# Hello.

### My name is:

place photo of patient

### My Patient Passport.

Please read if you are caring for my health.

This passport gives hospital staff important information about me and my health conditions. It belongs to me.

Created by the National Quality Forum's Patient and Family Engagement Action Team



### Guide notes/ Using the Patient Passport

This passport has been designed to help patients communicate their needs when they enter the hospital. Patients, and caregivers of the patient, should complete the passport before a hospital visit. Some parts of the passport can be filled out during the hospital visit. The *Patient Passport* is not intended to replace a Personal Health Record or Medical Health Record. It may be copied from and shared with other health professionals in the hospital. It should be given back to the patient after it is read or copied from, since it belongs to the patient.

### The goals of the passport are to help patients do the following:

Have a conversation with health professionals in the hospital, rather than just answering their questions

**Communicate** their most important needs and concerns, such as a disability, allergy, or desire to have a family member close by

**Answer** fewer repeat questions

**Prepare mentally and emotionally** for their hospital visit, and prepare their family and caregivers as well

The goals of the passport are to help health professionals in the hospital do the following:

See the patient as a human being, and treat them with dignity and kindness

Have more accurate, real time information about the patient's health, lifestyle, goals, particular needs, etc.

Talk to the patient, and listen, rather than only having time to ask questions

**Reduce preventable errors,** since engaged patients and their family/caregivers are a valuable extra pair of eyes and ears in the hospital

To read more about patient safety and the importance of engaging patients and families in their care, go to http://www.npsf.org/for-patients-consumers/.

# Tiage Hospital Staff Please Read

#### I have been diagnosed with the following condition(s):

\*Page 4 contains contact info for my doctor(s)/health care team

My current medication list is inside this pocket.

#### Patient Passport for:

My name	My birth date
My address	My phone number
	My preferred language
Things I always need with me (glasses, hearing aids, dentures)	
I have a religious preference: This means I would like:	
People who need to be contacted (family, care givers)	
I am allergic to:	
I have a disability or impairment:	
I have a care plan  Ves. Please see page 12 for where I keep my No	plan.
My signature (on admission)	Date

## Physicians /

#### My Health Team

My primary care physician:
Phone:
Related Condition:
Specialist:
Phone:
Related Condition:
Specialist:
Phone:
Related Condition:
Specialist:
Phone:
Related Condition:
Specialist:
Phone:
Related Condition:

#### Patient Passport for:

#### My Health History and Goals

My previous hospitalizations or medical procedures:
Date/Event:
Date/Event:
Date/Event:

Need more space? Insert additional list in back cover.

When I leave the hospital, I want to be able to ...

### Nurses /

#### Patient Passport for:

Right now, this is what I need most:

The following would help me feel comfortable while I'm in the hospital:

#### Things I need extra help with:

Dressing

□ Eating

Walking

Other?

- Bathing
- Drinking Using the toilet
- Hearing
- Understanding medical terms
- □ Remembering what I'm told

I feel comfortable asking questions, taking notes, or speaking up about my thoughts and concerns □ Maybe □ No □ Some of the time □ Always I would like help with this.  $\Box$  YES I can arrange good support from family and friends to help me in my treatment and recovery. □ Some of the time □ Always □ No □ Maybe I would like help with this.  $\Box$  YES For my age and condition I feel generally healthy □ No □ Maybe □ Some of the time □ Always

I would like help discussing or recording my preferences for an advance directive and/or end-of-life care.

### Nurses /

#### Here's a photo I love

Placing your photo here will help staff get to know you and your world when you're healthy.

#### Patient Passport for:

My home life (e.g. I live alone, with family, etc.)

When I get home, I need to do the following:

I cope well with my health conditions when:

What bothers me most about my health conditions:

Please honor my choices about the care I would or would not like to receive if incapacitated and/or at the end of life.

I have recorded my preferences and they can be found at this location and/or with this person whom I designate as my representative:

### Notes /



Insert additional information, notes, print-outs, Directives, in this pocket.

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