the number and descriptive characteristics of measured entities included in the analysis (e.g., size, location, type); if a sample was used, describe how entities were selected for inclusion in the sample*)

Inpatient Rehabilitation Facilities Included in the National IRF-PAI Data - Calendar Year 2017 Data

Testing for this performance measure involved several types of data element, scale/instrument and computed performance measure score reliability and validity analyses, performance measure variability analyses, and social risk factor analysis. The unit of analysis for the data element and scale/instrument analyses is patient assessments or patient stays, and the unit of analysis for the computed performance measure score analyses is

providers (i.e., IRFs). National data collection for the change in mobility functional status outcome measure began October 1, 2016 with the 2016 release (Version 1.4) of the IRF–Patient Assessment Instrument (IRF-PAI).

A total of 1,129 IRFs submitted IRF-PAI records during the testing period, January – December 2017. This represents 100% of this type of provider as defined by the Centers for Medicare and Medicaid Services.

Table 1 displays the geographical location and facility characteristics of IRFs that reported IRF-PAI data for this performance measure. The majority of these IRFs are located in the southern United States (CMS Regions 4, 5, and 6) with over 20 percent in Region 6 (TX, LA, AR, OK, NM). The majority of IRFs are in urban settings (86.4%) and under private ownership (56.7%). About 25 percent of IRFs are rehabilitation hospitals; most IRFs are units. Few IRFs are teaching facilities (12.1%). Facility size is presented based on the number of patient stays. Approximately 50 percent of facilities treated 296 or fewer patients who were discharged in 2017, and the range was one stay to 4,416 patient stays. Note that providers with less than 20 stays during the 12-month testing period are excluded from facility-level analyses presented below.

Characteristic	Number (Percent)
CMS Region	
Region 1: CT, ME, MA, NH, RI, VT	34 (3.0%)
Region 2: PR, VI, NY, NJ	71 (6.3%)
Region 3: MD, DC, DE, WV, VA, PA	122 (10.8%)
Region 4: NC, SC, TN, FL, GA, AL, KY, MS	197 (17.5%)
Region 5: MI, MN, OH, IL, IN, WI	209 (18.5%)
Region 6: TX, LA, AR, OK, NM	233 (20.6%)
Region 7: MO, KS, IA, NE	75 (6.6%)
Region 8: ND, UT, SD, WY, CO, MT	43 (3.8%)
Region 9: NV, AZ, CA, HI, AS, Pacific Territories	113 (10.0%)
Region 10: WA, AK, ID, OR	32 (2.8%)
Urbanicity	
Rural	154 (13.6%)
Urban	975 (86.4%)
Ownership Type	
Government	119 (10.5%)
Private	640 (56.7%)
Non-profit	370 (32.8%)
Rehabilitation hospital	281 (24.9%)
Teaching Facility	137 (12.1%)
Number of Patient Stays	
Decile 1: 1-104	125 (11.1%)
Decile 2: 105-152	114 (10.1%)
Decile 3: 153-192	113 (10.0%)
Decile 4: 193-240	108 (9.6%)
Decile 5: 241-296	112 (9.9%)
Decile 6: 297-361	112 (9.9%)
Decile 7: 362-480	112 (9.9%)
Decile 8: 481-694	111 (9.8%)
Decile 9: 695-1,022	111 (9.8%)

Table 1.	Number of	of IRFs	Reporting	by Facility	Characteristics,	Calendar Year	2017 (N=1,129)
								/ -/

Characteristic	Number (Percent)
Decile 10: 1,024-4,416	111 (9.8%)

Note: Values are reported as frequency (percent)

Source: RTI analysis of IRF-PAI January – December 2017, and Provider of Service (POS) File 2017 (Program reference: LP57)

Rasch Analysis Sample using National IRF-PAI Data – Fiscal Year 2017 Data

As noted above, the reliability and validity testing that involved Rasch analysis and internal consistency testing was conducted using fiscal year 2017 data. This dataset included 1,126 IRFs. The characteristics of these IRFs are very similar to the provider data for the calendar year 2017 data reported above.

Face Validity – Technical Expert Panel (TEP) Survey

On March 27, 2017, RTI International, on behalf of the Centers for Medicare & Medicaid Services (CMS), convened an in-person Technical Expert Panel (TEP) in Baltimore, MD, to seek expert input on the Inpatient Rehabilitation Facilities Quality Reporting Program (IRF QRP) quality measures, including the functional status performance measures. A pre-TEP survey completed by 7 of the 10 TEP members provided us with some data to address face validity of the Change in Mobility performance measure. The entities that the 10 TEP members represented were: 30% non-profit organization, 40% for-profit corporations, 20% government entities, and 10% professional association. Four of the TEP members have academic affiliations. The TEP members reported their residence in the following states: Alabama, California, Kentucky, Massachusetts, Minnesota, New York, North Carolina, Ohio, Texas.

1.6. How many and which <u>patients</u> were included in the testing and analysis (by level of analysis and data source)? (identify the number and descriptive characteristics of patients included in the analysis (e.g., age, sex, race, diagnosis); if a sample was used, describe how patients were selected for inclusion in the sample)

Total Number of Patients Included in the National IRF-PAI Data - Calendar Year 2017 Data

IRFs submitted a total of 493,209 patient records for Medicare Part A and Medicare Advantage patient stays that ended during the testing time period (January 1 through December 31, 2017). The sociodemographic and stay-level characteristics of these Medicare patients are summarized in **Table 2**.

Patients older than the age of 65 accounted for nearly 87 percent of IRF patients. Female patients comprised just over half of the patients, nearly 80 percent of patients were white, and just under half were married. Overall, most patients lived with family or relatives prior to their IRF stay (65.4%) and more than 90 percent were admitted to the IRF from short-term general acute care hospitals. Stroke was the largest primary diagnosis group (23.3%) with debility and cardiorespiratory conditions (17.4%), fractures and other multiple trauma (11.7%), and other neurological conditions other than progressive neurological conditions (11.4%) as other major primary conditions. The majority of IRF patient stays ended with the patient discharged to home with or without care from a home health service organization (73.9%). About 15 percent of patients were discharged to other post-acute care settings, and 10 percent were discharged to a short-term general acute care hospital.

Table 2. IRF Medicare Patient and Stay Characteristics, Patients Discharged in Calendar Year 2017(N=493,209)

Characteristics	Number (Percent)		
Age			
64 and younger	66,395 (13.5%)		
65 to 74	169,773 (34.4%)		
75 to 84	161,473 (32.7%)		
85 and older	95,568 (19.4%)		
Gender			
Male	231,751 (47.0%)		
Female	261,458 (53.0%)		
Race/Ethnicity*			
White	390,837 (79.2%)		
Black or African American	54,971 (11.2%)		
Hispanic or Latino	23,361 (4.7%)		
Asian	7,876 (1.6%)		
American Indian/Alaskan Native	1,724 (0.4%)		
Native Hawaiian/Pacific Islander	1,954 (0.4%)		
Marital Status			
Married	231,146 (46.9%)		
Widowed	131,663 (26.7%)		
Other**	130,400 (26.4%)		
Pre-Hospital Living With			
Living Alone	1443,592 (29.1%)		
Family/Relatives	322,605 (65.4%)		
Other***	27,012 (5.5%)		
Primary Diagnosis			
Stroke	114,722 (23.3%)		
Hip or knee replacement	20,882 (4.2%)		
Non-traumatic brain dysfunction	36,147 (7.3%)		
Traumatic brain dysfunction	20,912 (4.2%)		
Non-traumatic spinal cord dysfunction	21,516 (4.4%)		
Traumatic spinal cord dysfunction	4,570 (0.9%)		
Progressive neurological conditions	13,081 (2.7%)		
Other neurological conditions	56,170 (11.4%)		
Fractures and other multiple trauma	57,879 (11.7%)		
Amputation	14,622 (3.0%)		
Other orthopedic conditions	39,177 (7.9%)		
Debility, cardiorespiratory conditions	85,808 (17.4%)		
Medically complex conditions	7,494 (1.5%)		
Admitted from Location			
Short-term General Hospital	458,871 (93.0%)		
Home (with or without home care)	19,378 (3.9%)		
Post-Acute Care****	11,517 (2.3%)		

Characteristics	Number (Percent)		
Other [†]	2,937 (0.6%)		
Not Listed	506 (0.1%)		
Discharge to Location			
Short-Term General Hospital	49,206 (10.0%)		
Home (with or without home care)	364,486 (73.9%)		
Post-Acute Care****	74,379 (15.1%)		
Other [†]	4,038 (0.8%)		
Not Listed	1,100 (0.2%)		

Note: Values are reported as frequency (percent)

*Percentages can add up to more than 100%; if more than 1 category was selected the patient is assigned to both categories.

**Includes divorced, separated, never married, and not assessed/no information.

***Includes friend, attendant, other person, and not assessed/no information.

**** Includes institutional settings: skilled nursing facilities, long-term care hospitals, and another IRF.

⁺ Includes nursing homes, swing beds, critical access hospitals, hospice, inpatient psychiatric facilities, and other intermediate care settings.

Source: RTI analysis of IRF-PAI, January – December 2017 (Program reference: LP57).

Rasch Analysis Sample using National IRF-PAI Data – Fiscal Year 2017 Data

As noted above, the reliability and validity testing that involved Rasch analysis and internal consistency testing was conducted using fiscal year 2017 data. IRF-PAI data for 160,447 randomly selected IRF patients discharged in fiscal year 2017 were analyzed for the fit assessment and internal consistency. More than half of the IRF patients were female (53.3%) and 52.3% were 75 years old or older. Most were white (79.3%) and admitted to the IRF directly from an acute care hospital (93.2%).

1.7. If there are differences in the data or sample used for different aspects of testing (e.g., reliability, validity, exclusions, risk adjustment), identify how the data or sample are different for each aspect of testing reported below.

Most testing was conducted using national IRF-PAI data submitted by IRFs for all Medicare Part A and Medicare Advantage patients discharged in calendar year 2017 (**Tables 1** and **2**).

For the Rasch analyses and internal consistency analyses, we used a random subsample of the national data (n = 160,447) for patients discharged in fiscal year 2017. The Rasch analysis and internal consistency work include:

- Scale Construct Validity Testing Item Difficulty Ordering
- Scale Validity Testing Fit Assessment and Internal Consistency
- Item Validity Testing Response Option Assessment

1.8 What were the social risk factors that were available and analyzed? For example, patient-reported data (e.g., income, education, language), proxy variables when social risk data are not collected from each patient (e.g. census tract), or patient community characteristics (e.g. percent vacant housing, crime rate) which do not have to be a proxy for patient-level data.

We examined whether 5 social risk factors affected the computed performance measure scores: 1) dual eligibility (patient-level variable); 2) race/ethnicity (patient-level variable); 3) living alone (patient-level variable); 4) urbanicity based on the patient's residence (community-level variable), and 5) socioeconomic status (SES) (community-level variable).

We selected the patient-level social risk factors based on our review of the literature showing functional outcomes can vary by race/ethnicity and by living situation. The selected community-level factors have been

examined for other measures, but have been not addressed in the functional outcomes literature and thus the possible role and these factors have been unclear.

Dual eligibility data were derived from the Integrated Data Repository (IDR). We obtained race/ethnicity and living alone status from the IRF-PAI. Urbanicity was defined by cross-walking beneficiary residence ZIP codes (from the IRF-PAI) to Federal Information Processing Standard Publication (FIPS) codes,¹ then cross-walking FIPS codes to Rural-Urban Commuting Area Codes (RUCA_2013).² Socioeconomic status was determined using the Agency of Healthcare Research and Quality's SES Index³ calculated based on the patient's residence ZIP Code Tabulation Area (ZCTA). ZCTA was found by cross-walking the beneficiary residence ZIP code with ZCTA. We used data from the 2016 American Community Survey (5-year file) to calculate AHRQ SES Index, with higher values indicating higher SES.

2a2. RELIABILITY TESTING

<u>Note</u>: If accuracy/correctness (validity) of data elements was empirically tested, separate reliability testing of data elements is not required – in 2a2.1 check critical data elements; in 2a2.2 enter "see section 2b2 for validity testing of data elements"; and skip 2a2.3 and 2a2.4.

2a2.1. What level of reliability testing was conducted? (may be one or both levels)

Critical data elements used in the measure (*e.g., inter-abstractor reliability; data element reliability must address ALL critical data elements*)

☑ **Performance measure score** (e.g., *signal-to-noise analysis*)

2a2.2. For each level checked above, describe the method of reliability testing and what it tests (*describe the steps*—*do not just name a method; what type of error does it test; what statistical analysis was used*)

We report testing results throughout this document for data elements, the mobility scale/instrument and the computed performance measure score. To assist the reader in understanding the testing analysis and results, we begin by providing a brief overview of these components of the performance measure:

1. Mobility Data Elements:

- a. There are 15 mobility data elements, which are included in IRF-PAI Section GG. In addition, 2 wheelchair data elements are used for patients who do not walk as part of the recoding approach. Depending on the context, we sometimes refer to these data elements as "items" or "activities."
- b. The mobility data are collected at the time of admission and discharge using a 6-level rating scale (01 to 06), or activity not attempted codes if, for example, the activity was not attempted due to medical or safety concerns.
- c. Higher scores indicate higher ability (i.e., more independence)
- d. For the performance measure calculation, data element activity not attempted codes and missing data are recoded to 01.

2. Admission and Discharge Mobility Scores (Scale/Instrument)

- a. An admission mobility scale score is created by summing the 15 mobility data element scores, after re-coding. The admission mobility score can range from 15 to 90 mobility units.
- **b.** A discharge mobility scale score is created by summing the 15 mobility data element scores, after re-coding. The range of the discharge mobility score is 15 to 90 mobility units.

¹ <u>https://www.huduser.gov/portal/datasets/usps_crosswalk.html</u>

² <u>https://www.ers.usda.gov/data-products/rural-urban-commuting-area-codes.aspx</u>

c. For the Admission and Discharge Mobility Scores, a score of 15 indicates the patient is dependent on a helper to perform all 15 mobility activities (i.e., data elements) and a score of 90 means the patient is independent on all 15 mobility activities.

3. Observed Change in Mobility

- a. An observed change in Mobility score is calculated by subtracting the observed (unadjusted) Discharge Mobility Score from the observed (unadjusted) Admission Mobility Score.
- **b.** The potential range of the Observed Change in Mobility Scores is -75 to +75. Most patients are expected to have improved mobility abilities, and thus we observe mostly positive values.
- 4. Calculated Performance Measure Score: Risk-Adjusted Change in Mobility Score
 - a. The calculated performance measure score is a risk-adjusted Change in Mobility Score. The riskadjustment procedure is described in S.14. Calculation Algorithm/Measure Logic on the NQF Intent to Submit form and the attached file "IRF_Detailed_Function_QM_Specifications_2634_01-07-2019.docx".
 - **b.** This performance measure estimates the risk-adjusted mean change in mobility score between admission and discharge for IRF patients. This performance measure does not have a simple form for the numerator and denominator.

Computed Performance Measure Score Reliability – Split-half Reliability (unit of analysis is providers): Splithalf reliability was used to examine the reliability of the computed performance measure scores. The computed performance measure scores are the risk-adjusted change in mobility scores. For IRFs with fewer than 20 patient stays, computed performance measure scores are not displayed to the public, therefore, we included facilities with 20 or more stays in this analysis. We conducted split-half reliability by randomly splitting each provider's patient stays into two groups and calculating correlations between the computed performance measure scores of the randomly divided groups. When a provider's data, after being randomly divided into two groups, show similar scores to one another, the performance measure score is more likely to reflect systematic differences in IRF provider quality rather than random variation. The Pearson Product-Moment Correlation (*r*), Spearman Rank Correlation (ρ), and Intraclass Correlation Coefficient (ICC) were used to measure internal reliability. Intraclass correlations were also calculated by facility volume quartile to examine whether there were differences in performance measure reliability by IRF size

Mobility Scale/Instrument Analysis- Internal Consistency (unit of analysis is patient assessments): In addition to the provider-level reliability testing of the computed performance measure scores described above, we examined the internal consistency of the mobility scale/instrument scores for each patient stay. Internal consistency provides a general assessment of how well the mobility data elements interrelate within the mobility scale/instrument. This internal consistency analysis is an indicator of the reliability of the mobility scale/instrument and is thus a test of the reliability of the data elements.

Internal consistency was assessed using the Cronbach's alpha coefficient, which is the average correlation of all possible half-scale divisions. Cronbach's alpha is a statistic frequently calculated when testing instrument or scale psychometrics. The Cronbach's alpha reliability estimate ranges from zero to one, with an estimate of zero indicating that there is no consistency of measurement among the items, and one indicating perfect consistency. Many cutoff criteria exist to determine whether or not a scale shows good consistency or whether the items "hang together" well. Nunnally (1978) indicated that Cronbach's alpha should be at least 0.90 for item sets used in decision making. The internal consistency from the Rasch analysis assesses items using the KR20 (a special case of Cronbach's alpha) estimate, with the same cut-off requirements.

Citation: Nunnally, J. (1978). Psychometric methods. New York, NY: McGraw-Hill.

Critical Data Elements Testing using CARE Tool Data (2014) – Inter-Rater Reliability, Video (Standardized Patient) Reliability and Validity Testing (unit of analysis is patients): In our 2014 NQF testing document, we described several types of data element and scale/instrument reliability and validity analysis using data collected by providers as part of the Post-Acute Care Payment Reform Demonstration (2007-2012). This reliability and validity testing included the self-care and mobility data elements, as well as data elements that
are used as risk adjustors for this performance measure. For more information about the development and testing of the data elements and scale/instrument, please see:

- Gage BJ, Constantine R, Aggarwal MM, Bernard S, Munevar D, Garrity M, Deutsch A, et al. (June, 2012). The Development of the Continuity Assessment Record and Evaluation (CARE) Tool: Final Report. Prepared for the Centers for Medicare & Medicaid Services. Available at: <a href="https://www.cms.gov/Medicare/Quality-Initiatives-Patient-Assessment-Instruments/Post-Acute-Care-Quality-Initiatives/Downloads/The-Development-and-Testing-of-the-Continuity-Assessment-Record-and-Evaluation-CARE-Item-Set-Final-Report-on-the-Development-of-the-CARE-Item-Set-Volume-1-of-3.pdf
- Gage BJ, Smith LM, Ross J, Coots LA, Shamsuddin KM, Deutsch A, Mallinson T, Reilly KE, Abbate JH, Gage-Croll Z. (August, 2012). *The development and testing of the Continuity Assessment Record and Evaluation (CARE) Item Set: Final Report on Reliability Testing, Volume 2 of 3*. Prepared for Centers for Medicare & Medicaid Services. Available at: https://www.cms.gov/Medicare/Quality-Initiatives-
- Gage BJ, Deutsch A, Smith LM, Schwartz C, Ross J, Coots LA, Reilly KE, Abbate JH, Shamsuddin KM, Silver BC, et al. (September, 2012). *The Development and Testing of the Continuity Assessment Record and Evaluation (CARE) Item Set: Final Report on CARE Item Set and Current Assessment Comparisons, Volume 3 of 3*. Prepared for Centers for Medicare & Medicaid Services. Available at: <u>https://www.cms.gov/Medicare/Quality-Initiatives-Patient-Assessment-Instruments/Post-Acute-Care-Quality-Initiatives/Downloads/The-Development-and-Testing-of-the-Continuity-Assessment-Recordand-Evaluation-CARE-Item-Set-Final-Report-on-the-Development-of-the-CARE-Item-Set-and-Current-<u>Assessment-Comparisons-Volume-3-of-3.pdf</u>
 </u>
- Smith LM, Deutsch A, Hand LB, Etlinger AL, Ross J, Abbate JH, Gage-Croll Z, Barch D, Gage BJ. (September, 2012). Continuity Assessment Record and Evaluation (CARE) Item Set: Additional Provider-Type Specific Interrater Reliability Analyses. Prepared for Centers for Medicare & Medicaid Services. Available at: <u>https://www.cms.gov/Medicare/Quality-Initiatives-Patient-Assessment-Instruments/Post-Acute-Care-Quality-Initiatives/Downloads/Continuity-Assessment-Record-and-Evaluation-CARE-Item-Set-Additional-Provider-Type-Specific-Interrater-Reliability-Analyses.pdf
 </u>
- Smith LM, Deutsch A, Barch D, Ross J, Shamsuddin KM, Abbate JH, Schwartz C, Gage BJ. (September, 2012). Continuity Assessment Record and Evaluation (CARE) Item Set: Video Reliability Testing. Prepared for Centers for Medicare & Medicaid Services. Available at: https://www.cms.gov/Medicare/Quality-Initiatives-Patient-Assessment-Instruments/Post-Acute-Care-Quality-Initiatives/Downloads/Continuity-Assessment-Record-and-Evaluation-CARE-Item-Set-Video-Reliability-Testing.pdf
- Gage BJ, Morley MA, Smith LM, Ingber MJ, Deutsch A, Kline TL, Dever JA, Abbate JH, Miller RD, Lyda-McDonald B, Kelleher CA, Garfinkel DB, Manning JR, Murtaugh CM, Stineman MG, Mallinson T. (March, 2012). *Post-Acute Care Payment Reform Demonstration: Final Report Volumes 1-4*. Prepared for the Centers for Medicare and Medicaid Services. Available at: <u>https://www.cms.gov/Research-Statistics-Data-and-Systems/Statistics-Trends-and-Reports/Reports/Research-Reports-Items/PAC_Payment_Reform_Demo_Final.html
 </u>

For more information on the history of the development of this functional status performance measure, please visit CMS's Post-Acute Care Quality Initiatives Function Measures website: https://www.cms.gov/Medicare/Quality-Initiatives-Patient-Assessment-Instruments/Post-Acute-Care-Quality-Initiatives/Functional-Measures-.html

Summary of critical data element reliability testing:

The inter-rater reliability of the data elements was tested in a subset of 34 providers (acute hospitals, HHAs, IRFs, LTCHs, and SNFs) distributed across 11 geographic areas. Each provider completed a duplicate admission or discharge assessment on 10–20 patients. The overall sample size was 449 for mobility items (448 for transfers). The weighted kappa values for the mobility items ranged between 0.558 for walk 150 feet to 0.901 for sitting to standing and chair/bed to chair transfer. Unweighted kappas ranged from 0.667 for walk 10 feet to 0.762 for sit to stand. In summary, kappa statistics indicated very good to substantial agreement of data element codes among raters.

For the video reliability study, clinicians assessed "standardized" patients presented through a videotape of a patient assessment. This ensured that the same information was presented to each clinician and allowed examination of scoring among different clinicians examining the "same" patient. The video reliability study indicated substantial agreement with the mode and clinical team for the lying-to-sitting, sit-to-stand, chair/bed to chair transfer, and toilet transfer items (greater than 76%). Although rates of agreement with the mode and clinical team response were generally identical, for the toilet transfer item, the clinical team agreement is slightly lower. The items for walking and wheeling distances showed more variable levels of agreement across disciplines, with overall agreement generally in the moderate range (50–78%). For the Walk 10 feet item, there was a notable decrease in the agreement with the clinical team compared to agreement with the mode. This occurred because in two of the four videos where this item was assessed, the clinical team response differed from the mode.

Please see Appendix B for additional details about the inter-rater reliability and video reliability testing.

2a2.3. For each level of testing checked above, what were the statistical results from reliability testing? (e.g., percent agreement and kappa for the critical data elements; distribution of reliability statistics from a signal-to-noise analysis)

Computed Performance Measure Score Reliability (Unit of analysis is provider): Split-half analysis results indicated strong, positive correlations (r = 0.916, ρ = 0.912, ICC= 0.916, p < 0.001) between the IRF providers' randomly divided groups' computed performance measure scores for the Change in Mobility performance measure, providing strong evidence of measure reliability. As shown in **Table 3**, ICCs remained strong when stratifying by provider volume quartile, with ICCs for the volume quartiles ranging from 0.833 (20-174 discharges) to 0.969 (568 - 4,416 discharges).

Volume Quartile	Number of IRFs	ICC
Quartile 1: 20 - 174	280	0.833
Quartile 2: 175 - 295	278	0.936
Quartile 3: 296 - 566	280	0.951
Quartile 4: 568 - 4,416	279	0.969
Total	1,117	0.916

Table 3. Interclass Co	orrelation Coefficient b	y IRF Volume,	Calendar Year 20	17 (N=1,117)
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Note: Providers with <20 stays during the 12-month testing period are excluded. Source: RTI analysis of IRF-PAI January – December 2017 (Program reference: MV52)

Scale/Instrument Reliability - Internal Consistency (unit of analysis is patient stays): Analysis of the mobility data showed good reliability statistics. The overall Cronbach's alpha is 0.97.

2a2.4 What is your interpretation of the results in terms of demonstrating reliability? (i.e., what do the results mean and what are the norms for the test conducted?)

The analysis of calendar year 2017 data show that provider-level reliability of the computed performance measure scores was strong overall and when stratified by provider volume. The patient-level analysis of fiscal year 2017 data of the scale/instrument reliability showed very good reliability.

Critical data element inter-rater reliability and video reliability testing found very good to substantial reliability overall.

2b1. VALIDITY TESTING

2b1.1. What level of validity testing was conducted? (may be one or both levels)

Critical data elements (data element validity must address ALL critical data elements)

\boxtimes Performance measure score

 \boxtimes Empirical validity testing

Systematic assessment of face validity of <u>performance measure score</u> as an indicator of quality or resource use (*i.e., is an accurate reflection of performance on quality or resource use and can distinguish good from poor performance*) **NOTE**: Empirical validity testing is expected at time of maintenance review; if not possible, justification is required.

2b1.2. For each level of testing checked above, describe the method of validity testing and what it tests (describe the steps—do not just name a method; what was tested, e.g., accuracy of data elements compared to authoritative source, relationship to another measure as expected; what statistical analysis was used)

Scale/Instrument Content Validity - Similarity of Data Elements Across Other Mobility Assessment Instruments: Patient functioning is a construct that is often measured based on patient abilities, and the activities (data elements) included in functional assessment instruments vary. We compared the list of Section GG data elements used to calculate the Change in Mobility performance measure with mobility data elements included on other functional assessment instruments.

Face Validity – Technical Expert Survey: On March 27, 2017, RTI International, on behalf of the Centers for Medicare & Medicaid Services (CMS), convened an in-person Technical Expert Panel (TEP) in Baltimore, MD, to seek expert input on the Inpatient Rehabilitation Facilities Quality Reporting Program (IRF QRP) quality measures, including the functional status performance measures. Prior to the TEP meeting, TEP members provided feedback on the importance, scientific soundness and usability of each of the performance measures using a 5-level Likert scale (high, moderately high, neutral, moderately low, low).

Data Element Construct Validity – Observed Discharge Mobility Scores and Discharge Destination (unit of analysis is patient stays): We tested the validity of the mobility data by examining the discharge function scores and whether patients were discharged to a community destination. IRFs provide intensive rehabilitation services to patients with a goal of maximizing patient functioning so that the patient can be ideally discharged to their home or another community-based setting compared to patients discharged to another post-acute care setting (e.g., skilled nursing facility, long-term care hospital), nursing home, hospice, or an acute-care hospital. Therefore, we tested the construct validity of the mobility data by examining the relation between discharge mobility scores and being discharged to the community, after excluding incomplete stays.

Scale/Instrument Construct Validity – Observed Discharge Mobility Scores and Discharge Destination (unit of analysis is patient stays): We tested the validity of the scale/instrument scores by examining the discharge mobility scale scores and whether patients were discharged to a community destination. We ran a logistic regression model to examine the association between discharge mobility scores and the odds of a community discharge.

Scale/Instrument Construct Validity – Data Element (Item) Difficulty Ordering Using Rasch Analysis (unit of analysis is patient assessment data): Rasch analysis uses item data to determine how well items in a scale/instrument function together to measure a construct. In its base form, the Rasch model assumes that the probability of a code for a given item is a function of the patient's mobility ability and the item's difficulty (how hard the activity is to accomplish independently). The Rasch extension that accounts for multiple response options also considers the difficulty of moving from one code category to another (i.e., a threshold). The information resulting from this function is interval in nature and expressed on the log-odds scale. Also, as part of the analysis, Rasch methodology places persons and the items of interest on a "ruler" to enable evaluations of how well the items work together, how difficult each item is relative to the other items in the

scale/instrument, and how items are ordered from easy to difficult. We used Rasch measurement analysis to examine the mobility items. We report IRF analysis results using a Rasch-derived mobility ruler that was developed using data from IRFs, skilled nursing facilities and long-term care hospitals. Using the Rasch-derived cross-setting "ruler" allows comparability of mobility item functioning within and across settings.

The ordering of items from easy (bottom) to difficult (top) provides the analysis-established item difficulty hierarchy. This hierarchy can be evaluated against item design specifications (i.e., the intended construction of the items to be easy or difficult) and against expert clinical opinions as an indication of construct validity. If items are positioned into unexpected locations on the hierarchy, then the content of the items should be evaluated further and potentially modified.

Data Element (Item) and Scale/Instrument Validity - Fit Assessment Analysis (unit of analysis is patient assessment data): Rasch analysis produces fit statistics that reflect whether unexpected responses are being coded for items within the scale/instrument. The Rasch model expects the difficult items to be harder (that is, have a greater need for assistance) for all patients. In a similar way, patients with higher functional abilities are generally expected to need less assistance on all items. Items that don't seem to function this way could show misfit, reflecting unexpected responses. There are two categories of fit, one designed more for outliers (outfit) and one designed for response unexpectedness near the item's difficulty (infit). In general, a cut-off appropriate for statistically determining item misfit is infit and outfit mean square values are above 1.4 when looking at multiple-point response scales. Items with fit values above 1.4 are unproductive for measurement but are not unusually "noisy" or degrade measurement. Mean square values greater than 2.0 may potentially degrade measurement (Wright and Linacre, 1994). Misfit seen near the item difficulty, or large values of infit, are concerning because they indicate noise (unexpected responses) where the item should be the most productive for measurement.

Data Element (Item) and Scale/Instrument Validity - Response Option Assessment Using Rasch Analysis (unit of analysis is patient assessment data): Rasch analysis output reports the number and percent of patients by score level (06 - Independent to 01 - Dependent) for each item and the average mobility ability (i.e., scale-level ability) of those patients. This allows us to examine if the 6-point rating scale is operating as intended for the mobility items. In general, we expect that patients who have lower ability overall would have lower ability levels (i.e., lower scores) for each item. Therefore, the average mobility ability calibration (scale-level ability measure reported in logits) associated with the more dependent scores would be lower than those associated with the more independent scores.

Citation: Wright BD, Linacre JM (1994) Reasonable mean-square fit values. *Rasch Measurement Transactions*. 8:3 p.370. <u>http://www.rasch.org/rmt/rmt83b.htm</u>

Computed Performance Measure Score Validity – Association with The Joint Commission Stroke Rehabilitation Certification Status (unit of analysis is providers): The goal of measuring performance is to make valid (credible) conclusions about quality (NQF Committee Guidebook). To examine the validity of the Change in Mobility computed performance measure score, we conducted analyses using a structural measure of quality, whether or not an IRF obtained The Joint Commission's Disease Specific Certification for Stroke Rehabilitation. As previously noted in Table 1, stroke is the most common primary medical condition for patients admitted to IRFs, therefore stroke patient outcomes influence IRF performance measure scores. The Joint Commission's Disease-Specific Care Certification evaluates clinical programs addressing: 1) Compliance with consensus-based national standards; 2) Effective use of evidence-based clinical practice guidelines to manage and optimize care; and 3) An organized approach to performance measurement and improvement activities. According to The Joint Commission, an entity that achieves Disease-Specific Certification has thoroughly demonstrated a high level of care for patients with that condition. We downloaded data from The Joint Commission's website and we used an 'effective date' to identify IRFs that were certified during the calendar year 2017. More information about disease-specific certification, please see: https://www.jointcommission.org/certification/dsc physical medicine rehabilitation.aspx Our first analysis compared the mean and median computed performance measure scores for IRFs with and without stroke rehabilitation disease-specific certification using a t-test and Kruskal-Wallis H test. We expected that IRFs with certification would achieve higher mean and median performance measure scores compared to IRFs without certification. Second, we divided the IRF data into quintiles based on the performance measure scores and calculated the percentage of IRFs with certification by quintile. We expected that IRFs with the best performance scores (quintile 5) would have a higher percentage of certified IRFs compared to the IRFs in quintile 1 with the least favorable performance measure scores.

2b1.3. What were the statistical results from validity testing? (e.g., correlation; t-test)

Content Validity: Similarity of Data elements Across Other Mobility Assessment Instruments.

Many functional status scales have been developed for research and clinical use. To address content validity, we have updated the table listing activities (data elements) used to calculate the Change in Mobility performance measure and data elements included in other functional assessment scales. **Table 4** shows that the Section GG mobility activities cover a wide range of mobility activities and that many of the activities included on other instruments (e.g., Chair/bed-to-chair transfer, Walk 150 feet) are included in Section GG.

Table 4. Comparison of Selected Mobility Activities (Data Elements) for the Change in Mobility Performancemeasure and Other Functional Assessment Instruments.

Activity (Data Elements)	Change in Mobility GG Mobility Data Elements	Barthel Index	FIM [®] Instrument	Katz ADL Scale	FAM with FIM [®] Instrument	RICFAS with FIM [®] Instrument	Minimum Data Set: Section G	Lower Extremity Functional Scale
Roll left and right ICF = Rolling over d4107	~							✓
Sit to lying ICF = Lying down d4100	~						~	
Lying to sitting on side of bed ICF = Lying down d4100	~							
Sit to stand ICF = Standing d4104	~		\checkmark		~	~		
Chair/bed-to-chair transfer ICF = Transferring oneself while sitting d4200	~	~		~			~	
Toilet transfer ICF = Transferring oneself while sitting d4200	~	~	~	~	~	~		
Car transfer ICF = Transferring oneself while sitting d4200	~				~	~		✓
Walk 10 feet ICF = Walk short distance d4500	~						~	✓
Walk 50 feet with two turns ICF = Walking and moving, other specified and unspecified d469	~							

Activity (Data Elements)	Change in Mobility GG Mobility Data Elements	Barthel Index	FIM [®] Instrument	Katz ADL Scale	FAM with FIM [®] Instrument	RICFAS with FIM [®] Instrument	Minimum Data Set: Section G	Lower Extremity Functional Scale
Walk 150 feet ICF = Walk short distances d4500	\checkmark		\checkmark		✓	\checkmark	~	~
Walking 10 feet on uneven surfaces ICF = Walking on different surfaces d4502	\checkmark							
1 step (curb) ICF = Climbing d4551	~							
4 steps ICF = Climbing d4551	~							
12 steps ICF = Climbing d4551	~		•		•	•		\checkmark
Picking up object ICF = Lifting d4300	\checkmark							\checkmark
Wheel 50 feet with 2 turns ICF = d465	\checkmark		~		~	~	~	
Wheel 150 feet ICF = d465	\checkmark		\checkmark		~	\checkmark	~	

Note: ADL = activity of daily living; ICF = International Classification of Functioning; FAM = Functional Assessment Measure; RICFAS = Rehabilitation Institute of Chicago Functional Assessment Scale

Face Validity – Technical Expert Survey: For the Change in Mobility performance measure, 71% of TEP members rated the Measure Importance as High or Moderately High; 57% rated the Scientific Soundness as High or Moderately High, and 57% Rated Usability of the Measure as High. We note that this survey was conducted prior to the TEP meeting, and thus represents perceptions before the TEP discussions about the measure details and, measure testing results. In addition, this TEP occurred approximately 8 months after the implementation of data collection when confidential feedback reports were not yet available to providers. Finally, with the goal of learning from experts in order to drive measure improvement efforts, for this TEP we invited representatives from organizations that had previously given feedback on the measure and that had competing measures. Thus, full support for the measure was not an expected outcome of the pre-TEP survey, and the survey provided TEP members an opportunity to give constructive feedback based on their initial perceptions before participating in the panel.

Data Element Construct Validity: Observed Discharge Functional Ability and Discharge Destination (unit of analysis is patient stays). As shown in **Table 5**, patients with higher discharge scores (from 01 - Dependent to 06 – Independent) are more likely to be discharged to the community, as expected. This occurs for each mobility data element for all score levels, with the exception of the data element Picking up object level 1, which has a slightly higher percentage compared to level 2. Also expected, for each of the mobility data elements (**Table 5**), patients who were coded as 06 - Independent, a high percentage were discharged to the community (74.7% for Wheel 50 feet with two turns to 98.2% for 12 Steps).

Findings and Interpretation: Mobility item data were positively associated with discharge destination, as expected. Specifically, we found patients who had higher observed scores at discharge were more likely to be

discharged to a community setting, which supports the validity of the item data measuring functional abilities in the IRF population.

	Discharged to Community				
GG0170A3: Mobility - Roll Left and Right					
01-Dependent	1,490 (32.0%)				
02-Substantial/maximal assistance	4,112 (35.5%)				
03-Partial/moderate assistance	17,344 (53.4%)				
04-Supervision or touching assistance	51,888 (69.9%)				
05-Setup or clean-up assistance	12,456 (74.6%)				
06-Independent	265,002 (92.4%)				
GG0170B3: Mobility - Sit to Lying					
01-Dependent	2,004 (30.0%)				
02-Substantial/maximal assistance	5,056 (36.8%)				
03-Partial/moderate assistance	22,852 (56.2%)				
04-Supervision or touching assistance	59,331 (72.3%)				
05-Setup or clean-up assistance	13,075 (76.3%)				
06-Independent	256,067 (93.6%)				
GG0170C3: Mobility - Lying to Sitting on Side of Bed					
01-Dependent	1,990 (30.1%)				
02-Substantial/maximal assistance	5,258 (37.1%)				
03-Partial/moderate assistance	22,569 (56.1%)				
04-Supervision or touching assistance	61,051 (72.5%)				
05-Setup or clean-up assistance	13,321 (76.9%)				
06-Independent	254,227 (93.7%)				
GG0170D3: Mobility - Sit to Stand					
01-Dependent	3,164 (33.4%)				
02-Substantial/maximal assistance	5,570 (40.0%)				
03-Partial/moderate assistance	23,665 (55.8%)				
04-Supervision or touching assistance	98,134 (77.5%)				
05-Setup or clean-up assistance	17,915 (82.6%)				
06-Independent	207,327 (96.4%)				
GG0170E3: Mobility - Chair/Bed-to-Chair Transfer					
01-Dependent	3,381 (29.9%)				
02-Substantial/maximal assistance	5,729 (38.5%)				
03-Partial/moderate assistance	27,735 (58.3%)				
04-Supervision or touching assistance	103,772 (78.5%)				
05-Setup or clean-up assistance	20,489 (83.3%)				
06-Independent	198,512 (96.8%)				

Table 5. Observed D	ischarge Mobility	v Data Element	t Scores and D	Discharge Loca	tion (n=437.619)
		, Data 2.0			

	Discharged to Community				
GG0170F3: Mobility - Toilet Transfer					
01-Dependent	4,107 (30.8%)				
02-Substantial/maximal assistance	5,678 (41.7%)				
03-Partial/moderate assistance	26,934 (60.2%)				
04-Supervision or touching assistance	102,930 (79.3%)				
05-Setup or clean-up assistance	26,907 (84.8%)				
06-Independent	187,683 (97.0%)				
GG0170G3: Mobility - Car Transfer					
01-Dependent	3,485 (47.9%)				
02-Substantial/maximal assistance	4,598 (58.7%)				
03-Partial/moderate assistance	30,433 (73.8%)				
04-Supervision or touching assistance	116,982 (88.2%)				
05-Setup or clean-up assistance	24,032 (92.5%)				
06-Independent	107,985 (97.7%)				
GG0170I3: Mobility - Walk 10 Feet					
01-Dependent	3,619 (40.1%)				
02-Substantial/maximal assistance	2,709 (46.6%)				
03-Partial/moderate assistance	19,772 (61.1%)				
04-Supervision or touching assistance	118,746 (80.4%)				
05-Setup or clean-up assistance	18,456 (85.6%)				
06-Independent	176,666 (97.4%)				
GG0170J3: Mobility - Walk 50 Feet with Two Turns					
01-Dependent	2,846 (46.2%)				
02-Substantial/maximal assistance	1,303 (53.5%)				
03-Partial/moderate assistance	15,118 (63.8%)				
04-Supervision or touching assistance	115,178 (82.0%)				
05-Setup or clean-up assistance	18,301 (86.4%)				
06-Independent	170,483 (97.6%)				
GG0170K3: Mobility - Walk 150 Feet					
01-Dependent	4,856 (58.9%)				
02-Substantial/maximal assistance	945 (63.3%)				
03-Partial/moderate assistance	8,910 (68.1%)				
04-Supervision or touching assistance	101,044 (84.8%)				
05-Setup or clean-up assistance	16,832 (88.1%)				
06-Independent	153,237 (97.8%)				

	Discharged to Community				
GG0170L3: Mobility - Walking 10 Feet on Uneven Surfaces					
01-Dependent	3,771 (59.9%)				
02-Substantial/maximal assistance	971 (60.1%)				
03-Partial/moderate assistance	16,976 (74.5%)				
04-Supervision or touching assistance	118,575 (88.5%)				
05-Setup or clean-up assistance	14,764 (91.8%)				
06-Independent	109,986 (98.0%)				
GG0170M3: Mobility - 1 Step (Curb)					
01-Dependent	5,353 (60.0%)				
02-Substantial/maximal assistance	3,241 (67.3%)				
03-Partial/moderate assistance	33,423 (77.4%)				
04-Supervision or touching assistance	141,104 (89.3%)				
05-Setup or clean-up assistance	16,957 (92.5%)				
06-Independent	97,639 (98.1%)				
GG0170N3: Mobility - 4 Steps					
01-Dependent	5,000 (61.6%)				
02-Substantial/maximal assistance	2,484 (67.0%)				
03-Partial/moderate assistance	26,318 (76.0%)				
04-Supervision or touching assistance	133,571 (88.6%)				
05-Setup or clean-up assistance	16,658 (92.1%)				
06-Independent	100,988 (98.0%)				
GG0170O3: Mobility - 12 Steps					
01-Dependent	8,253 (70.7%)				
02-Substantial/maximal assistance	1,276 (75.7%)				
03-Partial/moderate assistance	10,665 (79.9%)				
04-Supervision or touching assistance	94,221 (90.4%)				
05-Setup or clean-up assistance	13,157 (92.7%)				
06-Independent	87,641 (98.2%)				
GG0170P3: Mobility - Picking Up Object					
01-Dependent	8,765 (69.0%)				
02-Substantial/maximal assistance	3,298 (67.1%)				
03-Partial/moderate assistance	15,563 (77.0%)				
04-Supervision or touching assistance	85,526 (87.7%)				
05-Setup or clean-up assistance	14,199 (90.4%)				
06-Independent	114,842 (96.9%)				

	Discharged	l to Community
GG0170R3: Mobility – Wheel 50 Feet with Two Turns*		
01-Dependent	1,050 (29.9%)	
02-Substantial/maximal assistance	546 (33.4%)	
03-Partial/moderate assistance	1,026 (35.8%)	
04-Supervision or touching assistance	2,689 (45.8%)	
05-Setup or clean-up assistance	766 (52.4%)	
06-Independent	8,828 (74.7%)	
GG0170S3: Mobility – Wheel 150 Feet*		
01-Dependent	1,298 (31.7%)	
02-Substantial/maximal assistance	428 (37.6%)	
03-Partial/moderate assistance	656 (39.3%)	
04-Supervision or touching assistance	2,192 (48.3%)	
05-Setup or clean-up assistance	657 (53.8%)	
06-Independent	8,454 (75.2%)	

Notes: Values reported as frequency (percent); Incomplete stays are excluded; Activity not attempted codes not shown.

*Wheelchair data elements Include only patients who are not walking on discharge (n = 31,026). Source: RTI analysis of IRF-PAI, January – December 2017. (Program reference: LP63).

Scale/Instrument Construct Validity: Observed Discharge Functional Ability and Discharge Destination (unit of analysis is patient stays). Table 6 displays the single variable logistic regression results with observed discharge mobility scale scores as the independent variable and a dichotomous dependent variable indicating whether the IRF patient was discharged to the community or not. The mobility scale score is the sum of the 15 mobility data element scores after recoding; the discharge mobility scale score can range from 15 to 90. The results show that, on average, a one-unit increase in discharge mobility score is associated with a 7 percent increase in the odds of being discharged to the community (OR = 1.072; *p*-value <0.001).

Findings and Interpretation: Mobility scale/instrument scores were positively associated with discharge destination, as expected. Specifically, we found patients who had higher observed scores at discharge were more likely to be discharged to a community setting, which supports the validity of the scale/instrument data measuring functional abilities in the IRF population.

Independent Variable	Value	95% Confidence Interval
Observed Discharge Mobility Score		
Coefficient	0.069	
Odds Ratio	1.072	1.071 - 1.072

Table 6. Coefficient and Odds Ratio for Discharge to Community Model (n=437,19)

Note: Observed discharge mobility score range = 15 – 90; Incomplete stays were excluded. Source: RTI analysis of IRF-PAI, January – December 2017. (Program reference: LP63).

Scale/Instrument Construct Validity: Data Element (Item) Difficulty Ordering Using Rasch Analysis (unit of analysis is patient assessment data): We used Rasch analysis to determine how well the mobility items work together to measure the construct of mobility. Rasch analysis creates a mobility ruler using log odd units (i.e., logits) centered at the value 0. A "logit" (a contraction of "Log-Odds Unit") is a linear scale We report IRF testing results using a Rasch-derived mobility ruler that was developed using data from IRFs, skilled nursing facilities and long-term care hospitals. The analysis of the Section GG mobility data show that the placement of each mobility item on the cross-setting mobility "ruler" make sense clinically and are consistent with previous analyses of other functional assessment scales. That is, the order of items from easy to difficult (item

hierarchy), is consistent with task difficulties. The order of the items by difficulty level, with the hardest activity listed first, is as follows:

12 Steps (most difficult activity)

Curb 4 Steps Picking Up Object Walk 10ft Uneven Walk 150ft Car Transfer Walk 50ft Two Turns Walk 10ft Toilet Transfer Chair Transfer Sit to Stand Lying to Sitting Sit to Lying

Roll Left & Right (easiest activity)

Figure 1 reports the item hierarchy, the patient distribution and the rating scale scores in one graphic. In addition, **Figure 1** is presented on the Rasch-derived mobility ruler, expressed in logits and centered at a value of 0, as described previously. It shows the overall expected score placement on the mobility "ruler" for each item. The ruler values, ranging from -9 to +7 logits, are shown on the top and bottom vertical lines. The difficulty order (item hierarchy), from easy (bottom) to difficult (top), is shown on the right side of the graphic. For each item presented on the right, the overall expected placement of the score options (from "1" for "dependent" to "6" for "independent") are shown along the ruler. Each item is presented on a row and the scores begin with the most dependent (represented by the "1") on the far-left graphic boundary and the most independent (represented by "6") on far-right graphic boundary. Finally, the threshold between two score options is represented by a colon (:) and is where a patient has an equal chance of being in either the higher or lower category. Use of the "ruler" allows visualization of the scores for each mobility item in relation to the scores of other mobility items. The letters at the bottom of **Figure 1** describe the distribution of people along the ruler, where "M" is the average of the sample and "S" and "T" are one and two times the standard deviation around that average, respectively. The percentile values represent the distribution of patients along the "ruler."

Findings and Interpretation: The item hierarchy listing and **Figure 1** illustrate that the mobility items fall along the cross-setting "ruler" as expected and are consistent with clinical findings from applications in the field and other functional assessment instruments.

Figure 1. IRF Mobility IRF Items – Anchored on the Cross-Setting Mobility Ruler

-9	-7	-5	-3	-1	1	3 5 7
	+-	+		+	-+	NUM ITEM
1		1 :	2 :	3	:	4 :5 :66 24* STEP 12
1		1 :	2 :	3	:	4 :5 :6 6 22* CURB
1		1 :	2 :	3	:	4 :5:66 23* STEP 4
1		1 :	2 :	3	:	4 : 5 : 6 6 25* PICK UP OBJECT

```
1
     1 : 2 : 3 : 4 : 5 : 6 6 21* WLK 10 FEET UNEVEN SURFACE
1
     1 : 2 : 3 : 4 : 5 : 6 6 10* WLK 150 FEET
     1 : 2 : 3 : 4 : 5 : 6 6 20* CAR TRANSFER
1
T
    1 : 2 : 3 : 4 : 5 : 6 6 9* WLK 50 FEET WITH TWO TURNS
1
1
    1:2:3:4:5:6
                         6 15* WLK 10 FEET
1
    1 : 2 : 3 : 4 : 5 : 6
                         6 8* TOILET TRANSFER
1
    1:2:3:4:5:6
                        6 7* CHAIR TRANSFER
1
    1:2:3:4:5:6
                         6 6* SIT TO STAND
I
6 5* LYING TO SITTING
   1:2:3:4:5:6
1
 1:2:3:4:5:6
                         6 4* SIT TO LYING
1
Ι
11:2:3:4:5:6
                         6 14* ROLL LEFT AND RIGHT
|-----+------| NUM ITEM
-9 -7 -5 -3 -1 1 3 5 7
Т
     S
           Μ
                 S
     10 20 30 40 50 60 70 80 90 99 PERCENTILE
0
```

Scale/Instrument Validity - Fit Assessment Using Rasch Analysis (unit of analysis is patient assessment data): Ideal measurement construction would mean data fit the Rasch model exactly. In reality, empirical data will differ from the model. Rasch fit statistics describe how well the observed data (e.g. patient's scores on the mobility items) fit the model, and characterize the magnitude that unexpected scores (i.e., unmodelled noise) are found in the data. Fit statistics have an expected value of 1.0 and can range from 0 to infinity. Values lower than 1.0 indicate overfit (over prediction) of the Rasch model and values greater than 1.0 indicate underfit of the model (e.g., noise). There are two categories of fit. Outfit is designed more for outliers (when a patient's unexpected code is for an item that is relatively easy or hard for that patient); Infit is designed for unexpected codes near the item's difficulty (when a patient's code is for an item is near that person's ability). Values greater than 2.0 may potentially degrade measurement (Wright and Linacre, 1994). Overall, the mobility items are coded as expected. **Table 7** reports fit statistics for the mobility items and shows that one item, Picking up object, had fit statistics above 2.00.

	IRF – Anchored				
	(Cross-Setting Ruler)				
Item	Infit mean square	Outfit mean square			
GG0170A: Roll Left and Right	1.49	2.00			
GG0170B: Sit to Lying	1.00	1.06			
GG0170C: Lying to Sitting on Side of Bed	0.98	1.02			
GG0170D: Sit to Stand	0.78	0.74			
GG0170E: Chair/Bed to Chair Transfer	0.76	0.75			
GG0170F: Toilet Transfer	1.24	1.41			
GG0170G: Car Transfer	1.27	1.35			
GG0170I: Walk 10 Feet	1.03	1.00			
GG0170J: Walk 50 Feet with Two Turns	0.87	0.83			
GG0170K: Walk 150 Feet	1.09	1.07			
GG0170L: Walking 10 Feet on Uneven Surfaces	1.12	1.12			
GG0170M: 1 Step (Curb)	1.11	1.10			
GG0170N: 4 Steps	1.04	1.01			
GG01700: 12 Steps	1.45	1.54			
GG0170P: Picking Up Object	2.28	2.45			

Table 7. Fit Statistics for the Mobility Items (n = 320,893)

Data Element (Item) and Scale/Instrument Validity - Response Option Assessment Based on Rasch Analysis (unit of analysis is patient assessments): Rasch analyses provide information on how many patients are coded in each score category (i.e., independent to dependent) for each item and the average ability (or skill level) of those individuals on the construct of interest. Evaluations of patient ability by score category indicate that rating scale use is as expected, with patients with higher item scores are, on average, higher ability patients. For our data, we anticipate that for each item, patients with higher scores (01 to 06) should have higher Rasch logit mobility values (Rasch mobility logit values range from -9 to +7). Likewise, it is expected that lower ability persons would generally be observed in the more dependent categories (substantial assistance, etc.). Therefore, the average ability (or skill level) estimate associated with the more dependent scores. We combined admission and discharge data for each item in order to ensure a range of patient ability is represented in the analyses.

As shown in **Table 8**, for each item, patients who are coded with higher scores have higher overall mobility, as expected.

Table 8. Distribution of Combined Admission and Discharge Scores and Average Ability Estimate byResponse Code for Each Mobility Item (n=320,893)

Item	Score (Response Code)* Higher Score = Higher Ability	Number of Patients	Percent of Patients by Item	Average Mobility Ability of Patients (- 9 to +7 Logit Scale) Higher Value = Higher Ability
Roll Left and Right				
	01	11354	4	-7.67
	02	24847	8	-4.85
	03	59906	19	-2.45
	04	82966	27	-0.15
	05	13635	4	1.43
	06	115523	37	4.04
Sit to Lying				
	01	16188	5	-7.41
	02	31191	10	-4.34
	03	71571	23	-1.91
	04	81766	26	0.32
	05	12244	4	1.92
	06	102182	32	4.52
Lying to Sitting on Side o	of Bed			
	01	15826	5	-7.46
	02	33649	11	-4.3
	03	73012	23	-1.85
	04	80855	26	0.4
	05	11929	4	2.02
	06	100635	32	4.57
Sit to Stand				
	01	20263	7	-6.33
	02	29276	9	-3.98
	03	83433	27	-1.61
	04	93128	30	1.17
	05	9941	3	2.97
	06	73902	24	5.33
Chair/Bed to Chair Trans	sfer			
	01	27711	9	-6.26
	02	33751	11	-3.74
	03	86443	27	-1.32
	04	88638	28	1.38
	05	10595	3	3.09
	06	69884	22	5.46

Item	Score (Response Code)* Higher Score = Higher Ability	Number of Patients	Percent of Patients by Item	Average Mobility Ability of Patients (- 9 to +7 Logit Scale) Higher Value = Higher Ability
Toilet Transfer				
	01	26162	9	-5.6
	02	29686	10	-3.35
	03	75497	25	-1.15
	04	86850	29	1.35
	05	13717	5	2.94
	06	66132	22	5.38
Car Transfer				
	01	6504	4	-4.59
	02	7905	5	-2.81
	03	34035	22	-0.48
	04	58781	38	2.35
	05	9716	6	4.06
	06	36164	24	6.08
Walk 10 Feet				
	01	17593	7	-3.89
	02	9469	4	-3.21
	03	62621	24	-1.37
	04	101127	39	1.32
	05	9097	3	3.34
	06	61689	24	5.7
Walk 50 Feet with Two Tu	urns			
	01	9635	5	-3.42
	02	3280	2	-2.53
	03	38975	19	-0.97
	04	87491	42	1.58
	05	8717	4	3.47
	06	59133	29	5.79
Walk 150 Feet				
	01	9107	6	-2.66
	02	1639	1	-1.76
	03	15977	11	-0.52
	04	62177	42	1.98
	05	7688	5	3.68
	06	52903	35	5.94

Item	Score (Response Code)* Higher Score = Higher Ability	Number of Patients	Percent of Patients by Item	Average Mobility Ability of Patients (- 9 to +7 Logit Scale) Higher Value = Higher Ability
Walking 10 Feet on Uneve	en Surfaces			
	01	5857	4	-3.01
	02	2049	2	-2.01
	03	23611	17	-0.24
	04	60748	45	2.50
	05	6045	4	4.19
	06	37553	28	6.35
1 Step (Curb)				
	01	8458	5	-2.83
	02	5542	3	-1.67
	03	42800	25	0.00
	04	75157	44	2.62
	05	7009	4	4.37
	06	33572	19	6.68
4 Steps				
	01	7039	4	-2.61
	02	3443	2	-1.35
	03	35447	22	-0.08
	04	74460	46	2.53
	05	6969	4	4.34
	06	34835	21	6.63
12 Steps				
	01	7609	8	-1.46
	02	1299	1	-0.38
	03	9234	9	0.6
	04	44069	45	2.93
	05	5378	5	4.47
	06	30202	31	6.74
Pick Up Object				
	01	10785	8	-1.97
	02	7306	5	-1.53
	03	20005	15	0.08
	04	48500	36	2.35
	05	6372	5	3.79
	06	40047	30	5.86

Note: Activity not attempted/did not occur codes are not included in this analysis.

*Response categories are defined as: 1 – Dependent; 2 – Substantial/maximal assistance; 3 -

Partial/moderate assistance; 4 - Supervision or touching assistance; 5 - Setup or clean-up assistance; and 6 - Independent.

Computed Performance Measure Score Validity – Association with The Joint Commission Stroke

Rehabilitation Certification Status (unit of analysis is providers): We compared the mean and median computed performance measure scores for IRFs with and without stroke rehabilitation disease-specific certification. We also divided the IRF data into quintiles based on the performance measure scores and calculated the percentage of IRFs with certification by quintile.

Table 9 shows that IRFs with certification achieved higher mean and median performance measure scores compared to IRFs without certification (mean: 28.0 and 30.0 and p < .0001; median 27.7 and 29.9 and p < .001). **Table 10** shows that the top 2 quintiles, which included the IRFs with the best performance scores, had the highest percentage of certified IRFs (32.4% to 23.9%) compared to the lowest quintile with the lowest performance measure scores (6.8%). As the performance measure scores decrease by group, the percentage of IRFs that are certified decreases.

Table 9. Mean and Median Change in Mobility Computed Performance Measure Score (CY 2017) by Stroke
Rehabilitation Disease Specific Certification Status (2017) (n = 1,117)

Change in Mobility Performance Measure Score	Stroke Ref Disease Specific C (20	nabilitation Certification Status 117)	
	No	Yes	p-value*
	(n=941)	(n=176)	
Mean (SD)	28.0 (4.6)	30.0 (3.9)	< 0.001
Median (IQR)	27.7 (6.3)	< 0.001	

Note: SD=Standard deviation; IQR = interquartile range; Providers with <20 stays during the 12-month testing period are excluded from facility-level analyses.

*T-test was run to determine statistically significant differences for the mean scores; The Kruskal-Wallis H test was run to determine statistically significant differences for the median scores.

Source: RTI analysis of IRF-PAI, January – December 2017. (Program reference: AD01)

 Table 10. Percent of IRF with Stroke Rehabilitation Disease Specific Certification by Computed Performance

 Measure Score (CY 2017) Quintiles (n = 1,117)

Quintile Group Based on Performance Measure Score: Best to Worst	Stroke Rehabilitation Disease Specific Certification Status (2017)*	
	No (n=941)	Yes (n=176)
Quintile 5: 32.3-46.7		
(best performance scores)	169 (18.0%)	57 (32.4%)
Quintile 4: 29.2-32.3	174 (18.5%)	42 (23.9%)
Quintile 3: 27- 29.2	191 (20.3%)	35 (19.9%)
Quintile 2: 24.5- 27.0	194 (20.6%)	30 (17.0%)
Quintile 1: 13.3-24.5 (worst performance scores)	213 (22.6%)	12 (6.8%)

Note: Providers with <20 stays during the 12-month testing period are excluded from facility-level analyses. *Chi square test results: p < .0001

Source: RTI analysis of IRF-PAI, January – December 2017. (Program reference: AD01)

2b1.4. What is your interpretation of the results in terms of demonstrating validity? (i.e., what do the results mean and what are the norms for the test conducted?)

The activities (data elements) included in the Section GG mobility scale/instrument cover a wide range of patient functioning and key activities included in many other functional assessment instruments, supporting content validity of the scale.

Prior to their participation in the TEP, the panel members were surveyed on their initial perceptions of the Change in Mobility performance measure. Most experts convened indicated the performance measure was important, scientifically sound, and able to be used by providers, patients, and the general public.

We found that patients who had higher observed discharge scores for the mobility data elements were more likely to be discharged to the community, as expected. Results also showed that the mobility scale/instrument scores were significantly associated with being discharged to the community.

The difficulty order of the mobility data elements makes sense clinically and are consistent with previous analyses of the mobility data and analyses of other functional assessment scales/instruments. Rasch analysis of the data showed the items work well together to measure the concept of mobility, with generally good infit and outfit statistics. As expected, for each item, the average mobility ability Rasch measure of patients increases as the rating scale scores increase. All these results support the validity of the mobility data elements and scale in measuring mobility functional abilities.

Our analyses that focused on whether or not an IRF obtained The Joint Commission's Disease Specific Certification for Stroke Rehabilitation showed that IRFs with higher (better) computed performance measure scores were more likely to have this structural measure of quality (certification). These analyses support the validity of the calculated performance measure scores.

2b2. EXCLUSIONS ANALYSIS

NA \Box no exclusions – *skip to section* <u>2b3</u>

2b2.1. Describe the method of testing exclusions and what it tests (describe the steps—do not just name a method; what was tested, e.g., whether exclusions affect overall performance scores; what statistical analysis was used)

We examined the number and percentage of patients who were excluded from the performance measure calculation due to exclusion criteria. The exclusion criteria are applied to the data in order to maintain the validity of the calculated performance measure scores and were identified in consultation with expert panel members and in response to public comments. Some IRFs specialize in the care of patients with complex needs, for example, patients with traumatic spinal cord injury and traumatic brain injury; therefore, application of these exclusion criteria is important to ensure the validity of the calculated performance scores for all IRFs, regardless of whether the IRF offers specialized services for complex patients. All exclusion criteria were applied prior to our developing the risk-adjustment model.

For several exclusion criteria, the rationale for the exclusion of these patients is that improvement in mobility would be limited or unpredictable. For these exclusion criteria, we report the mean, median and 25th and 75th percentiles for change in mobility scores.

For patients who have an incomplete stay (e.g., emergency discharge), it is challenging to collect accurate discharge functional status data due to the urgent nature of the discharge. Therefore, patients with incomplete stays are excluded from the performance measure calculation, and we are unable to conduct analyses due to the unavailability of data. A total of 55,590 (11.3%) of patient stays were classified as incomplete stays based on the definition of an incomplete stay.

We excluded patients younger than 21 in our original measure specifications, because we had very few patients in our sample younger than 21 and there is limited literature about functional outcomes for Medicare patients younger than 21. We are maintaining this exclusion criterion, because there is still limited evidence in

the literature about function outcomes for Medicare beneficiaries who are younger than 21 and there were only 32 patients younger than 21 discharged in calendar year 2017.

2b2.2. What were the statistical results from testing exclusions? (*include overall number and percentage of individuals excluded, frequency distribution of exclusions across measured entities, and impact on performance measure scores*)

A total of 64,578 patient stays (13.1%) are excluded from the change in mobility performance measure. As indicated above, most of these (55,590 (11.3%) are due to incomplete stays. An analysis of differences between patient-level characteristics for those included and excluded from the performance measure (available upon request) show very little variation in the two populations. The largest difference was 1.1% and observed for gender (53.0% and 54.1% identified as female for the full population and the population with exclusions applied, respectively). As noted above, these exclusion criteria are important to apply to ensure the validity of the calculated performance scores for all IRFs, regardless of whether the IRF offers specialized services for complex patients.

Table 11 shows the number and percent of patients excluded for each exclusion criteria, and the mean, median and 25th and 75th percentile for the change in mobility scores. For patients with persistent vegetative state, locked-in syndrome, those discharged to hospice and patients who are independent with all mobility activities on admission, analyses show these patients had very limited improvement with the mobility activities. For patients in a coma and those with severe brain damage, severe anoxic brain damage, and cerebral edema, improvement in mobility showed variability when we examined unadjusted data by quarter.

Exclusion Criteria	n (%) Mean		SD	Median	25 th Percentile	75 th Percentile
All Excluded Medical Conditions	7,650 (1.6)	21.7	17.8	22.0	8.0	34.0
Coma	65 (< 0.1)	17.9	16.3	15.0	6.0	28.0
Complete Tetraplegia	311 (0.1)	11.7	13.0	9.0	0.0	20.0
Persistent vegetative state**	< 11 (<0.1)	**	**	**	**	**
Severe brain damage	731 (0.1)	23.0	17.4	23.0	9.0	35.0
Locked-In Syndrome	12 (< 0.1)	10.4	17.0	0.0	0.0	21.0
Severe anoxic brain damage, cerebral edema, or compression of the brain	6,631 (1.3)	22.1	17.9	23.0	9.0	35.0
Discharged to Hospice	2,548 (0.5)	5.5	14.7	2.0	-2.0	13.0
Independent with all Admission Mobility Data Elements	151 (< 0.1)	-2.7	11.4	0.0	0.0	0.0

Table 11. Observed Change in Mobility Score in Mobility Units by Exclusion Criteria* (N=493,209)

Note: N = number of patient stays; Observed Change in Mobility values are reported as units of change in mobility (possible range: -75 to 75)

*For patients who have an incomplete stay (e.g., emergency discharge), it is challenging to collect accurate discharge functional status data. Therefore, we are unable to conduct analyses due to the unavailability of IRF-PAI data. For the exclusion criterion age younger than 21, we have not conducted analyses due to the very small number of patients in this age group. In calendar year 2017, there were 32 patients younger than 21. **The number of patients with this medical condition is less than 11, and thus too small to publicly report. Source: RTI analysis of IRF-PAI, January – December 2017. (Program reference: MV47) **2b2.3.** What is your interpretation of the results in terms of demonstrating that exclusions are needed to prevent unfair distortion of performance results? (*i.e.*, the value outweighs the burden of increased data collection and analysis. <u>Note</u>: *If patient preference is an exclusion*, the measure must be specified so that the effect on the performance score is transparent, e.g., scores with and without exclusion)

In calendar year 2017 data, 13.1% of patient stays were excluded from the calculated performance scores. The exclusion criteria are applied to the data in order to maintain the validity of the calculated performance measure scores. Data analysis results support these exclusions, because inclusion of limited and less predictable mobility improvement for these patients could affect computed performance measure scores for the selected IRFs that admit patients who meet these criteria.

2b3. RISK ADJUSTMENT/STRATIFICATION FOR OUTCOME OR RESOURCE USE MEASURES

If not an intermediate or health outcome, or PRO-PM, or resource use measure, skip to section <u>2b4</u>.

- 2b3.1. What method of controlling for differences in case mix is used?
- \Box No risk adjustment or stratification
- Statistical risk model with <u>105</u> risk factors
- □ Stratification by _risk categories

 \Box Other,

2b3.1.1 If using a statistical risk model, provide detailed risk model specifications, including the risk model method, risk factors, coefficients, equations, codes with descriptors, and definitions.

The risk adjustment model, including the intercept (constant), covariates (risk factors) with definitions and coefficients are provided as an attached excel file and in Appendix A Table A-1. We used a Generalized Linear Model regression analysis to obtain the regression intercept (constant) and regression coefficient values.

Model for Individual Patient's Expected Change in Mobility Score

The risk-adjustment model includes a total of 105 covariates. For each individual patient, not every covariate will apply, because, for example, only one age group, one primary diagnosis group, and one bladder incontinence covariate will apply. In addition, patients could have 0 or up to 50 comorbidities. Therefore, for an individual patient stay, up to 72 covariates may apply.

As described in the measure calculation algorithm, the regression intercept and coefficients are used to calculate an expected change in mobility score for each patient stay using the formula below:

Expected change in mobility score =

intercept + (age group * coefficient) + (continuous admission mobility * coefficient) + (squared admission mobility * coefficient) + (primary diagnosis group * coefficient) + (interaction term for admission mobility and primary diagnosis group * coefficient) + (prior surgery * coefficient) + (prior functioning: indoor ambulation * coefficient) + (prior functioning: stair negotiation * coefficient) + (prior functioning: cognition * coefficient) + (prior use of walker * coefficient) + (prior use of wheelchair/scooter full time/part time * coefficient) + (prior use of mechanical lift * coefficient) + (prior use of orthotics/prosthetics * coefficient) + (cognitive function * coefficient) + (communication impairment * coefficient) + (stage 2 pressure ulcer * coefficient) + (stage 3, 4 or unstageable pressure ulcer * coefficient) + (bladder incontinence * coefficient) + (bowel incontinence * coefficient) + (swallowing ability: tube/parenteral feeding * coefficient) + (history of falls * coefficient) + (low BMI * coefficient) + (comorbidity * coefficient)

In the equation above, the intercept and coefficient values were constant for each patient, while risk adjustor values were specific to the patient. Patients could have multiple comorbidities.

We provide detailed measure calculation instructions for this performance measure in an attachment in the "NQF Specifications" document. The detailed measure calculation instructions are available to the public in

the document entitled "IRF Quality Reporting Program Measure Calculations and Reporting User's Manual" that can be found at: <u>https://www.cms.gov/Medicare/Quality-Initiatives-Patient-Assessment-Instruments/IRF-Quality-Reporting/IRF-Quality-Reporting-Program-Measures-Information-.html</u>. The current version of the manual, Version 3.0, reflects current measure specifications.

Risk Adjusted Change in Mobility Outcome for Each IRF

To calculate the risk adjusted change score for each IRF, we compute three values:

- 1. Mean observed change in mobility score for each IRF: We calculated the mean observed change score for each IRF as the mean of the observed change in mobility scores for all patients in the IRF.
- 2. Mean expected change in mobility score for each IRF: We calculate each patient's expected change in mobility score using the intercept and coefficient values that apply to the patient. We then compute the mean expected change in mobility score for each IRF by calculating the mean of the expected change score for all patients in the IRF.
- 3. National mean observed change in mobility score: We calculated national mean observed change in mobility score using data for all patients and all IRFs.

Using the above three values, the risk adjusted change in mobility outcome for each IRF is calculated using the formula:

(IRF mean observed change score – IRF mean expected change score) + National mean observed change score

2b3.2. If an outcome or resource use component measure is <u>not risk adjusted or stratified</u>, provide <u>rationale</u> <u>and analyses</u> to demonstrate that controlling for differences in patient characteristics (case mix) is not needed to achieve fair comparisons across measured entities.

Not applicable. This performance measure is risk adjusted.

2b3.3a. Describe the conceptual/clinical <u>and</u> statistical methods and criteria used to select patient factors (clinical factors or social risk factors) used in the statistical risk model or for stratification by risk (*e.g., potential factors identified in the literature and/or expert panel; regression analysis; statistical significance of p*<0.10; correlation of *x* or higher; patient factors should be present at the start of care) Also discuss any "ordering" of risk factor inclusion; for example, are social risk factors added after all clinical factors?

This performance measure estimates the risk adjusted mean change in mobility score between admission and discharge among IRF patients. Functional improvement can vary based on patients' demographic or clinical characteristics, therefore, this measure is risk adjusted. The goal of risk adjustment is to control for differences across facilities in patient characteristics at admission that might be related to the outcome of interest. This allows outcomes to be compared across facilities after differences in patient complexity (i.e., patient characteristics) have been accounted for in the analysis. The risk adjustment model for this measure controls for variation across facilities in patient demographics (e.g., age) and clinical (e.g., diagnosis) characteristics present at the time of admission that may influence functional outcomes, to allow change in mobility outcomes to be compared across IRFs.

Initial development of the risk adjustment model can be found on this measure's previous testing form. We are now updating the risk adjustment model for this measure using the national data collected using the Inpatient Rehabilitation Facility Patient Assessment Instrument (IRF-PAI), including patients' primary conditions, prior functioning, and comorbidities at admission. Testing of the risk adjustment model was conducted after applying the exclusion criteria described in 2b2.

Risk Adjustor Selection – Conceptual Rationale and Statistical Testing

The initial selection of risk adjustors was based on a review of the literature, input from technical experts and public comments, followed by data analysis. Please see the 2014 testing form on this measure for more detailed information on the initial selection of risk adjustors for this measure. In preparation for endorsement maintenance, we updated our literature review and conducted additional analyses.

We tested the risk adjustors using a generalized linear model with generalized estimation equations (GEE) as the estimation method to account for clustering of data within each IRF. The generalized estimation equations method accounted for potentially correlated outcomes of patients within the same IRF, in addition to risk adjusting the change in mobility outcome using the final set of risk adjustors.

The dependent variable was the change in mobility score for each patient, calculated as the difference between the discharge mobility score and admission mobility score. The regression coefficient represents the effect of an individual covariate. For example, a coefficient value of -0.5 for a comorbidity would be interpreted to mean that, on average, patients with that comorbidity had a change in mobility score that was 0.5 mobility units less than patients without that comorbidity.

Risk adjustors were added to the model together and decisions were made to retain or drop each risk adjustor based on its sample size, regression coefficient, significance level, and clinical relevance to mobility outcomes. For example, we dropped comorbidities that no longer showed a negative association with the dependent variable, because comorbidities are expected to limit functional improvement. We added comorbidities that showed a significant negative association with the dependent variable. The final risk adjustor decisions were based on a combination of clinical reasoning and statistical findings.

Risk adjustors included in the final model are described below, and also presented in S.2b. Data Dictionary, Code Table, or Value Sets.

Age Groups: We included seven age groups in the risk adjustment model (< 35 years, 35–44 years, 45–54 years, 55–64 years, 75–84 years, 85–90 years, and ≥ 90 years). The age group 65–74 years formed the reference category. Age was not normally distributed in our sample, so it was more appropriate to use age groups in our analyses. When compared to the reference group (patients 65–74 years), patients younger than 35 years (coefficient = -1.0232, *p* = 0.005) and patients 35-44 years (coefficient = -0.6223, *p* = 0.005) had significantly smaller change in mobility scores. Patients 45-54 years (coefficient = 0.3772, *p* = 0.003) had slightly larger change in mobility scores than patients in the reference category. Patients 75–84 years (coefficient = -1.1907, *p* < 0.001), 85–90 years (coefficient = -2.7306, *p* < 0.001), and over 90 years (coefficient = -4.5621, *p* < 0.001) also had significantly, and progressively, smaller change in mobility scores than patients in the reference categor in mobility scores than patients the reference categor in mobility scores than patients the reference categor. Patients 75–84 years (coefficient = -1.1907, *p* < 0.001), 85–90 years (coefficient = -2.7306, *p* < 0.001), and over 90 years (coefficient = -4.5621, *p* < 0.001) also had significantly, and progressively, smaller change in mobility scores than patients in the reference category. Patients 55–64 years did not have significantly different change scores compared with the reference category. Nevertheless, we chose not to collapse any groups based on public comment feedback regarding the clinical importance of maintaining fine discrimination among age groups.

Admission Mobility Scores: Since improvement in mobility during the IRF stay may vary based on admission mobility ability, we risk adjusted for admission mobility scores in our regression model. Both the squared form of admission mobility scores (coefficient = -0.0169, p < 0.001) and the continuous form of admission mobility scores (coefficient = -0.0169, p < 0.001) and the regression model.

Primary Diagnosis Groups Based on IRF Primary Diagnosis: We used Impairment Group codes reported on the IRF-PAI (Item 21) to create the following 13 mutually-exclusive primary diagnosis groups: (1) stroke, (2) non-traumatic brain dysfunction, (3) traumatic brain dysfunction, (4) non-traumatic spinal cord dysfunction, (5) traumatic spinal cord dysfunction, (6) progressive neurological conditions, (7) other neurological conditions (e.g., polyneuropathy), (8) fractures and other multiple trauma, (9) hip and knee replacements, (10) amputation, (11) other orthopedic conditions (e.g., arthritis), (12) debility and cardiorespiratory conditions, and (13) medically complex conditions. "Hip and knee replacements" formed the reference category, and the remaining 12 primary diagnosis groups were risk adjustors in the model. When compared to the reference category, all diagnosis groups were significant predictors of change in mobility scores. The primary diagnosis groups had significantly smaller change in mobility scores compared with the "hip and knee replacements" group. The "stroke" group had the largest coefficient (-21.2855, *p* < 0.001).

Interaction between Primary Diagnosis Groups and Admission Mobility Scores: To account for the possibility that the relationship between admission mobility and change in mobility scores may vary based on the patient's primary diagnosis group, we tested interaction terms between admission mobility scores (continuous form) and each primary diagnosis group included in the model. Thus, 12 interaction terms for admission

mobility by diagnosis group were tested. All interaction terms were significant, as shown in S.2b. Data Dictionary, Code Table, or Value Sets.

Prior Surgery: We included patients who had a major surgery during the 100 days prior to admission (coefficient = 0.4752, p < 0.001) as a risk adjustor in the model as major surgeries can impact function.

Prior Functioning - Indoor Ambulation: We included patients' functional ability in indoor ambulation before onset of their current illness, injury or exacerbation, as a risk adjustor in the model. We included separate categories for patients who were "dependent" and those who needed "some help", and patients who were previously independent in indoor ambulation formed the reference category. Patients who were previously dependent in indoor ambulation (coefficient = -4.4336, p < 0.001) and patients who previously needed some help (coefficient = -3.1450, p < 0.001) had significantly smaller change in mobility scores compared with the reference category.

Prior Functioning – Stair Negotiation: We included patients' functional ability in stair negotiation before onset of their current illness, injury, or exacerbation as a risk adjustor in the model. We included separate categories for patients who were "dependent" and those who needed "some help" in stair negotiation before their current medical issue. Patients who were previously dependent in stair negotiation had significantly smaller change in mobility scores (coefficient = -3.0295, p < 0.001). Patients who previously needed some help with stair negotiation also had significantly smaller change in mobility scores (coefficient) smaller chang

Prior Functioning – Cognition: We included patients' functional cognition before onset of their current illness, injury, or exacerbation as a risk adjustor in the model. We included one category for patients who were "dependent." (coefficient = -2.4905, p < 0.001)

Prior Mobility Devices/Aids: We risk adjusted for use of four types of mobility devices or aids before the current illness, injury, or exacerbation, including walker, wheelchair/scooter (full time/part time), mechanical lift, and orthotics or prosthetics. Prior use of each of these mobility devices or aids was associated with significantly smaller change in mobility scores, with prior use of a mechanical lift having the largest coefficient (-3.6862, p < 0.001), followed by prior use of wheelchair or scooter (coefficient = -3.3862, p < 0.001).

Stage 2 Pressure Ulcer: Our risk adjustment model included an indicator variable for the presence of one or more stage 2 pressure ulcers on admission, with the reference category being patients who did not have a stage 2 pressure ulcer. Patients with stage 2 pressure ulcers had a significantly smaller change in mobility scores (coefficient = -1.8035, p < 0.001) compared with the reference category.

Stage 3, 4, or Unstageable Pressure Ulcers: We included an indicator variable for the presence of one or more stage 3, 4, or unstageable pressure ulcers, with the reference category being patients who did not have such ulcers. Patients with stage 3, 4, or unstageable pressure ulcers had significantly smaller change in mobility scores (coefficient = -2.8531, p < 0.001) compared with the reference category.

Cognitive Function Assessed by the Brief Interview for Mental Status: Based on Brief Interview for Mental Status scores, patients' cognitive function was classified as intact or borderline, moderately impaired, or severely impaired. "Moderately impaired" and "severely impaired" cognitive function were included as two separate risk adjustors in the model, while "intact or borderline" cognitive function formed the reference category. Patients with moderately impaired cognitive function (coefficient = -1.6275, p < 0.001) and those with severely impaired cognitive function (coefficient = -3.6158, p < 0.001) had significantly smaller change scores compared with the reference category.

Communication Impairment: Communication impairment includes both expression (expression of ideas and wants) and comprehension (understanding verbal content) abilities. While expression and comprehension abilities are separate assessment items, we combined them into a single communication impairment risk adjustor given these two variables were correlated, with considerable overlap in patients who had expression and comprehension impairment and based on input from the expert panel. The final risk adjustment model included "moderate to severe communication impairment" (coefficient = -1.8199, p < 0.001) and "mild

communication impairment" (coefficient= -0.2523, p < 0.001) as risk adjustors, with both groups having significantly smaller change in mobility scores compared with the reference category.

Bladder Incontinence: We included a risk adjustor for bladder incontinence, which comprises patients with bladder incontinence "less than daily," "daily," and "always." The reference category included patients who had "stress incontinence only, were always continent, or had no urine output." Patients with bladder incontinence (coefficient = -2.1385, p < 0.001) had significantly smaller change in mobility scores compared with the reference category.

Bowel Incontinence: We included two separate risk adjustors related to bowel incontinence: "always incontinent" and "less than daily or daily incontinence." The reference category included patients who "were always continent, had no bowel output during the assessment period, or had a bowel catheter management system". Patients with bowel incontinence had significantly smaller change in mobility scores compared with the reference group, with the "always incontinent" category (coefficient = -4.4006, p < 0.001) having a larger negative coefficient compared with the "less than daily" or "daily incontinence" category (coefficient = -1.7334, p < 0.001).

Health Conditions – **History of Falls:** We included a risk adjustor for patients who had two or more falls in the past year or any fall with injury in the past year. Patients with a fall history (coefficient = -0.9022, p < 0.001) had significantly smaller change in mobility compared to the reference category (i.e., patients without a fall history).

Swallowing Ability: Our model included a risk adjustor related to patients' need for tube or parenteral feeding. The need for tube or parenteral feeding was significantly predictive of smaller change in mobility scores (coefficient = -1.2839, p < 0.001).

Low Body Mass Index (BMI): We included a risk adjustor for patients with low BMI based on their height and weight. Patients with low BMI had significantly smaller change in mobility scores (coefficient = -1.0548, p < 0.001).

Comorbidities: We used the International Classification of Diseases, Tenth Revision, Clinical Modification (ICD-10-CM) codes reported on the IRF-PAI (Item 24 - Comorbid Conditions) to identify patient comorbidities. ICD-10-CM codes were used to assign patients into one or more of the Hierarchical Condition Categories. We tested approximately 135 of the Hierarchical Condition Categories that were determined to be clinically relevant to mobility outcomes.

To ensure that the same diagnoses or conditions were not represented in both the primary diagnosis groups and comorbidities, we applied exclusion criteria such that certain comorbidities were excluded if they were also present as primary diagnoses. For example, tetraplegia and paraplegia were excluded as comorbidities if the patient's primary diagnosis group was "non-traumatic spinal cord dysfunction" or "traumatic spinal cord dysfunction"; amputation was excluded as a comorbidity if the patient's primary diagnosis group was "amputation."

S.2b. Data Dictionary, Code Table, or Value Sets shows the regression coefficients and significance values for all comorbidities in the final risk adjustment model. We retained comorbidities that were clinically important or had large coefficients, even when they were not statistically significant. Comorbidities with the largest negative coefficients, indicating smaller change in mobility scores, include certain cancers; paraplegia; tetraplegia; muscular dystrophy; major fracture, except of skull, vertebrae, or hip; cerebral palsy; legally blind; and dialysis and stage 5 chronic kidney disease.

2b3.3b. How was the conceptual model of how social risk impacts this outcome developed? Please check all that apply:

- Published literature
- 🗵 Internal data analysis
- □ Other (please describe)

2b3.4a. What were the statistical results of the analyses used to select risk factors?

Results of the final risk adjustment model are shown in S.2b. Data Dictionary, Code Table, or Value Sets, along with regression coefficients and significance values of the final set of risk adjustors.

As described above, decisions were made to retain or drop each risk adjustor based on its sample size, regression coefficient, significance level, and clinical relevance to mobility outcomes. For example, we dropped comorbidities that no longer showed a negative association with the dependent variable, because comorbidities are expected to limit functional improvement. We added comorbidities that showed a significant negative association with the dependent variable. The final risk adjustor decisions were based on a combination of clinical reasoning and statistical findings.

The overall model was a significant predictor of change in mobility scores, with a *p*-value less than 0.001. The overall model R-square was 0.20, indicating that 20% of the variance in change in mobility was explained by the model. In general, regression coefficients of individual risk adjustors demonstrated that the predictive ability of risk adjustors was as clinically expected.

Distributions of the facility-level mean unadjusted and risk adjusted change in mobility scores are shown in **Figures 2 and 3** and **Table 12.** Important differences in the distribution of the two sets of scores were noted, which speaks to the importance of risk adjustment. **Figure 2** shows that the facility-level mean unadjusted change scores are largely concentrated in the center of the distribution, with fewer IRFs at the extremes of the distribution, particularly at the higher extreme. In contrast, **Figure 3** demonstrates normal distribution and good variability of the facility-level mean risk adjusted change in mobility scores.





Source: RTI analysis of IRF-PAI, January – December 2017. (Program reference: MV50)

Figure 2 Data Table. Distribution of Facility-Level Mean Unadjusted Change in Mobility Scores (n=1,117)

Observed (Unadjusted) Change in Mobility Scores*	Number of IRFs
14.0 to 20.0	45
21.0 to 22.0	70
23.0 to 24.0	132
25.0 to 26.0	171
27.0 to 28.0	177
29.0 to 30.0	173
31.0 to 32.0	129
33.0 to 34.0	100
35.0 to 36.0	65
37.0 to 38.0	30
39.0 to 40.0	12
41.0 to 56.0	13
Total	1117

*Scores were rounded to the nearest whole number for the figure

Note: Smaller score frequencies were combined into ranges to make table readable.

Source: RTI analysis of IRF-PAI, January – December 2017. (Program reference: MV50)

Figure 3. Distribution of Facility-Level Mean Risk Adjusted Change in Mobility Scores (n=1,117)



Change in Mobility Score for Medical Rehabilitation Patients (NQF #2634)

Source: RTI analysis of IRF-PAI, January – December 2017. (Program reference: MV50)

Figure 3 Data Table. Distribution of Facility-Level Mean Risk Adjusted Change in Mobility Scores (n=1,117)

Facility-Level Mean Risk Adjusted Change in Mobility Scores*	Number of IRFs
13.0 to 20.0	34
21.0 to 22.0	73
23.0 to 24.0	114
25.0 to 26.0	174
27.0 to 28.0	206
29.0 to 30.0	157
31.0 to 32.0	145
33.0 to 34.0	105
35.0 to 36.0	69
37.0 to 38.0	25
39.0 to 40.0	10
40.0 to 47.0	5
Total	1,117

*Scores were rounded to the nearest whole number for the figure

Note: Smaller score frequencies were combined into ranges to make table readable.

Source: RTI analysis of IRF-PAI, January – December 2017. (Program reference: MV50)

Skewness and kurtosis values of the facility-level mean unadjusted change scores are larger than those of the mean risk adjusted change scores (**Table 12**), indicating that the unadjusted scores deviate from a normal distribution to a larger extent than the risk adjusted scores (i.e., performance measure scores). **Table 12** shows that the standard deviation of the mean risk adjusted change scores is slightly smaller than those of the unadjusted change scores. The mean risk adjusted change scores have a range of 13.3 to 46.7, and an interquartile range of 6.3. In contrast, the mean unadjusted change scores have a wider range of 13.8 to 56.5, and an interquartile range of 6.6.

Table 12. Distribution of Facility-Level Mean Unadjusted and Risk Adjusted Change in Mobility Score	es
(n=1,117)	

Change in Mobility	Ν	Mean (SD)	SE	Min	10 th	25 th	Median	75 th	90 th	Max	Skewness	Kurtosis
Score					Pctl	Pctl		Pctl	Pctl			
Unadjusted (Observed)	1,117	28.4 (4.9)	0.1	13.8	22.4	25.0	28.2	31.6	34.8	56.5	0.3	0.9
Risk Adjusted Performance Measure	1,117	28.3 (4.6)	0.1	13.3	22.6	25.1	28.1	31.4	34.4	46.7	0.2	0.2

N = Number; SD = Standard deviation; SE = standard error; Min = Minimum; Pctl = Percentile; Max = Maximum Note: Providers with <20 stays during the 12-month testing period are excluded from facility-level analyses.

Source: RTI analysis of IRF-PAI, January – December 2017. (Program reference: MV50)

2b3.4b. Describe the analyses and interpretation resulting in the decision to select social risk factors (*e.g. prevalence of the factor across measured entities, empirical association with the outcome, contribution of unique variation in the outcome, assessment of between-unit effects and within-unit effects.*) **Also describe the impact of adjusting for social risk (or not) on providers at high or low extremes of risk.**

We examined whether 5 social risk factors affected computed performance measure scores: 1) dual eligibility (patient-level variable); 2) race/ethnicity (patient-level variable); 3) living alone (patient-level variable); 4)

urbanicity based on the patient's residence (community-level variable); and 5) socioeconomic status (SES) (community-level variable).

We obtained patients' dual-eligibility status from the Integrated Data Repository (IDR), and race/ethnicity and living alone status from the IRF-PAI. Urbanicity was determined by cross-walking beneficiary residence ZIP codes (from the IRF-PAI) to Federal Information Processing Standard Publication (FIPS) codes,⁴ then cross-walking FIPS codes to Rural-Urban Commuting Area Codes (RUCA_2013).⁵ Socioeconomic status was determined using the Agency of Healthcare Research and Quality's SES Index⁶ calculated based on beneficiary residence ZIP code Tabulation Area (ZCTA). ZCTA was found by cross-walking the beneficiary residence ZIP code with ZCTA. We used data from the 2016 American Community Survey (5-year file) to calculate AHRQ SES Index, with higher values indicating higher SES.

We conducted the following analyses to examine the effect of the 5 social risk factors:

- We calculated the percentage of stays for each social risk factor subgroup;
- We calculated the change in mobility score for each social risk factor subgroup;
- We added indicators for each social risk factor to our risk adjustment model and estimated the coefficients of these risk adjusters in the model; and
- We calculated the difference in provider scores with and without social risk factor adjustment.

Table 13 shows the distribution of the social risk factors in the calendar 2017 IRF data and the mean change in mobility score by social risk factor subgroup. We found that 12.2% of patients were dual eligible with full Medicaid benefits, 79.4% of patients were white, and 29.7% were living alone. We also found that 83.8% of IRF patients lived in urban areas. The lowest quartile of AHRQ SES index ranged from 27.9 - 49.5; the highest quartile ranged from 55.3 – 75.7.

The mean unadjusted change in mobility score varied by dual eligibility status, race, Hispanic ethnicity, and living alone status. Patients who were dual eligible with full Medicaid benefits had on average 26.2 units of change in mobility while patients who were dual eligible without full Medicaid benefits or who were non-dual eligible had on average 29.3 and 28.8 units of change in mobility, respectively. For race, the highest mean change in mobility during 2017 was found among patients who were white (28.9 units of change) or multiracial (28.2 units of change) whereas the lowest was among patients who were Asian (26.5 units of change). Patients who were of non-Hispanic ethnicity had a higher mean change in mobility score (28.6 units of change) than patients who were Hispanic (27.1 units of change). Patients who were living alone prior to being hospitalized had 29.8 units of change in mobility scores were similar across patients who are living in rural and urban locations, ranging from 28.4 to 29.2 units of change in mobility, and by AHRQ SES Index, ranging from 28.2 units of change in mobility for quartile 4 to 29.0 units of change in mobility for quartile 2.

⁴ <u>https://www.huduser.gov/portal/datasets/usps_crosswalk.html</u>

⁵ <u>https://www.ers.usda.gov/data-products/rural-urban-commuting-area-codes.aspx</u>

Table 13. Distribution of Social Risk Factors and Mean Change in Mobility Score for IRF Patients (N =428,710)

Social Risk Factor	n (%)	Observed Change in Mobility (unadjusted)		
Dual Eligibility				
Dual with full Medicaid	52,450 (12.2)	26.2		
Dual without full Medicaid	25,113 (5.9)	29.3		
Non-dual	351,147 (81.9)	28.8		
Race				
White	340,398 (79.4)	28.9		
Black	46,949 (11.0)	26.8		
Asian	6,689 (1.6)	26.5		
American Indian or Alaska Native	1,339 (0.3)	27.3		
Native Hawaiian or Pacific Islander	1,546 (0.4)	27.4		
Multi-race	246 (0.1)	28.2		
Missing	31,543 (7.4)	27.4		
Hispanic Ethnicity				
Yes	20,147 (4.7)	27.1		
No	408,563 (95.3)	28.6		
Living Alone				
Yes	127,218 (29.7)	29.8		
No	301,492 (70.3)	28.0		
Urbanicity				
Urban	359,388 (83.8)	28.4		
Suburban	48,965 (11.4)	28.9		
Rural	18,000 (4.2)	29.2		
Missing	2,357 (0.5)	26.8		
AHRQ SES Index*				
Quartile 1 (27.9 - 49.5)	106,256 (24.8)	28.3		
Quartile 2 (49.5 – 52.1)	106,438 (24.8)	29.0		
Quartile 3 (52.1 – 55.3)	106,876 (24.9)	28.7		
Quartile 4 (55.3 – 75.7)	107,203 (25.0)	28.2		
Missing	1,937 (0.5)	26.5		

* based on beneficiary residence. AHRQ = Agency for Healthcare Research.

Note: N = number of patient stays; Patient-level exclusion criteria applied; Observed Change in Mobility values are reported as units of change in mobility (possible range: -75 to 75) Source: RTI analysis of IRF-PAI, January – December 2017. (Program reference: LP65)

Table 14 shows the social risk factor estimates in our Generalized Linear regression model. Dual eligibility patients with full Medicaid benefits had lower mobility changes scores (coefficient = -1.2666, p < 0.001) while patients with partial Medicaid benefits had higher mobility change scores (coefficient = 0.3266, p = 0.001), on average, than patients who were non-dual eligible. Compared to patients who were White, Black patients (coefficient = -0.9811, p < 0.001), Asian patients (coefficient = -0.7709, p < 0.001), and patients of American

Indian or Alaska Native descent (coefficient = -0.7530, p = 0.049) had lower mobility changes, on average. Patients who lived alone (coefficient = 0.8362, p < 0.001) had higher mobility change scores than patients who did not live alone prior to their hospitalization. Patients living in rural areas had similar change in mobility scores while patients living in suburban areas (coefficient = 0.1451, p = 0.038) had higher mobility change scores compared with patients living in urban areas. Patients residing in AHRQ SES Index quartiles 1-3 had higher mobility change scores, on average, than patients residing in AHRQ SES Index quartile 4.

Social Risk Factor	Estimate	SE	<i>p</i> -value		
Dual Eligibility (reference = Non-dual)					
Dual with full Medicaid	-1.2666	0.07	<.001		
Dual without full Medicaid	0.3266	0.09	0.001		
Race/Ethnicity (reference = White)					
Black	-0.9811	0.07	<.001		
Asian	-0.7709	0.17	<.001		
American Indian or Alaska Native	-0.7530	0.38	0.049		
Native Hawaiian or Pacific Islander	-0.3370	0.36	0.343		
Multiracial	0.5647	0.89	0.526		
Missing	-0.7704	0.12	<.001		
Hispanic Ethnicity	0.1275	0.15	0.399		
Living Alone	0.8362	0.05	<.001		
Urbanicity* (reference = Urban)					
Rural	0.1123	0.11	0.303		
Suburban	0.1451	0.07	0.038		
Missing	-0.4863	0.68	0.473		
AHRQ SES Index* (reference = Quartile 4 (55.6 to 75.7))					
Quartile 1 (28.9 to 49.6)	0.7917	0.07	<.001		
Quartile 2 (49.7 to 52.2)	0.7872	0.06	<.001		
Quartile 3 (52.3 to 55.5)	0.6194	0.06	<.001		
Missing	0.0140	0.75	0.985		

Table 4.4. Effects of Contab	Dist. Fasters in the D		Description Mandal	(N) 420 (24)
Table 14. Effect of Social	RISK Factors in the IRI	F Change in wobility	Regression Wodel	(N = 428, 631)

* based on patient residence. AHRQ = Agency for Healthcare Research.

Note: SE=Standard error; Patient-level exclusion criteria applied.

Source: RTI analysis of IRF-PAI, January – December 2017. (Program reference: LP65)

Table 15 shows the distribution of the change in mobility performance measure scores with and without social risk factor adjustment. Overall, social risk factor adjustment had minimal impact on providers' calculated performance measure scores. Between the two sets of scores, the difference in mean scores was 0.0 units of change in mobility, with a standard deviation of 0.3 and interquartile range of 0.5.

Table 15: Distribution of IRF Change in Mobility Scores With and Without Adjustment for Social Risk Factors (n = 1,117)

Change in Mobility Scores	Mean	SD	Min	25 th Pct	Median	75 th Pct	Max
Not adjusting for SRF	28.3	4.6	13.3	25.1	28.1	31.4	46.7
Adjusting for SRF	28.3	4.5	13.0	25.2	28.0	31.3	47.2
Difference in Scores (SRF-adjusted minus non-SRF adjusted scores)*	0.0	0.3	-0.7	-0.3	-0.1	0.2	1.6

*Calculated as SRF-adjusted score minus non-SRF adjusted score for each facility.

Note: SD=Standard deviation; Min=minimum score; Max=maximum score; Pct = percentile. SRF = social risk factors.

Source: RTI analysis of IRF-PAI, January – December 2017. (Program reference: LP65)

Our testing of social risk factors and their relationship to patients' change in mobility scores indicate that some factors (full dual eligibility, Black, Asian or Native American/Alaskan race) were tied to lower mobility change scores while others (lower SES, living alone) were tied to higher mobility change scores. Although race and dual eligibility were associated with lower changes in mobility scores, we believe that further study is needed to better understand how social risk factors can influence health outcomes. Our risk adjustment model explained 20% of variance in change in mobility, and the inclusion of these five social risk factors did not explain any additional variance (r-squared = 0.204). In addition, the mean Change in Mobility Score with and without adjusting for the social risk factors are the same, and the , the median Change in Mobility Score with and without adjusting for the social risk factors was different by .1 mobility unit.

As noted in the Assistant Secretary for Planning and Evaluation's Report to Congress entitled "Social Risk Factors Performance under Value-Based Purchasing" (https://aspe.hhs.gov/pdf-report/report/congress-socialrisk-factors-and-performance-under-medicares-value-based-purchasing-programs), adjusting performance measures for social factors may mask disparities in the quality of care provided, which could reduce the ability to identify and reduce them. In addition, when differences in quality are related to poor performance, bias, or discrimination, adjusting performance measures could excuse the delivery of worse care to beneficiaries with social risk factors.

Therefore, we do not adjust for social risk factors in our risk adjustment model for the IRF Change in Mobility performance measure. We will continue to monitor the impact of social risk factors on providers' performance measure scores.

2b3.5. Describe the method of testing/analysis used to develop and validate the adequacy of the statistical model <u>or</u> stratification approach (describe the steps—do not just name a method; what statistical analysis was used)

Provide the statistical results from testing the approach to controlling for differences in patient characteristics (case mix) below.

If stratified, skip to 2b3.9

Our risk adjustment model demonstrates reasonable predictive validity for IRF change in mobility scores. Using multiple linear regression, we conducted regression diagnostics to assess model performance, examining predictive ability, and outlier influence.

2b3.6. Statistical Risk Model Discrimination Statistics (e.g., c-statistic, R-squared):

Overall, the model explained 20% of variance in change in mobility.

2b3.7. Statistical Risk Model Calibration Statistics (e.g., Hosmer-Lemeshow statistic):

We conducted outlier influence analysis to assess for any outlying observations that may have large or extreme effects on the change in mobility outcome, with a Cook's D score of 1.0 or higher suggesting a potentially influential observation. All Cook's D scores were less than 1.0, with the maximum score being 0.0015.

2b3.8. Statistical Risk Model Calibration – Risk decile plots or calibration curves:

To assess model performance and stability across the sample, we divided our dataset into deciles of expected values and calculated the ratio of average expected change score to average observed change score within each decile. A ratio of 1 would indicate perfect agreement between average expected and observed change scores. We expect that the risk adjusted model performance will be stable among IRFs regardless of whether they have patients with low or high change scores on average.

As seen in **Table 16**, the average expected to observed change score ratios within each decile approximated 1.3, with a range of 1.2 to 1.4, validating model performance. There was little variability in average expected to observed change score ratios across deciles, supporting model stability across the range of expected change scores and across the sample.

Table 16. Ratio of Average Expected to Average Observed Change in Mobility Scores Across Deciles ofExpected Change Scores

Deciles of Expected Change Scores	Sample size	Average Expected Change Score	Average Observed Change Score	Average Expected to Observed Ratio
Decile 1 (-27.0 – 19.1)	42,863	14.6	15.7	1.3
Decile 2 (19.1 – 23.0)	42,863	21.2	20.6	1.4
Decile 3 (23.0 – 25.6)	42,863	24.3	23.5	1.4
Decile 4 (25.6 – 27.6)	42,863	26.6	25.9	1.4
Decile 5 (27.6 – 29.4)	42,863	28.6	28.0	1.4
Decile 6 (29.4 – 31.1)	42,864	30.3	30.1	1.3
Decile 7 (31.1 – 32.7)	42,863	31.9	32.1	1.3
Decile 8 (32.7 – 34.4)	42,863	33.6	33.8	1.3
Decile 9 (34.4 – 36.5)	42,863	35.4	36.0	1.3
Decile 10 (36.5 – 46.1)	42,863	38.8	39.6	1.2
Total Sample	428,631	28.5	28.5	1.3

Note: Note: N = number of patient stays; Observed Change in Mobility values are units of change in mobility (possible range: -35 to 35); Providers with <20 stays during the 12-month testing period are excluded.

Source: RTI analysis of IRF-PAI, January – December 2017. (Program reference: MV50)

2b3.9. Results of Risk Stratification Analysis:

Not applicable – no stratification

2b3.10. What is your interpretation of the results in terms of demonstrating adequacy of controlling for differences in patient characteristics (case mix)? (i.e., what do the results mean and what are the norms for the test conducted)

In summary, our results demonstrate reasonable predictive ability of our risk adjustment model for IRFs.

2b3.11. Optional Additional Testing for Risk Adjustment (*not required*, but would provide additional support of adequacy of risk model, e.g., testing of risk model in another data set; sensitivity analysis for missing data; other methods that were assessed)

None

2b4. IDENTIFICATION OF STATISTICALLY SIGNIFICANT & MEANINGFUL DIFFERENCES IN PERFORMANCE

2b4.1. Describe the method for determining if statistically significant and clinically/practically meaningful differences in performance measure scores among the measured entities can be identified (describe the steps—do not just name a method; what statistical analysis was used? Do not just repeat the information provided related to performance gap in 1b)

For the IRF Change in Mobility Score performance measure, we examined whether each IRF's calculated performance measure score (the risk-adjusted change in mobility score) was worse than, better than, or the same as national average performance of all IRFs. For each IRF, we calculated the 95% confidence interval for the computed performance measure score and compared this with the national mean observed change score. Facilities whose confidence interval was lower than the national mean observed change score were considered to have worse performance than the national average. Facilities whose confidence interval was higher than the national mean observed change score were considered to have better performance than the national average. Facilities whose confidence interval was higher than the national mean observed change score were considered to have better performance than the national average. Facilities whose confidence interval overlapped with the national mean observed change score were considered to be similar to national average performance.

2b4.2. What were the statistical results from testing the ability to identify statistically significant and/or clinically/practically meaningful differences in performance measure scores across measured entities? (e.g., number and percentage of entities with scores that were statistically significantly different from mean or some benchmark, different from expected; how was meaningful difference defined)

Table 17 shows that for the IRF Change in Mobility Score measure, 37.8% of IRFs had 95% confidence intervals lower than the national mean change score, indicating worse than national average performance. As shown in **Figure 3** above, the IRF calculated performance scores (i.e., the risk-adjusted change in mobility scores) are generally normally distributed.

Table 17. Comparison of Facility-Level Measure Scores with National Average Performance for Change inMobility Score (N = 1,117)

Measure Name	Facility Performance	Facility Performance	Facility Performance
	Worse than National	Better than National	Same as National
	Average	Average	Average
	N (%)	N (%)	N (%)
Change in Mobility Score	422 (37.8%)	352 (31.5%)	343 (30.7%)

Note: Providers with < 20 stays during the 12-month testing period are excluded.

Source: RTI analysis of IRF-PAI, January – December 2017. (Program reference: MV53)

2b4.3. What is your interpretation of the results in terms of demonstrating the ability to identify statistically significant and/or clinically/practically meaningful differences in performance across measured entities? (i.e., what do the results mean in terms of statistical and meaningful differences?)

These results demonstrate the ability of the measures to discriminate among facilities based on facility-level measure performance.

2b5. COMPARABILITY OF PERFORMANCE SCORES WHEN MORE THAN ONE SET OF SPECIFICATIONS

If only one set of specifications, this section can be skipped.

<u>Note</u>: This item is directed to measures that are risk-adjusted (with or without social risk factors) **OR** to measures with more than one set of specifications/instructions (e.g., one set of specifications for how to identify and compute the measure from medical record abstraction and a different set of specifications for claims or eMeasures). It does not apply to measures that use more than one source of data in one set of specification for the numerator). Comparability is not required when comparing performance scores with and without social risk factors in the risk adjustment model. However, if comparability is not demonstrated for measures with more than one set of specifications/instructions, the different specifications (e.g., for medical records vs. claims) should be submitted as separate measures.

2b5.1. Describe the method of testing conducted to compare performance scores for the same entities across the different data sources/specifications (*describe the steps*—*do not just name a method; what statistical analysis was used*)

Not applicable

2b5.2. What were the statistical results from testing comparability of performance scores for the same entities when using different data sources/specifications? (*e.g., correlation, rank order*)

Not applicable

2b5.3. What is your interpretation of the results in terms of the differences in performance measure scores for the same entities across the different data sources/specifications? (i.e., what do the results mean and what are the norms for the test conducted)

Not applicable

2b6. MISSING DATA ANALYSIS AND MINIMIZING BIAS

2b6.1. Describe the method of testing conducted to identify the extent and distribution of missing data (or nonresponse) and demonstrate that performance results are not biased due to systematic missing data (or differences between responders and nonresponders) and how the specified handling of missing data minimizes bias (*describe the steps—do not just name a method; what statistical analysis was used*)

We ran frequencies of missing data for each mobility data element at admission and discharge as well as each of the risk adjustors after applying the exclusion criteria to examine the extent and distribution of missing data. Missing data on the IRF-PAI is identified as a dash (-), which is coded by providers to indicate they have "No information." Dash use is expected to be a rare occurrence and coding guidance is provided through inperson and web-based trainings, training manuals, and responses to help desk inquiries.

2b6.2. What is the overall frequency of missing data, the distribution of missing data across providers, and the results from testing related to missing data? (e.g., results of sensitivity analysis of the effect of various rules for missing data/nonresponse; if no empirical sensitivity analysis, identify the approaches for handling missing data that were considered and pros and cons of each)

The frequencies of missing data for each mobility data element using data from the IRF-PAI are reported in **Table 18** at admission and discharge. Across all mobility data elements, at admission and discharge, the number of cases in which the data element data are missing is very low – less than 0.5%.

	Admission:	Discharge:
	Not Assessed (-)	Not Assessed (-)
Mobility Data Elements		
GG0170A: Mobility - Roll Left and Right	45 (0.01%)	81 (0.02%)
GG0170B: Mobility - Sit to Lying	28 (< 0.01%)	55 (0.01%)
GG0170C: Mobility - Lying to Sitting on Side of Bed	33 (< 0.01%)	55 (0.01%)
GG0170D: Mobility - Sit to Stand	29 (< 0.01%)	42 (0.01%)
GG0170E: Mobility - Chair/Bed-to-Chair Transfer	31 (< 0.01%)	35 (< 0.01%)
GG0170F: Mobility - Toilet Transfer	76 (0.02%)	58 (0.01%)
GG0170G: Mobility - Car Transfer	168 (0.04%)	247 (0.19%)
GG0170I: Mobility - Walk 10 Feet	44 (0.01%)	65 (0.02%)
GG0170J: Mobility - Walk 50 Feet with Two Turns	75 (0.02%)	85 (0.02%)
GG0170K: Mobility - Walk 150 Feet	116 (0.03%)	117 (0.03%)
GG0170L: Mobility - Walking 10 Feet on Uneven Surfaces	121 (0.03%)	208 (0.05%)
GG0170M: Mobility - 1 Step (Curb)	84 (0.02%)	140 (0.03%)
GG0170N: Mobility - 4 Steps	105 (0.02%)	138 (0.03%)
GG0170O: Mobility - 12 Steps	145 (0.03%)	270 (0.06%)
GG0170P: Mobility - Picking Up Object	145 (0.03%)	293 (0.07%)
GG0170R: Mobility - Wheel 50 Feet with Two Turns	11 (< 0.01%)	< 11**
GG0170S: Mobility - Wheel 150 Feet	18 (< 0.01%)	< 11**
Total	1,245 (0.3%)	1,889 (0.4%)

Table 18. Mobility Data Elements: Missing Data (n=428,076)

Source: RTI analysis of IRF-PAI, January– December 2017. (Program reference: MV45).

*Wheelchair data elements include only patients who are not walking.

** We are unable to report data when the number of cases is less than 11.

The frequencies of missing data for each of the risk adjustors (available upon request) is also very low, ranging from no missing data for Age and Primary Diagnosis to 0.1% for the BIMS. Though missing data is rare, it is still

accounted for in the calculation of the risk adjustors. For example, when determining Prior Surgery from the J2000 data element, a dash (-) on the IRF-PAI is recoded to "0" to indicate no Prior Surgery rather than dropping the patient from the performance measure calculation.

2b6.3. What is your interpretation of the results in terms of demonstrating that performance results are not biased due to systematic missing data (or differences between responders and nonresponders) and how the specified handling of missing data minimizes bias? (i.e., what do the results mean in terms of supporting the selected approach for missing data and what are the norms for the test conducted; <u>if no empirical analysis</u>, provide rationale for the selected approach for missing data)

There is a very small percentage of cases with missing data, and we believe this very small percentage is unlikely to cause significant bias.

Appendix A

Table A-1. Intercept and Risk-Adjustor Definitions and Covariate Values for the Change in Mobility Measure, (NQF #2634)

Risk Adjustor	Risk Adjustor Category	IRF-PAI Item(s) and Recoding	Intercept and Coefficients for Change in Mobility (NQF #2634) All values have 4 decimal places
Intercept			33.9674
Age Group	<35 years	Truncate (Item 12 – Item 6) = age; If age <35 years = 1; else = 0	-1.0232
Age Group	35-44 years	Truncate (Item 12 – Item 6) = age; If age 35–44 years = 1; else = 0	-0.6223
Age Group	45-54 years	Truncate (Item 12 – Item 6) = age; If age 45–54 years = 1; else = 0	0.3772
Age group	55-64 years	Truncate (Item 12 – Item 6) = age; If age 55–64 years = 1; else = 0	-0.0486
Age Group	75-84 years	Truncate (Item 12 – Item 6) = age; If age 75–84 years = 1; else = 0	-1.1907
Age Group	85-90 years	Truncate (Item 12 – Item 6) = age; If age 85–90 years = 1; else = 0	-2.7306
Age Group	>90 years	Truncate (Item 12 – Item 6) = age; If age >90 years = 1; else = 0	-4.5621
Admission Mobility - continuous form	Admission Mobility - continuous form	Admission Mobility Score = (GG0170A1 + GG0170B1 + GG0170C1 + GG0170D1 + GG0170E1 + GG0170F1 + GG0170G1 + GG0170I1 + GG0170J1 + GG0170K1 + GG0170L1 + GG0170M1 + GG0170N1 + GG0170O1 + GG0170P1)	0.8718

Risk Adjustor	Risk Adjustor Category	IRF-PAI Item(s) and Recoding	Intercept and Coefficients for Change in Mobility (NQF #2634) All values have 4 decimal places
Admission Mobility - squared form	Admission Mobility - squared form	Admission Mobility Squared = (GG0170A1 + GG0170B1 + GG0170C1 + GG0170D1 + GG0170E1 + GG0170F1 + GG0170G1 + GG0170I1 + GG0170J1 + GG0170K1 + GG0170L1 + GG0170M1 + GG0170P1) * (GG0170A1 + GG0170P1) * (GG0170C1 + GG0170D1 + GG0170E1 + GG0170F1 + GG0170G1 + GG0170I1 + GG0170J1 + GG0170K1 + GG0170L1 + GG0170M1 + GG0170N1 + GG0170O1 + GG0170P1)	-0.0169
Primary Diagnosis		= 1 if Item 21A = 0001.1 or 0001.2 or	0.0105
Group Primary Diagnosis Group	Stroke Non-Traumatic Brain Dysfunction	= 1 if Item 21A = 0002.1 or 0002.9; else = 0	-21.2855 -13.3061
Primary Diagnosis Group	Traumatic Brain Dysfunction	= 1 if Item 21A = 0002.21 or 0002.22 or 0014.1 or 0014.2; else = 0	-9.5438
Primary Diagnosis Group	Non-Traumatic Spinal Cord Dysfunction	= 1 if Item 21A = 0004.110 or 0004.111 or 0004.112 or 0004.120 or 004.1211 or 0004.1212 or 0004.130; else = 0	-14.2253
Primary Diagnosis Group	Traumatic Spinal Cord Dysfunction	= 1 if item 21A = 0004.210 or 0004.211 or 0004.212 or 0004.220 or 004.2211 or 0004.2212 or 0004.230 or 0014.3; else = 0	-19.1942
Primary Diagnosis Group	Progressive Neurological Conditions	= 1 if Item 21A = 0003.1 or 0003.2; else = 0	-13.9890
Primary Diagnosis Group	Other Neurological Conditions	= 1 if Item 21A = 0003.3 or 0003.4 or 0003.5 or 0003.8 or 0003.9; else = 0	-12.1751
Primary Diagnosis Group	Fractures and Other Multiple Trauma	= 1 if Item 21A = 0008.11 or 0008.12 or 0008.2 or 0008.3 or 0008.4 or 0014.9; else = 0	-10.9297
Primary Diagnosis Group	Amputation	= 1 if Item 21A = 0005.1 or 0005.2 or 0005.3 or 0005.4 or 0005.5 or 0005.6 or 0005.7 or 0005.9; else = 0	-18.0956
Primary Diagnosis Group	Other Orthopedic Conditions	= 1 if Item 21A = 0006.1 or 0006.2 or 0006.9 or 0007.1 or 0007.2 or 0007.3 or 0007.9 or 0008.9; else = 0	-12.7626
Primary Diagnosis Group	Debility, Cardiorespiratory Conditions	= 1 if Item 21A = 0009 or 0010.1 or 0010.9 or 0016 or 0017.4 or 0017.51 or 0017.52; else = 0	-12.0697
Risk Adjustor	Risk Adjustor Category	IRF-PAI Item(s) and Recoding	Intercept and Coefficients for Change in Mobility (NQF #2634) All values have 4 decimal places
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Primary Diagnosis Group	Medically Complex Conditions	= 1 if Item 21A = 0011 or 0012.1 or 0012.9 or 0013 or 0015 or 0017.1 or 0017.2 or 0017.31 or 0017.32 or 0017.6 or 0017.7 or 0017.8 or 0017.9; else = 0	-12.7777
Interaction of admission mobility score and primary diagnosis group	Stroke	Admission mobility: continuous form (see above) multiplied by Primary diagnosis: Stroke (see above)	0.3699
Interaction of admission mobility score and primary diagnosis group	Non-Traumatic Brain Dysfunction	Admission mobility: continuous form (see above) multiplied by Primary diagnosis: Non-Traumatic Brain Dysfunction (see above)	0.1953
Interaction of admission mobility score and primary diagnosis group	Traumatic Brain Dysfunction	Admission mobility: continuous form (see above) multiplied by Primary diagnosis: Traumatic Brain Dysfunction (see above)	0.1291
Interaction of admission mobility score and primary diagnosis group	Non-Traumatic Spinal Cord Dysfunction	Admission mobility: continuous form (see above) multiplied by Primary diagnosis: Non-Traumatic Spinal Cord Dysfunction (see above)	0.2475
Interaction of admission mobility score and primary diagnosis group	Traumatic Spinal Cord Dysfunction	Admission mobility: continuous form (see above) multiplied by Primary diagnosis: Traumatic Spinal Cord Dysfunction (see above)	0.3625
Interaction of admission mobility score and primary diagnosis group	Progressive Neurological Conditions	Admission mobility: continuous form (see above) multiplied by Primary diagnosis: Progressive Neurological Conditions (see above)	0.2007
Interaction of admission mobility score and primary diagnosis group	Other Neurological Conditions	Admission mobility: continuous form (see above) multiplied by Primary diagnosis: Other Neurological Conditions (see above)	0.2438
Interaction of admission mobility score and primary diagnosis group	Fractures and Other Multiple Trauma	Admission mobility: continuous form (see above) multiplied by Primary diagnosis: Fractures and Other Multiple Trauma (see above)	0.1736
Interaction of admission mobility score and primary diagnosis group	Amputation	Admission mobility: continuous form (see above) multiplied by Primary diagnosis: Amputation (see above)	0.1188
Interaction of admission mobility score and primary diagnosis group	Other Orthopedic Conditions	Admission mobility: continuous form (see above) multiplied by Primary diagnosis: Other Orthopedic Conditions (see above)	0.2086

Risk Adjustor	Risk Adjustor Category	IRF-PAI Item(s) and Recoding	Intercept and Coefficients for Change in Mobility (NQF #2634) All values have 4 decimal places
Interaction of admission mobility score and primary diagnosis group	Debility, Cardiorespiratory Conditions	Admission mobility: continuous form (see above) multiplied by Primary diagnosis: Debility, Cardiorespiratory Conditions (see above)	0.2188
Interaction of admission mobility score and primary diagnosis group	Medically Complex Conditions	Admission mobility: continuous form (see above) multiplied by Primary diagnosis: Medically Complex Conditions (see above)	0.2214
Prior surgery	Surgical	=1 if J2000 = 1; else = 0	0.4752
Prior functioning: indoor ambulation (dependent only)	Dependent	=1 if GG0100B = 1; else = 0	-4.4336
Prior functioning: indoor ambulation (some help only)	Some help	=1 if GG0100B = 2; else = 0	-3.1450
Prior functioning: stair negotiation	Dependent	=1 if GG0100C = 1; else = 0	-3.0295
Prior functioning: stair negotiation	Some help	=1 if GG0100C = 2; else = 0	-1.2775
Prior functioning: cognition	Dependent	=1 if GG0100D = 1; else = 0	-2.4905
Prior Mobility Device/Aid	Walker	=1 if GG0110D = 1; else = 0	-0.8478
Prior Mobility Device/Aid	Wheelchair/Scooter Full Time/Part Time	=1 if GG0110A = 1 or GG0110B = 1; else = 0	-3.3862
Prior Mobility Device/Aid	Mechanical Lift	=1 if GG0110C =1; else = 0	-3.6862
Prior Mobility Device/Aid	Orthotics/Prosthetics	=1 if GG0110E = 1; else = 0	-0.6771
Stage 2 Pressure Ulcer	Present	=1 if M0300B1 ≥ 1; else = 0	-1.8035
Stage 3, 4 or Unstageable Pressure Ulcer	Present	=1 if M0300C1 \ge 1 or M0300D1 \ge 1 or M0300E1 \ge 1 or M0300F1 \ge 1 or M0300G1 \ge 1; else = 0	-2.8531
Cognitive Function: Brief Interview for Mental Status score	Moderately Impaired	=1 if C0500 = 8, 9, 10, 11, or 12 or ([C0900A = 1 and C0900B = 1] or [C0900B = 1 and C0900C = 1] or [C0900A = 1 and C0900C = 1]) or [C0900A = 1 and C0900E = 1] or [C0900B = 1 and C0900E = 1] or [C0900C = 1 and C0900E = 1]); else = 0	-1.6275

Risk Adjustor	Risk Adjustor Category	IRF-PAI Item(s) and Recoding	Intercept and Coefficients for Change in Mobility (NQF #2634) All values have 4 decimal places
Cognitive Function: Brief Interview for		=1 if $C0500 = \le 7$ or $(C0900Z = 1 \text{ or})$ ([C0900A=1 and C0900B = 0, and C0900C = 0, and C0900E = 0] or [C0900B=1 and C0900A = 0, and C0900C = 0, and C0900E = 0] or [C0900C=1 and C0900A = 0, and C0900B = 0, and C0900A = 0, and C0900B = 0, and C0900C = 0]); else =	
Communication	Severely Impaired	U = 1 if PP0200 = 1 or PP0200 = 2 or	-3.6158
Impairment	Moderate to Severe	BB0700 = 1 or BB0700 = 2; else = 0	-1.8199
Communication Impairment	Mild	=1 if BB0800 = 3 or BB0700 = 3; else = 0	-0.2523
Bladder Incontinence	Less than daily, Daily, Always incontinent	=1 if H0350 = 2 or H0350 = 3 or H0350 = 4; else = 0	-2.1385
Bowel Incontinence	Always incontinent	=1 if H0400 = 3; else = 0	-4.4006
Bowel Incontinence	Less than daily, Daily	=1 if H0400 = 1 or H0400 = 2; else = 0	-1.7334
Health Conditions	History of Falls	= 1 if J1750 = 1; else = 0	-0.9022
Swallowing Ability	Tube/Parenteral Feeding	=1 if K0110C = 1; else = 0	-1.2839
Body Mass Index (BMI)	Low BMI	= 1 if BMI ≥ [12.0] AND ≤ [19.0]; = 0 if BMI < [12.0] OR BMI > [19.0]; = 0 if Item 25A = [0, 00, -] OR Item 26A = [-]; else = 0. Where: BMI = (([Item 26A] * 703) / Item 25A2) and the resulting value is rounded to one decimal place.	-1.0548
Comorbidity Condition Group 1	Viral and Late Effects Central Nervous System Infections (HCC4)	=1 if Item 24 = see Crosswalk ICD-10 codes to HCC #4; =0 if Item 21A = 0017.1 or 0002.1 or 0002.9 or 0004.11 thru 0004.13; else = 0	-1.2959
Comorbidity Condition Group 2	Tuberculosis (HCC5)	=1 if Item 24 = see Crosswalk ICD-10 codes to HCC #5; =0 if Item 21A = 0017.1; else = 0	-1.0397
Comorbidity Condition Group 3	Opportunistic Infections (HCC6)	=1 if Item 24 = see Crosswalk ICD-10 codes to HCC #6; =0 if Item 21A = 0017.1; else = 0	-1.4703
Comorbidity Condition Group 4	Other Infectious Diseases (HCC7) Only	=1 if Item 24 = see Crosswalk ICD-10 codes to HCC #7; =0 if Item 21A = 0017.1; else = 0	-1.1173
Comorbidity Condition Group 5	Metastatic Cancer and Acute Leukemia (HCC8)	=1 if Item 24 = see Crosswalk ICD-10 codes to HCC #8; =0 if Item 21A = 0017.2; else = 0	-3.4864

Risk Adjustor	Risk Adjustor Category	IRF-PAI Item(s) and Recoding	Intercept and Coefficients for Change in Mobility (NQF #2634) All values have 4 decimal places	
Comorbidity Condition Group 6	Lung and Other Severe Cancers (HCC9)	=1 if Item 24 = see Crosswalk ICD-10 codes to HCC #9; =0 if Item 21A = 0017.2; else = 0	-1.7947	
Comorbidity Condition Group 7	Lymphoma and Other Cancers (HCC10)	=1 if Item 24 = see Crosswalk ICD-10 codes to HCC #10; =0 if Item 21A = 0017.2; else = 0	-1.2882	
Comorbidity Condition Group 8	Other Digestive and Urinary Neoplasms (HCC14)	=1 if Item 24 = see Crosswalk ICD-10 codes to HCC #14; =0 if Item 21A = 0017.2; else = 0	-0.4166	
Comorbidity Condition Group 9	Other Neoplasms (HCC15)	=1 if Item 24 = see Crosswalk ICD-10 codes to HCC #15; =0 if Item 21A = 0017.2; else = 0	-0.3027	
Comorbidity Condition Group 10	Diabetes: Diabetes with Chronic Complications (HCC18)	=1 if Item 24 = see Crosswalk ICD-10 codes to HCC #18; =0 if Item 21A = 0017.31, 0017.32; else = 0	-0.4738	
Comorbidity Condition Group 11	Diabetes without Complication (HCC19)	=1 if Item 24 = see Crosswalk ICD-10 codes to HCC #19; =0 if Item 21A = 0017.31, 0017.32; else = 0	-0.2139	
Comorbidity Condition Group 12	Bone/Joint/Muscle Infections/Necrosis (HCC39)	=1 if Item 24 = see Crosswalk ICD-10 codes to HCC #39; =0 if Item 21A = 0017.1, 0017.7; else = 0	-1.9662	
Comorbidity Condition Group 13	Severe Hematological Disorders (HCC46)	=1 if Item 24 = see Crosswalk ICD-10 codes to HCC #46; else = 0	-0.7094	
Comorbidity Condition Group 14	Delirium and Encephalopathy (HCC50)	=1 if Item 24 = see Crosswalk ICD-10 codes to HCC #50; else = 0	-0.8601	
Comorbidity Condition Group 15	Dementia: Dementia With Complications (HCC51)	=1 if Item 24 = see Crosswalk ICD-10 codes to HCC #51; =0 if Item 21A = 0002.1, 0002.9; else = 0	-2.2539	
Comorbidity Condition Group 16	Dementia Without Complications (HCC52)	=1 if Item 24 = see Crosswalk ICD-10 codes to HCC #52; =0 if Item 21A = 0002.1, 0002.9; else = 0	-2.3939	
Comorbidity Condition Group 17	Nonpsychotic Organic Brain Syndromes/Conditions (HCC53)	=1 if Item 24 = see Crosswalk ICD-10 codes to HCC #53; else = 0	-0.6172	
Comorbidity Condition Group 18	Mental Health Disorders: Schizophrenia (HCC57)	=1 if Item 24 = see Crosswalk ICD-10 codes to HCC #57; else = 0	-0.8184	
Comorbidity Condition Group 19	Major Depressive, Bipolar, and Paranoid Disorders (HCC58)	=1 if Item 24 = see Crosswalk ICD-10 codes to HCC #58; else = 0	-0.2632	

Risk Adjustor	Risk Adjustor Category	IRF-PAI Item(s) and Recoding	Intercept and Coefficients for Change in Mobility (NQF #2634) All values have 4 decimal places	
Comorbidity Condition Group 20	Reactive and Unspecified Psychosis (HCC59)	=1 if Item 24 = see Crosswalk ICD-10 codes to HCC #59; else = 0	-0.8747	
Comorbidity Condition Group 21	Personality Disorders (HCC60)	=1 if Item 24 = see Crosswalk ICD-10 codes to HCC #60; else = 0	-0.7401	
Comorbidity Condition Group 22	Tetraplegia (HCC70)*	=1 if Item 24 = see Crosswalk ICD-10 codes to HCC #70; =0 if Primary Diagnosis Group = Non-traumatic spinal cord dysfunction or Traumatic spinal cord dysfunction; else = 0	-4.2895	
Comorbidity Condition Group 23	Paraplegia (HCC71)	=1 if Item 24 = see Crosswalk ICD-10 codes to HCC #71; =0 if Primary Diagnosis Group = Non-traumatic spinal cord dysfunction or Traumatic spinal cord dysfunction; else = 0	-4.0884	
Comorbidity Condition Group 24	Spinal cord dystanction, cisc 0 I if ltem 24 = see Crosswalk ICD-1 codes to HCC #72; =0 if Primary Diagnosis Group = Non-traumatic Diagnosis Group = Non-traumatic pondition Group 24 (HCC72)		-1.3005	
Comorbidity Condition Group 25	Amyotrophic Lateral Sclerosis and Other Motor Neuron Disease (HCC73)	=1 if Item 24 = see Crosswalk ICD-10 codes to HCC #73; =0 if Item 21A = 0003.8, 0003.9; else = 0	-2.7526	
Comorbidity Condition Group 26	Cerebral Palsy (HCC74)	=1 if Item 24 = see Crosswalk ICD-10 codes to HCC #74; =0 if Item 21A = 0003.5; else = 0	-4.5800	
Comorbidity Condition Group 27	Muscular Dystrophy (HCC76)	=1 if Item 24 = see Crosswalk ICD-10 codes to HCC #76; =0 if Item 21A = 0003.8; else = 0	-4.2318	
Comorbidity Condition Group 28	Multiple Sclerosis (HCC77)	=1 if Item 24 = see Crosswalk ICD-10 codes to HCC #77; =0 if Item 21A = 0003.1; else = 0	-2.2982	
Comorbidity Condition Group 29	Parkinson's and Huntington's Diseases (HCC78)	=1 if Item 24 = see Crosswalk ICD-10 codes to HCC #78; =0 if Item 21A = 0003.2 or 22A, 22B or 22C = G10; else = 0	-1.8034	
Comorbidity Condition Group 30	Seizure Disorders and Convulsions (HCC79)	=1 if Item 24 = see Crosswalk ICD-10 codes to HCC #79; else = 0	-0.7711	
Comorbidity Condition Group 31	Angina Pectoris (HCC88)	=1 if Item 24 = see Crosswalk ICD-10 codes to HCC #88; =0 if Item 21A = 0009; else = 0	-0.3272	

Risk Adjustor	Risk Adjustor Category	IRF-PAI Item(s) and Recoding	Intercept and Coefficients for Change in Mobility (NQF #2634) All values have 4 decimal places
Comorbidity	Cerebral Hemorrhage (HCC99); Ischemic or Unspecified Stroke (HCC100); Cerebrovascular Atherosclerosis, Aneurysm, and Other Disease(HCC102); Hemiplegia/Other Late Effects of CVA: Hemiplegia/Hemipares is (HCC103); Late Effects of Cerebrovascular Disease Except Paralysis (HCC105)	=1 if Item 24 = see Crosswalk ICD-10 codes to HCC #99; HCC #100; HCC #102; HCC #103; HCC #105; =0 if Primary Diagnosis Group = Stroke;	.2.2699
	Atherosclerosis of the Extremities with		-2.2000
Comorbidity Condition Group 33	Ulceration or Gangrene (HCC106)	=1 if Item 24 = see Crosswalk ICD-10 codes to HCC #106; =0 if Item 21A = 0017.4; else = 0	-1.3037
Comorbidity Condition Group 34	Aspiration, Bacterial, and Other Pneumonias: Aspiration and Specified Bacterial Pneumonias (HCC114)	=1 in Item 24 = see Crosswalk ICD-10 codes to HCC #114; =0 if Item 21A = 17.51 or 17.52; else = 0	-0.2599
Comorbidity Condition Group 35	Pneumococcal Pneumonia, Empyema, Lung Abscess (HCC115)	=1 in Item 24 = see Crosswalk ICD-10 codes to HCC #115; =0 if Item 21A = 17.51 or 17.52; else = 0	-0.2686
Comorbidity Condition Group 36	Legally Blind (HCC119)	=1 if Item 24 = see Crosswalk ICD-10 codes to HCC #119; else = 0	-3.6968
Comorbidity Condition Group 37	Proliferative Diabetic Retinopathy and Vitreous Hemorrhage (HCC122); Diabetic and Other Vascular Retinopathies (HCC123)	=1 if Item 24 = see Crosswalk ICD-10 codes to HCC #122; HCC #123; else = 0	-1.7997
Comorbidity Condition Group 38	Dialysis and Chronic Kidney Disease - Stage 5: Dialysis Status (HCC134); Chronic Kidney Disease, Stage 5 (HCC136)	=1 if Item 24 = see Crosswalk ICD-10 codes to HCC #134; HCC #136; =0 if Item 21A = 0017.9 or 22A, 22B or 22C = N18.5; else = 0	-2.8110

Risk Adjustor	Risk Adjustor Category	IRF-PAI Item(s) and Recoding	Intercept and Coefficients for Change in Mobility (NQF #2634) All values have 4 decimal places
Comorbidity Condition Group 39	Acute Renal Failure (HCC135)	=1 if Item 24 = see Crosswalk ICD-10 codes to HCC #135; =0 if Item 21A = 0017.9; else = 0	-0.5551
Comorbidity Condition Group 40	Chronic Kidney Disease, Severe (Stage 4) (HCC137)	=1 if Item 24 = see Crosswalk ICD-10 codes to HCC #137; =0 if 22A, 22B or 22C = N18.1 or N18.2 or N18.3 or N18.4 or N18.9; else = 0	-1.0977
Comorbidity Condition Group 41	Chronic Kidney Disease, Moderate (Stage 3) (HCC138)	=1 if Item 24 = see Crosswalk ICD-10 codes to HCC #138; =0 if 22A, 22B or 22C = N18.1 or N18.2 or N18.3 or N18.4 or N18.9; else = 0	-0.3368
Comorbidity Condition Group 42	Urinary Obstruction and Retention (HCC142)	=1 if Item 24 = see Crosswalk ICD-10 codes to HCC #142; else = 0	-1.4022
Comorbidity Condition Group 43	Chronic Ulcer of Skin, Excluding Pressure Ulcer (HCC161)	=1 if Item 24 = see Crosswalk ICD-10 codes to HCC #161; =0 if Item 21A = 0017.7; else = 0	-1.3206
Comorbidity Condition Group 44	Severe Skin Burn or Condition (HCC162)	=1 if Item 24 = see Crosswalk ICD-10 codes to HCC #162; =0 if Item 21A = 0011; else = 0	-1.0960
Comorbidity Condition Group 45	Hip Fracture/Dislocation (HCC170)	=1 if Item 24 = see Crosswalk ICD-10 codes to HCC #170; =0 if Item 21A = 0008.51 or 0008.52 or 0008.11 or 0008.12 or 0008.3; else = 0	-2.1596
Comorbidity Condition Group 46	Major Fracture, Except of Skull, Vertebrae, or Hip (HCC171)	=1 if Item 24 = see Crosswalk ICD-10 codes to HCC #171; =0 if Item 21A = 0008.2 or 0008.4 or 0008.9 or 0014.9; else = 0	-3.5896
Comorbidity Condition Group 47	Complication of Specified Implanted Device or Graft (HCC176)	=1 if Item 24 = see Crosswalk ICD-10 codes to HCC #176; =0 if Primary Diagnosis Code = Hip and Knee Replacements; =0 if Item 21A = 0017.8; else = 0	-2.1571
Comorbidity Condition Group 48	Amputation Status, Lower Limb/Amputation Complications (HCC189)	=1 if Item 24 = see Crosswalk ICD-10 codes to HCC #189; =0 if Primary Diagnosis Group (calculated above) = Amputation; else = 0	-2.8671
Comorbidity Condition Group 49	Major Organ Transplant or Replacement Status (HCC186)	=1 if Item 24 = see Crosswalk ICD-10 codes to HCC #186; =0 if Item 21A = 0017.8 or 0017.9; else = 0	-1.7947

Risk Adjustor	Risk Adjustor Category	IRF-PAI Item(s) and Recoding	Intercept and Coefficients for Change in Mobility (NQF #2634) All values have 4 decimal places
Comoniality	Other Organ Transplant Status (Papilosoment	=1 if Item 24 = see Crosswalk ICD-10	
Condition Group 50	(HCC187)	0017.8; else = 0	-0.7205

Appendix B: Reliability and Validity Testing

B.1 Overview of Reliability and Validity Testing

The goal of reliability testing is to ensure that items on an assessment obtain consistent results when administered or used by different clinicians. Validity testing examines whether an item or scale measures what it is intended to measure. The functional status items underwent reliability testing at the item- and scale-level in multiple types of providers in conjunction with the Post-Acute Care Payment Reform Demonstration. Item-level testing included inter-rater reliability testing within facilities and the use of videotaped standardized patients for inter-rater reliability testing across facilities/care settings. Additional testing focused on the items and scales and included internal consistency, factor analysis, and Rasch analysis. A brief summary of this testing is provided below; full reports describing the testing are available at http://www.cms.gov/Medicare/Quality-Initiatives-Patient-Assessment-Instruments/Post-Acute-Care-Quality-Initiatives/CARE-Item-Set-and-B-CARE.html.

B.2 Traditional Inter-rater Reliability Study

The reliability of the functional items was tested in a subset of 34 providers from each of the five levels of care (acute hospitals, HHAs, IRFs, LTCHs, and SNFs) distributed across 11 geographic areas. Each provider completed a duplicate CARE Item Set (admission or discharge assessment) on 15–20 patients included in the Post-Acute Care Payment Reform Demonstration (10–15 patients in the home health setting), in accordance with the guidelines and protocols.

Providers were asked to enroll a convenience sample of a set number of Medicare patients each month, representing a range of function and acuity. The overall patient sample size for each of the functional items was 450 for self-care items and 449 for mobility items (448 for transfers). After exclusions for missing data (unknown/not attempted/inapplicable), the effective sample sizes for the reliability testing were as follows:

- Eating: 401
- Oral hygiene: 414
- Toilet hygiene: 416
- Upper body dressing: 420
- Lower body dressing: 413
- Lying to sitting on the side of the bed: 412
- Sitting to standing: 387
- Chair/bed to chair transfer: 392
- Toilet transfer: 361
- Walk 150 feet: 68
- Walk once standing: 52
- Wheel in room: 46

The inter-rater reliability study included patients who were assessed by two different clinicians (raters), and the agreement of the clinicians' rating was calculated. Clinicians were instructed to have pairs of raters complete both patient assessments at the same time. Responses to items were obtained by direct observation of the patient by the clinician, and occasionally, supplemented by one or more of the following

predetermined, matched methods: patient interviews (with each team member taking turns conducting and observing patient interviews); interviews with relatives/caregivers of the patient for certain items; and/or interviews with staff caring for the patient and/or chart review. Rater pairs were instructed to determine in advance which methods would be used to score the particular CARE items and to have both raters use the same methods. Raters were encouraged to divide hands-on assistance to the patient as evenly as possible for items that required hands-on assistance. Raters were instructed not to discuss item scoring during the assessment, nor to share item scores until the data were entered into the study database and finalized. Providers submitted data via the online CARE application for both assessments in each pair.

For categorical items, kappa statistics (kappa) indicate the level of agreement between raters using ordinal data, taking into account the role of chance agreement. The ranges commonly used to judge reliability based on kappa are as follows: $\leq 0 = \text{poor}$; 0.01–0.20 = slight; 0.21–0.40 = fair; 0.41–0.60 = moderate; 0.61–0.80 = substantial; and 0.81–1.00 = almost perfect.

For categorical items with only two responses available, RTI International calculated only unweighted kappas. For items with more than two responses, RTI calculated both weighted and unweighted kappas. Unweighted kappa assumes the same "distance" between every one-unit difference in response across an ordinal scale. RTI used Fleiss-Cohen weights, or quadratic weights, which approximate the intra-class correlation coefficient and are commonly used for calculating weighted kappas. This choice of weighting is consistent with prior analyses of assessment reliability, where the method for developing weights was specified.7,8 Fleiss-Cohen weights put lower emphasis on disagreements between responses that fall near each other on an item scale. It should also be noted that the value of kappa can be influenced by the prevalence of the outcome or characteristic being measured. If the outcome or characteristic is rare, the kappa will be low because kappa attributes the majority of agreement among raters to chance. Kappa is also influenced by bias, and if the effective sample size is small, variation may play a role in the results. Hence, we report both weighted and unweighted kappas to give the range of agreement found under the two sets of assumptions.

Additionally, RTI calculated a separate set of kappa statistics (unweighted and weighted, where applicable) for items where additional responses outside of an ordinal scale were available (letter codes) and were set to missing.

For the traditional reliability study, kappa statistics indicated substantial agreement among raters. The weighted kappa values for the self-care items range between 0.798 for eating to 0.869 for upper-body dressing. Unweighted kappas ranged from 0.598 for oral hygiene to 0.634 for upper-body dressing. Provider-specific analyses of core self-care items show similar agreement to the overall estimates. The lower-body dressing item had the highest overall weighted kappa (0.855), whereas the eating item had the lowest (0.798). Unweighted overall kappas ranged from 0.636 (toileting) to 0.598 (oral hygiene). Acute hospitals had the highest weighted kappas across all self-care items.

The weighted kappa values for the mobility items ranged between 0.558 for walk 150 feet to 0.901 for sitting to standing and chair/bed to chair transfer. Unweighted kappas ranged from 0.667 for walk once standing to 0.762 for sit to stand. Provider-specific analyses of core mobility items show similar agreement to the overall estimates. The sit-to-stand and chair transfer items both had a weighted kappa of 0.901, whereas the lying to sitting item had a weighted kappa of 0.855. Unweighted overall kappas ranged from 0.693 (lying to sitting) to 0.762 (sitting to standing).

B.3 Videotaped Standardized Patients Reliability Study

⁷ Hirdes JP, Smith TF, Rabinowitz T, et al. The Resident Assessment Instrument-Mental Health (RAI-MH): inter-rater reliability and convergent validity. *J Behav Health Serv Res.* 29(4):419-432, 2002

⁸ Streiner DL, Norman GR. Health measurement scales: a practical guide to their development and use. *Oxford University Press*, 1995.

For the video reliability study, which was designed to examine the level of clinician agreement across care settings, clinicians in each setting were asked to assess "standardized" patients presented through a videotape of a patient assessment. This ensured that the same information was presented to each clinician and allowed examination of differences in scoring effects among different clinicians examining the "same" patient.

The patient "case studies" in each of the videos varied in terms of medical complexity, functional abilities, and cognitive impairments. The nine videos included patients classified as high, medium, or low ability/complexity for each of these three areas. Each facility or agency received three videos, one of which demonstrated one of the following elements: cognitive impairments, skin integrity problems, a wheelchair-dependent patient, and a variety of mid-level functional activities. The mid-level functional activities were considered to be the most challenging for clinicians to score and are thus of particular interest in establishing reliability. Each clinician involved in the video study watched three videos and assessed the patients according to the study guidelines and protocols. Each video was approximately 20 minutes long and had a corresponding item set arranged in the sequence in which the items appeared in the video.

The sample included 28 providers (550 assessments), which included 3 acute hospitals (15 assessments [3%]); 9 HHAs (118 assessments [22%]); 8 IRFs (237 assessments [43%]); 3 LTCHs (114 assessments [21%]); and 5 SNFs (66 assessments [12%]). Participating providers included case managers (6% of assessments), occupational therapists (14% of assessments), physical therapists (21% of assessments), registered nurses (47% of assessments), speech therapists (5% of assessments), and others, mostly licensed practical nurses (LPNs; 8% of assessments).

Two main analytic approaches were used for assessing the video reliability of the CARE items, adhering closely to the methods used by Fricke et al.9 in their video reliability study of the FIM[®]10 instrument. First, percent agreement with the mode response was calculated for each CARE item included in at least one of the nine videos. Unlike the approach used by Fricke et al., RTI did not consider agreement at one response level above and below the mode, and instead used a stricter approach looking at direct modal agreement only. In the second approach, percent agreement with the internal clinical team's consensus response was also calculated. This second measure not only gives an indication of item reliability, but also reflects training consistency for the providers.

The video reliability study indicated substantial agreement with the mode and clinical team among all items, typically upwards of 70%. The notable exception to this trend exists among the clinicians in the "Other" category (mostly LPNs); they consistently had the lowest levels of agreement among all core self-care items, ranging from 50 to 72%. For the toileting and dressing items, the agreement with the clinical team was lower than with the mode. This occurred because the clinical team response differed from the mode for these three items in either one or two videos. Nonetheless, because the clinical team response and mode were identical on most of the videos, agreement was still quite high for these items. In general, study clinicians had responses on average that agreed with the expert clinical team or were slightly lower.

The video reliability study indicated substantial agreement with the mode and clinical team for the lying-tositting, sit-to-stand, chair/bed to chair transfer, and toilet transfer items (greater than 76%). Although rates of agreement with the mode and clinical team response were generally identical, for the toilet transfer item, the clinical team agreement is slightly lower. The items for walking and wheeling distances showed more variable levels of agreement across disciplines, with overall agreement generally in the moderate range (50–78%). For the Walk in Room item, there was a notable decrease in the agreement with the clinical team compared to agreement with the mode. This occurred because in two of the four videos where this item was assessed, the clinical team response differed from the mode.

⁹ Fricke J, Unsworth C, Worrell D. Reliability of the Functional Independence Measure with Occupational Therapists. *Australian Occupational Therapy Journal* 40(1):7-15, 1993.

¹⁰ FIM[®] is a trademark of Uniform Data System for Medical Rehabilitation, a division of UB Foundation Activities, Inc.

B.4 Scale-level Reliability Results: Internal Consistency

In addition to item-level reliability testing, we examined internal consistency, which provides a general assessment of how well the items interrelate within a domain or subscale. Internal consistency is assessed using the Cronbach's alpha coefficient, which is the average correlation of all possible half-scale divisions. Cronbach's alpha is a statistic frequently assessed when instrument or scale psychometrics are published. The Cronbach's alpha reliability estimate ranges from zero to one, with an estimate of zero indicating that there is no consistency of measurement among the items, and one indicating perfect consistency. Many cutoff criteria exist to determine whether or not a scale shows good consistency or whether the items "hang together" well. General consensus is that Cronbach's alpha should be at least 0.70 for an adequate scale for group-level decisions, and alphas closer to 1 indicate a good scale.11

Assessments of individual self-care and mobility subscales at both admission and discharge tend to show good reliability statistics (Cronbach's Alpha of at least 0.80) within their specified subscales. Reliability estimates by provider type show that the functional status items maintain a very high internal consistency. In addition, no one provider type appears to have reliability estimates higher or lower than the rest, indicating similarity of CARE usage with respect to internal consistency.

The following table shows the findings from the Cronbach's alpha internal consistency evaluation mentioned above.

CARE functional status internal consistency reliability summary by provider type					
CARE analytic	Overall	HHA	SNF	IRF	LTCH
set	alpha	alpha	alpha	alpha	alpha
Self-Care	0.96	0.94	0.95	0.95	0.96
Mobility	0.96	0.94	0.95	0.96	0.97

 Table B-1

 CARE functional status internal consistency reliability summary by provider type

B.5 Scale-level Reliability and Validity Testing: Rasch Analysis

Because we are measuring a latent trait—a concept that is not measured directly, but that relies on activities that can be directly observed—we used the one-parameter Rasch model to gain a better understanding of the functional status activities. More specifically, we examined the order of functional status items (from least challenging to most challenging) that characterize the concepts of the self-care and mobility. Rasch analysis uses the scores from the functional assessment items to create the equivalent of a functional status "ruler" (i.e., scale). Rasch analysis uses the available data to estimate a person's location along the "ruler;" therefore, analyses can be conducted if some data are missing. Rasch analysis can also inform the optimal selection of key items in order to construct functional status scales that sufficiently span an entire range of patient functioning, so that both the least able and most able (lowest- and highest-functioning) patients are adequately measured. In addition, Rasch analysis can indicate where items overlap or are redundant in terms of the level of function they capture.

¹¹ Aron A, Aron EN *Statistics for Psychology*. 2nd ed. Upper Saddle River, NJ: Prentice Hall, 1999.

Rasch analysis has been used to examine the FIM[®] instrument, 12, 13, 14, 15 the Minimum Data Set (MDS), 16 and the Outcome and Assessment Information Set (OASIS). 17 Rasch analysis has also been used to examine the extent to which existing functional assessment instruments (e.g., the FIM[®] instrument, MDS 2.0) capture the same construct. 18

Rasch measurement is based on a probabilistic model that describes the association between a person's underlying ability level and probability of a particular item response, and summarizes a patient's position along a "ruler" that represents a latent trait or concept (e.g., self-care or mobility).19 In essence, the Rasch analysis creates a ruler based on the domain measured (e.g., mobility) that can be used to assess the abilities of the patients. The analysis also provides information on the hierarchy of item difficulty (from easy to hard) that can be used to evaluate the construct validity of a set of items. In addition, the Rasch analysis provides information about the level of challenge associated with each item rating scale ("dependent" through "independent"). For example, an item with a low difficulty estimate (e.g., eating) would be more likely to be completed with little or no help by patient's items that are more challenging (e.g., 12 steps), where most patients would find completing this activity challenging. Finally, the Rasch analysis can provide information on items that do not fit into the single theorized concept through "item misfit" statistics, which may indicate that the item needs further evaluation before it is included on future administrations of the subscale. The infit mean square is an indicator of the degree to which patient responses are similar to what would be expected (i.e., predicted) by the measurement model. The acceptable range is generally 0.6 to 1.4. If the item values are above this range, it reflects that person response patterns are erratic, generally suggesting that the item is not measuring the same construct as other items. Infit mean squares above 1.4 are considered to be unacceptably unexpected 20 and indicate that the item most likely does not reflect the same construct as the other items included in the scale; for example, a need for assistance with self-care.

RTI used Rasch analysis to examine the extent to which the items worked together to define a coherent concept. This was conducted separately for the self-care and mobility items. Item fit statistics were examined as an indication of how well all items work together to describe the overall construct (self-care or mobility).

¹⁴ Wright BD, Linacre JM, Smith RM, et al. FIM measurement properties and Rasch model details. Scandinavian Journal of Rehabilitation Medicine, 29(4):267-272, Dec. 1997.

¹⁵ Heinemann AW, Linacre JM, Wright BD, et al. Relationships between impairment and physical disability as measured by the functional independence measure. Arch Phys Med Rehabil. 74(6):566-573, 1993.

¹⁶ Wang YC, Byers KL, Velozo CA. Rasch analysis of Minimum Data Set mandated in skilled nursing facilities. J Rehabil Res Dev. 45(9):1385-1399, 2008.

¹⁷ Fortinsky RH, Garcia RI, Joseph Sheehan T, et al. Measuring disability in Medicare home care patients: application of Rasch modeling to the outcome and assessment information set. Med Care. 41(5):601-615, 2001.

¹⁸ Velozo CA, Byers KL, Wang YC, et al. Translating measures across the continuum of care: using Rasch analysis to create a crosswalk between the Functional Independence Measure and the Minimum Data Set. J Rehabil Res Dev. 44(3):467-478, 2007.

¹⁹ Wright BD, Stone MH. Best Test Design. Rasch Measurement. 1979.

²⁰ Wright BD, Linacre JM, Gustafson J, et al. Reasonable mean-square fit values. Rasch Measurement Transactions. 8(3):370, 1994.

¹² Granger CV, Hamilton BB, Linacre JM, et al. Performance profiles of the functional independence measure. *Am J Phys Med Rehabil.* 72(2):84-89, 1993.

¹³ Linacre JM, Heinemann AW, Wright BD, et al. The structure and stability of the Functional Independence Measure. Archives of Physical Medicine & Rehabilitation.75(2):127-132, 1994

The Rasch analysis provides insight into how the items work together as a subscale, including the hierarchy of item difficulty (ordering from easy to difficult) and item fit to the model.

Examinations of these Rasch analysis results reveal that the mobility and self-care item hierarchies make sense clinically and that the operational definitions of the constructs maintain general stability from admission to discharge. Some items have fit statistics outside the acceptable range (e.g., pick up object from floor), but members of the Technical Expert Panel noted that this is an important assessment given the risk of falls.

RTI examined how well the items selected measure the persons in the data set for both self-care and mobility items. RTI examined the extent to which person response patterns fit the assumptions of the measurement model using the same range of infit statistics identified above. RTI examined the extent to which persons are effectively measured (ceiling and floor effects) in each setting overall and for admission and discharge time points. The mobility and self-care items were found to be well targeted to the range of patient ability sampled within this post-acute care population.

RTI established that the six steps of the CARE rating scale are operating as intended, both overall and for individual items on the self-care and mobility subscales. The probability that a person will be scored on a particular rating scale step varies depending on the functional ability of the person. That is, very able people will be more likely to be scored as '5' and '6' than as '1' and '2.' Looking empirically at these distributions, one should see the transitions from one step to the next (called thresholds) proceed monotonically and distinctly across the range of person abilities. In other words, there should always be some point along the range at which each rating-scale step is more probable than another step. When a rating-scale step is not more probable at any point, it suggests that raters are not able to use that step to consistently distinguish patient ability at that level.

3. Feasibility

Extent to which the specifications including measure logic, require data that are readily available or could be captured without undue burden and can be implemented for performance measurement.

3a. Byproduct of Care Processes

For clinical measures, the required data elements are routinely generated and used during care delivery (e.g., blood pressure, lab test, diagnosis, medication order).

3a.1. Data Elements Generated as Byproduct of Care Processes.

Generated or collected by and used by healthcare personnel during the provision of care (e.g., blood pressure, lab value, diagnosis, depression score), Abstracted from a record by someone other than person obtaining original information (e.g., chart abstraction for quality measure or registry)

If other:

3b. Electronic Sources

The required data elements are available in electronic health records or other electronic sources. If the required data are not in electronic health records or existing electronic sources, a credible, near-term path to electronic collection is specified.

3b.1. To what extent are the specified data elements available electronically in defined fields (*i.e.*, data elements that are needed to compute the performance measure score are in defined, computer-readable fields) Update this field for maintenance of endorsement.

ALL data elements are in defined fields in electronic clinical data (e.g., clinical registry, nursing home MDS, home health OASIS)

3b.2. If ALL the data elements needed to compute the performance measure score are not from electronic sources, specify a credible, near-term path to electronic capture, OR provide a rationale for using other than

electronic sources. For <u>maintenance of endorsement</u>, if this measure is not an eMeasure (eCQM), please describe any efforts to develop an eMeasure (eCQM).

Not applicable. This quality measure's data elements are collected solely from electronic sources.

3b.3. If this is an eMeasure, provide a summary of the feasibility assessment in an attached file or make available at a measure-specific URL. Please also complete and attach the NQF Feasibility Score Card.

Attachment:

3c. Data Collection Strategy

Demonstration that the data collection strategy (e.g., source, timing, frequency, sampling, patient confidentiality, costs associated with fees/licensing of proprietary measures) can be implemented (e.g., already in operational use, or testing demonstrates that it is ready to put into operational use). For eMeasures, a feasibility assessment addresses the data elements and measure logic and demonstrates the eMeasure can be implemented or feasibility concerns can be adequately addressed.

3c.1. <u>Required for maintenance of endorsement.</u> Describe difficulties (as a result of testing and/or operational use of the measure) regarding data collection, availability of data, missing data, timing and frequency of data collection, sampling, patient confidentiality, time and cost of data collection, other feasibility/implementation issues.

<u>IF instrument-based</u>, consider implications for both individuals providing data (patients, service recipients, respondents) and those whose performance is being measured.

The NQF feasibility criterion requires measure developers to: 1) demonstrate that the data collection strategy can be implemented and 2) describe any difficulties regarding data collection.

Data Collection:

Data for this quality measure are currently collected and submitted to the Centers for Medicare and Medicaid Services using the Inpatient Rehabilitation Facility Patient Assessment Instrument (IRF-PAI). These data have been collected by all IRFs in the US since October 1, 2016 as part of the IRF Quality Reporting Program (QRP). In addition, beginning in October 2019, data from Section GG will also be required by the Centers for Medicare and Medicaid Services as part of the IRF Prospective Payment System.

The measure data are "generated" by qualified clinicians as they observe patients completing daily activities, such as transferring and walking at the time of admission and discharge. As shown in the testing form, missing data is minimal (less than 0.1% across all data elements). The IRF-PAI data are submitted to CMS via the QIES ASAP system, which has been in place since 2002. This data submission system is secure and encrypted with administrative, physical and technical safeguards in place.

Preventing and Addressing Potential Data Collection Challenges:

The Centers for Medicare and Medicaid Services finalized the implementation of this quality measure in August 2014 in the FY 2015 IRF PPS Final Rule, more than 1 year before implementation of data collection. This advance notice allowed providers, vendors and CMS to prepare for implementation. The Centers for Medicare and Medicaid has developed software that is free for IRFs to use to submit IRF-PAI data. Also, given the Centers for Medicare and Medicaid's many years of experience with data submission (the IRF-PAI data have been submitted to the Centers for Medicare and Medicaid since 2002) implementation occurred with minimal difficulty.

To assist providers with the collection of accurate data, the Centers for Medicare and Medicaid Services has offered multiple in-person and on-line training opportunities since May 2015. In addition, a help desk is available to answer provider questions regarding data collection, and "Q & A" documents are posted on the CMS website for provider use. Training information is available on the following website: https://www.cms.gov/Medicare/Quality-Initiatives-Patient-Assessment-Instruments/IRF-Quality-Reporting/IRF-Quality-Reporting-Training.html **3c.2.** Describe any fees, licensing, or other requirements to use any aspect of the measure as specified (*e.g.*, value/code set, risk model, programming code, algorithm).

There no costs associated with fees, licensing or other requirements associated with the measure data elements or risk model.

4. Usability and Use

Extent to which potential audiences (e.g., consumers, purchasers, providers, policy makers) are using or could use performance results for both accountability and performance improvement to achieve the goal of highquality, efficient healthcare for individuals or populations.

4a. Accountability and Transparency

Performance results are used in at least one accountability application within three years after initial endorsement and are publicly reported within six years after initial endorsement (or the data on performance results are available). If not in use at the time of initial endorsement, then a credible plan for implementation within the specified timeframes is provided.

4.1. Current and Planned Use

NQF-endorsed measures are expected to be used in at least one accountability application within 3 years and publicly reported within 6 years of initial endorsement in addition to performance improvement.

Specific Plan for Use	Current Use (for current use provide URL)
	Public Reporting
	Measure data from calendar year 2019 (currently being collected) will be
	publicly reported on IRF Compare in 2020 for the IRF Quality Reporting
	Program
	https://www.medicare.gov/inpatientrehabilitationfacilitycompare/
	Quality Improvement (external benchmarking to organizations)
	IRF QRP: On confidential feedback reports and IRF Compare, providers
	can view national-level performance measure scores for benchmarking
	quality efforts. IRFs can also review and compare scores for local
	providers through IRF Compare's web features.
	https://qtso.cms.gov/
	Quality Improvement (Internal to the specific organization)
	IRF QRP: IRFs receive confidential feedback reports through the CMS
	designated data submission system, which includes the Review and
	Correct, Quality Measure, and Provider Preview Reports to review their
	data internally.
	https://qtso.cms.gov/

4a1.1 For each CURRENT use, checked above (update for <u>maintenance of endorsement</u>), provide:

- Name of program and sponsor
- Purpose
- Geographic area and number and percentage of accountable entities and patients included
- Level of measurement and setting

Name of Program and Sponsor and Purpose:

This quality measure has been implemented in the Center for Medicare and Medicaid's (CMS) Inpatient Rehabilitation Facility Quality Reported Program (IRF QRP) and serves two purposes:

to share quality data with each IRF that may be used to support quality improvement efforts; and
 to share quality data about each IRF, which may assist consumers and family members in making decisions about where to receive IRF care.

As part of the IRF QRP, IRFs have been able to view data for this quality measure in their confidential feedback reports, which may be used for quality improvement, since April 2017.

Quality measure data collected in calendar year 2019 will be publicly reported in 2020 on CMS's IRF Compare website at: https://www.medicare.gov/inpatientrehabilitationfacilitycompare/. Since 2016, CMS has publicly reported IRF QRP quality measure data on the IRF Compare website. This website reports quality data for each IRF, and these data are also publicly available for download at: https://data.medicare.gov/data/inpatient-rehabilitation-facility-compare.

This measure was implemented pursuant to two public laws that addressed the IRF QRP and reporting of data submitted by providers:

- 1) The Patient Protection and Affordable Care Act ("ACA") of 2010 (Public Law No: 111-148)
 - Section 3004(b) of the ACA amended section 1886(j)(7) of the Social Security Act (SSA) requiring the Secretary to establish quality reporting requirements for IRF providers. Quality reporting applies to all IRF providers receiving payment under the IRF Prospective Payment System (PPS).
 - The ACA mandates IRFs to submit data or be subject to a two-percent reduction in their annual payment update (APU) determination.
- 2) The Improving Medicare Post-Acute Care Transformation Act ("IMPACT Act") of 2014 (Public Law No: 113-185):
 - The IMPACT Act requires IRFs to submit standardized patient assessment data on quality, resource use, and other measures.
 - The data submitted from providers are used to calculate measures that report healthcare processes and patient outcomes among IRF providers under the QRP.
 - Requires the establishment of procedures for making provider performance information available to the public.

CMS finalized in the FY 2019 IRF PPS final rule (83 FR 38562) that they plan to publicly report data for this performance measure on IRF Compare in the fall of 2020. The first time the data will be publicly displayed will be for patients discharged on January 1, 2019 through December 31, 2019.

CMS provides an opportunity for IRFs to review their own data before it is publicly reported through confidential feedback reports available in the CMS designated data submission system. Several reports are available that provide different snapshots of the measure data (described in more detail below in 4a2.1.1). As of April 2017, providers could view the observed change in mobility performance measure in their confidential Review and Correct reports. The risk-adjusted change in mobility performance measure became available in the Quality Measure reports October 2018.

Geographic Area, Accountable Entities and Patients Included:

The IRF QRP measures are calculated for 100% of IRF providers in the US (1,129 IRFs in 2017). This includes IRFs in every US state, the District of Columbia, and the US Territory of Puerto Rico. IRFs submitted a total of 493,209 IRF-PAI records for Medicare Part A and Medicare Advantage patients discharged in 2017.

All providers receive their confidential feedback reports, which may be used for internal quality improvement efforts.

To ensure reliability of the performance measure scores, IRFs with less than 20 patients (12 IRFs in 2017) during a reporting period would not have their data displayed publicly. Once an IRF has more than 20 patients during the reporting period, their data would display on IRF Compare.

Level of Measurement and Setting:

As mentioned, this quality measure has been implemented in the IRF setting as part of the IRF QRP. The measure score is reported at the facility-level.

4a1.2. If not currently publicly reported OR used in at least one other accountability application (e.g.,

payment program, certification, licensing) what are the reasons? (e.g., Do policies or actions of the developer/steward or accountable entities restrict access to performance results or impede implementation?) Not applicable because public reporting is currently underway for this measure.

4a1.3. If not currently publicly reported OR used in at least one other accountability application, provide a credible plan for implementation within the expected timeframes -- any accountability application within 3 years and publicly reported within 6 years of initial endorsement. (*Credible plan includes the specific program, purpose, intended audience, and timeline for implementing the measure within the specified timeframes. A plan for accountability applications addresses mechanisms for data aggregation and reporting.*)

Not applicable because public reporting is currently underway for this measure.

4a2.1.1. Describe how performance results, data, and assistance with interpretation have been provided to those being measured or other users during development or implementation.

How many and which types of measured entities and/or others were included? If only a sample of measured entities were included, describe the full population and how the sample was selected.

For Providers:

Dissemination of performance results and assistance with interpretations of the performance data for IRFs have been addressed in four specific ways: confidential feedback reports, provider training seminars, manuals and materials, responses to questions submitted to the IRF QRP Help Desk: IRF.Questions@cms.hhs.gov, and IRF Public Reporting Help Desk: IRFPRQuestions@cms.hhs.gov, and on IRF Compare.

1) Confidential Provider Feedback Reports:

All IRFs who submit IRF-PAI data to CMS receive three types of confidential reports with performance measure data and scores based on the data submitted. These reports support internal quality improvement efforts and include the Review and Correct, Quality Measure, and Provider Preview Reports. Details about each of these reports is provided below in 4a.2.1.2.

2) IRF QRP Provider Training Seminars:

CMS conducted several in-person IRF QRP provider training seminars to share information about coding the data elements used to calculate the performance measure, to share details about the measure specifications and to explain how the measure is calculated. Training sessions that focused on the confidential feedback reports were also conducted to support providers in reviewing and interpreting the data they receive in these reports. During training sessions, providers were encouraged to ask questions about coding the data elements and the change in mobility performance measure to ensure an accurate understanding of the measure. Training materials are posted on the CMS website after each training seminar is completed. To review provider training materials, see the following webpage:

https://www.cms.gov/Medicare/Quality-Initiatives-Patient-Assessment-Instruments/IRF-Quality-Reporting/IRF-Quality-Reporting-Iraining.html

The IRF QRP Measure Calculations and Reporting User's manual, which presents the measure specifications and how the measures are calculated for each measure in the IRF QRP, is posted on the CMS website. Therefore, providers have detailed measure specifications available to them. To review the current IRF QRP Measure Calculations and Reporting User's manual, see the following webpage:

https://www.cms.gov/Medicare/Quality-Initiatives-Patient-Assessment-Instruments/IRF-Quality-Reporting/Downloads/IRF-Measure-Calculations-and-Reporting-Users-Manual-V30.pdf

3) IRF QRP and IRF Public Reporting Help Desk:

CMS also maintains a provider help desk for the IRF QRP where IRFs can submit questions about the data elements, the measure, including questions about performance data, interpretation of results, or instructions on coding (IRF.Questions@cms.hhs.gov). A help desk for questions about the data available on IRF Compare

(see below) is also available (IRFPRQuestions@cms.hhs.gov). A response is provided to address each question that is submitted.

4) IRF Compare Website:

The performance measure data are publicly displayed on the IRF Compare website and plain language is used to assist users in interpreting the data that are presented. The quality of care that IRF providers deliver to patients can vary from facility to facility, and publicly displaying performance data on IRF Compare supplies information for providers to use for improving the quality of care they provide to patients.

For Patients, Families, Carers and Other Stakeholders:

IRF patients, family members, carers, and other stakeholders (researchers, journalists, policymakers) can view an IRF's measure performance information on the publicly available IRF Compare website. The IRF Compare website is designed to help patients and caregivers make informed decisions about their health care and to compare inpatient rehabilitation facilities based on important indicators of quality. [Insert details about the consumer-friendly language/health literacy, testing, reading-level, etc. Share the consumer-friendly name here.] IRF Compare is available in both English and Spanish.

Furthermore, the public can download the IRF Compare datasets. The files contain general information about providers, provider level data on quality measures, and national data shown on the site. A data dictionary provides detailed information on the measures and file layouts.

Public access to the performance data on the IRF Compare website has been widespread and increasing over time. In Quarter 4 of 2017, there were over 14,000 sessions and 40% of those were returning visitors. Subsequently, the number of sessions increased by 27.6% a year later to over 18,000 sessions in Quarter 4 of 2018 in which 42% of those were returning visitors.

4a2.1.2. Describe the process(es) involved, including when/how often results were provided, what data were provided, what educational/explanatory efforts were made, etc.

All IRFs receive three types of confidential reports with performance measure data and scores based on the data submitted:

1) Quality Measure Reports:

The intent of this report is to enable IRFs to track their own quality measure data at the facility- and patientlevel. Data for this report is refreshed monthly and displays performance measure information at the facilityand patient-stay level for review. The facility-level report displays the measure denominator, average observed scores, average risk-adjusted score, and the national average for benchmarking the facility's performance. The patient-level report displays which patients are excluded from the measure as well as each patient's observed change in mobility score.

2) Review and Correct Reports:

The intent of this report is for IRFs to view their data prior to the quarterly data submission deadline to ensure accuracy of the data submitted to CMS. Data for this report is refreshed weekly and displays data correction deadlines and whether the data correction period is open or closed. Only the last four quarters of data are available in this report.

3) Provider Preview Reports:

The intent of this report is for IRFs to preview what performance data will publicly displayed for their IRF. The report displays facility-level performance measure data and shows risk-adjusted values and national rates as they will appear publicly on IRF Compare. Data displayed in this report cannot be modified by the provider.

4a2.2.1. Summarize the feedback on measure performance and implementation from the measured entities and others described in 4d.1.

Describe how feedback was obtained.

In addition to the processes and information described above in 4a2.1.1 and 4a2.1.2, CMS solicited public comments about the change in mobility performance measure via a 60-day public comment period during the fiscal year (FY) 2016 rulemaking process. CMS also solicited public comments during the FY 2019 rulemaking process on the proposal to publicly report this measure on IRF Compare. See below for links to the final rules which present all public comments received and responses:

FY 2016: https://www.federalregister.gov/articles/2015/08/06/2015-18973/medicare-program-inpatient-rehabilitation-facility-prospective-payment-system-for-federal-fiscal

FY 2019: https://www.federalregister.gov/documents/2018/08/06/2018-16517/medicare-program-inpatient-rehabilitation-facility-prospective-payment-system-for-federal-fiscal

4a2.2.2. Summarize the feedback obtained from those being measured.

We received support for both implementation and public reporting of the change in mobility performance measure for the IRF QRP. Comments were received from various stakeholders, including providers, provider associations, researchers, government agencies, information system vendors, advocacy groups, and individuals/consumers.

In the FY 2016 rule proposal, most commenters supported the change in mobility performance measure being added to the IRF QRP and stated that this measure contributes to meaningful differences in IRF patients' outcomes. Several commenters supported the risk adjustment model, specifically highlighting the inclusion of prior mobility device use and prior functioning as important risk adjustors for functional outcome measures. Commenters encouraged CMS to continue to examine data for this quality measure and to improve the risk adjustment methodology over time. Several commenters requested that CMS provide additional reliability and validity testing and recommended training programs to ensure data accuracy. Another commenter encouraged CMS to add wheelchair mobility items in the mobility quality measures to reflect that some patients use a wheelchair as a primary method of mobility.

In the FY 2019 rule proposal, most commenters supported publicly reporting this measure. Some provided recommendations on how to publicly display the measure, including a consumer-friendly name and adequate consumer testing to develop appropriate language for explaining the measure to the public. Concerns were noted about publicly reporting the measure before providers have enough time to review their data, track their performance and ensure that their provider-level performance is accurately represented on IRF Compare.

Additional feedback by providers is also regularly received through the active IRF QRP help desk. As noted above, IRF staff submit questions about the measure, including questions about performance data, interpretation of results, or instructions on coding to the IRF QPR help desk. Individuals viewing the measure data on IRF Compare can submit questions or comments to the IRF Public Reporting help desk. Through these avenues, CMS receives ongoing, real-time feedback which further supports measure improvement and maintenance.

As part of CMS's ongoing efforts to engage stakeholders in the measure development, improvement and refinement process, all comments and questions are taken into consideration. Several points of feedback were tested and are planned for future measure implementation (see 4a2.3 below for examples).

4a2.2.3. Summarize the feedback obtained from other users

In March 2017, the measure developer convened stakeholders and experts who contributed direction and thoughtful input for IRF QRP measure development and maintenance. This technical expert panel (TEP) was asked to discuss and make future recommendation on the change in mobility performance measure. Feedback included general support for the outcome measure and suggestions for new risk adjustors. The TEP noted that plain language descriptions of the measures would be important to assist consumers' ability to interpret the function change scores when posted on IRF Compare. Several TEP members also noted that the function

measures have limited ability to capture mobility improvement for patients using a wheelchair and encouraged inclusion of wheelchair items in the performance measure.

The IRF QRP TEP Summary report is available at: https://www.cms.gov/Medicare/Quality-Initiatives-Patient-Assessment-Instruments/IRF-Quality-Reporting/Downloads/2017-IRF-QRP-TEP-Summary-Report-_508C.pdf

Additional feedback by consumers and researchers is also received through the IRF Public Reporting help desk. Individuals viewing the IRF Compare website can submit questions or comments and, in this way, CMS provides real-time support to patients, families and carers and other stakeholders seeking additional information or clarification on measures. Researchers and academics needing assistance in understanding and using the downloadable data also submit questions. These questions and comments are used to support CMS's goal of continuously improving the website.

4a2.3. Describe how the feedback described in 4a2.2.1 has been considered when developing or revising the measure specifications or implementation, including whether the measure was modified and why or why not.

Part of our measure maintenance process includes incorporating stakeholder feedback as we continue examination and refinement of performance measures. CMS and RTI International reviewed and took into consideration all public comments received in both the FY 2016 and FY 2019 final rules as well as feedback from the March 2017 technical expert panel and comments and questions received via the help desks.

Updates were made to the change in mobility performance measure from the initial NQF endorsement, and these updates are partly based on stakeholder feedback. For example, commenters encouraged CMS to continue reviewing the data and improving the risk adjustment model over time which we have done for this latest measure update. In addition, suggestions to add wheelchair mobility items in the mobility quality measure were explore and are now being implemented in our NQF endorsement maintenance application as refinement to the quality measure.

Stakeholder comments on the public display of the measure on IRF Compare were also taken into consideration. This included feedback from rulemaking public comments, the 2017 IRF TEP, and consumers. For example, consumer testing is done prior to public reporting and plain language is displayed on the website (e.g., a consumer-friendly name rather than the technical measure name). Additionally, to address industry concerns that providers needed adequate time to understand their measure data before it was publicly reported, the first data to display on IRF Compare will be calendar year 2019 (January – December 2019) though data collection began October of 2016.

Improvement

Progress toward achieving the goal of high-quality, efficient healthcare for individuals or populations is demonstrated. If not in use for performance improvement at the time of initial endorsement, then a credible rationale describes how the performance results could be used to further the goal of high-quality, efficient healthcare for individuals or populations.

4b1. Refer to data provided in 1b but do not repeat here. Discuss any progress on improvement (trends in performance results, number and percentage of people receiving high-quality healthcare; Geographic area and number and percentage of accountable entities and patients included.)

If no improvement was demonstrated, what are the reasons? If not in use for performance improvement at the time of initial endorsement, provide a credible rationale that describes how the performance results could be used to further the goal of high-quality, efficient healthcare for individuals or populations.

The change in mobility performance measure was recently implemented on October 1, 2016 and will be publicly reported for the first time in the fall of 2020 using calendar year 2019 data. Thus, there is no extensive data to evaluate trends in performance over time. In Section 1b, we provide analysis comparing fiscal year 2017 and calendar year 2017 as well as data by quarter and show that the measure remained stable over this period. As more data becomes available, we will examine score distribution and change in provider performance scores.

4b2. Unintended Consequences

The benefits of the performance measure in facilitating progress toward achieving high-quality, efficient healthcare for individuals or populations outweigh evidence of unintended negative consequences to individuals or populations (if such evidence exists).

4b2.1. Please explain any unexpected findings (positive or negative) during implementation of this measure including unintended impacts on patients.

No unexpected findings have been identified during implementation and testing of this measure. To date, no unintended impacts on patients have been identified.

4b2.2. Please explain any unexpected benefits from implementation of this measure.

To date, no unexpected findings have been identified.

5. Comparison to Related or Competing Measures

If a measure meets the above criteria <u>and</u> there are endorsed or new related measures (either the same measure focus or the same target population) or competing measures (both the same measure focus and the same target population), the measures are compared to address harmonization and/or selection of the best measure.

5. Relation to Other NQF-endorsed Measures

Are there related measures (conceptually, either same measure focus or target population) or competing measures (conceptually both the same measure focus and same target population)? If yes, list the NQF # and title of all related and/or competing measures.

Yes

5.1a. List of related or competing measures (selected from NQF-endorsed measures)

0167 : Improvement in Ambulation/locomotion

0175 : Improvement in bed transferring

- 0422 : Functional status change for patients with Knee impairments
- 0423 : Functional status change for patients with Hip impairments
- 0424 : Functional status change for patients with Foot and Ankle impairments
- 0425 : Functional status change for patients with lumbar impairments
- 0426 : Functional status change for patients with Shoulder impairments
- 0427 : Functional status change for patients with elbow, wrist and hand impairments
- 0428 : Functional status change for patients with General orthopaedic impairments
- 0688 : Percent of Residents Whose Need for Help with Activities of Daily Living Has Increased (long stay)
- 2287 : Functional Change: Change in Motor Score
- 2321 : Functional Change: Change in Mobility Score
- 2612 : CARE: Improvement in Mobility

2632 : Long-Term Care Hospital (LTCH) Functional Outcome Measure: Change in Mobility Among Patients Requiring Ventilator Support

- 2643 : Average change in functional status following lumbar spine fusion surgery
- 2653 : Average change in functional status following total knee replacement surgery
- 2774 : : Functional Change: Change in Mobility Score for Skilled Nursing Facilities
- 2775 : Functional Change: Change in Motor Score for Skilled Nursing Facilities

2776 : Functional Change: Change in Motor Score in Long Term Acute Care Facilities

2778 : Functional Change: Change in Mobility Score for Long Term Acute Care Facilities

5.1b. If related or competing measures are not NQF endorsed please indicate measure title and steward.

Change in Basic Mobility as Measured by the AM-PAC (CREcare)

5a. Harmonization of Related Measures

The measure specifications are harmonized with related measures; **OR**

The differences in specifications are justified

5a.1. If this measure conceptually addresses EITHER the same measure focus OR the same target population as NQF-endorsed measure(s):

Are the measure specifications harmonized to the extent possible?

No

5a.2. If the measure specifications are not completely harmonized, identify the differences, rationale, and impact on interpretability and data collection burden.

All the listed measures address the same topic, function, but the target populations for most of these measures is not the IRF patient population. For example, measures are used for patients/residents treated in outpatient settings, home care, skilled nursing facilities, long-stay nursing homes, and long-term care hospitals. One measure has been previously identified by NQF staff as a competing measure: Functional Change: Change in Mobility Score (NQF #2321).

5b. Competing Measures

The measure is superior to competing measures (e.g., is a more valid or efficient way to measure); **OR**

Multiple measures are justified.

5b.1. If this measure conceptually addresses both the same measure focus and the same target population as NQF-endorsed measure(s):

Describe why this measure is superior to competing measures (e.g., a more valid or efficient way to measure quality); OR provide a rationale for the additive value of endorsing an additional measure. (Provide analyses when possible.)

The NQF and the Patient Experience and Function Standing Committee may choose to endorse both competing measures, because both provide value. If NQF and the committee believe that only one measure should be endorsed as "best-in-class," we offer a list of the strengths of our measure below as well as a comparison of feasibility, usability and use for consideration.

Specifically, we describe the similarities and important differences between this change in mobility measure and the listed related and competing measures (See 5.1.a). We note that several features of this measure (e.g., the data elements, many of the risk adjustors, and the risk-adjustment approach) are the same as or aligned with the specifications of several of the other endorsed measures. Therefore, we believe that the specifications for this measure incorporate the best features of all endorsed related and competing measures, and, as a whole, represents the "best in class" for measuring change in mobility for IRFs.

This Change in Mobility (NQF #2634) measure was developed by building on the most recent science related to measurement of patient functioning and quality measure development. The latest science and scholarly literature, clinical thinking, and expert input on functional assessment and quality measurement was combined with a cross-setting design and purpose in mind. Specifications were discussed with stakeholders and experts, pilot tested, and analyzed throughout the development process, as described in the Testing form.

Functional Assessment Data Elements

1. Cross-Setting Design

The functional assessment data elements for this measure, included in Section GG: Functional Abilities and Goals, were designed and tested with a cross-setting purpose in mind to ensure that data may be collected by

clinicians in various post-acute and acute care settings. This enhances the cross-setting validity and reliability of quality measures that use these data. Standardization of self-care and mobility data elements across postacute care settings has been an important goal for policymakers and included in the IMPACT Act of 2014. We note that another measure focused on improvement in mobility, Related Measure NQF #2612, also use the data elements from Section GG: Functional Abilities and Goals as part of their performance measure with the rationale that the data elements were developed for cross-setting use and that the data elements are standardized.

2. Clinician Observation

To determine a patient's functional ability, providers are instructed to code the data elements in Section GG: Functional Abilities and Goals primarily based on clinical observation. Specifically, a qualified clinician will assess the patient's performance based on direct observation, as well as gather input from reports from other clinicians, care staff, or family as well as the patient's self-report. Typically, an interdisciplinary team of qualified clinicians is involved in assessing the patient and CMS provides guidance through manuals, training programs, and help desk responses to support providers in collecting accurate functional assessment data. We note that the Competing Measure NQF #2321 and Related Measures NQF #2612, #2774, #2775, #2776, and #2778 also use clinician observation to assess and code a patient's functional abilities.

3. Functional Assessment Data Elements Capture Range of Functioning

The functional assessment data elements and associated rating scale were designed to build on the existing science of functional assessment, which included a review of the strengths and limitations of existing instruments. The inclusion of 15 mobility data elements allows for the measurement of a wide range of patient functioning and thus the opportunity to demonstrate gains in a variety of functional activities. Patients may be expected to make varying amounts of improvement, from minimal to large improvement, across different activities. We note that the Related Measure NQF #2612 also use these mobility data elements to measure improvement in mobility for the Skilled Nursing Facility setting.

4. Simplified and Targeted Rating Scale

The function data elements used in this performance measure are coded using a 6-level rating scale that indicates the patient's level of independence performing an activity; higher scores indicate more independence. The decision to use a 6-level rating scale was based on several factors. First, input from the clinical communities and research examining the relationship between minutes of assistance and functional assessment scores, which is curvilinear, indicated that persons with high functional assessment scores frequently did not require daily assistance. Second, scores do not decrease due to the use of an assistive device, which is consistent with the approach used by the World Health Organization's International Classification of Functioning (ICF) that suggests what matters most is someone's capacity to do an activity regardless of the use of assistive devices. Thus, the 6-level rating scale was designed to measure a person's ability to perform daily activities with or without assistive devices. The rating scale focused solely on the type and amount of human assistance needed to compete an activity. Another measure of mobility function, Related Measure NQF #2612 used in the Skilled Nursing Facility, also adopted the 6-level rating scale.

5. Meaningful Activity Not Attempted Codes

The use of four distinct activity not attempted codes were implemented so that providers to code a specific reason for an activity not being attempted. For example, code 07 is used if the patient refused to attempt the mobility activity, such as walking 150 feet, during the entire 3-day assessment period. If the patient was not able to perform the activity safely, due to medical or safety concerns, code 88 is used. A qualified clinician's assessment that a patient's medical condition contributes to their inability to safely walk 150 feet means something different than a patient who is refusing to perform the activity, and the coding responses that allow for this distinction. Other measures of mobility function, such as Related Measure NQF #2612 used in the Skilled Nursing Facility, also adopted the activity not attempted codes.

Measure Calculation

1. Difference Approach for Interpretability

This measure calculates the risk-adjusted performance score using observed and expected scores. When observed and expected scores are compared, the difference between the two scores is calculated, and this difference approach represents an additive relationship (i.e., the observed change in function minus the expected changed in function, plus the national average). The choice between using a difference or a ratio approach depends on the researcher's assumption on whether the relationship between risk factors and the outcome is additive or multiplicative (Mukamel et al., 2000). After we conducted testing using the two approaches, and consulted with methodological experts, we decided to use the difference approach for this measure. When the expected value is small, the ratio is more volatile with small changes in the observed values (Ash et al, 2003). As the denominator approaches zero, the ratio can increase greatly in magnitude, as the observed values become greater than the expected values. Also, if the average expected value is 0, then the ratio cannot be calculated. The following measures also use this approach: Related Measure NQF #2612, used in the Skilled Nursing Facility, and the FOTO measures (NQF #0422, 0423, 0424, 0425, 0426, 0427, and 0428).

2. Exclusion Criteria to Maintain Validity

We believe exclusion criteria are important specification that support the validity of the quality measure. The exclusion criteria were selected with input from the Technical Expert Panel and input from a public comment process, as well as a review of existing literature. Patients with limited or less predictable mobility due to the nature of their medical condition improvement (e.g., severe brain damage) were recommended for exclusion by experts. Their reasoning was that attributing limited improvement in patients with these conditions to poor quality of care by the IRF would threaten the validity of the quality measure. The Related Measures NQF #2612 and #2643 also exclude patients with selected medical conditions where improvement is very unlikely or unexpected in order to maintain the validity of the measure's performance score.

The change in mobility measure also has exclusions for patients with incomplete stays (e.g., discharged to acute care) or patients who were discharge to hospice for whom functional improvement may not be a goal. The Related Measures NQF #2612 and #0688 also exclude hospice patients from their performance measure.

3. Robust Risk Adjustment Model

Improvement in functional abilities for patients in IRFs are associated with many patient demographic and clinical characteristics. Existing literature, stakeholder comments and technical expert opinions about risk adjustors were gathered and we all suggestions were tested with data. This measure adjusts for patient demographic and clinical characteristics, including age category, primary rehabilitation diagnosis, prior functioning, admission self-care or mobility functional status, cognitive function, communication function, and comorbidities. Adequate risk adjustment is critical to ensure quality measure validity, such that differences in performance scores across IRFs are related to differences in quality of care as much as possible, rather than to differences in patient characteristics across facilities.

For an individual patient, up to 72 risk adjustors may apply in the mobility model. Notably, 50 of these are for comorbidities. This number of comorbidities are included in the model to account for differences in functional improvement for people with different co-existing health conditions. We would like to highlight that no patient in the national data had all 50 comorbidities and, in fact, the maximum number of comorbidities a person had was 10. On average, patients had only 2 comorbidities (mean = 1.6), and this means that the average patient has a "0" value for all other comorbidities in the model and a final risk adjustment model adjusting for 24 factors.

Because risk adjustment is imperative when measuring functional outcomes, the other measures such as the Competing Measure, NQF #2321 and Related Measures such as #2612, #2774, #2778 and the FOTO measures (NQF #0422, 0423, 0424, 0425, 0426, 0427, and 0428) also risk adjust for comorbidities.

4. Inclusion of Patients Who Use a Wheelchair

The CMS mobility measures include the wheelchair mobility items as part of the performance measure to reflect that some patients use a wheelchair as their primary method of mobility. We note that the Competing Measure NQF #2321 as well as the Related Measures #2612, #2774 and #2778 also include wheelchair mobility in their quality measure calculation.

Feasibility, Usability and Use Considerations

1. Use of Data

The functional assessment data used to calculate this measure will be used by CMS to determine Prospective Payment rates for Medicare Part A patients treated in IRFs beginning in October 1, 2019. This data collected for quality measurement are also used for payment. There no costs associated with fees, licensing or other requirements associated with the measure data elements or risk model. All providers have access to a free Java-based software application to collect and maintain their facility's IRF-PAI information. Facilities are able to enter and subsequently export their data from the application for submission to the appropriate national data repository.

2. Interpretability of Performance Score

The performance measure score is presented publicly on IRF Compare as a mean change in mobility score that is a continuous number and the typical method that IRFs report data. This makes the score more interpretable and transparent to stakeholders and end users. Feedback from Technical Experts in the development of the measures indicated their support for a summed raw item score with the importance of transparency of calculating the quality measure and the ease of data interpretation.

3. Confidential Reports for Providers

Free reports were made available to IRFs through the Certification and Survey Provider Enhanced Reports (CASPER) system starting in 2017. These reports contain feedback on providers' measure performance for internal quality improvement efforts and on national measure scores for quality benchmarking. More details about these reports and what measure data they contain is available in Section 4a2.1.2. under Usability and Use.

4. Public Availability of Measure Data

All measures reported in the IRF QRP serve two purposes: to reflect IRF provider performance by publicly disseminating data about quality of care, which help consumers' and family members' decision making, and to support providers in improving the quality of care they provide to patients. Public reporting on IRF Compare for the functional outcome measures will begin in fall 2020 (on discharges from January 1, 2019 through December 31, 2019).

5. Support for Interpretation and Calculation of Performance Scores

To assist providers to collect accurate data for this measure, CMS has offered multiple in-person and on-line training opportunities since May 2015. In addition, several help desks are available to answer provider questions regarding data collection, and feedback reports, and "Q & A" documents are posted on the CMS website.

To assist providers with calculating their facility's performance score internally, the publicly available IRF QRP Measure Calculations and Reporting User's Manual presents measure specifications and calculations for each measure included in the IRF QRP, including this measure.

To assist consumers, such as family members and patients, with viewing and interpreting the measures posted on the public IRF Compare website, an IRF Public Reporting help desk is available. Individuals can submit questions or comments to CMS at any time and in this way, CMS provides real-time support to patients, families and caregivers seeking additional information or clarification on measures.

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Appendix

A.1 Supplemental materials may be provided in an appendix. All supplemental materials (such as data collection instrument or methodology reports) should be organized in one file with a table of contents or bookmarks. If material pertains to a specific submission form number, that should be indicated. Requested information should be provided in the submission form and required attachments. There is no guarantee that supplemental materials will be reviewed.

Attachment Attachment: IRF_Detailed_Function_QM_Specifications_2634_01-07-2019.docx

Contact Information

Co.1 Measure Steward (Intellectual Property Owner): Centers for Medicare & Medicaid Services

Co.2 Point of Contact: Helen, Dollar-Maples, Helen.Dollar-Maples@cms.hhs.gov, 410-786-7214-

Co.3 Measure Developer if different from Measure Steward: RTI International

Co.4 Point of Contact: Anne, Deutsch, adeutsch@rti.org

Additional Information

Ad.1 Workgroup/Expert Panel involved in measure development

Provide a list of sponsoring organizations and workgroup/panel members' names and organizations. Describe the members' role in measure development.

This quality measure was developed with significant and ongoing input by several Technical Expert Panels (TEPs). Expert panel members provided input on status quality metrics, including the performance score, the target population, risk adjustment and exclusion criteria. Some expert panel meetings focused on measuring functional status across post-acute care settings, and other meetings focused on functional assessment and functional outcomes for Inpatient Rehabilitation Facility (IRF) patients.

Most recently, RTI International, on behalf of the Centers for Medicare & Medicaid Services (CMS), convened a Technical Expert Panel (TEP) to seek expert input on the Development and Maintenance of Performance Measures for the Inpatient Rehabilitation Facilities Quality Reporting Program (IRF QRP). An all-day, in-person TEP meeting was held on March 27, 2017 in Baltimore, MD. The objectives of the TEP meeting were to obtain input on IRF QRP performance measures adopted into the program and obtain guidance and recommendations for future measures. The following experts participated in this TEP:

Mary Ellen DeBardeleben, MBA, MPH, CJCP, Director of Quality at HealthSouth

Karen Green, PT, DPT, Director of Rehabilitation at Cleveland Clinic

Brigid Greenberg, PT, MHS, Business Development Advisor, Manager of Post Discharge Services and Appeals at Uniform Data System for Medical Rehabilitation

Kurtis Hoppe, MD, IRF Medical Director at Mayo Clinic

Cristina Huerta, CRRN, MBA-HCM, Vice President-Rehab Operations, HCA, Inc., Association of Rehabilitation Nurses

Steven Lichtman, EdD, MAACVPR, Patient representative, Director, Cardiopulmonary Outpatient Services, Rehabilitation Research; Research Scientist at Helen Hayes Hospital

Stephanie Nadolny, TRS, MHA, Vice President of Hospital Operations at Spaulding Rehabilitation Hospital Cape Cod

Pam Roberts, PhD, MSHA, OTR/I, SCFES, FAOTA, CPHQ, FNAP, FACRM, Director and Professor Physical Medicine and Rehabilitation and Academic and Physician Informatics at Cedars-Sinai Health System

Mary Van de Kamp, MS/CCC-SLP, Senior Vice President of Quality at Kindred Healthcare

Alan Zaph, PT, Coordinator at Carolinas Rehabilitation – Patient Safety Organization

Previous TEP meetings:

The first expert panel meeting, held as part of a project titled Analysis of Crosscutting Medicare Quality Metrics Using the Uniform Assessment Tool Developed and Tested as Part of the CMS Post-Acute Care Payment Reform Demonstration, was funded by the Assistant Secretary for Planning and Evaluation. The expert panel meeting was held on August 15, 2012, in Washington, DC, with the following expert panel members:

James Farrell, CNO, Healthsouth

David Gifford, MD, MPH, Senior Vice President for Quality & Regulatory Affairs at American Health Care Association

Eileen Bach, PT, M.Ed., DPT, Compliance Specialist, Director Quality and Patient Safety at Visiting Nurse Service of New York

Linda Resnik, PhD, PT, Associate Professor of Health Services, Policy and Practice at Brown University

Trudy Mallinson, PhD, OT, Assistant Professor at University of Southern California, Department of Occupational Science and Occupational Therapy

Margaret Stineman, MD, Professor of Physical Medicine and Rehabilitation, Vice Chair & Director, Research, Department of Physical Medicine & Rehabilitation at University of Pennsylvania

Margaret Rogers, PhD, Chief Staff Officer for Science & Research at American Speech-Language-Hearing Association

Pam Roberts, PhD, OTR/L, CPHQ, FAOTA Manager at Cedars-Sinai Medical Center

Bruce Gans, MDExecutive Vice President and Chief Medical Officer at Kessler Institute

William Pesce, DO, Chief of Physical Medicine & Rehabilitation at Hospital for Special Care

Roger Herr, PT, MPA, COS-C, Vice President Quality Management at Independence Care System

A second expert panel meeting was held on February 8, 2013, as part of a project entitled Symptom Management Measure Development. The following IRF experts were included on this panel:

Alfred Chiplin, JD, Senior Policy Attorney at Center for Medicare Advocacy

Dexanne Clohan, MD, Senior Vice President and Chief Medical Officer at HealthSouth

Cathy Ellis, PT, Clinical Director at National Rehabilitation Hospital, AVP Clinical Services, Spinal Cord Program

Bruce Gans, MD, Executive Vice President and Chief Medical Officer at Kessler Institute

Terrence O'Malley, MD, Medical Director, Non-Acute Care Services

Pamela Roberts, PhD, Manager at Cedars-Sinai Medical Center

Elliot Roth, MD Medical Director, Brain Injury Medicine and Rehabilitation Program at Rehabilitation Institute of Chicago

M. Elizabeth Sandel, MD, Physician

Karen Kloter, Medical Rehab Resource Specialist CARF International

Sharon Sprenger, MPA, RHIA, CPHQ, Senior Advisor, Measurement Outreach, Division of Healthcare Quality Evaluation at The Joint Commission

Suzanne Snyder, MBA, PT, CPUM, Director of Rehabilitation Utilization and Compliance at Carolinas Rehabilitation

Margaret Stineman, MD, Professor of Physical Medicine and Rehabilitation, Vice Chair & Director, Research, Department of Physical Medicine & Rehabilitation, University of Pennsylvania

A third expert panel meeting was held in Baltimore, MD, on September 9, 2013, as part of a project titled Symptom Management Measures. The following experts served on this panel:

Lawrence Miller, MD, Clinical Professor of Medicine at University of California, Los Angeles

Richard Black, MD, Corporate Rehabilitation Consultant at HCR Manor Care

Mary Van de Kamp, MS, CCC-SLP, Senior Vice President of Quality and Care Management at Kindred

Timothy Reistetter, PhD, OTR, Associate Professor at University of Texas Medical Branch

Ellen Strunk, PT, MS, GCS, Consultant at Rehab Resources & Consulting, Inc.

Saad Naaman, MD, MS, Clinician at Physiatry (Physical Medicine & Rehabilitation) Practice

Linda Ladesich, MD, Medical Director Sunflower State Health

Paulette Niewczyk, MPH, PhD, Director of Research at the Uniform Data System for Medical Rehabilitation

Camille Haycock, RN, MS, Vice President, Care Continuum at Catholic Health Initiatives

Elizabeth Newman, OTD, OT/L, Director of Occupational Therapy, Rehabilitation Engineering and Clinical, Informatics at Medstar National Rehabilitation Hospital

Karon Cook, PhD, Research Associate Professor at Northwestern University

Richard Riggs, MD, Chairman and Medical Director for Cedars-Sinai Medical Center

Michelle Camicia, MSN, RN, Director of Operations at Kaiser Foundation Rehabilitation Center

Jill Bolte Taylor, PhD, Author: My Stroke of Insight.

Measure Developer/Steward Updates and Ongoing Maintenance

Ad.2 Year the measure was first released: 2015

Ad.3 Month and Year of most recent revision: 12, 2017

Ad.4 What is your frequency for review/update of this measure? annually

Ad.5 When is the next scheduled review/update for this measure? 04, 2019

Ad.6 Copyright statement: Not applicable

Ad.7 Disclaimers: Not applicable

Ad.8 Additional Information/Comments: Not applicable