TO: NQF Members

FR: NQF Staff

RE: Voting draft for National Voluntary Consensus Standards for Patient Outcomes Patient Outcomes—Phase 3 Mental Health: A Consensus Report

DA: August 16, 2010

BACKGROUND

To date NQF has endorsed more than 200 outcome measures in a variety of topic areas; however, there are few outcome measures specific to mental health and substance use (MHSU) in NQF's measurement portfolio. As greater focus is placed on evaluating the outcome of episodes of care, additional measures of patient outcomes are needed to fill gaps in the current portfolio. The results or outcomes of an episode of healthcare are inherently important because they reflect the reason consumers seek healthcare (e.g. to improve function, decrease pain, or survive), as well as the result healthcare providers are trying to achieve. Outcome measures also provide an integrative assessment of quality reflective of multiple care processes across the continuum of care. There are a variety of types of outcome measures such as health or functional status, physiologic measurements, health related quality of life, patient and or caregiver experience with care, and morbidity and mortality. NQF's multi-phase Patient Outcomes project seeks to expand NQF's portfolio of outcome measures.

COMMENTS AND REVISED DRAFT REPORT

The comment period for the draft report, *National Voluntary Consensus Standards for Patient Outcomes— Phase 3: Mental Health* concluded on June 6, 2010. NQF received 76 comments from 18 organizations on the draft reports. The breakdown of the comments by Member Council is, as follows:

Consumers – 0	Health Professionals – 9
Purchasers – 23	Public Health/Community – 0
Health Plans – 9	QMRI – 15
Providers – 4	Supplier and Industry – 0
Non-members – 16	

All measure-specific comments were forwarded to the measure developers, who were invited to respond.

A table of detailed comments submitted during the review period, with responses and actions taken by the Steering Committee, is posted on the NQF voting web page.

COMMENTS AND THEIR DISPOSITION

General comments

The Committee noted that numerous comments supported the report's recommendations. Several comments addressed the prominent issue of measurement gaps in the MHSU arena while others requested further clarification regarding the Steering Committee's request for expanding currently endorsed NQF measures to encompass MHSU conditions and settings.

Measurement gaps

The Committee discussed comments regarding the issue of measurement gaps in the MHSU arena. Committee members agreed that these gaps are a systemic problem and require immediate attention. The Committee highlighted the Additional Recommendations section of the *Patient Outcomes—Phase 3: Mental Health* report and encouraged NQF to continue its efforts.

Action taken: After discussion of the comments, the Additional Recommendations section of the Patient Outcomes—Phase 3: Mental Health report was expanded to provide further insight in regards to measurement gaps specifically related to Alzheimer's disease.

Expansion of currently endorsed NQF measures

The Committee considered comments requesting clarification on how NQF intends to expand currently endorsed measures to incorporate MHSU conditions or settings. The Committee supported NQF's efforts and plan to explore the expansion of currently endorsed measures at the time of measure maintenance review.

Action taken: After discussion of the comments, the Steering Committee decided that they supported their original recommendation to incorporate MHSU into currently NQF-endorsed[®] measures. Committee members have offered to provide support to NQF and those measure stewards working to expand their measures.

Measure specific comments

PHQ-9 Depression remission measures (OT3-011-10, OT3-012-10, and OT3-022-10) The Steering Committee addressed several comments:

- alternative depression remission tools beyond the PHQ-9: The Steering Committee acknowledged
 alternative depression remission tools within the field; however, the Committee's charge was to review
 measures submitted to NQF under the *Patient Outcomes—Phase 3: Mental Health* project. No other
 depression remission measures were submitted. Furthermore, the Committee acknowledged the PHQ-9
 is a widely accepted and standardized instrument used in the diagnosis and monitoring of depression
 treatment.
- questions relating to the ownership of the PHQ-9: The Steering Committee was advised that the PHQ-9 was developed by Drs. Robert L. Spitzer, Janet B.W. Williams, Kurt Kroenke, and colleagues, with an educational grant from Pfizer Inc. The Committee affirmed the value of the PHQ-9 in monitoring depression treatment and reiterated that it is available in the public domain at no charge. The Committee noted that in recommending the measures for endorsement they were in no way connecting care or outcomes to Pfizer Inc.
- issues pertaining to the measure's lack of risk adjustment: Some Committee members expressed reservations about using unadjusted outcome measures for public reporting while others reiterated the importance of these measures that are currently being used for public reporting in Minnesota.

Action taken: The Committee re-voted on measures OT3-011-10, OT3-012-10, and OT3-022-10 after reviewing the public comments. The results of the voting were:

OT3-011-10: Yes-10 No-4

OT3-12-010: Yes-10 No-4

OT3-022-10: Yes-14 No-0

Additional explanation of the Committee's rationale for recommending the measures is included in the report.

Inpatient Consumer Survey (ICS) OT3-047-10

In response to comments that requested clarification regarding the relation of similar consumer surveys, the Committee noted differences in the ICS that made it unique to and of value for the mental health community. The Committee elected to more explicitly state their findings in the draft report.

Action taken: Additional explanation of the Committee's rationale for recommending the measures is included in the report.

NQF MEMBER VOTING

Information for electronic voting has been sent to NQF Member organization primary contacts. Accompanying comments must be submitted by e-mail and identify submitter, organization, and the specific ballot item that the comments accompany.

Please note that voting concludes on <u>Tuesday, September 14, 2010 at 6:00 pm (ET)</u>—no exceptions.

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2 NATIONAL VOLUNTARY CONSENSUS STANDARDS FOR PATIENT OUTCOMES— 3 PHASE 3: MENTAL HEALTH

5 EXECUTIVE SUMMARY

6 The results or outcome of an episode of healthcare are inherently important because they reflect the reason consumers seek healthcare (e.g., to improve function, reduce symptoms, decrease 7 pain, and improve well-being), as well as the results healthcare providers are trying to achieve. 8 Outcome measures also provide an integrative assessment of quality reflective of multiple care 9 10 processes across the continuum of care. There are a variety of types of outcome measures such as 11 health or functional status, physiologic measurements, adverse outcomes, patient and caregiver experience with care, and morbidity and mortality. To date, the National Quality Forum (NQF) 12 13 has endorsed few outcome measures specific to mental health and substance use (see Appendix C). Major gaps remain for basic outcomes of response to treatment or remission of core mental 14 health disorders, as well as for more patient-focused outcomes, such as patient-reported health-15 related quality of life issues, benefits accruing from health services and care coordination, and 16 17 productivity. 18 This report presents the results of the evaluation of 18 measures considered under NQF's Consensus Development Process (CDP). Four measures are recommended for endorsement as 19 voluntary consensus standards suitable for public reporting and quality improvement. 20 • OT3-012-10: Depression remission at six months (Minnesota Community Measurement) 21 OT3-011-10: Depression remission at twelve months (Minnesota Community) 22 Measurement) 23 • OT3-022-10: Depression utilization of the Patient Health Questionnaire (PHQ-9) tool 24

- 25 (Minnesota Community Measurement)
- OT3-047-10: Inpatient Consumer Survey (ICS) (National Association of State Mental Health Program Directors Research Institute, Inc.)
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NATIONAL VOLUNTARY CONSENSUS STANDARDS FOR PATIENT OUTCOMES— PHASE 3: MENTAL HEALTH

32 BACKGROUND

To achieve quality healthcare across a full continuum of conditions, settings, and structures of 33 34 care, there is a need for additional measures which specifically address various outcomes of mental health and substance use (MHSU) care provided in our nation's healthcare system and 35 36 their impact on physical illnesses. The results or outcome of an episode of healthcare are inherently important because they reflect the reasons why consumers seek healthcare (e.g., to 37 improve function, and well-being, reduce symptoms, decrease pain), as well as the results 38 healthcare providers are trying to achieve. Outcome measures should reflect the care provided by 39 40 all caregivers, as well as various health enhancing services, across settings and throughout 41 patient-focused episodes of care.

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Donabedian defined outcomes as "changes (desirable or undesirable) in individuals and 43 populations that are attributed to healthcare."¹ Outcome measures provide an integrative 44 assessment of quality, reflective of multiple care processes across the continuum of care. There 45 are a variety of types of outcome measures. Some represent an end result such as mortality or 46 function; others are considered intermediate outcomes (e.g., physiologic or biochemical values 47 such as blood pressure or lithium or antidepressant serum levels) that precede and may lead to 48 49 more long-term outcomes. At times, proxies are used to indicate an outcome (e.g., hospital readmission indicates deterioration in health status since discharge). 50

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To date, NQF has endorsed few outcome measures specific to mental health or substance abuse (see Appendix C). Major gaps remain for basic outcomes of response to treatment or remission of core mental health disorders, as well as for more patient-focused outcomes, such as patientreported health-related quality of life issues, benefits accruing from health services and care coordination, and productivity. With approximately one in four Americans 18 years and older suffering from some form of a mental illness, the need for targeted mental health outcome measures is paramount.²

While mental illness is prevalent throughout the general population, the substantial burden of 59 disease is concentrated in the six percent who suffer from a serious mental illness (SMI).³ People 60 with a serious mental illness are now dying 25 years earlier than the general population.⁴ 61 Although most of the years of lost life due to premature death can be attributed to medical 62 illnesses, an individual's mental health status has a significant impact on engagement in 63 treatment of medical conditions, therapeutic response, and overall outcome.⁵ 64 65 Despite the widespread prevalence of mental health disorders in the U.S., significant barriers— 66 lack of access to services, low socioeconomic status, social isolation (stigma), and the explicit 67 separation of "health" and mental health services-have hindered treatment and improvements in 68

quality of care.⁶ In order to implement change and improve the health and well-being of those
with a mental illness, the field will need strong measures of quality that target both the healthcare
and community settings.

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74 STRATEGIC DIRECTIONS FOR NQF

NQF's mission includes three parts: 1) setting national priorities and goals for performance improvement, 2) endorsing national consensus standards for measuring and publicly reporting on performance, and 3) promoting the attainment of national goals through education and outreach programs. As greater numbers of quality measures are developed and brought to NQF for consideration of endorsement, it is incumbent on NQF to assist stakeholders to "measure what makes a difference" and address what is important in order to achieve the best outcomes for patients and populations.

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83 Several strategic issues have been identified to guide consideration of candidate consensus84 standards:

DRIVE TOWARD HIGH PERFORMANCE. Over time, the bar of performance expectations
 should be raised to encourage achievement of higher levels of system performance.

EMPHASIZE COMPOSITES. Composite measures provide much needed summary
information pertaining to multiple dimensions of performance and are more comprehensible to
patients and consumers.
MOVE TOWARD OUTCOME MEASUREMENT. Outcome measures provide information
of keen interest to consumers and purchasers, and when coupled with healthcare process

measures, they provide useful and actionable information to providers. Outcome measures also
focus attention on much-needed system-level improvements, since achieving the best patient
outcomes often requires carefully designed care process, teamwork, and coordinated action on
the part of many providers.

- 96 CONSIDER DISPARITIES IN ALL THAT WE DO. Some of the greatest performance gaps
 97 relate to care of minority populations. Particular attention should be focused on identifying
 98 disparities-sensitive performance measures and on identifying the most relevant
- 99 race/ethnicity/language strata for reporting purposes.
- 100

101 NATIONAL PRIORITIES PARTNERSHIP

- NQF seeks to endorse measures that address the National Priorities and Goals of the National
 Priorities Partnership.⁷ The National Priorities Partnership represents those who receive, pay for,
 provide, and evaluate healthcare. The National Priorities and Goals focus on these areas:
- patient and family engagement,
- 106 population health,
- 107 safety,
- 108 care coordination,
- 109 palliative and end-of-life care, and
- overuse.

111 NQF'S CONSENSUS DEVELOPMENT PROCESS

112 Patient Outcomes Project

NQF's *National Voluntary Consensus Standards for Patient Outcomes* project⁸ seeks to endorse
additional outcome measures with an emphasis on high impact (high volume, high morbidity,
high cost) conditions and cross-cutting areas. The Patient Outcomes project has three phases:

- Phase 1—pulmonary and some cardiovascular conditions;
- Phase 2—cross-cutting measures, diabetes, GI/biliary conditions, cancer, bone and joint,
 eye care, surgery, infectious disease, and additional cardiovascular measures; and
- Phase 3—child health and mental health.
- 120 Additionally, the project will identify gaps in important outcome measures.

121 Scope of Patient Outcomes

As part of the Patient Outcomes project the Steering Committee was tasked to identify and develop a framework for MHSU outcome measures. The Steering Committee reviewed and discussed at length current measures, research, interventions, policies, and health trends in the MHSU arena. The Committee also considered the connection between performance measures in the healthcare arena with activities in the community setting, specifically focusing on areas of duel accountability. Ultimately the Steering Committee identified five important characteristics that should be considered in an "MHSU outcome framework:"

- 129 1. Mental health, including substance use disorders, should always be included in broad,
- 130 cross-cutting measures whenever appropriate such as patient safety and some adverse
- events. Mental health should not be viewed as something apart but should be included in
- the measured population whenever possible;
- 133 2. Consumer, patient, family, and caregiver satisfaction represents a critical feedback134 mechanism for assessing quality;

- 135 3. Health behaviors and environment should be promoted in relation to persons afflicted by136 an MHSU disorder(s);
- 4. Non-traditional measures (e.g., homelessness or interaction with the justice system)should be used as a domain of measurement; and
- 139 5. Accountability should be promoted across episodes of care with special attention on care140 coordination.
- 141 This discussion led to the development of the Patient Outcomes—Phase 3: Mental Health project
- scope, which the Steering Committee defined broadly to encompass a variety of types of patient
- 143 and or caregiver outcomes.
- 144

145 **Table A**

PATIENT, CAREGIVER, & POPULATION OUTCOMES	EXAMPLES OF POTENTIAL MENTAL HEALTH OUTCOMES
Symptoms	Improvement or remission of pain, anxiety, depression, psychosis, unhealthy use of alcohol or other substances; Symptom, frequency, severity, and longitudinal trajectory; Sleep disorders; medical and other co-morbidities (e.g., smoking, metabolic syndrome, and cardiovascular disorders)
Function	Improvement in or maintenance of ability/diminishing disability; Basic and instrumental activities of daily living and ability to function in social roles (work, school, play, family and social interaction)
Health-related quality of life/global well-being	Improvement or change, as measured by objective psychometrically-sound symptom checklists
Change in health- related behaviors	Patient engagement and self-management; use of advanced directives; Medication adherence; physical activity and nutrition; smoking cessation; decrease in unhealthy alcohol or substance use;

	Improved health decisionmaking; enhanced willingness or readiness to change; change in high-risk behaviors					
Social determinants of health/built environment (effects on populations & individuals)	Decrease in homelessness and improved housing stability; enhanced foster care/out-of-home placement; absence of violence in the home setting; stable and age-appropriate (e.g., with family or independent) home environment; improved social support and network; ability to engage in safe recreation; access to affordable, culturally appropriate food; improved promotion of social engagement; reduction in legal consequences/incarceration; positive changes in absenteeism/presenteeism					
Service use (appropriate & inappropriate use)	Reduction in emergency department (ED) visits and hospitalizations (both medical and psychiatric); visits to primary care provider; use of sobering/detox centers; improved continuity of care (hand-offs between providers) and care coordination; use of evidence-based care; enhancing care for medical conditions					
Direct physiologic measures	Appropriate drug screening and therapeutic drug monitoring; appropriate BMI, blood glucose, lipid level, blood pressure, renal and liver function testing or monitoring					
Patient/caregiver experience	Enhanced satisfaction/perceptions of care; improved health literacy/numeracy; cultural competency;					
	Understanding of treatment changes/transitions; understanding of potential hazards to patient; caregiver burden/distress/health status and outcomes					
Patient safety /adverse events	Reducing medication side effects/complications/errors; reduction of suicide attempts/completions and self-harm; restraint; elopements; avoiding injury, violence, and motor vehicle crashes; reduced falls and wandering; reduced delirium; appropriate pain medication management					
Non-mental health medical outcomes (general medical)	Appropriate management of co-morbidities; enhancing preventive care medical outcomes associated with mental health treatment and enhanced outcomes of medical illnesses; reducing disability; improved oral health					
Mortality	Reducing suicide and alcohol/drug mortality; improved life expectancy					
Recovery	Enhancing recovery model specific elements; improving shared decisionmaking; enhanced perception of hopefulness/optimism; patient's meeting self-directed wellness goals; absence of disease or reduction in disease status and patient reported happiness					
Incidence/prevalence of mental & substance use conditions	Longitudinal prevalence and incidence of conditions at a population level; screening in medical populations; improved treatment rates					
End of life/palliative care	Enhanced use of hospice and advanced directives; improved pain control and well-being and patient perception of self-efficacy/control					

Composite measures	Enhancing combined medical, mental health, substance use, dental, and other
	health outcome measures

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148 Evaluating Potential Consensus Standards

149 This report presents the evaluation of an initial group of 18 mental health measures in the

150 following clinical focus areas: depression, psychosis, and other serious mental illnesses.

151 Candidate consensus standards were solicited through a Call for Measures in December 2009

and actively sought through searches of the National Quality Measures Clearinghouse, NQF

153 Member websites, and an environmental scan. The Call for Measures explicitly solicited

measures for Alzheimer's and other dementias as they were identified as gap areas in the NQF

portfolio; yet, no Alzheimer's or dementia measures were submitted to the project for

156 consideration. NQF staff contacted potential measure owners to encourage submission of

157 measures for this project.

158 Eighteen measures were evaluated on their suitability as voluntary consensus standards for

accountability and public reporting in the third phase of the project. The measures were

160 evaluated using NQF's standard evaluation criteria.⁹ The multi-stakeholder Steering Committee

161 evaluated the 18 measures on the four main NQF criteria: importance to measure and report,

scientific acceptability of the measure properties, usability, and feasibility and recommended for

163 endorsement those measures which met the NQF criteria. Measure developers participated in

164 Steering Committee discussions to respond to questions and clarify any issues or concerns.

165 **RECOMMENDATIONS FOR ENDORSEMENT**

166 This report presents the results of the evaluation of 18 measures considered under NQF's

167 Consensus Development Process (CDP). (For more detailed specifications, see Appendix A.)

168 Four measures are recommended for endorsement as voluntary consensus standards suitable for

169 public reporting and quality improvement.

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- 171 Candidate Consensus Standards Recommended for Endorsement
- 172 Minnesota Community Measurement Depression Remission Measures
- 173 OT3-012-10: Depression remission at six months (Minnesota Community Measurement)
- 174 This measure is paired with OT3-022-10: Depression utilization of the Patient Health
- 175 **Questionnaire (PHQ-9) tool.**¹⁰
- 176 Adult patients age 18 and older with major depression or dysthymia and an initial PHQ-9 score
- 177 >9 who demonstrate remission at six months defined as a PHQ-9 score less than 5. This measure
- applies to both patients with newly diagnosed and existing depression whose current PHQ-9
- 179 score indicates a need for treatment.
- 180 This candidate standard was recommended for NQF endorsement and is to be paired with the
- 181 Depression utilization of the Patient Health Questionnaire (PHQ-9) tool (OT3-022-10) submitted
- 182 by Minnesota Community Measurement
- 183 OT3-011-10: Depression remission at 12 months (Minnesota Community Measurement)
- 184 This measure is paired with OT3-022-10: Depression utilization of the Patient Health
- 185 **Questionnaire** (PHQ-9) tool.
- 186 Adult patients age 18 and older with major depression or dysthymia and an initial PHQ-9 score
- 187 >9 who demonstrate remission at twelve months defined as a PHQ-9 score less than 5. This
- 188 measure applies to both patients with newly diagnosed and existing depression whose current
- 189 *PHQ-9 score indicates a need for treatment.*
- 190 This standard was recommended for NQF endorsement and is to be paired with the Depression
- 191 utilization of the Patient Health Questionnaire (PHQ-9) tool (OT3-022-10) submitted by
- 192 Minnesota Community Measurement.

193 OT3-022-10: Depression utilization of the Patient Health Questionnaire (PHQ-9) Tool

- 194 (Minnesota Community Measurement)
- 195 Adult patients age 18 and older with the diagnosis of major depression or dysthymia (ICD-9
- 196 296.2x, 296.3x, or 300.4) who have a PHQ-9 tool administered at least once during the four

197 *month measurement period. The PHQ-9 tool is a widely accepted, standardized tool (Copyright*

198 © 2005 Pfizer, Inc. All rights reserved.) that is completed by the patient, ideally at each visit,

and utilized by the provider to monitor treatment progress.

200 This standard was recommended for NQF endorsement and is to be paired with measure number

201 OT3-012-10, Depression remission at six months and with measure number OT3-011-10,

202 Depression remission at twelve months). Two of the three measures: OT3-012-10, Depression

remission at six months and OT3-011-10, Depression remission at twelve months were identical

in their constructs except for variations in their timeframes assessing depression remission.

205 These measures assess a patient's longitudinal change in the PHQ-9 score at six and twelve

206 months. <u>While the Steering Committee acknowledged alternative depression remission tools,</u> the

207 PHQ-9 is a widely accepted and standardized instrument used in the diagnosis and monitoring of

208 depression treatment. The Steering Committee acknowledged the value of the PHQ-9 to

209 document a baseline and monitor symptoms and signs of major depression, and to catalyze

standardized measurement of response and remission for depression care. The measures are

currently being implemented on a voluntary basis throughout the state of Minnesota. The

measures are being considered for use in "pay-for-performance" models within the state.

The Committee discussed in detail the time specifications outlined in the measure. The measure developer explained the rationale for selecting the six month and twelve month measurement points, indicating earlier tests assessing remission in timeframes less than six months were often uninformative, since insufficient time had elapsed to adequately treat a patient. When the Steering Committee inquired about the average numbers of patients who continued treatment at six and twelve months, the developer attested that the follow-up rate is about the same for the two timeframes, at approximately 20 percent.

220 <u>The Steering Committee explicitly discussed the absence of any risk-adjustment methodology.</u>

221 While the Committee affirmed the need for most outcome measures to employ some degree of

222 risk adjustment, the Committee believed the PHQ-9 depression remission measures as currently

223 written meet NQF's measure evaluation criteria. The Committee was encouraged by the measure

- 224 developer's current efforts to explore the value and potential use of risk adjustment in the future
- 225 and supports their efforts in moving the field of quality measurement forward.
- 226 <u>-In response to public and Member comments the Steering Committee revisited the discussion</u>
- 227 <u>surrounding the measure's lack of risk-adjustment methodology. -Some Committee members</u>
- 228 <u>expressed reservations about using unadjusted outcome measures for public reporting while</u>
- 229 <u>others reiterated the importance of these measures that are currently being used for public</u>
- 230 reporting in Minnesota. The Committee noted that mental health lags behind in having good
- 231 <u>performance measures.</u> After reviewing the submitted comments and their previous deliberations
- and discussions with the measure developer, the majority of the Committee again voted to
- 233 recommend the three PHQ-9 depression remission measures.

The Committee acknowledged that the Depression utilization of the PHQ-9 Tool (OT3-022-10)

measure is a process measure; however, the Steering Committee noted the measure forms the

basis of the denominator for the two Minnesota Community Measurement depression remission

237 measures (OT3-011-10, Depression remission at 12 months and OT3-012-10, Depression

remission at six months). For this reason, the Committee recommended that it be endorsed as a

239 paired measure to each of the two depression remission measures. The pairing of these measures

- 240 is critical as it ensures that clinicians are administering the PHQ-9, building the denominator for
- the two depression remission measures.

242 Overall, the Committee rated the measures highly and agreed they address a critical

243 measurement area. The Committee was encouraged by the level of testing and current use of the

measure and noted that the score from the PHQ-9 can be used for patient care as well as quality

245 measurement. Moreover, the Committee deemed these standards important as they reflect a

- byproduct of care. While extended timeframes (six and twelve months) are measured, current
- 247 guidelines specify achieving remission for a period of at least four to nine months following
- acute phase treatment—a period corresponding to the measurement period. Overall, the PHQ-9 is
- an easy instrument to administer with a relatively low burden. The Minnesota Community
- 250 Measurement measures submitted to the NQF Mental Health Outcomes project were

251 recommended for NQF endorsement as paired consensus standards.

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OT3-047-10: Inpatient Consumer Survey (ICS) (National Association of State Mental Health Program Directors Research Institute, Inc.)

255 Survey developed to gather client's evaluation of their inpatient care. Each domain is scored as

the percentage of adolescent clients aged 13-17 years and adult clients at time of discharge or at

257 annual review who respond positively to the domain on the survey for a given month. Five

258 domains in the survey include outcome, dignity, rights, treatment, and environment. Questions in

259 *each domain are based on a standard 5-point scale, ranging from strongly disagree to strongly*

260 *agree*.

261 The Committee acknowledged this measure addresses an area that is important to measure and

262 publicly report. <u>The Steering Committee discussed the existence, commonalities, and value of</u>

263 similar tools (i.e., Hospital Consumer Assessment of Healthcare Provider and Systems

264 [HCAHPS]), but after performing a crosswalk between the ICS and HCAHPS found unique

265 differences supporting the value of the ICS in the mental health arena. While the Committee

266 affirmed the need for measures to have a broad range of applicability, the Committee identified

267 <u>unique components of the measure which would be irrelevant to other care settings.</u>

While the Committee suggested the measure developer explore reliability and validity testing in 268 broader settings and not solely at state hospitals, they found the level of testing already 269 completed sufficient for evaluation and recommendation for endorsement. The measure 270 developer offered data about the current use of this survey, stating that the responses were 271 captured at discharge. Variability in response rates range from 20 percent to 80 percent with an 272 average around 45 percent. The developer noted that facilities with large populations of patients 273 with low health literacy may be more likely to have lower response rates; thus contributing to the 274 variability. The Committee was in favor of the measure as it was developed via consumer 275 workgroups and there is an existing infrastructure to support the measure. This candidate 276 standard is recommended for endorsement. 277

278 279	
280	Candidate Consensus Standards Not Recommended for Endorsement
281	OT3-001-10: Suicide deaths of "at risk" adult psychiatric inpatients within 30 days of
282	discharge. (Psychiatric Solutions Inc.)
283	Rate of suicide deaths within 30 days of discharge from an inpatient psychiatric setting of adult
284	patients (aged 18 and older) rated as "at risk."
285	
286	The Committee believed that the measure addressed an important area, but had limitations,
287	specifically feasibility and usability. Concerns focused on the measure specifications for
288	capturing suicide deaths at 30 days following discharge as the measure relied on collecting
289	patient status information through follow-up phone calls. In addition, the Committee strongly
290	suggested that risk adjustment was essential for this measure as there are many exogenous
291	factors that can affect the outcome of an individual's suicidal ideations or completion. Overall,
292	the Committee believes this measure needs refinement, including testing in additional settings
293	and inclusion of risk adjustment. This measure was not recommended for NQF endorsement.
294	
295	OT3-002-10: Patient attitudes toward and ratings of care for depression (PARC-D 30)
296	questionnaire (Johns Hopkins University School of Medicine)
297	
298	A comprehensive, patient-centered approach to develop an instrument to measure primary care
299	patients' attitudes toward and ratings of care for depression (PARC-D questionnaire).
300	
301	Patients' and caregivers' attitudes toward care are essential outcomes necessary to assessing
302	quality within the healthcare system. This measure starts to address this important measurement
303	area, but as currently constructed is used to evaluate the process of assessing patient values and

- is not an actual performance measure to assess outcomes. The tool lacks the necessary link from
- 305 patient attitudes to actual outcomes of care. Because this measure lacks a demonstrated relation
- to patient outcomes, the Committee determined that this tool fails to meet the NQF's threshold
- 307 criterion of importance to measure and report and was not recommended for endorsement.

308 Western Psychiatric Institute and Clinic of UPMC Presby Shadyside Readmission

- 309 Measures
- 310 OT3-003-10: 30 Day readmissions (Western Psychiatric Institute and Clinic of UPMC

311 Presby Shadyside)

- 312 *Percentage of patients readmitted within 30 days of discharge reported as a percent of*
- 313 discharges for an inpatient psychiatric hospital or unit. The patient is admitted to the hospital
- 314 *within 30 days after being discharged from an earlier hospital stay.*
- 315 OT3-004-10: 7 Day readmissions (Western Psychiatric Institute and Clinic of UPMC

316 **Presby Shadyside**)

- 317 Percentage of patients readmitted within 7 days of discharge reported as a percent of discharges
- for an inpatient psychiatric hospital or unit. The patient is admitted to the hospital within 7 days
- 319 *after being discharged from an earlier hospital stay.*

320 OT3-006-10: 48 Hour readmissions (Western Psychiatric Institute and Clinic of UPMC

321 Presby Shadyside)

- 322 Percentage of patients readmitted within 48 hours of discharge reported as a percent of
- 323 discharges for an inpatient psychiatric hospital or unit. The patient is admitted to the hospital
- 324 within 48 hours after being discharged from an earlier hospital stay.
- 325 Western Psychiatric Institute and Clinic of UPMC Presby Shadyside submitted three measures to
- the NQF Mental Health Outcomes project pertaining to psychiatric readmission. The measures,
- 327 30 Day readmissions (OT3-003-10), 7 Day readmissions (OT3-004-10), and 48 Hour
- 328 readmissions (OT3-006-10), were identical in their constructs except for variations in the
- 329 timeframes used for measuring readmissions. Deliberations on all three measures highlighted
- concerns with the lack of testing and risk-adjustment model and the overall scientific
- acceptability of the measures. The Committee highlighted the need for risk adjustment for

outcome measures particularly when a measure specifies a long time interval which might
increase the likelihood of readmission rates as a result of exogenous factors regardless of the
quality of care provided during a patient's hospital stay.

The Committee noted these candidate standards are similar in their constructs to other hospital readmission measures currently in use (NQF endorsed an All-cause readmission index (risk adjusted) [#0329] from the United Health Group) and did not support isolating mental health readmissions from broader care settings. For this reason, the Committee recommended that

- current NQF measures should consider expanding the types of readmissions to include MHSU
- 340 conditions at the time of maintenance review. <u>NQF has initiated discussions with the measure</u>

341 <u>steward and anticipates the steward will address the inclusion of MHSU conditions at the time of</u>

342 <u>measure maintenance [11].</u> Measures that delineate specific care settings inevitably create a

343 conceptual barrier, limiting measurement and broad adoption. The Steering Committee believes

the focus on strictly mental health settings runs counter to the value of integrating MHSU care

into broader medical care settings, an important Committee goal.

346 The readmission standards submitted by Western Psychiatric Institute and Clinic of UPMC

347 Presby Shadyside were not recommended for NQF endorsement. The Committee believes that

the measures are potentially of great value but require refinement before being considered for

349 public reporting.

350

OT3-008-10: Fall rate per 1,000 patient days (Western Psychiatric Institute and Clinic of UPMC Presby Shadyside)

All documented falls, with or without injury, experienced by patients on an eligible behavioral
health or psychiatric inpatient unit.

The Committee agreed that this candidate standard is focused in an area where performance measurement is lacking because there is no existing national database to assess fall rates among psychiatric patients. This standard is similar to two existing NQF measures (NQF #0141: Patient fall rates and NQF #0202: Falls with injury), but they do not include the MHSU arena. In an

effort to determine "best in class" the Committee recommended that the NOF-endorsed[®] 359 measures be expanded to include psychiatric settings and then perhaps stratified by relevant 360 361 variables such as the presence of substance abuse or medical co-morbidity. The measure developer of the currently endorsed measures was present at the meeting and indicated a 362 willingness to expand the measure to include inpatient mental health settings. NOF has initiated 363 discussions with the measure steward and anticipates the steward will address the inclusion of 364 MHSU settings at the time of measure maintenance. Because it is expected that the endorsed 365 measure's characteristics will be expanded, this standard was not recommended for NQF 366 367 endorsement.

368

369 OT3-009-10: Adverse/serious event (Western Psychiatric Institute and Clinic of UPMC 370 Presby Shadyside)

371 Incidents that resulted in serious injury or death reported as a rate per 1,000 patient days.

The Committee noted this measure addressed an important topic area that has not been addressed by measurement in the mental health area. However, the measure as submitted was not adequately tested or specified. Inadequate testing and a lack of standardized specifications across care settings hinders the adoption or implementation of the measure as "serious" or "adverse" may be interpreted or recorded differently. The Committee affirmed further testing was needed for the measure to be ready for broad implementation. This standard was not recommended for NQF endorsement.

379

380 OT3-010-10: Milestones of Recovery Scale (MORS) (Mental Health America of Los

381 Angeles)

The Milestones of Recovery Scale (MORS) is a one-item staff-administered scale that indicates where an individual is in the process of recovery from severe and persistent mental illness. The scale is designed for use with adults with severe and persistent mental illnesses 18 years of age

and above. The scale measures three underlying constructs: 1) level of risk, 2) level of
engagement, and 3) level of skills and supports.

387 The Committee noted the merit of this standard is its approach to examining the recovery process from the patient perspective, a point of view often overlooked in the mental health arena. The 388 Steering Committee was pleased by the fact that the measure is currently in use in existing 389 programs. Despite the measure's importance, the Committee had substantial concerns regarding 390 391 the measure's scientific acceptability and usability. Concerns centered on the measure's lack of testing for validity and reliability, lack of risk adjustment, and lack of attention to health 392 393 disparities. Separate, but equally important concerns centered on the measure's link between improvement and important patient-oriented outcomes and being able to assign accountability. 394 The Committee was enthusiastic about the potential concept of the measure and encouraged the 395 developer to address the Committee's suggestions and submit a revised measure to NQF at a 396 397 later date. This standard was not recommended for NQF endorsement.

398

399 OT3-013-10: Time from first face-to-face treatment encounter to buprenorphine dosing 400 (Baltimore Substance Abuse Systems, Inc.)

401 Number of hours opioid dependent, non-pregnant adults aged 18 or older have to wait between
402 their first face-to-face treatment encounter and receiving their first dose of buprenorphine
403 medication (i.e., medication induction).

404 The Committee acknowledged this measure's attempt to improve treatment times for patients with a substance abuse problem, but had concerns about the lack of testing of the measure and 405 the link between this measure and patient outcomes. While the Committee acknowledged there 406 could be obvious gains from moving toward shorter time intervals, the relationship between the 407 408 first face-to-face encounter and the time when the first dose of buprenophine is received to patient outcomes has not been demonstrated. The developer explained that the measure 409 addressed an intermediate outcome, but with no formal reliability or validity testing the 410 Committee questioned the measure's use in public reporting at this time. The Committee was 411 supportive of the concept and encouraged the developer to make improvements for future 412

submission. This standard was not recommended for NQF endorsement.

414

415 OT3-016-10: Retention in treatment (Western Psychiatric Institute and Clinic of UPMC
416 Presby Shadyside)

417 Percentage of patients who complete (minimum) of 3 additional ambulatory sessions within 90
418 days of intake assessment over all patients who complete an intake assessment. An ambulatory
419 session includes any session with a doctor, clinician, or a medication management appointment.

While the Committee acknowledged the value of assessing treatment retention, the connection 420 between patient outcomes and treatment retention was not demonstrated. For example, a patient 421 can be seen multiple times (treatment retention), but if the quality of care provided is sub-optimal 422 423 then patient outcomes may not improve. Because testing, including the need to assess for risk 424 adjustment, has not been completed, the Committee could not support moving the measure forward for endorsement at this time. The Committee is supportive of the concept and 425 426 encourages the developer to make improvements for future submission. This standard was not 427 recommended for NQF endorsement.

428

429 Candidate Consensus Standards Deemed Out of Scope

430

The scope of the NQF Outcomes Project: Mental Health was to enlarge NQF's portfolio of 431 outcome measures for mental health conditions, such as depression, psychosis, and other serious 432 433 mental illnesses, substance use disorders, and Alzheimer's disease and related illnesses. In the "Call for Measures" the Steering Committee established a broad framework for the Mental 434 Health Outcomes project (Table A). All measures were first evaluated to determine whether they 435 addressed the scope of the project and were deemed either "in or out of scope." All process 436 measures were indicated as "out of scope." Below is the list of measure deemed to be "out of 437 scope" for this project: 438

439

440 OT3-005-10: Services offered for psychosocial needs (paired with measure OT3-021,

441 Assessment of psychosocial needs) (RAND Corporation)

442 443 444 445 446 447 448 449 450 451 452	Psychic OT3-0 to a co Substa OT3-0	 914: Psychiatrist-rated assessment of psychiatric inpatients' clinical status (Department of iatry & Behavioral Sciences at Harborview Medical Center) 917: Percentage of eligible patients who transfer from a substance abuse treatment program ontinuing care physician for ongoing buprenorphine maintenance therapy (Baltimore ance Abuse Systems, Inc.) 921: Assessment of psychosocial needs (paired with measure OT3-005, Services offered for osocial needs) (RAND Corporation)
453		
454	Addit	ional Recommendations
455	1.	Develop abroad definition for mental health outcomes
456		The Steering Committee supports the development of a concise definition for MHSU
457		outcomes to be used as a standard within the field. Such a definition would enable more
458		effective measurement of patient outcomes across care settings.
459		
460	2.	When appropriate, apply measures across care settings rather than developing MHSU
461		specific measures
462		The Steering Committee strongly recommends measure developers consider the broadest
463		application of measures, assuring applicability across care settings (i.e., a measure of
464		patient fall rates should be applicable in both a mental health and other care settings). The
465		Steering Committee recommended NQF examine their portfolio of existing outcome
466		measures and consider stratification for the MHSU populations, thereby allowing these
467		measures to be applied to persons with various MHSU conditions across care settings.
468		
469	3.	Support efforts to develop Alzheimer's and dementia outcome measures
470		The Steering Committee strongly affirms the need for measure developers and the MHSU
471		arena to develop Alzheimer's and dementia outcome measures. With Alzheimer's as one
472		of the top 20 Medicare condition priorities the Steering Committee was troubled by the
473		lack of Alzheimer's or dementia outcome measures submitted to the project. The Steering

474		Committee identified potential Alzheimer's outcome measures and made efforts to solicit
475		their submission. The Steering Committee encourages their submission to future NQF
476		projects.
477		
478		In an effort to facilitate the development and future submission of Alzheimer's and
479		dementia related outcome measures, the Committee believed it necessary to further
480		extend the discussion on this clinical area. Measure development for Alzheimer's and
481		dementia requires a different approach than traditional perspectives to measure
482		development With no proven intervention to arrest or reverse the prognosis of
483		Alzheimer's or dementia, the focus of measure development must narrow in on factors
484		that can be influenced or changed Examples of potential Alzheimer's or dementia
485		related measurement themes are:
486		• Patient safety/adverse events;
487		Patient/caregiver experience or burden;
488		• Service utilization (appropriate and inappropriate use), e.g., number of emergency
489		consultations in dementia patients;
490		• Satisfaction of the patient and the informal caregiver; and
491		• Continuity of care.
492	4.	Align measures with the National Priorities Partnership
493		The National Priorities Partnership established a clear set of principles for improving the
494		health and well-being of all Americans. The Steering Committee affirmed the need for
495		the mental health community to align their work in the performance measurement arena
496		with the initiatives currently underway within NQF in association with the National
497		Priorities Partnership.
498		
499	5.	Establish important measurement focus areas in the MHSU arena
500		The Steering Committee identified five key measurement focus areas needed to help
501		improve the quality and value of care in the mental health arena. Further, the Committee
502		indicated the need to use not only individual, but population-based measures in the
503		measurement of behavioral health outcomes.

504 505 506 507 508 509 510 511 512 513	Notes	 initiatives geared towards the inclusion of MHSU care into the broader healthcare setting; Alzheimer's and dementia; the relationship of environment (e.g., housing) to mental health disorders; evidence-based measures which address larger social determinates of health (e.g., employment or incarceration status); and overuse/under-use of mental health and supporting services.
514		
515	1.	Donabedian, A, The quality of care. How can it be assessed? JAMA, 1988; 260(12):1743-
516		1748.
517	2.	Kessler RC, Chiu WT, Demler O, et al., Prevalence, severity, and comorbidity of twelve-
518		month DSM-IV disorders in the National Comorbidity Survey Replication (NCS-R),
519		Arch Gen Psychiatry, 2005;62(6):617-627.
520	3.	Parks, J, Radke, A, Mazade, N, Measurement of Health Status for People with Serious
521		Mental Illness. Alexandria, VA:National Association of State Mental Health Program
522		Directors, 2008. Available at
523		$www.nasmhpd.org/general_files/publications/med_directors_pubs/NASMHPD\%20Medianters and the second $
524		cal%20Directors%20Health%20Indicators%20Report%2011-19-08.pdf. Last accessed
525		November 2009.
526	4.	Ibid.
527	5.	Ibid.
528	6.	Ibid.
529	7.	National Quality Forum (NQF), National Priorities Partnership, Washington, DC: NQF.
530		Available at www.nationalprioritiespartnership.org. Last accessed May 2010.
531	8.	NQF. Patient Outcome Measures: Child Health and Mental Health (Phase III).),
532		Washington, DC:NQF, 2010. Available at
533		:www.qualityforum.org/projects/Patient_Outcome_Measures_Phase3.aspx. Last accessed
534		August 2010.

535	9. NQF, Measure Evaluation Criteria, Washington, DC: NQF; 2008. Available at	
536	www.qualityforum.org/docs/measure_evaluation_criteria.aspx. Last accessed May 2010	•
537	10. The PHQ-9 is publically available and is free of charge. The instrument was developed by Drs.	
538	Robert L. Spitzer, Janet B.W. Williams, Kurt Kroenke and colleagues, with an educational grant	
539	from Pfizer Inc. For more information of the PHQ-9 click (here)	
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NATIONAL VOLUNTARY CONSENSUS STANDARDS FOR IMAGING EFFICIENCY APPENDIX A: MEASURE SPECIFICATIONS

Appendix A: Specifications of the National Voluntary Consensus Standards for Patient Outcomes: Mental Health

The following table presents the detailed specifications for the Nation Quality Forum (NQF)-endorsed[®] *National Voluntary Consensus Standards for Imaging Efficiency*. All information presented has been derived directly from measure sources/developers without modification or alteration (except when the measure developed agreed to such modification during the NQF Consensus Development Process) and is current as of May 4, 2010. All NQF-endorsed voluntary consensus standards are open source, meaning they are fully accessible and disclosed. Measures were developed by the American College of Radiology, Brigham and Women's Hospital, Centers for Medicare and Medicaid Services, and the American College of Cardiology.

Measure	Measure Title	Measure Steward	Measure Description	Numerator	Denominator	Exclusions	Data Source	Level of Analysis
Numbers								
Measure ID #:	Depression	MN Community	Adult patients age 18 and older	Adults age 18 and older	Adults age 18 and older	Patients who die, are a		Clinicians: Other
	remission at six	Measurement	with major depression or	with a diagnosis of	with a diagnosis of	permanent resident of	data, organizational	
OT3-012-10	Months		dysthymia and an initial PHQ-	major depression or	major depression or	a nursing home, or are	policies and	
			9 score >9 who demonstrate	dysthymia and an initial	dysthymia and an initial	enrolled in hospice are	procedures	
			remission at six months	PHQ-9 score >9 who	PHQ-9 score >.	excluded from this		
			defined as a PHQ-9 score <5.	achieve remission at six		measure. Additionally,		
			This measure applies to both	months as demonstrated	Adults age 18 and older;	patients who are		
			patients with newly diagnosed	by a six month (+/- 30	no upper age limit	initially diagnosed		
			and existing depression whose	days) PHQ-9 score of		with major depression		
			current PHQ-9 score indicates	<5.		and after further		
			a need for treatment.			treatment are		
			The Patient Health	Adults age 18 and older;		determined to have		
			Questionnaire (PHQ-9) tool is	no upper age limit		bipolar or personal		
			a widely accepted,	Have the diagnosis of		disorders are		
			standardized tool [Copyright ©	major depression or		excluded.		
			2005 Pfizer, Inc. All rights	dysthymia defined by				
			reserved] that is completed by	any of the following		•Patients who die		
			the patient, ideally at each	ICD-9* codes:		during the		
			visit, and utilized by the	296.2x Major		measurement time		
			provider to monitor treatment	depressive disorder,		frame		
			progress.	single episode		•Patients who are a		
			This measure additionally	296.3x Major		permanent nursing		
			promotes ongoing contact	depressive disorder,		home resident during		
			between the patient and	recurrent episode		the measurement time		
			provider as patients who do not	300.4 Dysthymic		frame		
			have a follow-up PHQ-9 score	disorder		 Patients who are 		
			at six months $(+/-30 \text{ days})$ are	AND		enrolled in hospice		
			also included in the	PHO-9 Score is >9.		during the		
			denominator.	Of the patients meeting		measurement time		
				the above inclusion		frame		
				criteria, the numerator is		•Bipolar Disorder		
				defined as those patients		(Principal Diagnosis;		
				with a six month $(+/-30)$		initially diagnosed as		
				days) PHQ-9 score of		depression but upon		
				<5.		further treatment &		
				The numerator rate is		evaluation primary		
				calculated as follows:		diagnosis changed to		
				# adult pts with major		bipolar disorder). See		
				depression or dysthymia		bipolar disorder codes		
				(296.2x, 296.3x or		below.		
				300.4) with a PHQ-9		•Personality Disorder		
				score < 5 at 6		(Principal Diagnosis;		
				months(+/-30 days)/		initially diagnosed as		

Measure Numbers	Measure Title	Measure Steward	Measure Description	Numerator	Denominator	Exclusions	Data Source	Level of Analysis
	Measure Title	Measure Steward	Measure Description	Wumerator # adult pts with major depression or dysthymia (296.2x, 296.3x or 300.4) with index contact PHQ-9 > 9 Patients who do not have a six month +/- 30 day PHQ-9 score obtained are included in the denominator for this measure. * For primary care providers the diagnosis codes can be in any position (primary or secondary). For behavioral health providers the diagnosis codes need to be in the primary position. This is to more accurately define major depression and exclude patients who may have other more serious mental health diagnoses (e.g., schizophrenia, psychosis) with a		Exclusions depression but upon further treatment & evaluation primary diagnosis changed to personality disorder). See personality disorder codes below. For patients with bipolar or personality disorder: Do not exclude patients who have these bipolar or personality codes just because the codes are present. If the patient has major depression codes and bipolar or personality codes, the patient needs to be included. Exclusions are only to be used if the patient is initially thought to have major depression or dysthymia and it is determined at a later date that the patient	Data Source	Level of Analysis
				psychosis) with a secondary diagnosis of depression.		date that the patient has bipolar or personality disorder. For example, a patient is diagnosed in April with major depression and a PHQ-9 score of 23, therefore meeting the inclusion criteria. Several visits/ contacts with PHQ-9s occur in April and May. In June the patient has a first manic episode and is determined to have bipolar disorder. At this point the patient can be excluded from the denominator. Bipolar Disorder Codes: 296.00 Bipolar I disorder, single manic episode, mild 296.02 Bipolar I		

Measure Numbers	Measure Title	Measure Steward	Measure Description	Numerator	Denominator	Exclusions	Data Source	Level of Analysis
						disorder, single manic		
						episode, moderate		
						296.03 Bipolar I		
						disorder, single manic		
						episode, severe without psychotic		
						features		
						296.04 Bipolar I		
						disorder, single manic		
						episode, severe with		
						psychotic features		
						296.05 Bipolar I		
						disorder, single manic		
						episode, in partial		
						remission		
						296.06 Bipolar I		
						disorder, single manic		
						episode, in full remission		
						296.10 Manic		
						disorder, recurrent		
						episode; unspecified		
						296.11 Manic		
						disorder, recurrent		
						episode; mild		
						296.12 Manic		
						disorder, recurrent		
						episode; moderate		
						296.13 Manic		
						disorder, recurrent		
						episode; severe		
						without psychotic		
						features		
						296.14 Manic disorder, recurrent		
						episode; severe with		
						psychotic features		
						296.15 Manic		
						disorder, recurrent		
						episode; in partial		
						remission		
						296.16 Manic		
						disorder, recurrent		
						episode; in full		
						remission		
						296.40 Bipolar I		
						disorder, most recent		
						episode manic,		
						unspecified 296.41 Bipolar I		
						disorder, most recent		
						episode manic, mild		
						296.42 Bipolar I		
						disorder, most recent		
						episode manic,		
						moderate		

Measure Numbers	Measure Title	Measure Steward	Measure Description	Numerator	Denominator	Exclusions	Data Source	Level of Analysis
						296.43 Bipolar I		
						disorder, most recent		
						episode manic, severe		
						without psychotic		
						features		
						296.44 Bipolar I disorder, most recent		
						episode manic, severe		
						with psychotic		
						features		
						296.45 Bipolar I		
						disorder, most recent		
						episode manic, in		
						partial remission		
						296.46 Bipolar I		
I						disorder, most recent		
1						episode manic, in full		
I						remission		
						296.50 Bipolar I		
						disorder, most recent		
						episode depressed, unspecified		
						296.51 Bipolar I		
						disorder, most recent		
						episode depressed,		
						mild		
						296.52 Bipolar I		
						disorder, most recent		
						episode depressed,		
						moderate		
						296.53 Bipolar I		
						disorder, most recent		
						episode depressed,		
						severe without psychotic features		
						296.54 Bipolar I		
						disorder, most recent		
						episode depressed,		
						severe with psychotic		
						features		
						296.55 Bipolar I		
						disorder, most recent		
						episode depressed, in		
						partial remission		
						296.56 Bipolar I		
						disorder, most recent		
						episode depressed, in full remission		
						296.60 Bipolar I		
						disorder, most recent		
						episode mixed,		
						unspecified		
						296.61 Bipolar I		
						disorder, most recent		
						episode mixed, mild		
						296.62 Bipolar I		

Measure Numbers	Measure Title	Measure Steward	Measure Description	Numerator	Denominator	Exclusions	Data Source	Level of Analysis
						disorder, most recent		
						episode mixed,		
						moderate 296.63 Bipolar I		
						disorder, most recent		
						episode mixed, severe		
						without psychotic		
						features		
						296.64 Bipolar I		
						disorder, most recent		
						episode mixed, severe		
						with psychotic		
						features		
						296.65 Bipolar I		
I						disorder, most recent		
l						episode mixed, in		
I						partial remission		
l						296.66 Bipolar I		
						disorder, most recent episode mixed, in full		
						remission		
						296.7 Bipolar I		
						disorder, most recent		
						episode unspecified		
						296.80 Bipolar		
						disorder NOS		
						296.89 Bipolar II		
						Disorder		
						Personality Disorder		
						Codes:		
						301.0 Paranoid		
						personality disorder		
						301.1 Affective		
						personality disorder 301.10 Affective		
						personality disorder		
						unspecified		
l						301.11 Chronic		
						hypomanic personality		
						disorder		
						301.12 Chronic		
						depressive personality		
						disorder		
						301.13 Cyclothymic		
						disorder		
						301.2 Schizoid		
						personality disorder		
						301.20 Schizoid		
						personality disorder unspecified		
						301.21 Introverted		
						personality		
						301.22 Schizotypal		
						personality disorder		
						301.3 Explosive		
l	1					personality disorder		

301-4 Obsessive- compulsive personality disorder 301-5 Histronic personality disorder 301-5 Obsessive- genome 301-5 Obsessive- personality disorder 301-5 Obsessive- matrix 301-5 Obsessive- personality disorder 301-5 Obsessive- sity disorder 301-5 Obsessive- approximation 301-5 Obsessive- appressive personality disorder 301-5 Obsessive- apersonality disorder 3	Measure Numbers	Measure Title	Measure Steward	Measure Description	Numerator	Denominator	Exclusions	Data Source	Level of Analysis
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Image:									
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workgroup in the							workgroup in the		
spring of 2010							spring of 2010		
determine the best							determine the best		
variables for risk									
adjustment for this									
Measure ID #: Depression MN Community Adult patients age 18 and older Adults age 18 and older Adults age 18 and older Patients who die, are a Lab die	Maggura ID #	Depression	MN Community	Adult notionts and 10 and -11-	Adulta ago 19 and ald-	Adults ago 19 and ald-		Lab data sumary	Clinicians: Other

Measure Numbers	Measure Title	Measure Steward	Measure Description	Numerator	Denominator	Exclusions	Data Source	Level of Analysis
	remission at	Measurement	with major depression or	with a diagnosis of	with a diagnosis of	permanent resident of	patient, organizational	
OT3-011-10	twelve months		dysthymia and an initial PHQ-	major depression or	major depression or	a nursing home, or are	policies and	
			9 score >9 who demonstrate	dysthymia and an initial	dysthymia and an initial	enrolled in hospice are	procedures	
			remission at twelve months	PHQ-9 score greater	PHQ-9 score greater	excluded from this		
			defined as a PHQ-9 score less	than nine who achieve	than nine.	measure. Additionally,		
			than 5. This measure applies to	remission at twelve	Adulta and 19 and oldam	patients who are		
			both patients with newly diagnosed and existing	months as demonstrated by a twelve month (+/-	Adults age 18 and older; no upper age limit	initially diagnosed with major depression		
			depression whose current	30 days) PHQ-9 score of	no upper age minit	and after further		
			PHO-9 score indicates a need	less than five.		treatment are		
			for treatment.	ioss than iive.		determined to have		
			The Patient Health	Adults age 18 and older;		bipolar or personal		
			Questionnaire (PHQ-9) tool is	no upper age limit		disorders are		
			a widely accepted,	Have the diagnosis of		excluded.		
			standardized tool [Copyright ©	major depression or				
			2005 Pfizer, Inc. All rights	dysthymia defined by		 Patients who die 		
			reserved] that is completed by	any of the following		during the		
			the patient, ideally at each	ICD-9* codes:		measurement time		
			visit, and utilized by the	296.2x Major depressive		frame		
			provider to monitor treatment	disorder, single episode		 Patients who are a 		
			progress.	296.3x Major depressive		permanent nursing		
			This measure additionally	disorder, recurrent		home resident during		
			promotes ongoing contact	episode		the measurement time		
			between the patient and	300.4 Dysthymic		frame		
			provider as patients who do not have a follow-up PHQ-9 score	disorder AND		•Patients who are enrolled in hospice		
			at twelve months (+/- 30 days)	PHQ-9 Score is greater		during the		
			are also included in the	than nine.		measurement time		
			denominator.	Of the patients meeting		frame		
			denominator.	the above inclusion		•Bipolar Disorder		
				criteria, the numerator is		(Principal Diagnosis;		
				defined as those patients		initially diagnosed as		
				with a twelve month (+/-		depression but upon		
				30 days) PHQ-9 score of		further treatment &		
				less than five.		evaluation primary		
				The numerator rate is		diagnosis changed to		
				calculated as follows:		bipolar disorder). See		
				# adult pts with major		bipolar disorder codes		
				depression or dysthymia		below.		
				(296.2x, 296.3x or		•Personality Disorder		
				300.4) with a PHQ-9		(Principal Diagnosis;		
				score <5 at 12		initially diagnosed as		
				months(+/- 30 days)/ # adult pts with major		depression but upon further treatment &		
				depression or dysthymia		evaluation primary		
				(296.2x, 296.3x or		diagnosis changed to		
				300.4) with index		personality disorder).		
				contact PHO-9 $>$ 9		See personality		
				Patients who do not have		disorder codes below.		
				a twelve month ± -30		For patients with		
				day PHQ-9 score		bipolar or personality		
				obtained are included in		disorder:		
				the denominator for this		Do not exclude		
				measure.		patients who have		
				* For primary care		these bipolar or		
				providers the diagnosis		personality codes just		

Measure Numbers	Measure Title	Measure Steward	Measure Description	Numerator	Denominator	Exclusions	Data Source	Level of Analysis
				codes can be in any		because the codes are		
				position (primary or		present. If the patient		
				secondary). For		has major depression		
				behavioral health		codes and bipolar or		
				providers the diagnosis		personality codes, the		
				codes need to be in the		patient needs to be		
				primary position. This is		included. Exclusions		
				to more accurately		are only to be used if		
				define major depression		the patient is initially		
				and exclude patients		thought to have major		
				who may have other		depression or		
				more serious mental		dysthymia and it is		
				health diagnoses (e.g.,		determined at a later		
				schizophrenia,		date that the patient		
				psychosis) with a		has bipolar or		
				secondary diagnosis of		personality disorder.		
				depression.		For example, a patient		
				-		is diagnosed in April		
						with major depression		
						and a PHQ-9 score of		
						23, therefore meeting		
						the inclusion criteria.		
						Several visits/		
						contacts with PHQ-9s		
						occur in April and		
						May. In June the		
						patient has a first		
						manic episode and is		
						determined to have		
						bipolar disorder. At		
						this point the patient		
						can be excluded from		
						the denominator.		
						Bipolar Disorder		
						Codes:		
						296.00 Bipolar I		
						disorder, single manic		
						Episode, unspecified		
						296.01 Bipolar I		
						disorder, single manic		
						episode, mild		
						296.02 Bipolar I		
						disorder, single manic		
						episode, moderate		
						296.03 Bipolar I		
						disorder, single manic		
						episode, severe		
						without psychotic		
						features		
						296.04 Bipolar I		
						disorder, single manic		
						episode, severe with		
						psychotic features		
						296.05 Bipolar I		
						disorder, single manic		
					l	episode, in partial	L	l

Measure Numbers	Measure Title	Measure Steward	Measure Description	Numerator	Denominator	Exclusions	Data Source	Level of Analysis
						remission		
						296.06 Bipolar I		
						disorder, single manic		
						episode, in full		
						remission		
						296.10 Manic		
						disorder, recurrent episode; unspecified		
						296.11 Manic		
						disorder, recurrent		
						episode; mild		
						296.12 Manic		
						disorder, recurrent		
						episode; moderate		
						296.13 Manic		
						disorder, recurrent		
						episode; severe		
						without psychotic		
						features		
						296.14 Manic		
						disorder, recurrent		
						episode; severe with		
						psychotic features		
						296.15 Manic		
						disorder, recurrent		
						episode; in partial		
						remission		
						296.16 Manic disorder, recurrent		
						episode; in full		
						remission		
						296.40 Bipolar I		
						disorder, most recent		
						episode manic,		
						unspecified		
						296.41 Bipolar I		
						disorder, most recent		
						episode manic, mild		
						296.42 Bipolar I		
						disorder, most recent		
						episode manic,		
						moderate		
						296.43 Bipolar I		
						disorder, most recent		
						episode manic, severe		
						without psychotic features		
						296.44 Bipolar I		
						disorder, most recent		
						episode manic, severe		
						with psychotic		
						features		
						296.45 Bipolar I		
						disorder, most recent		
						episode manic, in		
						partial remission		

Measure Numbers	Measure Title	Measure Steward	Measure Description	Numerator	Denominator	Exclusions	Data Source	Level of Analysis
						296.46 Bipolar I		
						disorder, most recent		
						episode manic, in full		
						remission		
						296.50 Bipolar I		
						disorder, most recent episode depressed,		
						unspecified		
						296.51 Bipolar I		
						disorder, most recent		
						episode depressed,		
						mild		
						296.52 Bipolar I		
						disorder, most recent		
						episode depressed,		
						moderate		
						296.53 Bipolar I		
						disorder, most recent episode depressed,		
						severe without		
						psychotic features		
						296.54 Bipolar I		
						disorder, most recent		
						episode depressed,		
						severe with psychotic		
						features		
						296.55 Bipolar I		
						disorder, most recent		
						episode depressed, in		
						partial remission 296.56 Bipolar I		
						disorder, most recent		
						episode depressed, in		
						full remission		
						296.60 Bipolar I		
						disorder, most recent		
						episode mixed,		
						unspecified		
						296.61 Bipolar I		
						disorder, most recent		
						episode mixed, mild 296.62 Bipolar I		
						disorder, most recent		
						episode mixed,		
						moderate		
						296.63 Bipolar I		
						disorder, most recent		
						episode mixed, severe		
						without psychotic		
						features		
						296.64 Bipolar I disorder, most recent		
						episode mixed, severe		
						with psychotic		
						features		
						296.65 Bipolar I		
Measure Numbers	Measure Title	Measure Steward	Measure Description	Numerator	Denominator	Exclusions	Data Source	Level of Analysis
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						disorder, most recent		
						episode mixed, in partial remission		
						296.66 Bipolar I		
						disorder, most recent		
						episode mixed, in full		
						remission		
						296.7 Bipolar I		
						disorder, most recent		
						episode unspecified		
						296.80 Bipolar disorder NOS		
						296.89 Bipolar II		
						disorder		
						Personality Disorder		
						Codes:		
						301.0 Paranoid		
						personality disorder		
						301.1 Affective		
						personality disorder		
						301.10 Affective personality disorder		
						unspecified		
						301.11 Chronic		
						hypomanic personality		
						disorder		
						301.12 Chronic		
						depressive personality		
						disorder		
						301.13 Cyclothymic		
						disorder 301.2 Schizoid		
						personality disorder		
						301.20 Schizoid		
						personality disorder		
						unspecified		
						301.21 Introverted		
						personality		
						301.22 Schizotypal		
						personality disorder 301.3 Explosive		
						personality disorder		
						301.4 Obsessive-		
						compulsive		
						personality disorder		
						301.5 Histrionic		
						personality disorder		
						301.50 Histrionic		
						personality disorder unspecified		
						301.51 Chronic		
						factitious illness with		
						physical symptoms		
						301.59 Other		
						histrionic personality		
						disorder		

Measure Numbers	Measure Title	Measure Steward	Measure Description	Numerator	Denominator	Exclusions	Data Source	Level of Analysis
						301.6 Dependent personality disorder 301.7 Antisocial personality disorder 301.8 Other personality disorders 301.81 Narcissistic personality disorder 301.82 Avoidant personality disorder 301.83 Borderline personality disorder 301.84 Passive- aggressive personality 301.89 Other personality disorders 301.9 Unspecified personality disorders 301.9 Unspecified personality disorder 301.9 Unspecified personality disorder 301.9 Unspecified personality disorder 301.9 Unspecified personality disorder aggressing the best variables for risk adjustment in this population. In preparing for this we are starting to collect gender, zip code, race & ethnicity, country of origin and primary language. We will be convening a workgroup in the spring of 2010 determine the best variables for risk adjustment for this population.		
Measure ID #: OT3-022-10	Depression utilization of the PHQ-9 tool	MN Community	Adult patients age 18 and older with the diagnosis of major depression or dysthymia (ICD- 9 296.2x, 296.3x, or 300.4) who have a PHQ-9 tool administered at least once during the four month measurement period. The Patient Health Questionnaire (PHQ-9) tool is a widely accepted, standardized tool [Copyright © 2005 Pfizer, Inc. All rights reserved] that is completed by the patient, ideally at each visit, and	Adult patients age 18 and older with the diagnosis of major depression or dysthymia (ICD-9 296.2x, 296.3x, or 300.4) who have a PHQ-9 tool administered at least once during the four month measurement period. Adults age 18 and older; no upper age limit Have the diagnosis of major depression or	Adult patients age 18 and older with the diagnosis of major depression or dysthymia (ICD-9 296.2x, 296.3x or 300.4 Adults age 18 and older; no upper age limit.	There are no exclusions for this process measure. No risk adjustment necessary.	Survey: Patient, lab data, organizational policies and procedures	Clinicians: Other

Measure Numbers	Measure Title	Measure Steward	Measure Description	Numerator	Denominator	Exclusions	Data Source	Level of Analysis
Measure Numbers			utilized by the provider to monitor treatment progress.	dysthymia defined by any of the following ICD-9* codes: 296.2x Major depressive disorder, single episode 296.3x Major depressive disorder, recurrent episode 300.4 Dysthymic disorder * For primary care providers the diagnosis codes can be in any position (primary or secondary). For behavioral health providers the diagnosis codes need to be in the primary position. This is to more accurately define major depression and exclude patients who may have other more serious mental health diagnoses (e.g., schizophrenia, psychosis) with a secondary diagnosis of depression. Of the patients meeting the above inclusion criteria, the numerator is defined as those patients who had at least one PHQ-9 tool administered during the four month measurement period. The numerator rate is calculated as follows: # adult pts with major depression or dysthymia (296.2x, 296.3x or 300.4) with at least one PHQ-9 tool administered during the four month measurement period.	Denominator			
Measure ID #: OT3-047-10	Inpatient Consumer Survey (ICS)		Survey developed to gather client's evaluation of their inpatient care. Each domain is scored as the percentage of adolescent clients aged 13-17	# adult pts with major depression or dysthymia (296.2x, 296.3x or 300.4) Number of clients who respond positively to the domain. Domains include outcome, dignity, rights,	Number of clients completing at least 2 items in the domain. Domains include outcome, dignity, rights,	N/A	Registry data	Facility/Agency, Population: national, Other

Measure	Measure Title	Measure Steward	Measure Description	Numerator	Denominator	Exclusions	Data Source	Level of Analysis
Numbers								
			of discharge or at annual	environment. Each	environment. Each			
			review who respond positively	domain is calculated	domain is calculated			
			to the domain on the survey for	separately.	separately.			
			a given month. Five domains					
			in the survey include outcome,	Clients who are	Clients who were			
			dignity, rights, treatment, and	discharged or have an	discharged or had an			
			environment. Questions in	annual review during the	annual review during the			
			each domain are based on a	month, complete at least	month and completed at			
			standard 5-pt scale, evaluated	2 questions in the	least 2 questions in the			
			on a scale from strongly	domain, and average a	domain. The count of			
			disagree to strongly agree.	positive rating for those	clients is determined			
				questions.	separately for each			
					domain.			
				A positive rating is a				
				categorization of the				
				responses in the domain.				
				Each item is evaluated				
				on a 5-point scale where				
				1 represents strongly				
				disagree and 5				
				represents strongly				
				agree. The values for				
				items in the domain are				
				averaged. When the				
				average score for a				
				domain is greater than				
				3.5, the response is				
				categorized as responded				
				positively.				

NATIONAL QUALITY FORUM

National Voluntary Consensus Standards for Patient Outcomes: Mental Health

Appendix B— Steering Committee

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NATIONAL QUALITY FORUM

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NATIONAL VOLUNTARY CONSENSUS STANDARDS FOR MENTAL HEALTH Appendix C: Other NQF-Endorsed Mental Health Outcomes Consensus Standards

Measure	Measure Steward	Numerator	Denominator	Exclusions
Measure ID #: 0003 Bipolar disorder:	Center for Quality Assessment and Improvement in Mental Health	Assessment for diabetes must include documentation of one of the following:	Patients 18 years of age or older with an initial or new episode of bipolar disorder	N/A
assessment for diabetes	neatui	or information about results was obtained	AND	
			Documentation of a diagnosis of bipolar disorder; to include at least one of the following:	
		• Lab results filed in chart or available in patient's electronic medical record	• Codes 296.0x; 296.1x; 296.4x; 296.5x; 296.6x; 296.7; 296.80; 296.81; 296.82; 296.89; 301.13 documented in body of chart, such as a pre-printed form completed by	
		Reference: Tests used to screen/assess for diabetes:	a clinician and/or codes documented in chart notes/forms	
		Preferred Fasting plasma glucose; Non-fasting plasma glucose; Glucose tolerance Also Accepted:	OR	
		Glycosylated hemoglobin (Hb A1c; glycated hemoglobin) Random glucose AND	• Diagnosis or Impression or "working diagnosis" documented in chart indicating bipolar disorder	
		Timeframe: Test results/information from test	OR	
		conducted within 16 weeks after the initiation of a second generation atypical antipsychotic agent	• Use of a screening/assessment tool for bipolar disorder with a score or conclusion that patient has bipolar disorder and documentation that this information is used to establish or substantiate the diagnosis	
		Measurement EXCLUSION FROM	AND	
		COMPLIANCE Issues Numerator criteria not applicable and exclusion from compliance as stated below:	Documentation of treatment with an atypical antipsychotic agent. (See reference list below)	
		1. Documentation by physician that test was not clinically indicated for this patient	Note: It is not the intent to indicate preferred pharmacotherapy. The reference list is inclusive of those atypical antipsychotic medications that are reasonably construed to be appropriate in accordance with current	
		OR	guidelines. (Reference list of medications also included in data collection form)	
		2. Documentation that test was requested but patient failed to comply with request to obtain test	Atypical Antipsychotic Agents	
			• aripiprazole	
			• quetiapine	
			• clozapine	
			• risperidone	
			• olanzapine	
			• ziprasidone	

Measure	Measure Steward	Numerator	Denominator	Exclusions
			olanzapine-fluoxetine (combination)	
			None. New diagnosis" or a "new episode," is defined as cases where the patient has not been involved in active	
			treatment for 6 months. Active treatment includes being	
			hospitalized or under the out-patient care of a physician.	
Measure ID #: 0004	National Committee for Quality Assurance	a. Initiation of AOD Dependence Treatment: The number of patients with documentation that	a. All patients with documentation of meeting the following criteria, and stratified by age group according	N/A
Initiation and engagement	Quality 1 local and 0	Initiation of AOD treatment occurred through any of	to the age classifications below:	
of alcohol and other drug dependence treatment: a.		the following mechanisms. If the Index Episode was an inpatient discharge, the inpatient stay is	o13 years and older as of December 31 of the	
initiation, b. engagement		considered initiation of treatment, or if the Index	measurement year	
		Episode was a detoxification, ED visit, or outpatient	a Adalassant Asa Dandi 12 17 yaan alda	
		visit, the patient must have a subsequent service within 14 days of the Index Episode Start Date to be	o Adolescent Age Band: 13 – 17 year-olds	
		considered initiated.	o Adult Age Bands: 18 – 25 years old, 26-24 years old,	
		ED and detoxification visits count only toward the	35-64 years old, 65+ years old	
		denominator and should not be included as the	o Total	
		initiation visit.		
		Step 1: Identify all patients in the denominator		
		population whose Index Episode Start Date was an inpatient discharge with a primary or secondary	The following steps should be followed to identify the eligible population which is the denominator for this	
		AOD diagnosis. This visit counts as the initiation	measure:	
		event.	Step 1: Identify all patients 13 years and older who:	
		Step 2: Identify all patients in the denominator		
		whose Index Episode Start Date was an outpatient visit, detoxification visit or emergency department	o Had an outpatient claim/encounter or intermediate AOD claim/encounter between January 1 and	
		visit, detoxineation visit of emergency department	November 15 of the measurement year, or	
		Step 3: Determine if the patients in step 2 had an	o Had a detoxification or ED visit between January 1	
		additional outpatient visit or inpatient admission	and November 15 of the measurement year, or	
		with any AOD diagnosis within 14 days of the Index	The days investigated in the second forward and	
		Episode Start Date (inclusive).	o Had an inpatient discharge between January 1 and November 15 of the measurement year.	
		To determine if the 14-day criterion is met for		
		inpatient stays, use the admission date, not the discharge date.		
			Step 2: For each patient identified in step 1, determine	
		Step 4: Exclude from the denominator patients whose initiation service was an inpatient stay with a	the Index Episode Start Date by identifying the date of the patient's earliest encounter during the measurement	
		discharge date after December 1.	year (e.g. outpatient, detoxification or ED visit date,	
		b. Identify patients who had documentation of an	inpatient discharge date) with any qualifying AOD dependence diagnosis	
		initiation of AOD treatment visit and two or more		
		services with AOD dependence diagnosis within 30 days after the date of the initiation visit (inclusive):	Step 3: Determine if the Index Episode Start Date is a	
			New Episode. Patients with a New Episode of AOD	
		For patients who initiated treatment via inpatient	dependence have a Negative Diagnosis History of 60	
		stay, 30 days starts at the patient's inpatient discharge date. To determine if the 30-day criterion	days without an AOD diagnosis. For patients with an inpatient visit, use the admission date to determine	
		is met for engagement inpatient stays, count days to	Negative Diagnosis History.	

Measure	Measure Steward	Numerator	Denominator	Exclusions
Measure	Measure Steward	Numerator the next outpatient service or the admission date of the subsequent inpatient stay, not the discharge date ED and detoxification visits count only toward the denominator and should not be included as an engagement visit.	Denominator b.All patients with documeation of meeting the following criteria, and stratified by age group according to the age classifications below: o 13 years and older as of December 31 of the measurement year o Adolescent Age Band: 13 – 17 year-olds o Adolescent Age Band: 13 – 17 year-olds o Adult Age Bands: 18 – 25 years old, 26-24 years old, 35-64 years old, 65+ years old o Total The following steps should be followed to identify the eligible population which is the denominator for this measure: Step 1: Identify all patients 13 years and older who: o Had an outpatient claim/encounter or intermediate AOD claim/encounter between January 1 and November 15 of the measurement year, or o Had a detoxification or ED visit between January 1 and November 15 of the measurement year, or step 2: For each patient identified in step 1, determine the Index Episode Start Date by identifying the date of the patient's earliest encounter during the measurement year (e.g. outpatient, detoxification or ED visit date, inpatient discharge date) with any qualifying AOD	Exclusions
			dependence diagnosis Step 3: Determine if the Index Episode Start Date is a New Episode. Patients with a New Episode of AOD dependence have a Negative Diagnosis History of 60 days without an AOD diagnosis. For patients with an inpatient visit, use the admission date to determine Negative Diagnosis History.	
Measure ID #: 0008	Agency for Healthcare	Download survey tool and instructions:		N/A
Experience of Care and Health Outcomes (ECHO) Survey (behavioral health, managed care versions)	Research and Quality	www.qualityforum.org/pdf/ambulatory/txECHOAL L(onepager&specs&survey)03-23-07.pdf Measure developer/instrument web site:		
		www.cahps.ahrq.gov/content/products/ECHO/PRO D_ECHO_MBHO.asp?p=1021&s=214		
Measure ID #: 0095	American Medical Association Physician Consortium for	Patients with mental status assessed Medical record may include documentation by physician that	All patients aged 18 years and older with the diagnosis of community-acquired bacterial pneumonia. For	N/A

Measure	Measure Steward	Numerator	Denominator	Exclusions
Assessment mental status for community-acquired bacterial pneumonia	Performance Improvement	patient's mental status was noted (e.g., patient is oriented or disoriented)	purposes of measurement in the emergency department, this measure is intended to include only those patients with an emergency department discharge diagnosis of community-acquired bacterial pneumonia.	
Measure ID #: 0103 Major depressive disorder: diagnostic Evaluation	American Medical Association Physician Consortium for Performance Improvement	Patients with documented evidence that they met the DSM-IV [™] criteria [at least 5 elements (including 1) depressed mood or 2) loss of interest or pleasure) with symptom duration of two weeks or longer] during the visit in which the new diagnosis or recurrent episode was identified. -CPT-II code: 1040F DSM-IV [™] criteria for MDD documented -The criteria for a MDD episode includes five (or more) of nine specific symptoms which have been present during the same two-weeks period and represent a change from previous functioning; at least one of the symptoms is either 1) depressed mood or 2) loss of interest or pleasure: -depressed mood; -marked diminished interest/pleasure; -significant weight loss or gain; -insomnia or hypersomnia; -psychomotor agitation/ retardation; -fatigue or lost of energy; -feelings of worthlessness; -diminished ability to concentrate; and	All patients aged >18 years with a new diagnosis or recurrent episode of MDD during the reporting year Patient Selection: ICD-9-CM Codes for MDD: 296.20- 296.24, 296.30-296.34 And Documentation of new episode of MDD CPT-II code: 3093F Documentation of a new diagnosis or recurrent episode of MDD And CPT codes for patient visits: 99201-99205, 99212- 99215, 99241-99245, 99354-99355, 99385-99387, 99395-99397, 99401-99404 Or CPT codes for psychiatric visits: 90801, 90802] And Patient's age is = 18 years	N/A
Measure ID #: 0104 Major depressive disorder: suicide risk assessment	American Medical Association Physician Consortium for Performance Improvement	Patients who had a suicide risk assessment completed at each visit; CPT-II code: Suicide risk assessed	All patients aged >18 years with a new diagnosis or recurrent episode of MDD during the reporting year. Patient Selection: ICD-9-CM Codes for MDD: 296.20-296.24, 296.30- 296.34 AND [Documentation of new episode of MDD CPT-II code: 3093F Documentation of a new diagnosis or recurrent episode of MDD AND CPT codes for patient visits: 99201-99205, 99212- 99215, 99241-99245, 99354-99355, 99385-99387,	Documentation that patient is in remission (no longer meeting DSM-IV TM criteria) OR CPT II code 3092F-Major depressive disorder, in remission

Measure	Measure Steward	Numerator	Denominator	Exclusions
			99395-99397, 99401-99404,	
			90862, 90805, 90807, 90809, 90811, 90813, 90815, 90804, 90806, 90808, 90810, 90812, 90814, 90845, 90847, 90849, 90853, 90857]	
			And Patient's age is $= 18$ years	
Measure ID #: 0105 New episode of depression: (a) optimal practitioner contacts for medication management, (b) effective acute phase treatment, (c) effective continuation phase treatment	National Committee for Quality Assurance	a Optimal Contacts for Medication Management Three or more outpatient follow-up visits or intermediate treatment with a practitioner (at least one of which is a prescribing practitioner) within 84 days (i.e., within the 12-week acute treatment phase) after a new diagnosis of major depression. All three follow-up visits are expected to be for mental health. Two of the three follow-up visits must be face-to- face. Case management services should not be counted toward this measure.	A systematic sample of patients 18 years and older as of April 30th of the measurement year diagnosed with a New Episode of Major Depressive Disorder during the Intake Period and who were prescribed antidepressant medication. Definitions are as follows: Intake Period: The 12 month window starting on May 1	N/A
		Identify all patients in the denominator population	of the year prior to the measurement year and ending on April 30 of the measurement year. Used to capture New Episodes of treatment.	
		who had:		
		• three face-to-face follow-up office visits or intermediate treatment with a practitioner within 84 days (12 weeks) after the Index Episode Start Date, or	Index Episode Start Date: The earliest episode during the Intake Period with a qualifying diagnosis of major depression.	
		• two face-to-face visits and one telephone visit with either a practitioner within 84 days (12 weeks) after the Index Episode Start Date.	Index Prescription Date: The earliest prescription for antidepressants filled within a 44-day period, defined as 30 days prior to through 14 days on or after the Index Episode Start Date.	
		Do not count the Index Episode Start Date visit in cases where the patient had two visits with a secondary diagnosis of depression. Include the second visit with a secondary diagnosis of depression toward the optimal contacts rate. Emergency room visits do not count toward the numerator. Visits (in person or over the telephone) with non-mental health practitioners should be for a psychiatric visit or for a mental health diagnosis	Negative Diagnosis History: A period of 120 days (4 months) on or before the Index Episode Start Date, during which time the patient had no claims/encounters containing either a principal or secondary diagnosis of depression	
		b- Effective Acute Phase reatment (medical record) An 84-day (12-week) acute treatment of	Negative Medication History: A period of 90 days (3 months) prior to the Index Prescription Date, during which time the patient had no new or refill prescriptions for a listed antidepressant drug	
		antidepressant medication.		
		Identify all patients in the denominator population who have sufficient documentation in their medical record of a sufficient number of separate	New Episode: To qualify as a new episode, two criteria must be met:	
		prescriptions/refills of antidepressant medication	a 120-day (4-month) Negative Diagnosis History on or	

Measure	Measure Steward	Numerator	Denominator	Exclusions
		treatment to provide continuous treatment for at least 84 days. The continuous treatment definition allows gaps in medication treatment up to a total of 30 days during the 84-day period. Allowable medication changes or gaps include:	before the Index Episode Start Date A 90-day (3-month) Negative Medication History on or before the Index Prescription Date	
		"washout" period gaps to change medication"treatment" gaps to refill the same medication.	Prescribing Practitioner: A practitioner with prescribing privileges	
		Regardless of the number of gaps, the total gap days may be no more than 30 days. Any combination of gaps may be counted (e.g., two washout gaps, each 15 days, or two washout gaps of 10 days each and one treatment gap of 10 days). The total gap days may not exceed 30 days. To determine continuity of treatment during the 84-day period, sum the number of gap days to the number of treatment days for a maximum of 114 days (i.e., 84 treatment days + 30 gap days = 114 days). For all prescriptions prescribed within 114 days of the Index Prescription Date, count treatment days from the Index Prescription Date and continue to count until a total of 84 treatment days has been established. Patients whose gap days exceed 30 or who do not have 84 treatment days within 114 days after the Index Prescription Date are not counted in the numerator.	Treatment Days: The actual number of calendar days covered with prescriptions within the specified 180-day measurement interval.	
		Antidepressant Medication Prescriptions: (NCQA will provide a comprehensive list of medications and NDC codes on its website) •Tricyclic antidepressants (TCA) and other cyclic		
		antidepressants •Selective serotonin reuptake inhibitors (SSRI) •Monoamine oxidase inhibitors (MAOI)		
		•Serotonin-norepinepherine reuptake inhibitors (SNRI) •Other antidepressants		
		c- Effective Continuation Phase Treatment (medical record)A 180-day treatment of antidepressant medication.		
		Identify all patients in the denominator population who have sufficient documentation in their medical record of separate prescriptions/refills of antidepressant medication treatment to provide continuous treatment for at least 180 days. The		

Measure	Measure Steward	Numerator	Denominator	Exclusions
		continuous treatment definition allows gaps in medication treatment up to a total of 51 days during the 180-day period. Allowable medication changes or gaps include:		
		• "washout" period gap to change medication		
		• "treatment" gaps to refill the same medication.		
		Regardless of the number of gaps, the total gap days may be no more than 51 days. Any combination of gaps may be counted (e.g., two washout gaps, each 25 days or two washout gaps of 10 days each and one treatment gap of 10 days). Total gap days may not exceed 51 days.		
		To determine continuity of treatment during the 180-day period, sum the number of allowed gap days to the number of treatment days for a maximum of 231 days (i.e., 180 treatment days + 51 gap days = 231 days); identify all prescriptions filled within the 231 days of the Index Prescription Date.		
		Count treatment days from the Index Prescription Date and continue to count until a total of 180 treatment days has been established. Patients whose gap days exceed 51 or who do not have 180		
		treatment days within 231 days after the Index Prescription Date are not counted in the numerator.		
Measure ID #: 0109 Bipolar disorder and major depression: assessment for manic or hypomanic behaviors	Center for Quality Assessment and Improvement in Mental Health	Documentation of an assessment that considers the presence or absence of current and/or prior symptoms or behaviors of mania or hypomania. Sources of documentation may include the following:	Patients 18 years of age or older with an initial diagnosis or new presentation/episode of depression AND Documentation of a diagnosis of depression; to include	N/A
		Documentation of presence or absence of the symptoms/behaviors associated with mania/hypomania (Reference List of Symptoms/Behaviors of Mania or Hypomania included in data collection form-will be available to TAP review)	at least one of the following: • Codes 296.2x; 296.3x. 300.4 or 311 (ICD9CM or DSM-IV-TR) documented in body of chart, such as a pre-printed form completed by a clinician and/or codes documented in chart notes/forms	
		OR	• Diagnosis or Impression or "working diagnosis"	
		Use of a bipolar disorder screening or assessment tool :	 documented in chart indicating depression Use of a screening/assessment tool for depression with a score or conclusion that patient is depressed and 	
		Clinical Global Impression - Bipolar	a score or conclusion that patient is depressed and documentation that this information is used to establish or substantiate the diagnosis	
		MDQ: Mood Disorder Questionnaire	AND	
		BSDS: Bipolar Spectrum Diagnostic Scale	Documentation of treatment for depression; to include	
		YMRS: Young Mania Rating Scale	at least one of the following:	

Measure	Measure Steward	Numerator	Denominator	Exclusions
		BDSS: Brief Bipolar disorder Symptom Scale Hypomanic Personality Scale	Antidepressant pharmacotherapy (Reference List of Antidepressant Medications included in data collection form)	
		Self Report Mania Inventory	AND/OR	
		Altman Self Report Mania Scale	Psychotherapy for depression; provided at practice site or through referral	
		Bech-Rafaelsen Mania Rating Scale		
		Or, Other scale used & documented at site	New diagnosis" or a "new episode," is defined as cases	
		AND	where the patient has not been involved in active treatment for 6 months. Active treatment includes being	
		Timeframe for chart documentation of the assessment for mania/hypomania must be present prior to, or concurrent with, the visit where the	hospitalized or under the out-patient care of a physician.	
Measure ID #: 0110	Center for Quality Assessment and Improvement in Mental	treatment plan is documented as being initiated Documented assessment for use of alcohol and chemical substance use; to include at least one of the	UNIPOLAR DEPRESSION	N/A
Bipolar disorder and major depression: appraisal for	Health	following:	Patients 18 years of age or older with an initial diagnosis or new presentation/episode of depression	
alcohol or chemical substance use		•Clinician documentation regarding presence or absence of alcohol and chemical substance use	AND	
		•Patient completed history/assessment form that addresses alcohol and chemical substance use that is	Documentation of a diagnosis of depression; to include at least one of the following:	
		documented as being acknowledged by clinician performing the assessment	• Codes 296.2x; 296.3x. 300.4 or 311 (ICD9CM or DSM-IV-TR) documented in body of chart, such as a	
		•Use of screening tools that address alcohol and chemical substance use	pre-printed form completed by a clinician and/or codes documented in chart notes/forms such as a problem list.	
		AND	OR	
		Timeframe for chart documentation of the assessment for alcohol/chemical substance use must be present prior to, or concurrent with, the visit	Diagnosis or Impression or working diagnosis documented in chart indicating depression	
		where the treatment plan is documented as being initiated	OR	
			Use of a screening/assessment tool for depression with a score or conclusion that patient is depressed and documentation that this information is used to establish or substantiate the diagnosis	
			BIPOLAR DISORDER	
			Patients 18 years of age or older with an initial or new episode of bipolar disorder	
			AND	
			Documentation of a diagnosis of bipolar disorder; to include at least one of the following:	

Measure	Measure Steward	Numerator	Denominator	Exclusions
Measure ID # : 0111 Bipolar disorder: appraisal for risk of suicide	Center for Quality Assessment and Improvement in Mental Health	Documentation of an assessment for risk of suicide; to include at least one of the following: • Documented clinician evaluation of the presence or absence of suicidal ideation, intention or plans • Documented reference to comments the patient made that relate to the presence or absence of thoughts of suicide/death • Documented reference to use, or presence in the chart of, a screening tool or patient assessment form that addresses suicide (e.g., PHQ-9; Beck Hopelessness Scale; Beck Scale for Suicide) AND Timeframe for chart documentation of the assessment for risk of suicide must be present on the date of the initial assessment/evaluation visit	 Codes 296.0x; 296.1x; 296.4x; 296.5x; 296.6x; 296.7; 296.80; 296.81; 296.82; 296.89; 301.13 documented in body of chart, such as a pre-printed form completed by a clinician and/or codes documented in chart notes/forms OR Diagnosis or Impression or "working diagnosis" documented in chart indicating bipolar disorder OR Use of a screening/assessment tool for bipolar disorder with a score or conclusion that patient has bipolar disorder and documentation that this information is used to establish or substantiate the diagnosis Patients 18 years of age or older with an initial or new episode of bipolar disorder AND Documentation of a diagnosis of bipolar disorder; to include at least one of the following: Codes 296.0x; 296.1x; 296.4x; 296.5x; 296.6x; 296.7; 296.80; 296.81; 296.82; 296.89; 301.13 documented in body of chart, such as a pre-printed form completed by a clinician and/or codes documented in chart notes/forms OR Diagnosis or Impression or "working diagnosis" documented in chart notes/forms OR New of a screening/assessment tool for bipolar disorder with a score or conclusion that patient has bipolar disorder OR New diagnosis" or a "new episode," is defined as cases where the patient has not been involved in active treatment for 6 months. Active treatment includes being hospitalized or under the out-patient care of a physician. 	N/A
Measure ID #: 0112 Bipolar disorder: level-of-	Center for Quality Assessment and Improvement in Mental Health	Documentation of monitoring the patient's level-of- functioning in one of the following ways:	Patients 18 years of age or older with an initial or new episode of bipolar disorder	N/A
function evaluation		• Patient self-report documented by clinician in record OR	AND	
		• Clinician documented review of patient-completed monitoring form/diary/tool OR	Documentation of a diagnosis of bipolar disorder; to include at least one of the following:	

Measure	Measure Steward	Numerator	Denominator	Exclusions
		 Documentation in patient chart of the use of ONE level-of-functioning monitoring tool, examples are as follows: o SOFAS: Social and Occupational Functioning Assessment Scale o GARF: Global Assessment of Relationship Functioning o GAF: Global Assessment of Functioning o GAF: Global Assessment of Functioning o WASA: Workload and Social Adjustment Assessment o PDS: Progressive Deterioration Scale (functional impairment; activities of daily living) o PHQ-9: Question 2 (How difficult has it been for you) o SF 12 or SF 36 AND Timeframe for numerator chart documentation Documentation of assessment and within 12 weeks of initiating treatment for bipolar disorder (Note: While the acute phase of treatment varies per individual, it is during this period that the clinician attempts to closely monitor the patient progress and has the opportunity to interact with the patient to assess level-of-functioning. This acute phase has been defined by the Project's content experts as having the possibility of lasting through the first 3 months of treatment/therapy; thus the 12 week period) 	 Codes 296.0x; 296.1x; 296.4x; 296.5x; 296.6x; 296.7; 296.80; 296.81; 296.82; 296.89; 301.13 documented in body of chart, such as a pre-printed form completed by a clinician and/or codes documented in chart notes/forms Diagnosis or Impression or "working diagnosis" documented in chart indicating bipolar disorder Use of a screening/assessment tool for bipolar disorder with a score or conclusion that patient has bipolar disorder and documentation that this information is used to establish or substantiate the diagnosis AND Documentation of treatment for bipolar disorder with pharmacotherapy; mood stabilizing agent and/or an antipsychotic agent. New diagnosis" or a "new episode," is defined as cases where the patient has not been involved in active treatment for 6 months. Active treatment includes being hospitalized or under the out-patient care of a physician. 	
Measure ID #: 0197 Residents with worsening of a depressed or anxious mood	Centers for Medicare & Medicaid Services	The total number of residents whose Mood Scale score is greater on target assessment relative to prior assessment (Mood Scale [t] > Mood Scale [t-1].	All residents with a valid target assessment and a valid prior assessment.	 Exclusions: Residents satisfying any of the following conditions: 1. The Mood Scale score is missing on the target assessment [t]. 2. The Mood Scale score is missing on the prior assessment [t-1] and the Mood Scale score indicates symptoms present on the target assessment (Mood Scale[t] >0). 3. The Mood Scale score is at a maximum

Measure	Measure Steward	Numerator	Denominator	Exclusions
Measure ID #: 0260	RAND	Number of patients who complete a KDQOL-36	Number of eligible prevalent dialysis patients	 (value 8) on the prior assessment. 4. The resident is comatose (B1=1) or comatose status is unknown (B1=missing) on the target assessment. 5. The resident is in a facility with a Chronic Care Admission Sample size of 0 (i.e., there are no admission assessments with AA8a = 01 in the facility over the previous 12 months). < Age 18
Assessment of health- related quality of life (physical & mental functioning)		with or without assistance at least once per year	(peritoneal dialysis, in-center hemodialysis, home hemodialysis)	Unable to complete due to cognitive impairment, dementia, or active psychosis Non-English speaking/reading (no native language translation or interpreter available) Patients under the facility's care for <3 months Patients who refuse to complete the questionnaire
Measure ID #: 0316 LBP: mental health assessment	National Committee for Quality Assurance	 The number of patients with at least one mental health assessment during the eligible episode. Frequency: At least once during the eligible episode; timing is dependent on denominator criteria as specified below. Documentation requirements: Determine if the patient has had back surgery or epidural steroid injection, which indicates an intervention has occurred. If the patient has evidence of a back pain intervention, determine if a mental health assessment occurred prior to the date of intervention. Count only patients with documentation of a mental health assessment prior to intervention to ward the numerator If there is no evidence of a back pain intervention, determine if a mental health assessment prior to intervention. 	 Back pain patients who meet either of the following criteria. Evidence of back surgery or epidural steroid injection, or More than six weeks pain duration 	N/A

Measure	Measure Steward	Numerator	Denominator	Exclusions
		 If the patient's pain duration is six weeks or more, determine if a mental health assessment occurred at least once during the treatment eligible episode 		
		 Count a mental health assessment that occurs any time during the eligible episode toward the numerator 		
		• Date of assessment.		
		• Use of the following assessment tools will satisfy this requirement.		
		– SF-36 or SF-12		
		– Sickness Impact Profile		
		- Multidimensional Pain Inventory		
		• If there is no evidence of any of the above comprehensive assessment tools in the medical record, evidence of the following mental health assessment tools will satisfy this requirement.		
		– PHQ-9		
		- PHQ-2 (mood or anhedonia screener)		
		- Distress and Risk Assessment Method (DRAM)		
		– Zung Scale		
		- Symptom Check List (SCL-90-R)		
		- Beck Depression Inventory		
		– Millon Behavioral Health Inventory		
		– Minnesota Multiphasic Personality Inventory		
		– Other		
		• If there is no evidence of any of the above tools in the medical record, elements of a mental health assessment can be counted. Documentation of any of the following elements count as a mental health assessment.		
		– Affect		
		– Cognition		
		– Anxiety/stress		
		– Coping		

Measure	Measure Steward	Numerator	Denominator	Exclusions
Measure ID #: 0418 Screening for clinical depression	Centers for Medicare & Medicaid Services	 Fear Depression Distress Anger Documentation of active depression treatment by a physician or behavioral health practitioner counts toward this numerator. Patient's screening for clinical depression is documented and follow up plan is documented. 	Patient 18 years of age and older	A patient is not eligible if one or more of the following conditions exist: Patient refuses to participate Patient is in an urgent or emergent situation where time is of the essence and to delay treatment would jeopardize the patient's health status Situations where the patient's motivation to improve may impact the accuracy of results of nationally recognized standardized depression assessment tools. For example: certain court appointed cases Patient was referred with a diagnosis of depression Patient has been participating in ongoing treatment with screening of clinical depression in a preceding reporting period Severe mental and/or physical incapacity where the person is unable to express himself/herself in a manner understood by others. For example: cases such as delirium or severe cognitive impairment, where depression cannot be accurately assessed through use of nationally
Measure ID #: 0518	Centers for Medicare &	Number of home health episodes where at start of	All home health episodes OTHER THAN those covered	recognized standardized depression assessment tools. All episodes where
Depression assessment conducted	Medicaid Services	episode, patient was screened for depression, using a standardized depression screening tool. Number of patient episodes where at start of	by denominator exclusions (Q6). Current CMS systems report data on episodes that start and end within a rolling 12 month period, updated	- the episode did not have a discharge or transfer to inpatient facility assessment because the episode of care ended in death at home
		episode: -Where (M0100) Reason for Assessment = 1 (Start	quarterly.	-patients who receive a recertification (RFA 04) OASIS assessment between SOC/ROC (01/03) to Discharge OASIS.

Measure	Measure Steward	Numerator	Denominator	Exclusions
		of care) or 3 (Resumption of care) AND -(M1120) Depression Screening conducted = 1 (yes) or 2 (yes)		
		Current CMS systems report data on episodes that start and end within a rolling 12 month period, updated quarterly.		
		Number of patient episodes where at start of episode:		
		- Where (M0100) Reason for Assessment = 1 (Start of care) or 3 (Resumption of care) AND		
		- (M1120) Depression Screening conducted = 1 (yes) or 2 (yes)		
Measure ID #: 0544 Use and adherence to antipsychotics among members with	Health Benchmarks, Inc	Calculate the % adherence to antipsychotic medications during the measurement year. Adherence will be measured by the medication possession ratio (MPR).	Continuously enrolled members ages 19 years or older by the end of the measurement year with schizophrenia.	Women who were pregnant during the measurement year.
schizophrenia		Individuals with 0% MPR did not fill any prescription for antipsychotic medications.	Time Window: Year prior to the measurement year	
		Time Window: 6 month period prior to the measurement year and the measurement year. Of note, the 6 month period prior to the measurement year is needed to differentiate new users of antipsychotic medication from continuous users of antipsychotic medication. The MPR is calculated in the measurement year.		