# **Readmissions Action Team**



Web Meeting

Tuesday, April 29, 2014 3:00 pm – 5:00 pm ET

Telephone access: Dial: 1-866-599-6630; Enter Confirmation Code: 23974567

Web Access: nqf.commpartners.com



#### TROUBLE-SHOOTING GUIDELINES FOR EVENTCENTER TECHNOLOGY:

#### After trying each of the following steps, try to log into the event/archive again before moving to the next step.

- 1. Go to www.ec.commpartners.com and click on the Support Tab in the top left, once expanded click "Run Test." You should see a Congratulations message. Click "Click Here" to take the second part of the test. Once the second part is loaded you should hear a pre-recorded audio message. If your browser does not pass the first part of the test, go to www.flash.com to download the required Adobe Flash software. Once at the site, go to the "Downloads" menu at the top and choose "Get Flash Player."
- 2. If you are already logged into the meeting and experience a problem (slides stop advancing, streaming audio stops/fails, etc.), try clicking the "refresh" button in your web browser. It looks like a circle with arrows.
- 3. Clear the cache in your web browser. Then close your web browser completely. Open your web browser again and try logging into the event/archive again.
- 4. It is recommended that you use a PC with Windows and Internet Explorer 7.0 or higher. If you are using a Mac, please use the Safari web browser. With a high speed/broadband internet connect. Wifi is not recommended.
- 5. Make sure you do not have pop-ups disabled in your internet browser settings.
- 6. Make sure that your internet browser is Active X enabled.
- 7. If none of the above steps resolve the issues, direct your web browser to http://www.getfirefox.com and download Firefox. Next reinstall the Adobe Flash software by visiting <u>www.flash.com</u> . (See step 1.)
- 8. If none of these steps are successful, the issue may be related to (a) internal firewall settings, (b) internal internet settings or (c) the speed/capability of your internet connection. You should consult your IT department or internet provider. Please make sure the following the following IP addresses are open:

72.32.161.112 port 80 (web and Flash file delivery) 72.32.200.104 port 80 (web and Flash file delivery) 72.32.221.85 ports 1935, 443, and 80 (Flash RTMP and RTMPT streaming) 66.135.54.165 ports 1935, 443, and 80 (Flash RTMP and RTMPT streaming) 72.32.200.106 ports 1935, 443, and 80 (Flash RTMP and RTMPT streaming)

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### NATIONAL QUALITY FORUM

# Tab 1

Agenda

### NATIONAL QUALITY FORUM



# Agenda

## Readmissions Action Team Public Web Meeting April 29, 2014 3:00-5:00 pm ET

### Instructions

- 1. Direct your web browser <u>here</u>
- 2. Under "Enter Meeting" type the meeting number 473891 and click "Enter."
- 3. In the "Display Name" field type your first and last names and click "Enter Meeting."
- 4. Action Team: Dial 1-866-599-6630 and use confirmation code 23974567. Public participants: Dial 1-866-324-4482 and use confirmation code 23974567

### **Objectives**

- 1. Present Readmissions Action Pathway
- 2. Feature success Learn from fellow action team members' work as it relates to the Action Pathway
- 3. Share Action Pathway Resources and Strategies

#### Agenda

3:00pm	Welcome, Roll Call, and Meeting Objectives
	Lois Cross, American Case Management Association, Action Team Chair
	<ul> <li>Introduction and review of today's agenda and meeting objectives</li> </ul>
3:05pm	Action Team Pathway Overview
	Lois Cross
	Synopsis of the action team pathway: vision, goal, and strategies
3:15pm	Cross-Team Learning: The PACT (Preventable Admissions Care Team)
	Program
	Maria Basso Lipani, Mount Sinai Hospital
	Overview of the Preventable Admissions Care Team (PACT) Program
	<ul> <li>Sharing transitional care best practices in urban communities to reduce readmissions</li> </ul>
	Action team discussion
3:55pm	Cross-Team Learning: Sharing Community Care Transitions in Rural North
	Carolina
	Karon Southard and Eleanor Everatt, The Carolinas Contar for Madical Evcollance

Karen Southard and Eleanor Everett, The Carolinas Center for Medical Excellence

#### PAGE 2

- Overview of the Community Care Transitions Program in North Carolina
- Sharing transitional care best practices in rural communities to reduce readmissions
- Action team discussion
- 4:35pm Discussion: Sharing Resources and Strategies to Reach our Goal Lois Cross
- 4:45pm Public Comment
- 4:55pm Wrap Up and Next Steps
- 5:00pm Adjourn

### **Supporting Materials**

PowerPoint Action Pathway Graphic Resource List Roster

## Tab 2

Web Meeting Presentation

### NATIONAL QUALITY FORUM



Lois Cross RN, BSN, ACM (Chair)	Sandy Markwood
American Case Management Association	National Association of Area Agencies on Aging
Osman (Ozzy) Ahmed, MD, DrPH	Debra McGill, RN
Magellan Complete Care,	Maine Medical Partners
Sumita Bhatia, MPH, MS	Diane Meier, MD
Kaiser Permanente	Center to Advance Palliative Care
Sarah Callahan, MHSA	Amy Minnich, RN, MHSA
America's Essential Hospitals	Geisinger Health System
Pamela Carroll-Solomon, MJ, RHIA, CPHQ	Armando Nahum
CHE Trinity Health	Safe Care Campaign
Maureen Dailey, PhD, RN, CWOCN	Stacy Ochsenrider, MSN, ANP-BC
American Nurses Association	Bronson Methodist Hospital
Elizabeth Davis, MD	Ranjit Singh, MA, MBBChir, MBA
San Francisco General Hospital	American Board of Family Medicine
John Fastenau, MPH, RPh	Thomas Smith, MD, FAPA
Janssen Pharmaceuticals	American Psychiatric Association
Lisa Freeman	Karen Southard, MHA, RN
Patient Advocacy of Connecticut, Fairfield, CT	The Carolina's Center for Medical Excellence
Tejal Gandhi, MD, MPH, CPPS	Alissa Zerr, RN, BSN, MPH
National Patient Safety Foundation, Boston, MA	Cerner Corporation
Antony Grigonis, PhD Select Medical, Mechanicsburg, PA	











#### **The Mount Sinai Hospital** Founded in 1852 1,171-bed tertiary-care teaching and research Hospital • 183 Hospital based practices . 3,500 Physicians, residents, and fellows the main and the second 2000 Nurses 200 Social Workers 58,000 Discharges 95,000 ED visits One million ambulatory visits in hospital clinics and Family Practice Associates . **Our Community:** Cultural, socio-economic, ethnic and religious diversity East Harlem: Lower than median household incomes; documented health disparities exist among the predominantly Latino/Hispanic and African American populations Upper East Side: One of the nation's most affluent communities





# Who does PACT reach?

PACT targets patients at high risk for a 30-day readmission

#### **Patient identification methods:**

2010-2011: Utilization history at same hospital
2012: Modified HCC score\*
2013: Risk flags embedded in EMR, driven by score + utilization history to same or other hospital
2014: Same as 2013; PEP Score testing underway\*\*

#### **PACT patient characteristics:**

6045 patients enrolled 10/12 – 3/14 (all payors) 56% female; 44% male 51% African American/Hispanic/Other; 42% Caucasian; 7% Not reported Ages 21-107 Majority have 3+ comorbidities; high incidence of diabetes; dialysis; documented mental illness 65% require a HIGH intervention vs. 35% MODERATE

\*Modified HCC Score was created by Mount Sinai's Department of Health Evidence & Policy using 2010 Medicare claims data \*\* PEP score (Predicted Effect of PACT)was created by Mount Sinai's Department of Health Evidence & Policy and is derived from monthly data analysis of PACT outcomes





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	lueu I	isk of a	a 30	-day	readmi	ission	for all l	PACT p	atients is 2	29.2%
				-				-		
								-		
Most hav	ve a <u>39</u>	<u>}%</u> ris!	k of a	a rea	admissi	on wit	thin 30 (	days		
								0		
Condition or			-				Patients at	Patients/		
Characteristic	Coefficient	Odds Ratio	95% CI	L for OR	Risk Score	Score	Each Score	Group	Avg Risk/Group	Blended Ris
Chronic Kidney Disease	0.3869	1.5	1,199	1.809	2		1717	Group	and the second sec	
HF	0.2569	1.3	1,058	1.580	1	2		2883	20.6%	29.2%
Osteoporosis	0.3374	1.4	1.040	1.888	1	3	1166			
COPD	0.6851	2.0	1,485	2.651	3	4	809			
Depression	0.5553	1.7	1,277	2.377	2	5	572		9 38.0% 1	
Stroke	0.9292	2.5	1.590	4.035	4	6	\$35			
AMI	0.8912	2.4	1.639	3.628	3	7	281			
HIP Fracture	1.055	2.9	1.306	6,316	4	8	146			
Alcohol Abuse	0.7603	2.1	1,100	4.160	3	9	67	2509		
Breast Ca	0.8597	2.4	1.124	4.967	3	10	56			
Dual Eligible	0.279	1.3	1.104	1.583	1	11	21			
Black	0.4201	1.5	1.228	1.887	2	12	17			
Hispanic	0.2914	1.3	1.078	1.661	1	13	3			
	1.1159	3.052	1.756	5.305	4	14				
CKD & AFIB		1.722	1.220	2.431	2	14	2			

Hospital Utilization* For Patients Who Completed PACT 5-Week Intervention (N=615) (September 2010 – August 2012)							
	Pre	Pre		Post		Reduction	
Admissions exclude index admission	s 952	952		546		43%	
ED Visits	1707	7	789			54%	
Patients with no I	Readmissions at	Mount	Sinai at 3	30, <del>60, 90 day</del>	/s (N=6	15)**	
# of days from Index Admission	# of patients	wi	atients ith lizations	# of patients none	s with	30-day readmission rate (%)	
-	# of patients 615	wi hospital	ith	-	s with	readmission	
Index Admission		wi hospital 1(	ith lizations	none	s with	readmission rate (%)	

### **PACT Patient and Staff Feedback**

"Y'all have taken such good care of me, I feel like I should take care of me."

"I was afraid you wouldn't call me because my cell phone turned off but then I said no, she'll track me down, and you did!"

"We typically don't tell people about our family problems. And we certainly don't let them into our house like this. We are very private people. But this is good and I feel it is helping us talk about those things we don't usually talk about."

"Thank you for continuing to call us. I didn't expect you to keep calling for so long. I appreciate how closely you are taking care of my husband, but I really love that you ask about me, too. This has been very difficult for both of us and I felt like I was falling apart a few times there, so thank you for always checking to see how I'm holding up."

"How do I get my patient into the program? Can I request that she be admitted to a specific floor? Tell me what I need to do."

































A Community SWC	OT Analysis
<u>Strength</u> Knowledge/Skills What is working Common Goals	<u>Weakness</u> Lack of resources Silo efforts
<b>Opportunity</b> Drivers of readmission Mobilize interventions	<u>Threat</u> Competing priorities Culture, beliefs and values
www.ccmemedicare.org	Quality Improvement Organizations Subtry from/odge. Improving Halm Core.



















































**Goal:** Promoting Person-Centered Care for Vulnerable Populations to Safely Reduce Avoidable (Re)admissions

- What specific things can you do to model, build on, or help to spread your fellow action team members' work?
- What work are you doing that your fellow action team members can model, build on, or help to spread?

NATIONAL QUALITY FORUM










# Tab 3

Action Pathway Graphic

### NATIONAL QUALITY FORUM

Promoting Person-Centered Care for Vulnerable Populations to Safely Reduce Avoidable (Re)admissions

# SYSTEMS IMPROVEMENT

Share promising person-centered tools and resources

## COLLABORATION

Leverage partnerships, networks, and relationships

## PATIENT AND FAMILY ENGAGEMENT

Engage patients and families to catalyze change

## GOAL

Support the Partnership for Patients in reducing readmissions by 20 percent by:

- leveraging patient, provider, and community partnerships
- identifying and addressing psychosocial needs

# Tab 4

**Resource List** 

## NATIONAL QUALITY FORUM

#### Systems Improvement

Share promising person-centered tools and resources

	Share promising person-centered tools and resources
Team Member	Resources
Alissa Zerr	<ul> <li>Technology (Trends, strategies, research, network, care teams, clinical workflows)</li> </ul>
Amy Minnich	<ul> <li>Population health initiatives specific to members with special needs including high risk pregnancy, children with complex medical needs, specific diagnoses including HIV/Hepatitis C and other chronic health conditions</li> </ul>
CMS	Sharing data
Debra McGill	<ul> <li>Research around the impact of social determinants of health and adverse childhood experiences (SDOH + ACE) and the importance of relational theory approach to patient care</li> <li>Statistically significant outcomes around the impact and effectiveness the primary care provider's role in care transitions</li> <li>Access to large amounts of data</li> <li>Care transition and care management resources</li> <li>Part of a regional Accountable Care Organization</li> </ul>
Elisabeth Davis	<ul> <li>Knowledge about and experience working with interventions to reduce readmissions</li> </ul>
John Fastenau	<ul> <li>Lead research projects exploring the direct costs of schizophrenia and available treatment options. These studies have focused on the cost of relapse, delaying time to hospitalization, and continuity of care across clinical settings</li> <li>Provider and payer prospective and their incentives</li> </ul>
Maureen Dailey	<ul> <li>Person-Family Approach         <ul> <li>ANA's Nursing Alliance for quality care will engage in informing             strategies (NAQC's Principles of PT Engagement/ White Paper)</li> </ul> </li> <li>ANA will confer out specialty nursing organization to TD evidence-         based strategies to effectively address psych-social factors</li> </ul>
May-Lynn Andresen	<ul> <li>Gather best practices from Dvelopmental Disabilities and Integrative Health that can be considered as strategies for toolbox</li> </ul>
Ozzie Admed	Health Information Technology (HIT)
Pamela Carroll-Solomon	<ul> <li>Access to health system data/model practices across continuum of care</li> <li>Measurement/data analysis</li> <li>Lean Six Sigma black belt</li> <li>Predictive financial penalties model</li> </ul>
Sarah Callahan	<ul> <li>Bring the collective learnings from our membership to share with others at our national meeting focusing on reducing readmissions</li> </ul>
Stacy Ochsenrider	<ul> <li>Bronson Methodist Hospital (BMH) Care Transitions Coach Program</li> <li>Experience/ insight across the continuum of care</li> </ul>

#### Systems Improvement

Share promising person-centered tools and resources

Sumita Bhatia	<ul> <li>Measurement</li> <li>Sharing best practices amongst regions</li> <li>Experience in sharing some of Kaiser's strategies to reducing readmissions</li> </ul>
Tony Grigonis	<ul> <li>Literature Reviews on psych-social factors and hospital readmissions that may be useful for the action team when deciding directions for ultimately making recommendations to reduce readmissions.</li> <li>Literature Review of measures for psych-social factors and community partners</li> </ul>
Vickie Sears	<ul> <li>Experience with 22 Safety-NET Hospitals in working on Best Practices to Reduce Readmissions</li> <li>Process Measures SIT</li> <li>Hospital Tools</li> </ul>
Ranjit Singh	Research infrastructure for testing evidence-based interventions. This includes: a practice-based research network composed of primary care practices; grant-writing expertise; research personnel; access to community partners.
Lois Cross	<ul> <li>Share current readmission reduction programs from Sutter Health (example-Wellspace, Advanced Illness Management)</li> <li>Share Health Literacy tools</li> <li>Healthcare system perspective</li> </ul>

#### Collaboration

Leverage partnerships, networks, and relationships

Team Member	Resources
May-Lynn Andresen	Communicate with health care teams
Sumita Bhatia	<ul> <li>Collaborate and partner with senior leaders and regional clinical leads to help monitor specific Readmissions metrics, quarterly</li> </ul>
CMS	<ul> <li>Networking</li> <li>Spread Pacing Events</li> <li>Conduit/facilitator</li> </ul>
Pamela Carroll-Solomon	<ul> <li>Connections across continuum</li> <li>Access to health system data/collaboratives across the continuum</li> <li>Person-centered care/strategies</li> </ul>
Elizabeth Davis	<ul> <li>Work collaboratively with experts to develop tools to integrate medical systems and community programs</li> </ul>
Tejal Gandhi	Dissemination network via our webinars, membership groups, etc.
Sarah Callahan	<ul> <li>Bring the collective learnings from our membership to share with others at our national meeting focusing on reducing readmissions</li> </ul>
Debra McGill	<ul> <li>Connection w/ Dave Wendberg (Health Dialog/ NNEACC)</li> <li>Strong Connection with large Health System and Health Community</li> </ul>
Amy Minnich	<ul> <li>Work in collaboration with other leaders in health services including medical management, pharmacy, quality improvement and wellness teams to build a comprehensive population health approach focused on patient engagement, care coordination and overall case management.</li> <li>Health Plan background and perspective</li> <li>Data analytics- understanding reason for admission, readmission by different trends diagnosis, age, and population.</li> </ul>
Karen Southard	<ul> <li>Access to 53 QIO's who have expertise in community coalition building &gt; spread NQF Readmission Action goal and promote the strategy</li> <li>Need a measurement set around community intervention &gt; work with National Coordinating Corner for care transitions to research evolving data instrument to measure community interventions</li> </ul>
Sandy Markwood	<ul> <li>Access to CCTP and Other community-based care transition models that can serve as informative models of partnerships</li> <li>Through network of 6/8 Area Agencies or Aging: Title VI Tribal Aging programs that reach over 12 million older adults disseminate patient education information on patient/caregiver engagement to prevent readmissions</li> </ul>
Lois Cross	<ul> <li>Access to network of Case Managers through American Case Management Association to spread Readmission reduction programs</li> <li>Access to Intermountain HEN Readmissions Team</li> </ul>

#### Patient and Family Engagement

Engage patients and families to catalyze change

Team Member	
Ozzie Admed	<ul> <li>Consumer Activation</li> <li>Care Management</li> <li>Enablement tools</li> </ul>
Pamela Carroll-Solomon	<ul> <li>Patient experience perspective, vendor relationships, data across the continuum</li> <li>Person-centered strategies</li> <li>Always events</li> </ul>
Elisabeth Davis	<ul><li>Primary care perspective</li><li>Safety net perspective</li></ul>
Tejal Gandhi	<ul><li>Health literacy tools</li><li>Patient engagement tools/ upcoming white paper on readmissions</li></ul>
Stacey Ochsenrider	<ul> <li>Engage patients in their health and healthcare and help them to understand the impact of their lifestyle and choices, with coaching toward change as they are ready.</li> </ul>
Tony Grigonis	<ul> <li>Patient-centered approach for critically III Pts: and end of life decisions</li> <li>Issues of Post-Service Communication</li> </ul>
Armando Nahum	Tools on "How To" partner with patients, communities, ETC
Tom Smith	<ul> <li>Knowledge of person-centered approaches and strategies for screening, assessing, and referring for behavioral health conditions</li> </ul>
Stacy Ochsenrider	<ul> <li>Equipping patients with the right tools and resources to succeed</li> <li>Real time patient experiences</li> <li>Engage patients in their health and healthcare and help them to understand the impact of their lifestyle and choices, with coaching toward change as they are ready.</li> </ul>
Ranjit Singh	Our team has experience with creating 'Patient Action Teams' that engage patients in practice improvement in PCMH's

# Tab 5

Action Team Roster

#### NATIONAL QUALITY FORUM



# **Action Team Roster**

### Patient Safety Collaboration: Readmissions

Lois Cross RN, BSN, ACM (Chair) American Case Management Association, Dixon, CA

Osman (Ozzy) Ahmed, MD, DrPH Magellan Complete Care, Miami, FL

May-Lynn Andresen, RN Quality in Healthcare Advisory Group, LLC, Cold Spring Harbor, NY

Sumita Bhatia, MPH, MS Kaiser Permanente, Oakland, CA

Sarah Callahan, MHSA America's Essential Hospitals, Washington, DC

**Pamela Carroll-Solomon, MJ, RHIA, CPHQ** CHE Trinity Health, Wilmington, DE

Maureen Dailey, PhD, RN, CWOCN American Nurses Association, Silver Spring, MD

**Elizabeth Davis, MD** San Francisco General Hospital, San Francisco, CA

John Fastenau, MPH, RPh Janssen Pharmaceuticals, Titusville, NJ

Lisa Freeman Patient Advocacy of Connecticut, Fairfield, CT

**Tejal Gandhi, MD, MPH, CPPS** National Patient Safety Foundation, Boston, MA

Antony Grigonis, PhD Select Medical, Mechanicsburg, PA



# **Action Team Roster**

#### Sandy Markwood

National Association of Area Agencies on Aging, Washington, DC

**Debra McGill, RN** Maine Medical Partners, South Portland, ME

**Diane Meier, MD** Center to Advance Palliative Care, Washington, DC

**Amy Minnich, RN, MHSA** Geisinger Health System, Danville, PA

Armando Nahum Safe Care Campaign, Atlanta , GA

**Stacy Ochsenrider, MSN, ANP-BC** Bronson Methodist Hospital, Kalamazoo, MI

Ranjit Singh, MA, MBBChir, MBA American Board of Family Medicine, Buffalo, NY

**Thomas Smith, MD, FAPA** American Psychiatric Association, New York, NY

Karen Southard, MHA, RN The Carolina's Center for Medical Excellence, Cary, NC

Alissa Zerr, RN, BSN, MPH Cerner Corporation, Overland Park, KS