

Agenda

Measure Applications Partnership Dual Eligible Beneficiaries Workgroup Web Meeting March 17, 2014 1:00 pm - 2:30 pm ET

Participant Instructions:

- Please log in 15 minutes prior to the scheduled start to allow time for troubleshooting
- Direct your web browser to: <u>http://nqf.commpartners.com</u> for slides and streaming audio
- Under "Enter a Meeting," type in the meeting number 262685 and click "Enter"
- In the "Display Name" field, type in your first and last name and click "Enter Meeting"
- Workgroup members dial (888) 799-0466; use conference ID code 4314838 to access the audio platform.
- Public attendees dial (855) 452-6871; use conference ID code 4314838 to access the audio platform.

Meeting Objectives:

- Continue exploration of strategies to promote best possible quality of life among dual eligible beneficiaries
- Discuss expectations for shared accountability related to quality of life
- Prepare for upcoming in-person meeting

1:00 pm	Welcome and Introductions		
	Alice Lind, Chair of MAP Dual Eligible Beneficiaries Workgroup		
	Review meeting objectives		
	Roll call		

1:10 pm Recap Themes from Previous Discussions with HCBS Example

Sarah Lash, Senior Director, NQF

- Key issues in quality of life measurement
- HCBS Final Rule
- Workgroup discussion

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1:40 pm	Discuss Shared Accountability for Quality of Life Outcomes
	Alice Lind All Workgroup Members
	 Contributions of stakeholder groups to improving quality of life outcomes Live polling questions to facilitate workgroup discussion
2:20 pm	Opportunity for Public Comment
2:25 pm	Summary and Next Steps
	Alice Lind
	• Preview objectives for the April 10-11, 2014 in-person meeting
2:30 pm	Adjourn







Workgroup Chair: Alice Lind, MPH, BSN				
rganizational Members				
American Association on Intellectual and Developmental Disabilities	Margaret Nygren, EdD			
American Federation of State, County and Municipal Employees	Sally Tyler, MPA			
American Geriatrics Society	Jennie Chin Hansen, RN, MS, FAAN			
American Medical Directors Association	Gwendolen Buhr, MD, MHS, MEd, CMD			
Center for Medicare Advocacy	Alfred Chiplin Jr., Esq, JD, MDiv			
Consortium for Citizens with Disabilities	E. Clarke Ross, DPA			
Humana, Inc.	George Andrews, MD, MBA, CPE			
L.A. Care Health Plan	Jennifer Sayles, MD, MPH			
America's Essential Hospitals	Steven Counsell, MD			
National Association of Social Workers	Joan Levy Zlotnik, PhD, ACSW			
National Health Law Program	Leonardo Cuello, JD			
National PACE Association	Adam Burrows, MD			
SNP Alliance	Richard Bringewatt			

Subject Matter Experts				
Substance Use		halk, MSW, PhD		
Disability		ohen, MPH		
Emergency Medical Services	James D	ounford, MD		
Care Coordination	Nancy H	lanrahan, PhD, RN, FAAN		
Medicaid ACO	Ruth Pe	rry, MD		
Measure Methodologist		Preston, MPA		
Home & Community Based Services		einhard, RN, PhD, FAAN		
Mental Health		Robinson Beale, MD		
Nursing	Gail Stu	art, PhD, RN		
Federal Government Members				
Agency for Healthcare Research and Quality		D.E.B. Potter, MS		
CMS Federal Coordinated Healthcare Office		Cheryl Powell		
Health Resources and Services Administration		Samantha Meklir, MPP		
Administration for Community Living		Jamie Kendall		
Substance Abuse and Mental Health Services Administration		Lisa Patton, PhD		
Veterans Health Administration		Daniel Kivlahan, PhD		















Medicaid Program for State Plan Home and Community-Based Services Final Rule

Person-Centered Planning

- Defines a process of writing a service plan with the individual (and/or that person's representative):
 - Ensures the individual directs the process to the maximum extent possible and is enabled to make informed choices and decisions
 - Plan should be created a convenient time and location, with cultural and language supports as needed
 - Process must offer choices in services and supports
 - Determine strategies for solving conflicts and a process for requesting updates to the plan

Measure Applications Partnership Community-Based Services, 5-Year Period for Walvers, Provider Payment Reassignment, and Home and CONVENED BY THE NATIONAL QUALITY FORM Services (HCBS) Waivers, 79 FR 2947. Washington, DC: DHHS; 2014. Last accessed March 2014.



Medicaid Program for State Plan Home and Community-Based Services Final Rule

Qualities of Home and Community-Based Settings

- HCBS settings must have certain qualities:
 - Connect to the community and resources, including employment and work, control of personal resources
 - Support an individual's sense of control
 - » Selecting a residential unit and roommates (if applicable)
 - » Control over schedules and activities
 - » Access to food
 - » Visitors of an individual's choosing
- HCBS does not include nursing facilities, institutions for mental disease, intermediate care facilities for individuals with intellectual disabilities, hospitals, or other institutional settings

Measure Applications Partnership Community-Based Services, 5-Year Period for Wavers, Provider Payment Reassignment, and Home and CONVENED BY THE NATIONAL QUALITY FORM Services (HCBS) Wavers, 79 FR 2947. Washington, DC: DHRS; 2014. Last accessed March 2014.























































Background Information on Recent Home and Community-Based Services Final Rule

Summary

Full text of the final rule published January 16, 2014 is available via the *Federal Register*.

This final rule amends the Medicaid regulations to define and describe state plan section 1915(i) home and community-based services (HCBS) under the Social Security Act (the Act) amended by the Affordable Care Act. This rule offers states new flexibilities in providing necessary and appropriate services to elderly and disabled populations. This rule describes Medicaid coverage of the optional state plan benefit to furnish home and community based-services and draw federal matching funds.

This rule also provides for a 5-year duration for certain demonstration projects or waivers at the discretion of the Secretary, when they provide medical assistance for individuals dually eligible for Medicaid and Medicare benefits, includes payment reassignment provisions because state Medicaid programs often operate as the primary or only payer for the class of practitioners that includes HCBS providers, and amends Medicaid regulations to provide home and community-based setting requirements related to the Affordable Care Act for Community First Choice State plan option. This final rule also makes several important changes to the regulations implementing Medicaid 1915(c) HCBS waivers.

Quality Requirements for State Plan 1915(i)

$\$441.745\ State\ plan\ HCBS\ administration:\ State\ responsibilities\ and\ quality\ improvement.$

(b) Quality improvement strategy: Program performance and quality of care.

States must develop and implement an HCBS quality improvement strategy that includes a continuous improvement process and measures of program performance and experience of care. The strategy must be proportionate to the scope of services in the State plan HCBS benefit and the number of individuals to be served. The State will make this information available to CMS at a frequency determined by the Secretary or upon request.

(1) Quality Improvement Strategy. The quality improvement strategy must include all of the following:

(i) Incorporate a continuous quality improvement process that includes monitoring, remediation, and quality improvement.

(ii) Be evidence-based, and include outcome measures for program performance, quality of care, and individual experience as determined by the Secretary.

(iii) Provide evidence of the establishment of sufficient infrastructure to implement the program effectively.

(iv) Measure individual outcomes associated with the receipt of HCBS, related to the implementation of goals included in the individual service plan.



Person Centered Planning for 1915(c), 1915(i)

§441.725 Person-centered service plan.

(a) Person-centered planning process. Based on the independent assessment required in §441.720, the State must develop (or approve, if the plan is developed by others) a written service plan jointly with the individual (including, for purposes of this paragraph, the individual and the individual's authorized representative if applicable).

The person-centered planning process is driven by the individual. The process:

(1) Includes people chosen by the individual.

(2) Provides necessary information and support to ensure that the individual directs the process to the maximum extent possible, and is enabled to make informed choices and decisions.

(3) Is timely and occurs at times and locations of convenience to the individual.

(4) Reflects cultural considerations of the individual and is conducted by providing information in plain language and in a manner that is accessible to individuals with disabilities and persons who are limited English proficient, consistent with §435.905(b) of this chapter.

(5) Includes strategies for solving conflict or disagreement within the process, including clear conflict of interest guidelines for all planning participants.

(6) Offers choices to the individual regarding the services and supports the individual receives and from whom.

(7) Includes a method for the individual to request updates to the plan, as needed.

(8) Records the alternative home and community-based settings that were considered by the individual.

(b) The person-centered service plan. The person-centered service plan must reflect the services and supports that are important for the individual to meet the needs identified through an assessment of functional need, as well as what is important to the individual with regard to preferences for the delivery of such services and supports.

Commensurate with the level of need of the individual, and the scope of services and supports available under the State plan HCBS benefit, the written plan must:

(1) Reflect that the setting in which the individual resides is chosen by the individual. The State must ensure that the setting chosen by the individual is integrated in, and supports full access of individuals receiving Medicaid HCBS to the greater community, including opportunities to seek employment and work in competitive integrated settings, engage in community life, control personal resources, and receive services in the community to the same degree of access as individuals not receiving Medicaid HCBS.

(2) Reflect the individual's strengths and preferences.

(3) Reflect clinical and support needs as identified through an assessment of functional need.

(4) Include individually identified goals and desired outcomes.

(5) Reflect the services and supports (paid and unpaid) that will assist the individual to achieve identified goals, and the providers of those services and supports, including natural supports. Natural supports are unpaid supports that are provided voluntarily to the individual in lieu of State plan HCBS.

(6) Reflect risk factors and measures in place to minimize them, including individualized backup plans and strategies when needed.

(7) Be understandable to the individual receiving services and supports, and the individuals important in supporting him or her. At a minimum, for the written plan to be understandable, it



must be written in plain language and in a manner that is accessible to individuals with disabilities and persons who are limited English proficient, consistent with §435.905(b) of this chapter.

(8) Identify the individual and/or entity responsible for monitoring the plan.

(9) Be finalized and agreed to, with the informed consent of the individual in writing, and signed by all individuals and providers responsible for its implementation.

(10) Be distributed to the individual and other people involved in the plan.

(11) Include those services, the purchase or control of which the individual elects to self-direct, meeting the requirements of §441.740.

(12) Prevent the provision of unnecessary or inappropriate services and supports.

(13) Document that any modification of the additional conditions, under

§441.710(a)(1)(vi)(A) through (D) of this chapter, must be supported by a specific assessed need and justified in the person-centered service plan. The following requirements must be documented in the person-centered service plan:

(i) Identify a specific and individualized assessed need.

(ii) Document the positive interventions and supports used prior to any modifications to the person-centered service plan.

(iii) Document less intrusive methods of meeting the need that have been tried but did not work.

(iv) Include a clear description of the condition that is directly proportionate to the specific assessed need.

(v) Include a regular collection and review of data to measure the ongoing effectiveness of the modification.

(vi) Include established time limits for periodic reviews to determine if the modification is still necessary or can be terminated.

(vii) Include informed consent of the individual; and

(viii) Include an assurance that the interventions and supports will cause no harm to the individual.

(c) Reviewing the person-centered service plan. The person-centered service plan must be reviewed, and revised upon reassessment of functional need as required in

§441.720, at least every 12 months, when the individual's circumstances or needs change significantly, and at the request of the individual.

§441.740 Self-directed services 1915(i), 1915(c), 1915(k)

(a) State option. The State may choose to offer an election for self-directing HCBS. The term "self-directed" means, with respect to State plan HCBS listed in

§440.182 of this chapter, services that are planned and purchased under the direction and control of the individual, including the amount, duration, scope, provider, and location of the HCBS. For purposes of this paragraph, individual means the individual and, if applicable, the individual's representative as defined in §441.735.

(b) Service plan requirement. Based on the independent assessment required in

§441.720, the State develops a service plan jointly with the individual as required in

§441.725. If the individual chooses to direct some or all HCBS, the service plan must meet the following additional requirements:

(1) Specify the State plan HCBS that the individual will be responsible for directing.



(2) Identify the methods by which the individual will plan, direct or control services, including whether the individual will exercise authority over the employment of service providers and/or authority over expenditures from the individualized budget.

(3) Include appropriate risk management techniques that explicitly recognize the roles and sharing of responsibilities in obtaining services in a self-directed manner and assure the appropriateness of this plan based upon the resources and support needs of the individual.
(4) Describe the process for facilitating voluntary and involuntary transition from self-direction including any circumstances under which transition out of self-direction is involuntary. There must be state procedures to ensure the continuity of services during the transition from self-direction to other service delivery methods.

(5) Specify the financial management supports, as required in paragraph (e) of this section, to be provided.

(c) Employer authority. If the person-centered service plan includes authority to select, manage, or dismiss providers of the State plan HCBS, the person-centered service plan must specify the authority to be exercised by the individual, any limits to the authority, and specify parties responsible for functions outside the authority the individual exercises.

(d) Budget authority. If the person-centered service plan includes an individualized budget (which identifies the dollar value of the services and supports under the control and direction of the individual), the person-centered service plan must meet the following requirements:

(1) Describe the method for calculating the dollar values in the budget, based on reliable costs and service utilization.

(2) Define a process for making adjustments in dollar values to reflect changes in an individual's assessment and service plan.

(3) Provide a procedure to evaluate expenditures under the budget.

(4) Not result in payment for medical assistance to the individual.

(e) Functions in support of self-direction. When the State elects to offer self-directed State plan HCBS, it must offer the following individualized supports to individuals receiving the services and their representatives:

(1) Information and assistance consistent with sound principles and practice of self-direction.

(2) Financial management supports to meet the following requirements:

(i) Manage Federal, State, and local employment tax, labor, worker's compensation, insurance, and other requirements that apply when the individual functions as the employer of service providers.

(ii) Make financial transactions on behalf of the individual when the individual has personal budget authority.

(iii) Maintain separate accounts for each individual's budget and provide periodic reports of expenditures against budget in a manner understandable to the individual.

(3) Voluntary training on how to select, manage, and dismiss providers of State plan HCBS.

HCBS Settings Requirements 1915(k), 1915(c), 1915(i)

(4) Home and Community-Based Settings.

Home and community-based settings must have all of the following qualities, and such other qualities as the Secretary determines to be appropriate, based on the needs of the individual as indicated in their person-centered service plan:

(i) The setting is integrated in and supports full access of individuals receiving



Medicaid HCBS to the greater community, including opportunities to seek employment and work in competitive integrated settings, engage in community life, control personal resources, and receive services in the community, to the same degree of access as individuals not receiving Medicaid HCBS.

(ii) The setting is selected by the individual from among setting options including non-disability specific settings and an option for a private unit in a residential setting.

The setting options are identified and documented in the person-centered service plan and are based on the individual's needs, preferences, and, for residential settings, resources available for room and board.

(iii) Ensures an individual's rights of privacy, dignity and respect, and freedom from coercion and restraint.

(iv) Optimizes, but does not regiment, individual initiative, autonomy, and independence in making life choices, including but not limited to, daily activities, physical environment, and with whom to interact.

(v) Facilitates individual choice regarding services and supports, and who provides them. (vi) In a provider-owned or controlled residential setting, in addition to the qualities at §441.301(c)(4)(i) through (v), the following additional conditions must be met:

(A) The unit or dwelling is a specific physical place that can be owned, rented, or occupied under a legally enforceable agreement by the individual receiving services, and the individual has, at a minimum, the same responsibilities and protections from eviction that tenants have under the landlord/tenant law of the State, county, city, or other designated entity. For settings in which landlord tenant laws do not apply, the State must ensure that a lease, residency agreement or other form of written agreement will be in place for each HCBS participant, and that the document provides protections that address eviction processes and appeals comparable to those provided under the jurisdiction's landlord tenant law.

(B) Each individual has privacy in their sleeping or living unit:

(1) Units have entrance doors lockable by the individual, with only appropriate staff having keys to doors.

(2) Individuals sharing units have a choice of roommates in that setting.

(3) Individuals have the freedom to furnish and decorate their sleeping or living units within the lease or other agreement.

(C) Individuals have the freedom and support to control their own schedules and activities, and have access to food at any time.

(D) Individuals are able to have visitors of their choosing at any time.

(E) The setting is physically accessible to the individual.

(F) Any modification of the additional conditions, under §441.301(c)(4)(vi)(A) through (D), must be supported by a specific assessed need and justified in the person centered service plan. The following requirements must be documented in the person centered service plan:

(1) Identify a specific and individualized assessed need.

(2) Document the positive interventions and supports used prior to any modifications to the person-centered service plan.

(3) Document less intrusive methods of meeting the need that have been tried but did not work.



(4) Include a clear description of the condition that is directly proportionate to the specific assessed need.

(5) Include regular collection and review of data to measure the ongoing effectiveness of the modification.

(6) Include established time limits for periodic reviews to determine if the modification is still necessary or can be terminated.

(7) Include the informed consent of the individual.

(8) Include an assurance that interventions and supports will cause no harm to the individual.

(5) Settings that are not Home and Community-Based. Home and community based settings do not include the following:

- (i) A nursing facility;
- (ii) An institution for mental diseases;
- (iii) An intermediate care facility for individuals with intellectual disabilities;
- (iv) A hospital; or

(v) Any other locations that have qualities of an institutional setting, as determined by the Secretary. Any setting that is located in a building that is also a publicly or privately operated facility that provides inpatient institutional treatment, or in a building on the grounds of, or immediately adjacent to, a public institution, or any other setting that has the effect of isolating individuals receiving Medicaid HCBS from the broader community of individuals not receiving Medicaid HCBS will be presumed to be a setting that has the qualities of an institution unless the Secretary determines through heightened scrutiny, based on information presented by the State or other parties, that the setting does not have the qualities of an institution and that the setting does have the qualities of home and community-based settings.

Information in settings rule on Privacy:

Home and community based settings are integrated in and support full access of individuals receiving Medicaid HCBS to the greater community, including opportunities to seek employment and work in competitive integrated settings, engage in community life, control personal resources, and receive services in the community, to the same degree of access as individuals not receiving Medicaid HCBS.

Home and community based settings ensure an individual's rights of privacy, dignity and respect, and freedom from coercion and restraint. They also optimize, but do not regiment, individual initiative, autonomy, and independence in making life choices, including but not limited to, daily activities, physical environment, and with whom to interact. Home and community based settings facilitate individual choice regarding services and supports, and who provides them.

For non-provider owned residential settings the unit or dwelling is a specific physical place that can be owned, rented, or occupied under a legally enforceable agreement by the individual receiving services, and the individual has, at a minimum, the same responsibilities and protections from eviction that tenants have under the landlord/tenant law of the State, county, city, or other designated entity. For settings in which landlord tenant laws do not apply, the State would ensure that a lease, residency agreement or other form of written agreement will be in place for each HCBS participant, and that the document provides protections that address eviction processes and appeals comparable to those provided under the jurisdiction's landlord tenant law.



For provider owned settings each person has privacy in their sleeping or living unit. Privacy in this context means:

- Units have entrance doors lockable by the individual, with only appropriate staff having keys to doors.
- Individuals sharing units have a choice of roommates in that setting.
- Individuals have the freedom to furnish and decorate their sleeping or living units within the lease or other agreement.
- Individuals have the freedom and support to control their own schedules and activities, and have access to food at any time.
- Individuals are able to have visitors of their choosing at any time.
- The setting is physically accessible to the individual.

Home and community based settings do not include a nursing facility, an institution for mental diseases, an intermediate care facility for individuals with intellectual disabilities, a hospital, or any other location that have qualities of an institutional setting. For instance, any setting that is located in a building that is also a publicly or privately operated facility that provides inpatient institutional treatment, or in a building on the grounds of, or immediately adjacent to, a public institution, or any other setting that has the effect of isolating individuals receiving Medicaid HCBS from the broader community of individuals not receiving Medicaid HCBS is presumed to be a setting that has the qualities of an institution.

CMS guidance applicable to employment related services and supports:

Cross-walk of HCBS final rule on settings with 1915(c) information bulletin regarding employment and employment related services:

HCBS final rule – settings	1915c Information Bulletin regarding
	employment and employment related
	services
The setting is integrated in and supports full access	Supported employment and prevocational services
of individuals receiving Medicaid HCBS to the	may be furnished as expanded habilitation services
greater community, including opportunities to	under the provisions of §1915(c)(5)(C) of the Act.
seek employment and work in competitive	They may be offered to any target group for whom
integrated settings, engage in community life,	the provision of these services would be beneficial
control personal resources, and receive services in	in helping them to realize their goals of obtaining
the community, to the same degree of access as	and maintaining community employment in the
individuals not receiving Medicaid HCBS. Settings	most integrated setting. As provided in Olmstead
not considered home and community based:	Letter #3 (included in Attachment D), the provision
Nursing facility, IMD, ICF-IDD, hospital or any	of these services is not limited to participants with
locations that have qualities of an institutional	intellectual or developmental disabilities, and can
setting, as determined by the Secretary. Any	be a meaningful addition to the service array for
setting that is located in a building that is also a	any of the regulatorily identified target groups.
publicly or privately operated facility that provides	Waiver (*Medicaid) funding is not available for the
inpatient institutional treatment, or in a building	provision of vocational services delivered in facility
on the grounds of, or immediately adjacent to, a	based or sheltered work settings, where
public institution, or any other setting that has the	individuals are supervised for the primary purpose



effect of isolating individuals receiving Medicaid HCBS from the broader community of individuals not receiving Medicaid HCBS will be presumed to be a setting that has the qualities of an institution unless the Secretary determines through heightened scrutiny, based on information presented by the State or other parties, that the setting does not have the qualities of an institution and that the setting does have the qualities of home and community-based settings.

of producing goods or performing services. The distinction between vocational and pre-vocational services is that pre-vocational services, regardless of setting, are delivered for the purpose of furthering habilitation goals such as attendance, task completion, problem solving, interpersonal relations and safety, as outlined in the individual's person-centered services and supports plan. Prevocational services should be designed to create a path to integrated community based employment for which an individual is compensated at or above the minimum wage, but not less than the customary wage and level of benefits paid by the employer for the same or similar work performed by individuals without disabilities.

Supported employment individual employment supports does not include facility based, or other similar types of vocational services furnished in specialized facilities that are not a part of the general workplace.

Supported Employment - Small Group Employment Support Core Service Definition Supported Employment Small Group employment support are services and training activities provided in regular business, industry and community settings for groups of two (2) to eight (8) workers with disabilities. Examples include mobile crews and other business-based workgroups employing small groups of workers with disabilities in employment in the community. Supported employment small group employment support must be provided in a manner that promotes integration into the workplace and interaction between participants and people without disabilities in those workplaces. The outcome of this service is sustained paid employment and work experience leading to further career development and individual integrated community-based employment for which an individual is compensated at or above the minimum wage, but not less than the customary wage and level of benefits paid by the employer for the same or similar work performed by individuals without disabilities. Small group



employment support does not include vocational services provided in facility based work settings. Supported employment small group employment supports may include any combination of the following services: vocational/job-related discovery or assessment, person-centered employment planning, job placement, job development, negotiation with prospective employers, job analysis, training and systematic instruction, job coaching, benefits support, training and planning transportation and career advancement services. Other workplace support services may include services not specifically related to job skill training that enable the beneficiary to be successful in integrating into the job setting.

Guidance

 Supported employment small group employment support does not include vocational services provided in facility based work settings or other similar types of vocational services furnished in specialized facilities that are not a part of general community workplaces. • Supported employment small group employment supports do not include volunteer work. Such volunteer learning and training activities that prepare a person for entry into the paid workforce are more appropriately addressed through pre-vocational services. Supported employment small group employment support does not include payment for supervision, training, support and adaptations typically available to other workers without disabilities filling similar positions in the business. Supported employment small group employment support services may be provided by a co-worker or other job site personnel provided that the services that are furnished are not part of the normal duties of the co-worker, supervisor or

other personnel and these individuals meet the pertinent qualifications for the providers of service.

• Personal care/assistance may be a component part of supported employment small group employment support services, but may not



comprise the entirety of the service.
All prevocational and supported employment service entires should be reviewed and
service options should be reviewed and
considered as a component of an individual's
person-centered services and supports plan no less
than annually, more frequently as necessary or as
requested by the individual. These services and
supports should be designed to support successful
employment outcomes consistent with the
individual's goals.
 Individuals receiving supported employment
small group employment support services may
also receive educational, prevocational and/or day
habilitation services and career planning services.
A participant's person-centered services and
supports plan may include two or more types of
non-residential habilitation services. However,
different types of non-residential habilitation
services may not be billed during the same period
of time.
If States wish to cover "career planning" they may
choose to include it as a component part of
supported employment small group employment
support services or it may be broken out as a
separate stand alone service definition.
Supported employment small group
employment support services may be furnished to
any individual who requires and chooses them. If a
state offers both supported employment-
individual and small group employment support
services, individuals should be provided
information to make an informed decision in
choosing between these services. Supported
employment small group employment support
services are not limited to persons with intellectual
or developmental disabilities.
or developmental disabilities.